

Osher Lifelong Learning Institute

at the University of Delaware

Now also offering courses in
Bethany Beach and Fenwick Island!

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Osher Lifelong Learning Institute

at the University of Delaware in Lewes

A program of the Division of Professional and Continuing Studies

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Osher Lifelong Learning Institute
at the University of Delaware in Lewes

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www.lifelonglearning.udel.edu/lewes

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General Information

About Osher Lifelong Learning in Lewes

In 1989, the University of Delaware established the Southern Delaware Academy of Lifelong Learning. In 2010 the Academy received endowment support from the Bernard Osher Foundation. In recognition of that support, we joined similar organizations in 49 other states and became the Osher Lifelong Learning Institute at the University of Delaware in Lewes (OLLI-Lewes).

We operate a self-governing, cooperative education community that promotes and provides intellectual, cultural and art-of-living learning experiences in a supportive social environment for mature active adults in Southern Delaware under the aegis of the University of Delaware's Professional and Continuing Studies.

Membership

Membership is open to men and women 50 years of age or older and to members' spouses or partners at any age. Whether your formal education ended early in life, or includes advanced degrees, we welcome you. An interest in learning is all that is required.

Registration forms are at the back of the catalog and online.

Member Benefits

- Register for as many classes as you like.
- Participate in OLLI-Lewes sponsored trips.
- Internet access, an email account, and virus protection via the UD system (full year membership only).
- Audit of one UD credit course per semester for a \$30 registration fee on a space-available basis. (Not including Associate Degree program or online/distance learning courses).
- Discount on computer software.

Membership Directory

We are a community and want to be able to contact one another. Please support us by allowing your address, phone number and email address to be listed in our directory. You can do this on your registration form. We do not share our directory with the general public and rely on our members not to do so or to use it for commercial purposes.

Note: It is important that you keep your contact information up to date, so we can advise you of important information and events.

Opportunities

We encourage you to offer new course ideas, serve as instructors, be committee members and contribute items for our newsletter, *The Tides: Breaking News from Lifelong Learning*. Your active participation is a great way to develop new friendships and be part of a dynamic team!

Course Registration

You may register for as many courses as you like, but please only sign up for those you intend to take and DO NOT sign up for multiple courses in the same time slot.

You should identify your top three choices as Priority 1, 2 and 3 on the Priority Selection.

Maximum class size is 65, but some courses will have smaller limits, so use your priorities wisely.

No course assignments will be made before the priority registration deadline, Thursday, **December 20, 2 p.m.** After the deadline, registrations will be processed in this order:

- First, priority selections, in order of priority (by random draw, if selections exceed seats available);
- Then, nonpriority selections;

- Finally, registrations received after the priority deadline, Thursday, December 20, 2 p.m. and multiple registrations for the same time slot will be processed on a space-available basis.

Note: If you were wait listed for a course during the previous semester, you receive preference this semester if (1) the identical course is offered again and (2) you indicate the course as your Priority 1.

How to Register

You may register by mail or in person (Mondays through Thursdays, 9 a.m.–2 p.m.) with the Membership Registration form and the Priority Selection form, together with payment, at the OLLI-Lewes office, 820A Savannah Road, Lewes, DE 19958. Checks to be made payable to University of Delaware.

When to Register

You may register in the office from Mondays through Thursdays, 9 a.m. to 2 p.m., beginning November 29. The priority registration deadline is 2 p.m. on **Thursday, December 20**.

Fees

The membership fee is \$130 for the spring semester. Our program depends almost entirely on registration fees, which are applied to our operating expenses, including rent for use of the Lewes School, staff salaries and the cost of printing and postage.

Tuition Assistance

Partial scholarships (up to half tuition, only for a single semester) are available. A Scholarship Application form, at the back of the catalog and online, must be completed and mailed or delivered to the office by the priority registration deadline.

The George Kirilla Jr. Scholarship Fund has been established by the Kirilla family to underwrite this assistance. You are encouraged to make contributions to this fund on your Membership Registration form.

Refunds

No membership refunds will be given after the end of the second week of the semester. You must submit any request for refund in writing to the OLLI-Lewes office. A \$15 charge will be deducted from **all refunds**.

Gifts

While we calculate membership fees to cover our operating costs, we always have a need for additional and upgraded audiovisual equipment, computers and classroom teaching aids such as maps, films and library materials. Many of those items are paid from the Gift Fund. We are happy to receive your donations to the Gift Fund for a specific use or, preferably, unrestricted so your Council can focus them on our greatest needs. You can include a gift with your registration. For more information on how to make these tax-deductible gifts, contact the OLLI-Lewes office, 302-645-4111.

Lunch

Social interaction is important to our community. We encourage you to continue class discussion or simply to chat and become better acquainted during the noon hour. Bring your brown-bag lunch and store it in the office refrigerator.

Textbooks, Supplies and Handouts

The catalog lists any textbooks or other supplies required for some courses and any charge for handouts beyond the allocation provided each instructor. You are responsible for these costs.

Orientation

New Member and Instructor Orientation— Thursday, January 10, 2013

10 a.m.–10:30 a.m. Coffee Social
10:30 a.m.–11:30 a.m. Orientation Program

All instructors and new members are encouraged to attend.

Location and Parking

Most courses are held at the Lewes School, 820A Savannah Road in Lewes. Some courses are held at the Rehoboth Art League, Cadbury at Lewes, the Bethany Beach Municipal Building and Community Center and the Bethany-Fenwick Area Chamber of Commerce. These locations have available parking. Member handicapped parking is available in the parking lot behind the Lewes School, where there is a handicapped ramp. Members may enter from the main entrance on Savannah Road or the side door on the circle.

From time to time, courses are held at other locations, including instructors' homes. Information about these locations is contained in the course descriptions.

Building Access

For everyone's safety, the Lewes School is secured by magnetic locks and keypads. We will provide you with information about building access before the beginning of the semester. The security code is confidential; **do not share it with nonmembers**. To access the building prior to the semester, call the OLLI-Lewes office at 302-645-4111.

Identification Badges

Because there are many groups, including young students, in the Lewes School, the Cape Henlopen School District requires everyone to wear an identification badge at all times. Member and guest badges (and temporary badges for those who forget) are available in the OLLI-Lewes office.

Guests

Visitors and prospective members who wish to become familiar with our program are welcome to visit on a single day. Please visit the office to pick up an ID badge.

Inclement Weather Policy

When Cape Henlopen School District classes are canceled because of inclement weather or an area-wide emergency, all lifelong learning classes at all locations are canceled. When the School District has a delayed opening, our activities except at the Rehoboth Art League will begin on time. Check for information at the following:

Phone: 302-645-4111 (recorded message)
Radio: WSCL (89.5FM) and WGMD (92.7FM)
TV: WBOC
Web: www.wboc.com, at Weather Closings

Travel

OLLI-Lewes sponsors trips to enhance our educational experience. Many are one-day trips associated with particular courses. At the end of each spring semester, we take several busloads of members to New York City. Information about these trips, including sign-up dates, are posted on the travel bulletin board. Members have first priority, and a surcharge is required of nonmembers. Once final payments have been made, there are **no refunds**. Members who must cancel are encouraged to use the waiting list to find substitutes.

Questions about travel may be directed to Mary Folan, Joan Sciorra or to the OLLI-Lewes office at 302-645-4111.

April 23–26, 2013—10th Annual New York City Trip.

T'ai Chi Chih Lunch Enthusiasts

T'ai Chi Chih enthusiasts meet Tuesdays from 12:30 p.m. to 1 p.m. throughout the year. Open to all members.

Spring 2013 Catalog Online

- Visit **www.lifelonglearning.udel.edu/lewes** to view and print curriculum, Membership Registration: Spring 2013, Course Selection: Spring 2013 and Priority Selection forms.
- Spring 2013—Lewes catalog may be downloaded for your use and convenience at **www.lifelonglearning.udel.edu/lewes**.

University of Delaware Policies

Our members must comply with University policies, including those that prohibit sales or solicitations (except for designated activities where they are specifically permitted); sexual harassment; or disruptive behavior.

Advertisements

Ads in this catalog or on our bulletin boards do not reflect an endorsement by OLLI-Lewes. The advertisers are solely responsible for the contents of such ads.

Classes Now Available in Bethany Beach and Fenwick Island

We are pleased to announce that classes will be offered in the south coastal area as part of the Lewes program's spring 2013 semester. Check the course listings to learn about the interesting classes on Monday and Wednesday mornings to be held at the Bethany Beach Municipal Building and Community Center, 214 Garfield Parkway, Bethany Beach, DE 19930, and the Bethany-Fenwick Area Chamber of Commerce, 36913 Coastal Highway, Fenwick Island, DE 19944. If you have any questions, please call the OLLI-Lewes office at 302-645-4111.

