



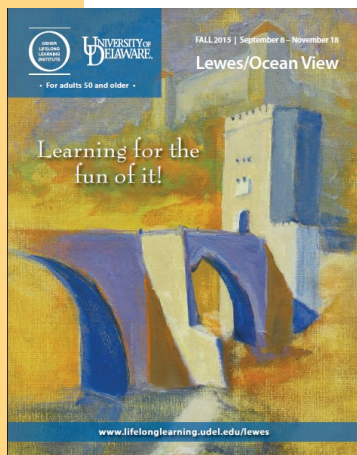
The Tides...

Breaking News from Lifelong Learning

Summer 2015

Osher Lifelong Learning Institute at the University of Delaware in Lewes/Ocean View

August 20, 2015 Deadline for Priority Registration for Fall Classes



Fall classes begin Tuesday, September 8!! We have a wonderful line-up of more than 75 classes including 35 brand new ones to sample.

The History department has 9 offerings, 6 of which are new. Wayne Kirklin is offering Art and Crime - Theft and Forgery – ranging from the “*Mona Lisa*” fakes in 1911 through the theft of the famous painting “*The Scream*” in 1994. The History of Money by Terry Bryan covers the origins of money, money in the bible, on through modern money developments as well as artistic aspects and trivia homework for prizes. Science and the Detective gives us an overview of forensic science and how fictional detectives and authors incorporated forensics – sleuths such as Sherlock Holmes and writer Agatha Christie.

In Humanities we see 12 class offerings, including American Authors on War, Maya to Aztec, and Plato and Shakespeare.

The Science/Health/Math department has offerings as diverse as Beach-combing, Fall Gardening with Native plants, Pilates, Polar Exploration and Topology (Dean Hoover describes his class as rubber sheet geometry).

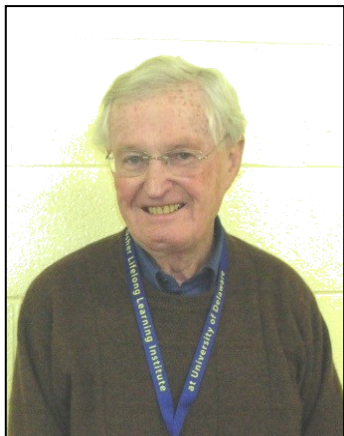
If you prefer physically active classes we offer Birding, Yoga, Dancing (2 different classes), Tai Chi and several others.

For the craft lovers there is Painting, Basketry, Clay, or Stained glass. Game players may enjoy Bridge and Mah Jong.

There is much, much more so please take time to peruse the catalog. Priority Registrations are due Thursday, August 20. You should already have the new catalog and registration is open now. Go online at www.lifelonglearning.udel.edu/lewes and register or register by mail or in person at the Osher Lewes office.

Submitted by the Academic Affairs Committee

From the Chair and the Council



Hope you are enjoying the summer. I have been, in part because of a couple of courses I took in the June session, Memoir writing, which instructor Rae Tyson calls creative non-fiction, caused me and the other class members to jog childhood memories and write brief memoirs about them. (Editor's note: See article on page 12) We had homework! I can't remember the last time I had to write a paper for school. This IS lifelong learning where soaking up information or listening to music is the norm. Thanks for our memories, Rae.

Several of the area historical societies presented information about their area's histories and the activities of their organizations. Excellent in all respects! I was disappointed that more new faces were not there. A similar program is being presented this fall -- an excellent opportunity for recently arrived folks to learn some local lore.

Two of my favorite people and longtime instructors passed away this summer, Mary Emily Miller was brilliant, idiosyncratic and active in a wide range of historical and cultural pursuits. No lover of white space on a typewritten page, each year at our December luncheon she would distribute her annual newsletter, summarizing her activities, major events around the world as well as historical anniversaries. A tough but rewarding read. Jim Gayhardt had recently moved to his hometown, Baltimore, with his wife, Bev. Together they taught literature courses that were very popular because of their painstaking preparation and the personalities of Jim and Bev.