Video Camera Workshop

The video camera workshop, led by Jon Newsom, will be an ongoing workshop throughout our school year. Dates and times will be posted at the Lewes School...check the bulletin boards.

Spring 2013 Calendar

Thursday, December 20: Priority Registration deadline

Thursday, January 10: Instructor and New Member Orientation—
10:00-10:30 Coffee Social
10:30-11:30 Orientation Program

Monday, January 14: First day of classes

Monday, January 21: No classes;
Martin Luther King Jr. Holiday

Monday, February 18: No classes;
Presidents Day

Tuesday, February 19: Second session begins

Monday, March 25: Last day of classes

TBA: Instructors' Recognition Luncheon

Chess Club

Wayne Kirklin will be facilitating a chess club this spring 2013 semester. Dates and times will be posted at the Lewes School...check the bulletin boards.

Spring 2013 Luncheon

We will announce the date and theme when school begins in January...Watch for announcements on Bulletin Board #3 to see if we "can top the fall 2012 luncheon." If you have an idea for a doable theme, email it to **LLL-lewes@udel.edu** with "Spring luncheon theme" in the subject line.

Spring 2013 Courses

Classes begin Monday, January 14, 2013

ART

AA10 BEGINNING BASKETRY

Tuesdays, 1:30 p.m.–4:45 p.m.

Dates: 5 Sessions, January 15–February 12

Instructor: Elaine Stanhope

This class is open to all who are interested in basket weaving. Anyone who has never woven a basket or those who have woven up to five baskets are welcome. Basket kits will be provided. There will be a charge for supplies needed to weave two baskets.

Class limited to 15 students.

Elaine Stanhope holds a B.S. from Husson College in business education. She taught on the secondary level in Maine, Massachusetts, Maryland and Virginia, and was a day care director for Kinder Care Learning Centers. She retired from Hughes in data management; she enjoys weaving all types of baskets.

AA14 STAINED GLASS

Wednesdays, 9 a.m.–12:15 p.m.

Dates: 5 Sessions, January 16–February 13

Instructor: Paul Puch

Students will learn the “Tiffany” method of stained glass. They will design a pattern, cut glass, grind, foil and solder a project. Class is open to beginners and advanced artists. All projects to be approved by the instructor. There will be a \$25 lab fee to cover cost of materials.

Class is limited to 15 students.

Paul Puch holds a B.A. from St. Francis University and an M.A. from Middlebury College. He taught Spanish and Latin at the secondary level for Montgomery County Public Schools in Maryland for 31 years.

AA42 EXPLORING TECHNIQUES IN WATERCOLOR

Thursdays, 1:30 p.m.–4 p.m.

Dates: 5 Sessions, February 21–March 21

Instructor: Sonia J. Hunt

The course will cover various techniques in watercolor. Color mixing, composition and different applications of paint will be explored. Different ways of applying watercolor paints to surfaces will be used. Large round and flat brushes and at least six basic colors are essential. Some previous experience with watercolor painting is helpful. A supply list will be available.

Class is limited to 15 students.

Sonia J. Hunt is originally from England and now resides in Lewes. Sonia has received various awards for her watercolors, which are exhibited throughout Delaware and Maryland. She is a member of the Rehoboth Art League, the Bethany Beach Watercolor Society and the Cape Artists.

AA53 INTERMEDIATE BASKETRY

Wednesdays, 1:30 p.m.–4:45 p.m.

Dates: 5 Sessions, January 16–February 13

Instructor: Elaine Stanhope

This class is open to all who have woven at least five baskets. Baskets woven in this class will be on an intermediate level. There will be a charge for each basket kit provided.

Class limited to 15 students.

Elaine Stanhope. See Course AA10 for instructor’s information.

AA64 OIL AND ACRYLIC PAINTING INTERACTIVE WORKSHOP

Mondays, 9 a.m.–3 p.m.

Dates: 9 Sessions, January 14–March 25

Instructors: Carol Halloran, Sandra Moore,
Ellen Watkins

Oil and acrylic painting workshop for intermediate painters. Come join us for a cooperative workshop where we assist and critique each other's work. Gain knowledge from the experience and unique perspectives of three respected artists and learn the protocol of a formal open "crit" session, engaging the entire class in discussion and encouraging critical thinking. Students should bring their own supplies in oils or acrylic medium and a lunch. Some floor easels will be available, but students are encouraged to bring their own set-up. Students may bring their own photographs and images for inspiration. Optional art and cultural expeditions may be scheduled once per session to nationally known museums in Baltimore, Washington or Philadelphia.

Class is limited to 15 students.

Carol Halloran is a retired R.N. She has worked pencil sketch portraits and has taken photography classes. Carol now paints mostly landscapes in oil from her photos. She has been with Lewes lifelong learning for seven years.

Sandra Moore has an M.A. from Gallaudet University in education of the deaf and a B.A. from Moore College of Art in art education. Sandra taught art for five years at Gallaudet University. She retired after 33 years as a teacher of the deaf in Baltimore City public schools. Sandy is a member of the Rehoboth Art League and the Millsboro Art League.

Ellen Watkins has painted for over 30 years. She learned her craft through years at Fairfax Adult Education classes and Corcoran Art School.

AA85 BEGINNING POTTERY AND BEYOND

Fridays, 10 a.m.–2 p.m.

Dates: 10 Sessions, January 18–March 22

Instructors: Brenda Butterfield, Carmela Coleman,
Barbara Crowl

Held at Rehoboth Art League.

The emphasis of this class is to work with clay. The first four weeks will be hand building and the next six weeks will be wheel throwing and hand building. There will be an additional cost of \$60 (payable to the Rehoboth Art League) for clay, glazing and firing. Bring your lunch, wear old clothes and an apron.

Class is limited to nine students.

Brenda Butterfield has been working with clay for nine years. She is experienced on the wheel and in the area of hand building; is a regular and teacher at the Rehoboth Art League; exhibits at the Unique Boutiques. She is a member of Delaware by Hand.

Carmela Coleman has been working with clay for 15 years and is a regular at the Rehoboth Art League; has a home studio and gallery; exhibits her work at Gallery One, Ocean View, DE. A member of Delaware by Hand and the Clay Guild of the Eastern Shore.

Barbara Crowl studied pottery with Amie Sloan at Osher Lifelong Learning in Lewes. She has taught pottery workshops and assisted in other classes.



AA89 HOW TO LOOK AT AND UNDERSTAND GREAT ART, PART II

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 8 Sessions, January 30–March 20

Instructor: Charlotte B. Smith

Held at Bethany Beach Municipal Building.

Part II of the DVD lecture series from The Teaching Company expands your knowledge and skills with a brief survey of art history from the early Renaissance to postmodernism. You will learn how to recognize works of art from these periods and strengthen your understanding of the language of art. Class discussion, handouts and a museum bus trip will add to your experience. Attendance at part I would be helpful but is not necessary.

Class is limited to 65 students.

Charlotte B. Smith earned a B.A. in psychology from Carleton College and a B.A. in art history from the University of Delaware. She was trained in museum education and guided groups at the Delaware Art Museum. At Winterthur Museum she studied the American decorative arts and led tours for all age groups. Charlotte has had a lifelong passion for learning about and looking at art.

NEW!

AA91 OPEN HANDIWORK

Tuesdays, 10 a.m.–Noon

Dates: 10 Sessions, January 15–March 19

Instructors: Barbara Duch and Karen McKinnon

Course is for interested persons to sit and chat while they work on and share with others their particular handiwork. This could include knitting, crocheting, cross stitching, quilting, rug hooking, jewelry making, sewing, crewelwork, tatting, etc. This will be a casual, relaxed and totally informal class. This would be a wonderful chance to make new friends and to enjoy the camaraderie of warm, friendly people.

Class is limited to 30 students.

Barbara Duch retired from the University of Delaware where she taught physics, math and education courses. She started knitting in 2009 and loves to knit every day.

Karen McKinnon is a graduate registered nurse from Yale—New Haven Medical Center. She worked as an R.N. for 43 years from OB/GYN to NICU to pediatrics. She retired in 2010. Karen has been knitting for 45 years for relaxation and gift giving.

NEW!

AA92 FIXING FLATS

Wednesdays, 1:30 p.m.–4 p.m.

Dates: 5 Sessions, January 16–February 13

Instructor: Robert F. Chu

A remedial workshop to determine when and how to re-work, re-do, re-think or remove some existing painting(s). Will review some guidelines for paintings and drawings. Bring item(s) for consideration.

Class is limited to 12 students.