Cantankerous, opinionated and hilarious, Jim was a force in Lewes government. He also worked very hard to raise money to purchase the many furnishing we needed as we moved from a conference center environment, where furniture and other resources were available, to the Lewes School where we had leased several empty classrooms. Thank you both.

Calendar of Events

- Aug 20 – Priority registration for fall deadline
- Sept 2 – Ocean View Open House – 10 a.m.
- Sept 3 – New Member/Instructor Orientation
 - 10 - 10:30 a.m. Coffee Social
 - 10:30 - 11:30 a.m. Orientation Program
- Sept 7 – Labor Day – Office closed
- Sept 8 – Fall classes begin
- Oct 4 – Coast Day
- Oct 13 – Homecoming picnic - No classes
- Oct 14 – Second session begins
- Nov 11 – No classes - Veteran's Day
- Nov 18 – Last day of classes
- Dec 3 – Instructor Recognition Luncheon

The fall catalog is in our hands now. Like many of you, I am struggling with choices. So many appealing courses in the same time slot. There will be 8 courses offered at Ocean View this fall, including a Kitchen Kapers, thank you Bernie and Dolores. We would like to offer more courses there in the future. Perhaps some classes on subjects of interest in the "Quiet Resorts" area, such as inland bay environment, local history, etc. If you have any suggestions, let me, Anna or any Council member--especially Academic Affairs Committee co-chairs Mary Folan and Carol West and Community Relations Chair, Dolores Fiegel know.

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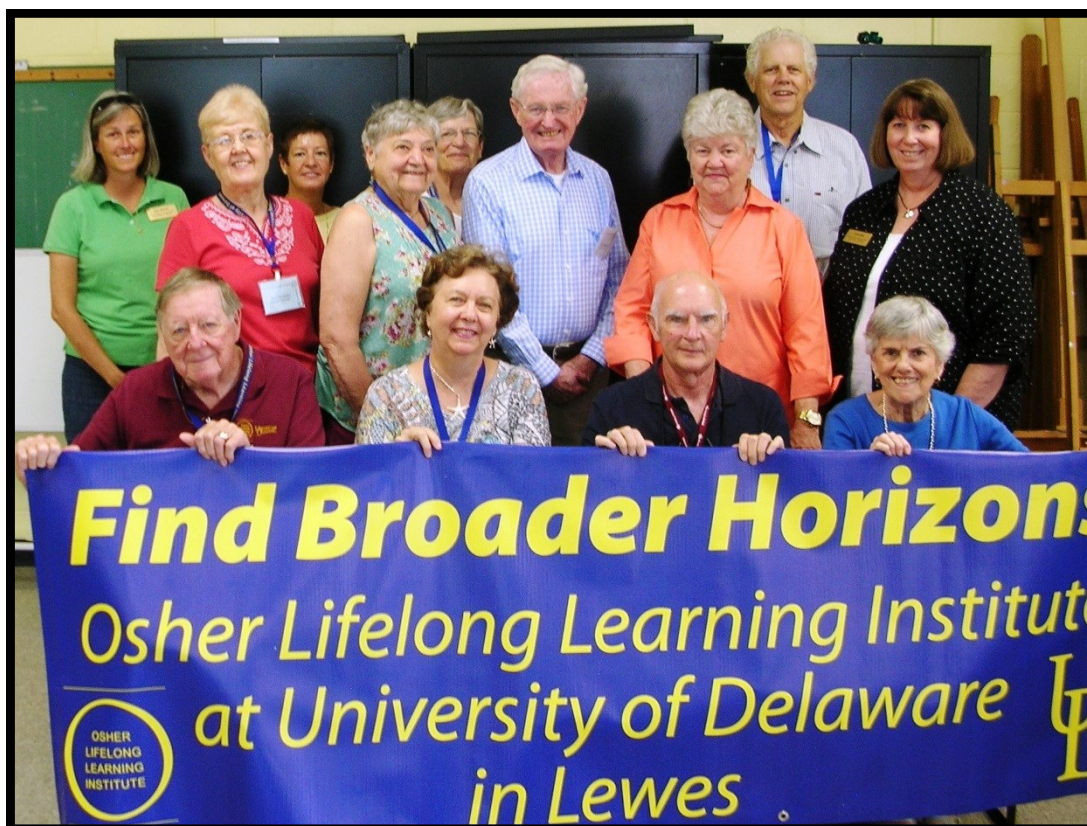
From the Chair continued from page 2

Finally, a big thanks to George Dellinger and Suzanne Hain for coordinating our participation in this year's Rehoboth Art League's Cottage Tour. This takes a lot of organizational skill and follow-up. They did a wonderful job.

See you at school.

Bill

Council and Staff for 2015-16



Pictured back row, L –R: Anna Moshier, Program Coordinator; Lynn Kroesen, Vice-Chair & Communications Chair; Linda Osoinach, Statewide Manager, Osher Lifelong Learning Institute; Joan Sciorra, Travel Co-Chair & Social Co-Chair; Ruth Barnett, Librarian/Archivist; Bill Sharkey, Chair; Mary Folan, Academic Affairs Co-Chair & Travel Co-Chair; Peter Feeney, Long-Range Planning; Renee Moy, Administrative Assistant

Seated L-R: Bernie Fiegel, Social Co-Chair; Carol West, Academic Affairs Co-Chair; Phil Fretz, Finance Chair; Dolores Fiegel, Community Relations.

Not pictured: Bob Comeau, Ex-Officio; Rob Morgan, Secretary; Sabatino Maglione, Scholarship; Bill Ashmore, AV/IT Support Staff.

Lakmé Opera Delaware Trip and the Grand Prix Race

Make Strange Bedfellows

We planned our May 16 trip to the Baby Grand in Wilmington last fall. The months rolled by and by April we learned that the Grand Prix Bicycle race would be in progress during our visit. The streets surrounding the Grand were to be cordoned off to traffic, the city would be a buzz with the race, and the Baby Grand lobby was to be Grand Prix central. Opera Delaware guided us providing maps, a place to park, dining space in the Grand to accommodate those who did not want to venture out for lunch and an escort to lead us through



the Baby Grand's back entrance. Not all went according to plan, but Osher travelers coped well. It was quite an experience as opera lovers and Grand Prix race enthusiasts gathered in the lobby. When we entered the theatre we moved away from the commotion of the Grand Prix into serene India ... the setting of *Lakmé*. The stage was in bloom with live flowers, plants, and palm trees and we transcended into the world of opera. Things were looking up when Brendan Cooke, Opera Delaware General Director, announced that the lead soprano fell ill and the substitute who would sing *the lead role* was soprano Gyu Yun Shim, a recent graduate of the Manhattan School of Music. Cooke promised we would not be disappointed And we were not ... we were enthralled

with our *Lakmé* and the sound of her lovely voice in the *Flower Duet* and her rendition of the *Bell Song*. The role of Lakmé with Opera Delaware's 2015 Spring Festival marked her professional debut.

Our trip home went smoothly and our travelers were joyously animated by the performance they had just experienced. No one thought about the Grand Prix or the inconveniences.

Save the Date for 2016 Spring Festival

Opera Delaware's 2016 spring festival is scheduled for the weekends of May 14 and 21 and will feature two main stage operas at The Grand Opera House in Wilmington. The operas will be the East Coast premiere of Franco Faccio's *Amletto* (Hamlet) and Giuseppe Verdi's *Falstaff*. Both are adapted by librettist Arrigo Boito from William Shakespeare plays. Save the date. No Grand Prix race included!

Submitted by: Dolores Fiegel

Photo from Mary Matthes

OLLI Members See “Book of Mormon”



On Sunday, June 28th OLLI members and guests traveled to the Kennedy Center in Washington D.C. to attend the performance of “The Book of Mormon”. The energy of the dancers performing on stage, which was choreographed by Casey Nicholaw, captivated the audience of this sold out performance. Many of the performers were fresh from the Broadway Company of this show. Watch the bulletin boards for opportunities to attend other theater performances.