Robert F. Chu earned his B.B.A. from Baruch College, City University of New York, in engineering. His experience includes visibility, ergonomics and precision optical image formation in aerospace and commercial sectors. The Chus are avid travelers.



COMPUTER SCIENCE

CS64 INTRODUCTION TO PERSONAL COMPUTERS FOR THE NEW USER

Tuesdays and Thursdays, 1 p.m.–3 p.m.
Dates: 10 Sessions, January 15–February 14
Instructor: Gary Lippe

This course is for those who have a computer but lack the knowledge and skills to use it effectively. We'll combine basic technical aspects and perform hands-on to alleviate the insecurity that we experience with this newfangled technology. We'll cover computer terminology, the mechanics of the computer itself, the mouse, keyboard and peripherals including printers, disk drives and scanners. We'll explore the Internet with regard to email and sending and saving information including photographs and documents; cover Windows Explorer and the disk storage hierarchy; the use of search engines, e.g., Google. The goal is to understand how to do things rather than a more academic approach of computer structure and theory. We will not cover individual preferences for social network programs like Facebook and Twitter. This course has been modified to reflect technology upgrades and a more detailed hands-on experience. And, of course, questions are welcome.

Class is limited to 13 students.

Gary Lippe holds a B.S. from Thomas Edison State College. Over 30 years' experience in the information technology field. Programmer/system analyst and corporate instructor at regional education center for a major computer manufacturer. He has more than 15 years teaching computer and ancillary subjects for an adult proprietary school. Gary has been accredited as a CompTIA Certified Technical Trainer (CTT+).

NEW!

CS69 COMPUTER SECURITY AND CYBERCRIME

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, January 16–February 13
Instructor: John Hoyt

This class will be a discussion of computer security and cybercrime. We will define terms (what is computer security; what is computer insecurity; what is a cybercrime; and so forth), examine trends (getting better or worse; what about smart phones, etc.), discuss threats, etc. No computer expertise is required. We will not cover how to remove viruses, or how to fix your PC. However, we will cover some of the threats and what should be done to mitigate them.

Class is limited to 65 students.

John Hoyt has over 25 years' experience in managing information technology research and development projects for the U.S. government in the areas of cyber forensic standards, infrastructure protection and information sharing. He was an employee of the FBI for over 17 years. During four years of that time, he was on detail from the FBI to the Defense Advanced Research Projects Agency as a program manager. He received his Ph.D. in information technology from George Mason University.

NEW!

CS70 ENHANCING PRESENTATIONS USING MICROSOFT POWERPOINT 2010

Thursdays, 1 p.m.–3 p.m.
Dates: 5 Sessions, February 21–March 21
Instructor: Gary Lippe

We live in the age of information where it is sometimes difficult for a presenter to gain an audience's attention and overwhelming for the audience to retain much of what we try to convey. We use presentations to gain

agreement, to convey information, or to entertain. We use presentations in business and our volunteer work, with our family and associates. A presentation which uses PowerPoint software allows the presenter to use visual reinforcement, attention-getting devices and the written word to reinforce the spoken message. A good PowerPoint presentation can effectively enhance the ideas you endeavor to communicate. This course will present (with the aid of a PowerPoint presentation) how to use this software to develop a presentation. We will cover making and formatting slides; master slides; adding photos, videos and text; enhancements with animation and adding or embedding sounds, videos and web links. Prerequisites: basic knowledge of PC usage, how to cut, copy and paste.

Class is limited to 13 students.

Gary Lippe. See Course CS64 for instructor's information.



ECONOMICS/FINANCE

NEW!

EC07 SIMPLIFYING THE COMPLEXITIES OF RETIREMENT PLANNING

Mondays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, February 25–March 25

Instructor: Michael Loftus

Course topics will include understanding Social Security, Medicare, extending your IRA after death, reducing risk in retirement, estate planning concepts.

Class is limited to 30 students.

Michael Loftus is a seasoned professional with 25 years of broad and varied business experience with 15 of those years focused on the financial services industry. Michael has held senior level positions involving sales, marketing and product development for multibillion-dollar financial institutions. He is a member of the Ibbotson and Associates Advisory Board, a leading asset allocation firm. In 2009 he took this experience and started his own financial planning and wealth management firm, Loftus Wealth Strategies. Mr. Loftus is a graduate of Villanova University and has his series 7, 66, 63, 26 registrations along with life and health licenses.

EC08 FINANCIAL WORKSHOP: INVESTORS' SOURCE FOR FINANCIAL EDUCATION

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, January 17–February 14

Instructor: Derek R. Clifton

This course is designed to educate you about financial topics, including building your portfolio strategy, which will cover risk tolerance and diversification, foundations of investing in bonds, stocks, mutual funds, annuities and the importance of asset allocation; tax free investing and investing for income; protecting what is important and preparing your

estate plan. **Class is limited to 15 students.**

Derek R. Clifton holds a B.S. from the University of Delaware and an M.B.A. from Wilmington College. Derek is an accredited asset management specialist and financial advisor with Edward Jones. He resides near Milton with his wife and four sons.

NEW!

EC09 RETIREMENT PLANNING

Thursdays, 3:15 p.m.–4:45 p.m.

Dates: 10 Sessions, January 17–March 21

Instructor: David Bocchino

“Financial Peace” is a road map to personal control, financial security, a revitalized family dynamic and life-long peace. The *Wall Street Journal* reports that 70 percent of us are living paycheck to paycheck. According to *USA Today*, 55 percent of us admit to “always” or “sometimes” worrying about money. This course will help you understand the forces behind your financial distress, create a budget that really works, set achievable goals and make things right for you and your family—financially, emotionally and spiritually—for good. This life-changing course will show you how to: get out of debt and stay out; use the principle of contentment to direct your financial decision-making; build your emergency fund; create your own cash-available system; communicate about money with your spouse; instill good money habits with your children; deal with debt after divorce or the death of a spouse.

Class is limited to 65 students.

David Bocchino is a professional with over 25 years of comprehensive business, sales management and financial consulting experience in fast-paced small businesses to international Fortune 500 companies. Has a strong combination of education, hands-on leadership skills and practical experience. Retired Commander in U.S. Navy. Licensed Financial

Consultant enrolled in the American College Certified Financial Planner (CFP®) certificate program (to complete fall 2012). B.S. in economics (honors program) Villanova University. M.B.A. Wharton School. Adjunct professor at Burlington County Community College in NJ and Old Dominion University in Norfolk, VA. Financial coach for Dave Ramsey Financial Peace University and Crown Ministries. Financial coach at Eagles Nest Church in Milton, DE.

HISTORY

HX115 THE UNITED STATES: A NATION OF IMMIGRANTS

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, February 20–March 20

Instructor: Eileen Redden

This class will cover American immigration history from the colonial period to the present, with an emphasis on legislation and attitudes towards immigrants. Topics included in this class will be reasons for immigration and emigration, challenges facing immigrants, slavery, immigration statistics and the laws governing immigration. These laws include the Naturalization Act of 1795, the Alien and Sedition Acts of 1798, the Chinese Exclusion Act of 1882, the Quota Act of 1921, the Johnson-Reed Act of 1924 and the Hart-Cellar Act of 1965 (also known as the Immigration and Nationality Act). The class will feature lectures, discussion and DVDs.

Class is limited to 50 students.

Eileen Redden received her B.A. and M.A. degrees from the University of Delaware. She taught social studies at Lake Forest High School and then served as a guidance counselor. She has an avid interest in history, particularly European history.

NEW!**HX117 EIRE: LANDSCAPE AND LITERATURE**

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, February 25–March 25

Instructor: Rosemary L. Cummings

Held at Bethany Beach Municipal Building.

Travel through Ireland meeting the poets and architects of Irish culture. Meet Yeats in Sligo, James Joyce and Brendan Behn in Dublin. Visit some of the many castles, gardens and houses, from manors to family cottages. Then book a trip home for the 2013 Diaspora.

Class is limited to 60 students.

Rosemary L. Cummings has an M.B.A. in management and B.S. in psychology. Career in logistics with U.S. government with travels in the U.S., Europe and Asia. Instructor for Defense Department, National Institutes of Health and United States Department of Agriculture. Certified in Internet, software and web development. Interests are computing, gardening and family history. The music and views should entice to travel to Ireland for the Gathering.

NEW!**HX118 THE CAUSES OF WORLD WAR I**

Mondays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, February 25–March 25

Instructor: Rob Morgan

We will explore why various great powers chose to plunge into this ever-widening war: first Austria-Hungary, then Germany, Russia, Britain and the U.S. (France did not have much choice). Along the way we may discuss the choices of lesser powers too.

Class is limited to 65 students.

Rob Morgan majored in history at Yale, graduating in 1970, and has developed a special interest in the causes and consequences of the two World Wars.

NEW!**HX119 SHAKA AND THE ZULU NATION**

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, January 14–February 25

Instructor: Ed Soboczanski

The course is based on books and discs devoted to the subject. In the early 1800s Shaka, then ruler of a small Bantu tribe in southeast Africa, greatly enlarged it by incorporating those whom he conquered into it. He enjoyed warfare to such an extent that two of his brothers killed him after 10 years of rule to reduce the time his tribe engaged in it. During his rule, he taught his men to fight with short spears used like swords. He also made them go barefoot, which allowed them to run faster than those who wore sandals. In 1889 the British initiated a war against the Zulus for reasons known only to themselves. The Zulus wanted to enjoy peace with the British. The Zulus annihilated a British regiment of 1,300 men at a battle at Isandhlwana. Six months later the British returned, severely beating and scattering the Zulus with their superior weapons.

Class is limited to 65 students.

Ed Soboczanski holds a Ph.D. from Ohio State in chemistry and an M.S. and B.S. from the University of New Hampshire in chemistry. He worked for DuPont in nine different jobs for 33 years and has over 20 patents and publications. He retired in 1990 and has made Lewes his home ever since.

NEW!**HX120 NAVY MEDICINE—WWII: A REMEMBRANCE**

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, January 15–February 12

Instructor: Donald L. Sturtz

This series of talks will recall some of the challenges faced by doctors, dentists, nurses and corpsmen of the Navy Medical Department in a

two-ocean war. The role of some prominent leaders will be discussed.

Class is limited to 65 students.

Donald L. Sturtz is a 1955 graduate of the U.S. Naval Academy and a 1965 graduate of the University of Pennsylvania School of Medicine. He is a Fellow of the American College of Surgeons and holds a diploma in the medical care of catastrophes. He has served in the Navy as a line officer, naval aviator and professor of surgery in assignments around the world.

NEW!

HX121 THE COLD WAR AS SEEN THROUGH THE EYES OF A LONG-TIME BROADCAST REPORTER

Mondays, 9 a.m.–10:30 a.m.

Dates: 9 Sessions, January 14–March 25

Instructor: Richard Rosse

Held at Bethany Beach Municipal Building.

A review of the tumultuous events that shook Europe and the U.S. following the conclusion of World War II, with special emphasis on the political division of Europe and Germany and the construction (and later the collapse) of the Berlin Wall. The instructor is a long-time resident of Germany who spent the crucial cold war years of 1961-1963 in Berlin.

Class is limited to 40 students.

Richard Rosse was a 40 year network radio broadcaster for the Mutual and NBC networks in Berlin, New York City and Washington. He was an eyewitness observer of all the political events that illuminated and darkened that time.

NEW!

HX122 A CITIZEN'S FORUM

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, January 15–March 19

Instructor: William O'Connor

The Roman Forum was the place where any

citizen could raise and discuss issues of concern to the public. This course provides a similar experience. Participants will raise issues and explore solutions on matters concerning the public good (health, education, economics, governmental practices, etc.). Live Internet access will permit the discussants to access relevant materials. The instructor will serve as a facilitator to stimulate discussion and record the various issues and positions.

Class is limited to 20 students.

William O'Connor is a native of New York City, and with his wife Roz, has lived in Lewes since December 1995. A Ph.D. in experimental psychology, his career has been split between operations research in the health and aviation sectors and managing continuing education for health professionals. While he served in the Navy as a psychologist he was part of the NASA/DOD team that selected the seven Project Mercury astronauts.

HUMANITIES

HU119 EXPLORING THE POWER OF NOW BY ECKHART TOLLE

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, January 16–March 20

Instructors: Joseph Lavenia and Toni Worsham

What must we do to transform our lives spiritually? Eckhart Tolle tells us in *The Power of Now*, that the more fully we are able to live focused in the “now” rather than lamenting about the past, or being anxious about the future, the more spiritually conscious, joyful and peaceful we will become. This course will allow students to consider Tolle’s teachings in this spiritual text and to engage in discussions with other class members regarding their understandings of Tolle’s message, and the value of its application in their lives. Students should bring a copy of the book with them to each class and read the preface, introduction

and chapter one prior to the first class. For each chapter, students should bring at least one but not more than two comments or questions regarding the chapter to share with the class. Toni and Joe will facilitate a chapter by chapter discussion based on these questions and comments by class members each week.

Class is limited to 20 students.

Joseph Lavenia received his M.B.A. from Fairleigh Dickinson University and his B.A. from Rutgers University. He has studied personal development, metaphysical/spiritual teachings and contributed to and influenced the content of the books, *What You Think is What You Get* and *Integrity is Everything*.

Toni Worsham holds a Ph.D. in English. Before retiring to southern Delaware in 1997 Toni had been an educator for 30 years, teaching at all levels, elementary through graduate school. She has a special love for poetry, theatre and creative writing. She has done extensive research in cognitive studies and thinking improvement techniques. Both during her years as a nun and thereafter, Toni has studied spiritual teachings and focused exclusively on offering classes on spiritual growth for the last six years.

HU120 SHAKESPEARE: THE GREAT COMEDIES AS YOU LIKE IT AND TWELFTH NIGHT

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 8 Sessions, January 29–March 19

Instructor: Louis A. DeCatur

As You Like It and *Twelfth Night* are the great comedies. Both celebrate the female disguised as males—misidentification from disguises; love examined and found triumphant.

Class is limited to 65 students.

Louis A. DeCatur holds a Ph.D., M.A. and B.A. from the University of Maryland. He had 37 years of college teaching and taught courses in Shakespeare; British, Chinese and Japanese

literature; composition; and rhetoric. He taught in high school and at the University of Maryland, the U.S. Naval Academy and Ursinus College in Pennsylvania. Extensive travel in England, Europe, Japan and China has reinforced his teaching skills.

HU146 RELIGIONS OF THE WORLD

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, January 15–March 19

Instructor: Richard F. Kauffman

From indigenous people to those of the postmodern world, religion has been a part of human life. While we spell God's name with different alphabet blocks and history has recorded conflicts originating in the differences, there is in our time a developing inner faith movement that acknowledges commonalities shared by all. The aim of this course is to examine commonalities and differences seeking deeper understanding and dispelling misunderstandings. This course will explore in-depth the religions of the West (Judaism, Christianity and Islam) and those of the East (Hinduism, Buddhism, Taoism, Shinto and Confucianism). Videos will be used to enhance our explorations. **Class limited to 30 students.**

Richard F. Kauffman has degrees from Franklin and Marshall College, Lutheran Theological Seminary, Gettysburg College and Temple University. Dick was a Lutheran pastor in York, Pennsylvania for 13 years. As dean of the York district, he was instrumental in bringing healing to the community following the race riots and healing to persons by chairing the task force that developed the chaplaincy program at York Hospital. He served on the staff of the Pennsylvania Human Relations Commission for 25 years, retiring as assistant director of compliance. He was on the adjunct faculty of York College for 26 years where he taught courses in philosophy, applied ethics and world religions.

HU168 THE 10 PLAYS EVERYONE SHOULD KNOW

Instructor: Gregory Jones

Everyone has heard about them. Many have read them. Some have even seen them. Here's a chance to cross 10 of the world's best plays off your must-do list. Each week, clips and online access to scripts will bring some of the world's great dramas and comedies to life. Lively guided discussion will deepen the experience. Among the plays to be discussed are works by everyone from the ancient Greeks to today's working playwrights. And yes, Shakespeare.

Class is limited to 65 students.

Gregory Jones currently teaches college-level English and film. He acted professionally under the name Greg Jones Ellis, appearing in venues ranging from summer stock to Carnegie Hall, from dinner theatre to Ford's Theatre. He holds a B.A. (magna cum laude) in drama from Catholic University and a M.A. in English (literature concentration) from Salisbury University.

IS03 GREAT DECISIONS

Instructor: Robert B. Duncan

Seminar discussion of the international affairs issues included in the required *Great Decisions* textbook published by the American Foreign Policy Association. Specific topics will be posted on the bulletin board as soon as received. Seminar participants will be encouraged to volunteer to lead the discussion on topics of particular interest. Participants must purchase the required textbook through Osher at a cost of \$20.