Submitted by Joan Sciorra, Travel Co-Chair

Photos by Dolores Fiegel



Travel to REP Plays Offered



Again this year OSHER travel committee has booked tickets for the Resident Ensemble Players (REP) season at the University of Delaware. The REP is made up of Actors Equity professionals who teach theatre courses at UD as well as staging six productions this season. The selected plays run the gamut of theatrical periods and types. All plays are presented in the Roselle Center for the Arts where every seat has a clear view of the stage.

Join us on:

- September 27 for *The Patsy*, a comedy with a love interest;
- November 15 for *Heartbreak House*, based on Charles Dickens' novel;
- January 24 for *Wait Until Dark*, a suspenseful drama of a blind heroine;
- March 6 or 13 for *To Kill a Mockingbird*, the American classic story of justice in the South.

Travel will be by motor coach, leaving from Lewes and returning at the conclusion of the show. Additional information will be sent by email as well as being posted on the bulletin board. Reservation and payment information will follow as well.

Submitted by Mary Folan, Travel Co-Chair

Beautiful Weather for 12th Trip to New York City



Photos by Carol West



Our twelfth trip to the BIG APPLE was another successful one. Weather was the best ever. Members enjoyed theatre, ballet, opera, museums, foreign films, meeting up with family members, dining in many different ethnic restaurants, visiting historical sites, and just people watching. Some even saw Michele Obama at the Dave Letterman show.

Our stop at the Delaware Art Museum was a treat for many who had never been there. Since the museum is in a financial bind at this time, the visit was our way of supporting this Delaware facility. We were warmly greeted by staff members and enjoyed the guided tours.

We arrived back in Lewes before our scheduled time with fond memories of the past four days.

Submitted by Joan Sciorra

Making Changes in the Library

During the summer hiatus from classes, some changes were made in our always growing library. New shelving has been installed along the interior wall. Kudos to the wonderful squad from the University of Delaware--they were able to shift the existing shelves about six inches, leaving all the books where they were! With all the new space available it was decided to pull the hundred or so biographies from their subject areas. With a new Dewey number, 921, and a fresh label, these biographies are now arranged by the last name of the subject of the book. Now the library has more room to spread out and grow with future additions and donations.

The database for the collection has been updated and sent to "the cloud". This frees up space in our computers, and means that the information can be accessed by instructors and students here in Lewes, and also at the Ocean View location, from home or office. Come in and check out our recent changes!




Submitted by Ruth Barnett, Librarian/Archivist



Web Address:

www.lifelonglearning.udel.edu/lewes

Join Our Team at the Athletes to End Alzheimer's Run/Walk

| | |
|--|---|
|   | RUN/WALK OR JOIN OUR TEAM!! |
| August 2nd Bethany Beach 7:30am |  |
| Help Us Raise Awareness & Find a Cure! Go to www.alzrun.com to register or join our team!! | |

On August 2nd join Lynn Kroesen and Jay Wheeler as they lead team Osher in the first annual Athletes to End Alzheimer's. This is a 5K run/walk and Osher is happy to be a partner in this event. Please join our team at <http://www.alzrun.com/#!registration/clyx3>. Click on the "Friends & Family Teams" tab to find the Osher team. Even if you are not participating as an athlete we encourage you to meet us in Bethany and cheer the team on! Join team Osher Lifelong Learning to support Alzheimer's research! This is a great opportunity for you to promote the Osher program in the Ocean View area.

Recorder Players Perform Summer Concerts

A few recorder players started playing together at OLLI in 2007. In 2013, we played our first major concert at the Milton Flower and Garden Show. At that time we adopted the name "Tradewinds Recorder Consort". We started this summer with a splash playing for Lewes in Bloom, then on to the AARP luncheon and ending with the Milton Flower and Garden Show. We played a variety of music - "Morning Has Broken", "Ashokan Farewell", "Annie Laurie", "Peacherine Rag", & "Londonderry Air". The majority of players are members of Osher Lifelong Learning. A feature article on the group was published in "Coastal Delaware" on Sunday, July 5, 2015. In December, the group plans on playing a Christmas program for Gull House, Cadbury, Lewes Senior Center and possibly one more. Nikki Roberson, Tradewinds leader said "Playing recorders with the group is mostly for fun and to sharpen our skills with the recorder."



Submitted by Nikki Roberson

Kitchen Kapers Celebrates 25 Semesters of Food, Fun & Friends



Bernard (Bernie) and Dolores Fiegel started Kitchen Kapers in 1997. The 25th session this June focused on the grill. Bernie demonstrated how to grill meat, vegetables and fruits to bring out the most intensive, interesting and best flavors to the lucky members of the class. Everyone agreed that "everything tasted better when cooked on the grill."

Photos by Dolores Fiegel



In Remembrance of

Mary Emily Miller



Mary Emily Miller passed away suddenly on April 18, 2015. She had just turned 81. She was born on the family farm near Frederica, Delaware, a property recognized as a tri-centennial farm continuously owned and operated by the same family since 1684.

Mary Emily earned her B.A. with Distinction in History from the University of Delaware in 1955, and a certificate in Business Administration from Harvard-Radcliff in 1956. She spent several years as the Dean of Women at Methodist University in North Carolina, while also enrolled in the doctoral program in history at Boston University. Her dissertation would become a foundational work in environmental and economic history. After receiving her doctorate she took a position as Assistant Professor of History at Park University in Missouri before moving to Salem College (now Salem University) in Massachusetts, where she taught from 1966 until 1992. Upon "retiring" she moved back to the family farm in Frederica, continued teaching through the University of Delaware, and became involved in an extraordinary range of organizations and activities. Among these she spent nine years on the board of the Delaware Agricultural Museum, many years as an active volunteer for the Kalmar Nyckel Foundation, state chair of the American History Essay Competition of the Daughters of the American Revolution, and involvement in the Frederica Historical Society, Friends of Delaware Archives, the New Sweden Center, and **instructor for over 22 semesters at Osher Lifelong Learning in Lewes specializing in Maritime history.**

Mary Emily received many awards for her energy and accomplishments, including the Longevity Award from the Small Business Development Bureau, and induction into the Delaware Maritime Hall of Fame. In June of this year she would have been recognized for 50-years as a member of the American Association of University Professors.

A celebration of her life was held on June 27th in Frederica.

Pamela 'Pam' Blessinger



Pam Blessinger passed away Wednesday, May 6, 2015, at Delaware Hospice after a long struggle with leukemia. She was born Jan. 27, 1944, in Queens, N.Y. She leaves her husband of 37 years, Peter; five children, five grand-

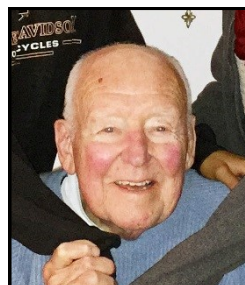
children and two brothers. Pam earned her B.A. degree from Southern Connecticut State University. Pam worked as a financial journalist at Forbes Magazine and Institutional Investor Magazine. As a freelancer, her articles appeared in Datamation, Money, Institutional Investor and other financial publications.

In 2000, Pam and Peter moved to Lewes, settling in Chapel Green. In the last several years Pam enjoyed taking classes and traveling to NYC with OLLI, catching a Yankees game at the stadium, going to Broadway shows and sightseeing.

Pam was a member of the Village Improvement Association, the Rehoboth Art League Pottery Studio, Saint George's Chapel, Osher Lifelong Learning in Lewes, Sussex Family YMCA and the Chapel Green community. Pam had a wonderfully rich personality, an open mind and great sense of humor. She made everyone feel her friendship and love.

A celebration of her life was held at All Saints' Episcopal Church, Rehoboth Beach, on June 12.

James George "Jim" Gayhardt



Jim Gayhardt, 83, died Wednesday, May 21, 2015, following a brief illness.

He leaves his wife of 59 years, Beverly Lanning Gayhardt; his son, his daughter-in-law, and two grandchildren. Born and raised in Baltimore, Maryland.

He attended The University of Baltimore, graduating in 1954 with a bachelor's degree in business.

He met his future wife Beverly Anne Lanning in 1955 while deployed in Poitiers, France with the U.S. Army. During his career, he worked for

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OSHER GREET'S 700+ PEOPLE ON RAL'S COTTAGE TOUR – Win, Win, Win!