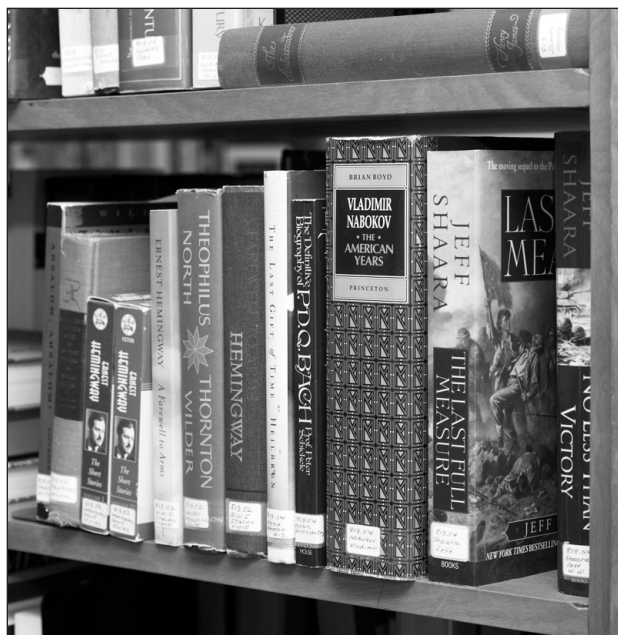
Class is limited to 29 students.

Robert B. Duncan holds a B.A. from Woodrow Wilson School of Public and International Affairs, Princeton University; an M.P.A. from John F. Kennedy School of Government, Harvard University; and attended the U. S. Foreign Service Institute, Economic Studies and the National War College. He is a retired U.S. Foreign Service officer with over 33 years' experience in economic assignments in the U.S. State Department in Washington, D.C. and abroad.

IS23 THE ARAB SPRING: BEFORE AND AFTER

Instructor: David Shobe

The much heralded “Arab Street” became organized via social media which served as the catalyst for long simmering resentments against entrenched dictators in Tunisia, Libya, Egypt, Yemen and Syria, resulting in the Arab Spring. But revolution, despite short-term results, often brings long-term chaos. A country-by-country



analysis of the revolutions co-mingled with civil strife and what America's policy options may be. Lots of time for Q & A. Extensive handouts, as usual. **Class limited to 65 students.**

David Shobe was a career foreign service officer assigned to the American Embassy in Baghdad just prior to the 1967 War. He began a lifelong interest in the Middle East, the variations on Arab nationalism and their interplay with a neighboring Jewish state. Since coming to Lewes 13 years ago, he has lectured widely on the history of conflicts in that region and in South East Asia.

LIFE SKILLS

LS93-1 PLUMBING, HEATING AND COOLING 101

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 4 Sessions, January 14–February 11

Instructor: Tom Warner

Held at Bethany Beach Municipal Building.

OR

LS93-2 PLUMBING, HEATING AND COOLING 101

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, January 16–February 13

Instructor: Tom Warner

Held at Lewes School.

Be empowered: Understand the plumbing, heating and cooling systems within your home. Learn basic repairs and how to discuss issues, projects and contracts with contractors. The instructor will give a brief lecture and a list of websites with helpful information. He will demonstrate specific repairs and answer student questions. Course will cover topics such as heating and cooling maintenance; high-efficiency equipment systems and components; when to replace a system or component and how to proceed; plumbing drainage systems and repairs; water piping systems and repairs; the

types and grades of plumbing appliances, fixtures and faucets; and faucet repairs and replacements. Students should have Internet access. There will be a \$3 fee for supplies.

Class is limited to 50 students.

Tom Warner is a fourth generation Master Plumber; he was selected by the National Association of Plumbing, Heating and Air Conditioning Contractors as plumbing contractor of the year, 1991, and Heating and Air Conditioning Contractor of the year, 2007. Tom was a plumbing contractor from 1966 until 2008. Tom held master plumbing licenses with Maryland and Virginia. In 2005, he developed an online method of giving quotes for plumbing, heating and air conditioning system replacements.

LS105 LET'S COOK ITALIAN

Wednesdays, 11 a.m.–1 p.m.

Dates: 5 Sessions, January 16–February 13

Instructors: Shellie DiLauro and Ellie Menser

The Italian cooking duo Ellie and Shellie continue their journey of exploring and sharing Italian cuisine. This class will incorporate the basic discoveries and cooking techniques from the Italian Cooking 101 class and will provide additional Italian recipes from appetizers to dessert. Students will be asked to participate in the preparation and cooking of the recipes, and, of course, then join in the food feast. The class will be held in Ellie's kitchen and limited to 10 students. There will be an approximate \$10 charge for food items per class.

Class is limited to 10 students.

Shellie DiLauro learned Italian home-cooking from her mother-in-law, Alma DiLauro in South Philadelphia forty-seven years ago. Italian home-cooking is an art form; Alma DiLauro took great joy in sharing her mother's Old World recipes and secrets that spanned generations. Now, Shellie wants to invite you to learn these treasures of the past.

Ellie Menser, after graduating from Western Kentucky University, settled into a budget career at the National Institutes of Health in Bethesda, MD. Along the way, she developed a passion for Italian food and is a die-hard “foodie.” Retiring to Delaware, she became committed to numerous nonprofit organizations including Marine Education Research and Rehabilitation (MERR) and the Cape Henlopen Food Basket. In her spare time she continues to research and enjoy classic Italian cooking.

LS110 BEGINNING GENEALOGY

Thursdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 17–March 21

Instructor: Shirley A. Herndon

This is a beginning course in genealogy for students who have done little or no research on their ancestors. With the instructor’s guidance, students will develop a plan to research their family history using federal censuses and other documents. Students should have an interest in solving problems, investigating and proving what they find. Whether they are experienced or not in genealogical research, there will be lots to learn. **Class is limited to 25 students.**

Shirley A. Herndon received a B.A. in interior design and a M.Ed. in curriculum. She is a retired interior designer and adjunct professor of art history at Wesley College. As a professional genealogist, Shirley is vice president of the Downstate Genealogical Society and charter member/historian of the Sussex County Genealogical Society. Shirley is a member of the Daughters of the American Revolution.



LS111 CUT AND SEW FURNITURE CUSHION COVERS

Wednesdays, 1 p.m.–2:30 p.m.

Dates: 5 Sessions, January 16–February 13

Instructor: Maureen Thomas

Held at Bethany-Fenwick Area Chamber of Commerce.

This how-to class is a lecture demonstration and you will learn how to cover furniture cushions. The course includes inserting zippers in a boxed cushion, cording the cushion edges, aligning corners perfectly and adding additional filler to worn cushions. Students may bring a cushion or photo to class for advice. One student will be selected to have their cushions cut and stitched in class if they have fabric not too heavy for a home sewing machine. There will be a charge for notions used in the demonstration.

Prerequisite: Students should have good sewing skills. **Class is limited to 10 students.**

Maureen Thomas has spent many years fabricating soft furnishings for the interior design industry. Her workroom made custom slipcovers for Bloomingdales in the Washington, D.C. area and for interior designers. She was a faculty member of *Draperies & Window Coverings* and *Window Fashions* magazines. While living in Sussex County, she has assisted home owners on making good design choices since 2000. She has authored several workbooks on fabricating custom soft furnishing.

LS112 FAMILY AND FRIEND SUPPORT THROUGH COACHING

Wednesdays, 1 p.m.–2:30 p.m.

Dates: 5 Sessions, February 20–March 20

Instructor: Deborah E. Brown

Held at Bethany-Fenwick Area Chamber of Commerce.

This class is for people who would like to find ways to better support family, friends and themselves by learning the basic skills of coaching. Coaching can help people move out of the story (and the drama) of a difficult

situation to start to look at their choices and opportunities. Coaching can also help people learn to trust their own intuition and imagination in order to see the potential of what they want to emerge in their lives.

Class is limited to eight students.

Deborah E. Brown is a recent graduate of the Center for Transformational Presence where she learned about a coaching model used by life coaches to help people use their internal intuition and imagination to make the choices and find the opportunities they are seeking to lead the life they want. She graduated from the International Coach Academy in 2011 as a life coach. She has a master's degree in education with a counseling specialty from George Mason University in Virginia. She has been working with nonprofits in the human services field for the past 20 years and has recently retired from full-time work. Deborah currently has a business as a life coach.

NEW!

LS113 OCEAN DISCUSSIONS

Thursdays, 10 a.m.–Noon

Dates: 10 Sessions, January 17–March 21

Instructor: Jo-Ann Vega

Osher Current Events Action Network (OCEAN) represents the evolution of the series: The Power of Language: America at a Tipping Point and Beyond Red and Blue. If you are interested in sharing your wisdom, enhancing your impact in your current civic engagements, participating in cross-generational exchanges and constructive dialogue, then join me at OCEAN Discussions. The goal is to create a framework where an agenda, leading to action, will develop through constructive dialogue. **Class limited to 25 students.**

Jo-Ann Vega is an émigré from the New York metropolitan area. She brings over 25 years of human management and development experience along with a passion for learning and working with others to achieve goals. She is a published author with a graduate degree from

the New School University in New York. A skilled facilitator with 25 plus years of experience, Jo-Ann endured the loss of both parents within a 15 month time span and now understands what were once mere words: Life is not the same, will never be again. Jo-Ann looks forward to meeting with and working with lifelong learning members.

NEW!

LS114 HAND TOOL BASICS

Thursdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, January 17–February 14

Instructor: Michael Burkhart

Learn the basics of and most effective use of hand tools and how tools work. We will cover such topics as “the right way to use a hammer” and “things you probably didn’t know about screwdrivers.” A combination of lecture and hands-on instruction will provide you with a new appreciation for tools used every day in the garden and in the kitchen as well as in the garage. Learn a few unusual uses for common tools and try your hand at different ways to develop torque (what is torque, anyway?). Sometimes important and sometimes merely interesting tool nomenclature will be discussed. We will also talk about tool selection and purchase. This is a class for beginners and novices and not for accomplished masons, woodworkers or electricians. Maybe after this course you will actually be able to fix stuff.

Class is limited to 10 students.

Michael Burkhart graduated from the United States Naval Academy with a major in physics and served as a helicopter pilot in the U.S. Marine Corps. Following the service, he attended medical school at West Virginia University and thereafter was a family practitioner and an emergency room physician. He continued flying with the West Virginia Army National Guard for 13 years. As a boy he learned about tools from his grandfather and has continued his interest ever since. Mostly self-taught, he is an avid woodworker.

NEW!**LS115 IPHONE – U PHONE**

Mondays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, January 14–February 25

Instructor: Robert Porta

Workshop—maybe someone in class knows the solution to your iPhone problem. Maybe you know the solution to one of mine. Let's trade ideas and apps. Prerequisite: Bring your iPhone.

Class is limited to 30 students.

Robert Porta served 43 years with the Bell System and its offspring. During 38 of those years he worked on computers, beginning with punch card oriented machines through very large mainframe systems from both IBM and Unisys (Univac) and finally to PCs. In 1983 Bob was designated as a Distinguished Member of Technical Staff at Bell Laboratories.

NEW!**LS116 BASIC AUTO AND TRUCK REPAIR/MAINTENANCE**

Mondays, 9 a.m.–10:30 a.m.

Dates: 9 Sessions, January 14–March 25

Instructor: John Engle

Course will cover the basics of maintenance, repair and warranty for most domestic and foreign vehicles. Students must have desire to maintain vehicle and communicate with persons who may repair and maintain vehicle in order to avoid costly repairs.

Class is limited to 15 students.

John Engle is a 30-plus year mechanic actively engaged in repair of cars and light trucks; experienced with private dealers including Ford, Lincoln and Mercury dealerships. Automotive Safety Excellence (ASE) certifications in seven categories, attending 10 classes.

NEW!**LS117 PLANT-BASED DINING: IN, OUT AND ON THE ROAD**

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, February 20–March 20

Instructor: Dorothy P. Greet

A plant-based practicum for those wishing to eat whole food plant-based meals (no added oil) anywhere for optimum health. We will arrange one plant-based lunch and one dinner at local restaurants and will conclude with a plant-based pot luck feast at the home of the instructor in Lewes. In the five classes held at the Lewes School we will discuss and implement strategies for plant-based dining anywhere and everywhere.

Class is limited to 30 students.

Dorothy P. Greet holds a certificate in plant-based nutrition from Cornell University and degrees from the University of Pittsburgh (M.Ed.) and Yale University (M.Div.). She is a retired clergy having served parishes and hospitals in Connecticut, New York City and Delaware where she was Beebe Medical Center's first Director of Chaplaincy Services. Dorothy is a heart attack survivor and is reversing her heart disease through plant-based eating (heartattackproof.com).

NEW!**LS118 ADVANCED GENEALOGY**

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, January 17–March 21

Instructor: Shirley A. Herndon

This course is a continuation of the fall class in genealogy. This course will delve further into research and where to find ancestors.

Class is limited to 20 students.

Shirley A. Herndon. See Course LS110 for instructor's information.

NEW!**LS119 CHEF GRETCHEN'S WELLNESS COOKING CLASSES**

Tuesdays, 10 a.m.–12:30 p.m.

Dates: 10 Sessions, January 15–March 19

Instructor: Gretchen Hanson

**Held at Hobos Restaurant and Bar,
56 Baltimore Avenue, Rehoboth Beach.**

The Wellness Program is a plant based (vegan) cooking class that teaches how to cook from scratch in a completely chemical preservative free manner. Chef Gretchen divides the class into 10 segments each covering a different subject matter and encompassing new techniques for plant based cooking. Starting with an overview of the food industry and how to avoid processed foods, each week we will tackle a new category. Classes begin with discussion and lecture and are followed by a cooking lesson and tasting. There will be a \$100 charge (\$10/class) payable to The University of Delaware prior to the first class. This charge will cover your food each week and all of your handouts. Refunds will NOT be given for any missed classes.

Class limited to 35 students.

Gretchen Hanson is the executive chef and owner of Hobos Restaurant and Bar in Rehoboth Beach. She has been teaching her wellness program for the four years since she opened the restaurant. Awarded the 2011 Best Restaurant and Best Chef Downstate by *Delaware Today* she approaches living a plant based lifestyle with the true enthusiasm only a chef can bring to the subject. While there are numerous nutritionists, dieticians, diet books and cookbooks that promote a plant based lifestyle, Chef Gretchen teaches an awareness of conscious eating and her own creative and self-styled plant based cooking techniques that will forever change how you think about food and flavor.

PERFORMING ARTS**PA14 PLAYING THE RECORDER—INTERMEDIATE**

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, January 15–March 19

Instructor: Cissy Johnson

This is a continuation of the Fall 2012 course. It is not a “beginners” class. The emphasis of this course will be to develop the skills necessary to play confidently in a recorder ensemble, including to recognize at a glance the typical rhythmic patterns of various time signatures; learn how to get high notes and low notes on your recorder; master octave jumps; and develop breath control for confidence and endurance. Daily playing will be necessary to become competent in mastering the instrument.

Class is limited to 15 students.

Cissy Johnson started playing recorder in Arden School with private lessons, then as a teenager played in a recorder quartet appearing in productions of Shakespeare's *Twelfth Night*, *Midsummer Night's Dream*, etc. produced by the Strolling Players of Arden. B.F.A. from the University of the Arts, Philadelphia. Played with the recorder ensemble, Ladyfingers. At the Academy of Lifelong Learning in Wilmington she played with the Recorder Ensemble, the Concert Band and the String Ensemble. She taught courses in computer-generated sheet music and music arranging. She was also co-chair of the Instrumental Music Committee which served as liaison between all the various instrumental music classes and the University's Academy Director. Currently plays with our recorder ensemble and the Rehoboth Concert Band.

PA21 GRAND OPERA

Mondays, 1:30 p.m.–3 p.m.

Dates: 9 Sessions, January 14–March 25

Instructor: Patricia L. Mossel

Held at Cadbury at Lewes.

Over the course of nine weeks we will watch and discuss three grand operas, one of which is on the top 10 list of favorites from the standard repertory and two that are rarely performed. Verdi's popular *La Traviata* is performed by Natalie Dessay and Charles Castronovo at the Aix-en-Provence Festival of 2011. Francesco Cilea's *Adriana Lecouvreur* stars Angela Gheorghiu, Jonas Kaufman and Olga Borodina in David McVicar's sumptuous production at The Royal Opera House Covent Garden. Verdi's *Macbeth* showcases Simon Keenlyside as Macbeth with Liudmyla Monastyrskya as Lady Macbeth in the Phyllida Lloyd production at Covent Garden. **Class is limited to 100 students.**

Patricia L. Mossel holds an M.A. from Yale University in English literature, and a B.A. from the University of Rochester in English literature. She taught college level English literature and Shakespeare honors; was director of development for San Francisco Opera; was the executive director of the Washington National Opera, resident company of the Kennedy Center for the Performing Arts in Washington, D.C.; and has served on boards, including the National Society of Fund Raising Executives and Opera America. Pat currently serves on the board of the Dallas Morse Coors Foundation for the Performing Arts.

PA52 MORE MUSICAL MASTERPIECES ON THE LIGHT SIDE

Wednesdays, 1:30 p.m.–3:30 p.m.

Dates: 10 Sessions, January 16–March 20

Instructor: Jon W. Newsom

This continuation of the Fall 2012 class Masterpieces of Music on the Light Side will include not only the varieties of music presented in the fall, but jazz and popular music from around the world, including South and Central

America and Africa, when such music has achieved world popularity. We will still hear popular pieces of Bach, Beethoven and Brahms, but also less well-known composers and performers such as Milton Nascimento, Baba Maal and Adolf Lindblad. If you know one piece written or performed by all three of these musicians, you may not need to take this class, but you will be missing out on a lot of fun if you don't.