The Osher Team showed off the Hale home for the Rehoboth Art League's (RAL's) "Cottage Tour" in July. We had the pleasure of greeting 700+ participants and guiding them through the main floor of the Hale's beautifully built "cottage." Their tour ended in the extensive patio, which includes an infinity pool and Jacuzzi. How peaceful!

The nineteen people who volunteered their precious summer time, made Osher proud. The owners, Jean and Barry Hale were on site with us throughout the tour and were pleased with the professionalism and respect shown by the docents for their home.

As first year coordinators for the Osher docents, George Dellinger and Suzanne Hain, wish to thank all the docents for their engaging guidance, being there on time, and parking where asked. As you all know, it's the small things that make the big difference.

Being a docent is fun and engaging ... Just ask any of the 2015 docents, listed on the right. Find someone you know and ask them about it. Here's why Osher does it:

WIN: Osher gets use of RAL studios

WIN: RAL gets a committed group of intelligent docents to cover one of the cottages

WIN: Osher volunteers get 'insider' access to magnificent homes.

Reserve your place early. Call Renee Moy (302-645-4111) to let her know you're interested in signing up to be a docent for the 2016 Cottage Tour.

Submitted by Suzanne Hain

Thank you to the 2015 Docent Volunteers

| | |
|-------------------------|------------------|
| Kathy & Bob Ackerman | Kathy Henn |
| Harry & Maud Banks | Fay Kempton |
| Anita Burney | Leslie Ledogar |
| Maureen & Robert Chu | Carolyn Lineback |
| Carmela & John Coleman | Jane McGann |
| Faith Duncan | Audrey McMeekin |
| Bernie & Dolores Fiegel | Lee Mussoff |
| Mary Folan | Kay Ryan |
| Sue Claire Harper | Joan Sciorra |
| Bill Sharkey | |

Remembering Jim Gayhardt continued from page 8

Johnson & Johnson and The Bugle Linen Service before joining Tele-Tector of Baltimore as a partner in 1972.

He retired in 1990, joining Beverly in Heidelberg, Germany, where they lived until 1995. After Germany, they lived in Lewes, where he did volunteer work for CASA and Shields Elementary School, working with disadvantaged children. He also did volunteer work for the Lewes Canalfront Park, taught classes at Osher Lifelong Learning, and served on the Lewes Board of Public Works from 2007 -2010. He was known for his dry wit, sense of humor and infectious laugh.

Salty Brine's Seaside Chat...

We Need You to be an OLLI Volunteer



AHOY, shipmates! Salty wants you, and you, and you to get involved by becoming an Osher Lifelong Learning Institute (OLLI) volunteer...so be a volunteer! It's your OLLI... we operate under the aegis of the University of Delaware's Division of Professional and Continuing Studies.

OLLI is run by our members on a volunteer basis; and OLLI would not exist without dedicated volunteers such as **instructors**, council members, committee members, community outreach, office help, the OLLI newsletter, "The Tides," editing, proofing, and coordination of the spring, June, and fall catalogs, socials such as the spring and fall luncheons, special events e.g., annual picnic, new member/new instructor orientation, and on and on...Whether your formal education ended early in life, or includes advanced degrees, OLLI welcomes **instructors** from all walks of life and disciplines. The spring and fall courses are an hour and half each, and you may teach a five-week or a ten-week course. Maybe you would like to teach a class for the OLLI June session which is a four week program...the classes are two hours each, and you could teach one two hour class or the whole ball of wax with a four-week program...June is a good time to test your pilot program, if you're a slight bit hesitant...All **instructors** at OLLI volunteer their time for the benefit of all its members.

Volunteer **instructors** are especially needed for OLLI's Ocean View program...if you enjoy teaching and experiencing the joy of success, consider joining the **instructors** who have been teaching at the OLLI Lewes campus and those currently teaching at the Ocean View Town Hall. Do you have special knowledge or an interest you would enjoy sharing? Was teaching your vocation or avocation? Would you consider sharing your interest, knowledge, and expertise to men and women 50 years of age or older by becoming an **instructor**; if so join the OLLI team.