Class is limited to 65 students.

Jon W. Newsom attended Columbia and Princeton and studied jazz with Lennie Tristano. In 1966 he began a 38 year career in the Music Division of the Library of Congress, during the last 10 years of which he served as chief. After retiring, he began teaching at Osher Lifelong Learning in Lewes in the fall of 2008. While concentrating on music—classical, jazz, film and theatre—he has branched out, leading a class on the novel and film *The English Patient* and teaching photography, cinematography, photo and video editing.

PA53 CHORUS

Thursdays, 3:15 p.m.–4:45 p.m.

Dates: 10 Sessions, January 17–March 21

Instructor: Roo Brown

Join the Elder Moments in harmony. Sight reading is preferred but a good ear and smile are a must! We happily sing four to six part harmony and our songs range from folk tunes to John Mandel and John Rutter. You name it, we sing it. All voice parts are welcome.

Class is limited to 60 students.

Roo Brown is a Smith College graduate. She retired from a singing and acting career in 1995. She is now a vocal arranger, composer, and volunteer at the Lewes Public Library, lady tenor in the Southern Delaware Choral Society and St. Peter's Church Choir and gardener. She leads the Mixed Blessings singing group. Roo received the American A Cappella Alliance's Pan Award in 2000 for her major involvement in a cappella music.

NEW!**PA54 THE MUSICALS OF OSCAR HAMMERSTEIN II: PART ONE**

Thursdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 17–March 21

Instructor: Don Stein

Through film, relive the musicals of lyricist Oscar Hammerstein II. Part One will feature the groundbreaking operetta *Show Boat* and the early collaborations with Richard Rodgers such as the game-changing *Oklahoma*, *Carousel* and *State Fair*. Part Two, tentatively scheduled for Fall 2013, will continue the hit musicals written with Richard Rodgers such as *South Pacific*, *The King and I*, *Flower Drum Song* and *The Sound of Music*. **Class limited to 65 students.**

Don Stein has degrees in computers and law and a career in international technology. In addition to teaching computer courses, he welcomes the opportunity to share his love of musicals which feature real music with tuneful songs you can sing.

**NEW!****PA55 ACTING FOR BEGINNERS**

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, February 20–March 20

Instructor: Gregory Jones

Acting for beginners is for anyone who wants to be more comfortable in front of an audience. While it will focus on the basics of performance, it will give students a chance to improve their vocal production and physical poise as well as tame stage fright. In addition, by learning some of the ways actors approach and prepare for a role, students will gain a better appreciation of the actor's art and craft. The next time they see a play or film, they can critique performances with more confidence! Short film clips illustrating great acting will supplement fun, hands-on activities. No prior experience needed. **Class is limited to 65 students.**

Gregory Jones. See Course HU168 for instructor's information.

NEW!**PA56 WRITING A BROADWAY MUSICAL**

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 9 Sessions, January 14–March 25

Instructor: Douglas A. Yetter

This class will explore the creation of a Broadway musical. This course will also follow the genesis of a musical from inception to opening night. Aspects explored will include adaptation, libretto, hiring the creative team, responsibilities of a director/producer, finding investors, orchestration, unions—and the successes and failures of Broadway.

Class is limited to 65 students.

Douglas A. Yetter is artistic director of the Clear Space Theatre Company. He holds a B.A. in composition from the University of Maryland and an M.F.A. from New York University in musical theatre writing.

PSYCHOLOGY/SOCIAL STUDIES

PS26 DESIGNING A SUSTAINABLE FUTURE: THE POWER OF NONVIOLENT CHANGE

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, January 16–February 13

Instructor: Rick Grier-Reynolds

This five-week course will look at the transformative and sustainable nature of nonviolent change. Videos from the *A Force More Powerful* series will provide the opportunity to deconstruct historical moments where nonviolent techniques helped various groups create change. In addition, the teaching techniques for this course will be centered around methodologies that will encourage each participant to bring his or her own life experience into the course conversations. Additional fee of \$5 for handouts.

Class is limited to 65 students.

Rick Grier-Reynolds holds an M.Ed. from Harvard University and a B.A. from Trinity College in history. Former distinguished teacher and history/social science department chair. He is the current International Baccalaureate Diploma Program Coordinator, Wilmington Friends School (Delaware). He has taught a required Peace and Social Change course for the last 28 years and traveled abroad participating in a variety of humanitarian social change endeavors.

PS29 CONTEMPORARY ISSUES IN PSYCHOLOGY

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, February 20–March 20

Instructor: Michael LeCompte

This is a course for those who enjoy exploring and discussing psychological conditions. Each week we will review a topic in depth, reviewing current statistics, methodology and treatment and how the subject is portrayed in the media. Discussion is prominent in this course and students are encouraged to share personal

knowledge and experiences. The list of topics will include autism, Alzheimer's disease and anxiety/stress related conditions.

Class is limited to 20 students.

Michael LeCompte is a retired school psychologist with over 30 years of experience working with adults and students. He attended Salisbury University earning bachelor's and master's degrees in psychology. Current interests include observing how psychological topics are portrayed in the media and how that impacts our daily lives.

RECREATION

RR02-1 ENGLISH COUNTRY DANCE FOR ALL

Thursdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 17–March 21

Instructors: Alex Apostolina and John Bochnowski

It doesn't matter which foot you use, just enjoy moving to lovely old tunes. What a way to find out you've exercised! Beginners and experienced dancers are welcome. Alex Apostolina and John Bochnowski of the Dover English Country Dancers will introduce you to the history and the fun of this dance form. Wear soft-soled shoes.

Class is limited to 40 students.

Alex Apostolina received a chemical engineering degree from New Jersey Institute of Technology. He is a retired General Foods plant manager. He is a member of the Early Music Consortium of Dover and Dover Symphony and co-founder of the Dover English Country Dancers. Besides playing violin, viola and guitar, Alex creates reproductions of medieval musical instruments.

John Bochnowski received an M.A. in history from the University of Virginia. He is retired from the Capital School District, where he taught history, political science and computer science. John also has taught in UD's lifelong learning program in Lewes since 1994, covering topics such as Indian wars and the American Civil War.

RR02-2 ENGLISH COUNTRY DANCE FOR ALL

Wednesdays, 1 p.m.–2:30 p.m.

Dates: 5 Sessions, January 16–February 13

Instructor: Carol West

Held at Bethany Beach Municipal Building.

Come and enjoy the dance form America grew up with. It's been fun for more than three centuries, it's still fun and we think you'll like it. It's easy to learn! If you can walk and smile, you can do this kind of dance. The caller will explain all the moves and walk you through the dance before it starts, then continue to prompt you as the dance goes on. The dances focus on the group, not on the individual. We customarily change partners after each dance, so we get to dance with lots of different people. We're a friendly group! It's easy, and there's the music! It's NOT to be missed!! Wear soft-soled shoes.

Class is limited to 24 students.

Carol West was a high school math teacher in Maryland for 25 years. She moved to Delaware in 2006. Her hobbies are playing violin with the orchestra and hand bells in church, bird watching, playing bridge and dancing. She enjoys music in any form!

RR04 WALK AND TALK

Tuesdays, 2 p.m.–4:45 p.m.

Dates: 5 Sessions, March 5–April 2

Instructor: Joan Ridolfi

Enjoy guided exploratory brisk and lively walks of familiar and not so familiar local areas. Meet new and old friends along the way. All walks are approximately two miles or more. Possible walking locations are historical towns and trails in Sussex and Kent counties and, occasionally, Maryland. All registered walkers will receive detailed information prior to the course start date. The walks are usually two hours or less.

Class is limited to 42 students.

Joan Ridolfi is a retired human resources manager. She has always had an interest in

nature, outdoor activities and history and has combined all three as a walking tour guide. She is also a docent at the Nanticoke Indian Museum and has worked as a volunteer with a medical team on the Navajo Indian Reservation in Arizona. She is a member of the Sussex County Archeological Society.

RR16 MAH JONGG CLUB

Wednesdays, 1:30 p.m.–4:45 p.m.

Dates: 10 Sessions, January 16–March 20

Instructor: Ann Nolan

Students must know how to play Mah Jongg. Time is set aside for those who enjoy the game to get together and play. Students must obtain their own Mah Jongg Official Hands and Rules Card. Please state on application if you are willing to bring an American Mah Jongg set for use in class. We will need a set for each group of four students.

Class is limited to 25 students.