Your knowledge and expertise is welcome in any of our many disciplines...art, computers, history, humanities, international studies, language, life skills, performing arts (including music), psychology/social studies, recreation, or science/health/math. Is there one just right for you, or do you have another thought or idea? If Salty peaked your interest call the OLLI office, 302-645-4111, and arrange to attend a class or two so to better acquaint yourself with the rewards of teaching at the Lewes Campus or at the Ocean View Town Hall...Call or email any one of the following **instructors** who will gladly share their teaching experiences at OLLI and encourage you to become part of the OLLI team...

Bernie and Dolores Fiegel - 302-645-4568/twofigs@udel.edu
 Carmela Coleman - 302-226-0661/carmelacoleman@comcast.net
 Phil Fretz - 302-703-2011/pfretz@comcast.net
 Pat Mossel - 302-227-3807/patlmossel@comcast.net
 Joan Sciorra - 302-644-4105/donrick@udel.edu
 Bill Sharkey - 302-645-8699/bsharkey@udel.edu
 Mary Folan - 302-226-5092 /mkfolan@gmail.com
 Carol West - 302-537-9110 / carowest7@yahoo.com



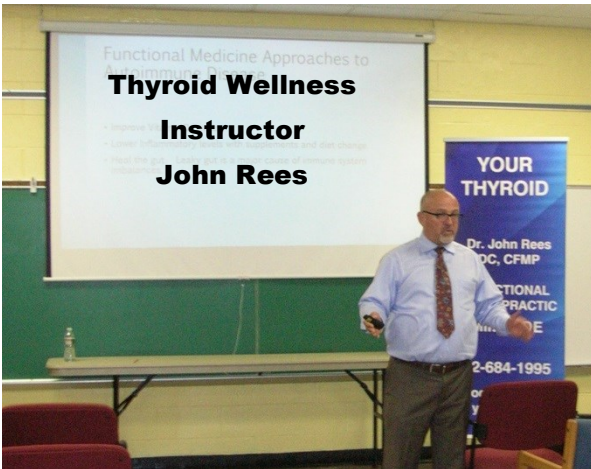
June Session Students Enjoy a Variety of Activities



Play Bridge—Instructors Alan Chalk & Eileen Zampini



Stained Glass — Paul Puch , Instructor



Functional Medicine Approaches to
Thyroid Wellness

**Instructor
John Rees**

YOUR THYROID
Dr. John Rees
DC, CFMP
FUNCTIONAL PRACTICE
2-684-1995



iPad Photos

**Barbee Kiker
Instructor**

Photos by Lynn Kroesen



**Lively stepping in English Country Dance
Carol West, Instructor**

More June Class Activities



Chili Sampling

**Instructor
Phillip Fretz**

Photos by Bill Hicks



**Rodney Lau Provided
Beautiful Summer Bouquets**



Yesterdays

*Memories
are tomorrows
Treasures*

During the summer semester, the Osher Lifelong Learning Institute offered a memoir writing course for the first time. Memoir writing is very personal and many Osher students were attracted by the possibility of preserving details of their life for friends and family. Instructor Rae Tyson asked several students from the two summer memoir sessions to write about their class experiences.

Nan Strange: The class was a challenge because Rae Tyson got us to think outside the box. First, that less is more. Writing with fewer words gives a larger impact. Second, that anyone would be interested in things that happened in my life.

Sergei A. Boboshko: I have been writing short pieces about interesting/unusual episodes in my life which I felt would be of interest to my family. I am happy with what I have written thus far, but know that I can always do better.

Barbara Stephanic: I had so many questions. Where do I start? Rae answered my questions before I could ask them explaining that a memoir is a chronicle of random memories perceived through my eyes as only I remembered them, not necessarily a chronology.

John O'Meara: My greatest challenge was brevity. With Rae's patience and help, I had five memoirs at the end of the class to pass on to my sons.

If you would like to read some of these memoirs, Instructor Tyson published a booklet for each of his students called "Sharing Memoirs" and has donated a copy that has been placed in our library.