Ann Nolan loves the game of Mah Jongg and is enthusiastic about sharing her knowledge.

SCIENCE/HEALTH/MATH

SS08 T'AI CHI CH'UAN—YANG SHORT FORM—CONTINUING INSTRUCTIONS (SECTION 2 & BEYOND)

Mondays, 11 a.m.–Noon

Dates: 4 Sessions, March 4–March 25

Instructor: Sally Fintel

This class will provide an opportunity to begin to learn and practice an age-old Chinese martial art that emphasizes relaxation, deep breathing and balance while using slow, fluid, gentle movements. Each student develops competence according to his or her individual capabilities to whatever degree is possible. Students can expect the following: slow class pace; ample repetition and practice in class; continued practice and review of Section 1 T'ai Chi Ch'uan;

health benefits such as improved flexibility, balance and inner tranquility; exposure to CDs of the masters demonstrating The Form; homework. Consists of regular practice of class routines; 10 to 15 minutes, twice daily.

Prerequisite: Completion of Section 1 Beginners T'ai Chi Ch'uan. Wear loose fitting, comfortable clothes and flat-soled shoes.

Class is limited to 12 students.

Sally Fintel has been practicing T'ai Chi since 2001 and was taught by Mark Blaskey (now retired), Beebe Medical Center, Department of Integrative Health. She is a graduate of both Oberlin College and Columbia University. Professionally, she has always been active in the field of education.

SS14 DISCOVERING DELAWARE'S INLAND BAYS

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, January 16–March 20

Instructor: Jennifer Jones

Held at Bethany Beach Municipal Building.

The inland bays lie behind a narrow barrier island that separates them from the Atlantic Ocean. Travelling down Route 1, through Dewey Beach, Bethany Beach and Fenwick, the inland bays lay to the west. They are unique places where freshwater flowing from the land and down tributaries mixes with seawater. A collage of saltmarshes, tidal flats, bay grass meadows, oyster reefs and winding saltwater creeks make up this environment. For thousands of years, the bays have supported an abundance of fish and birds that come here to feed, reproduce and grow. The beauty and productivity of this estuary now supports a thriving human culture and economy. This course will present information about these unique bays by Center for the Inland Bays employees and other experts. Each class will be presented by a different expert on the topic chosen for that week.

Class is limited to 60 students.

Jennifer Jones is the development coordinator for the Delaware Center for the Inland Bays.

SS56 SPRING FIELD BIRDING

Wednesdays, 8 a.m.–11 a.m.

Dates: 8 Sessions, March 27–May 29

Instructors: Bill Fintel, Sally Fintel

Classes will begin at 8 a.m. and end by 11 a.m. on the following Wednesdays: 3/27, 4/3, 4/10, 4/24, 5/8, 5/15, 5/22 and 5/29. The first class will meet at the Prime Hook National Wildlife Refuge Headquarters. A detailed list of meeting locations will be sent out in January and available at Bill's birding blog, <http://billfintel.blogspot.com/>. In the beginning, we will search for lingering winter species such as waterfowl, then as we get further into spring, we will search for neo-tropical migrants that are returning to Delaware or traveling farther north to breed. We will travel to some locations not visited by previous birding classes. This will be strictly a field birding class, so if the weather is forecast to be bad, the class will be cancelled (see Bill's blog by 6 a.m. on day of field trip). Prerequisites: Ability to walk on good trails up to 2 miles. Binoculars.

Class is limited to 15 students.

Bill Fintel has a degree from Cornell University. He worked 27 years for DuPont, mostly in research. After DuPont, Bill formed and ran Avian Aquatics, a manufacturer of water products for wild birds. Since 2005, Bill has been active teaching birding and climate related classes for lifelong learning. He also leads birding field trips for Prime Hook NWR and is active in the Sussex Bird Club. For his lifelong learning background, see <http://www.sussexbirdclub.com/olli> and <http://finblizclimate.blogspot.com>.

Sally Fintel. See Course SS08 for instructor's information.

NEW!**SS70 NATURE VIA NURTURE**

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, February 20–March 20

Instructor: Alan J. Chalk

The discovery of the epigenome. The influence of nature (our genes) versus the influence of nurture (our environment) has been a debate for many decades. In 2003 Matt Ridley presented a persuasive case for nature and nurture being interrelated in his book *Nature via Nurture*. Since then we have discovered that our genes are controlled by the epigenome and genes may be switched on or off by such things as the food we eat, our emotions and our beliefs. The epigenome has been explored in a PBS Nova presentation *The Ghost in Your Genes* which will be shown. The subject is being explored extensively by nutritionists, neurobiologists and pharmaceutical companies whose findings will be discussed. **Class limited to 40 students.**

Alan J. Chalk, Ph.D. in chemistry, University of London, England. Has previously given courses in microbiology, evolution, nutrition and longevity.

**NEW!****SS71 COMPLEMENTARY APPROACHES TO HEALTH AND WELLNESS**

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, February 25–March 25

Instructor: Mary Anne LaTorre

In the last few years, using complementary approaches to enhance wellness has become quite popular. There is a new herb to take or a new treatment that promises pain relief or a new combination of vitamins that can make you feel younger. What to believe—and how to create a regimen that is both safe and effective. This course will provide an introduction to a number of complementary approaches, highlighting such areas as acupuncture, reiki, guided imagery, meditation, herbs, homeopathy and Bach flower remedies. There will be opportunities to discuss the effectiveness of these approaches; to experience them; and learn how to include them on a daily basis into a health plan that can enhance wellness.

Class is limited to 30 students.

Mary Anne LaTorre is an R.N. with an M.A. in psychiatric nursing and training in acupuncture, Reiki (Japanese method for stress reduction and relaxation) and homeopathy. For the past 20 years, she has had a private counseling practice that consolidated these approaches, integrating psychotherapy with various wellness and stress management techniques. Semiretired, she is currently focused on teaching these holistic skills in a wide range of settings.

NEW!**SS73 THE LAST PHYSICS COURSE:
AN OASIS OF UNDERSTANDING
WITHIN THE BOUNDLESS
MYSTERY**

Thursdays, 10:45 a.m.–12:15 p.m.

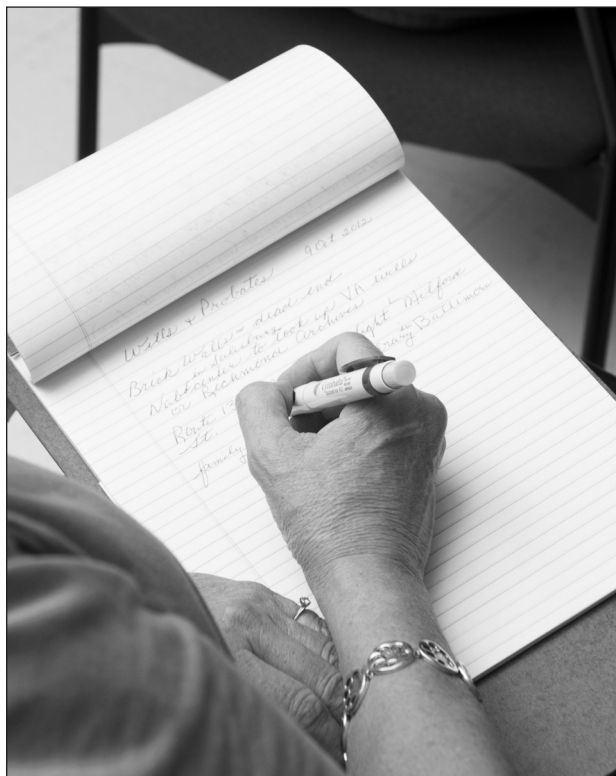
Dates: 8 Sessions, January 17–March 7

Instructor: Douglas L. Hemmick

In our effort to characterize it, quantum physics defies easy analogies and platitudes. From its very outset in the 1920s and through to today, quantum controversies have evoked unusually profound questions. More recently—through Bell's Theorem—we have found insight into a general feature of reality itself. However, an adequate grasp of such matters calls for a very broad perspective. To gain this, we make use of Carl Sagan's beautiful and illuminating concept of discovery offered in *Pale Blue Dot*. Sagan's metaphorical viewpoint will open our eyes and allow us to appreciate quantum controversies such as Einstein Podolsky Rosen paradox and Bell's Theorem. Students need no prior science background and ninth grade level science knowledge is enough.

Class is limited to 30 students.

Douglas L. Hemmick holds a Ph.D. and M.S. from Rutgers University. Douglas has had a keen interest in quantum physics for over 25 years and has performed original research into the refutation of Conway and Kochen's "Free Will" Theorem. He is the principal author of the 2011 book *Bell's Theorem and Quantum Realism*. Doug is now working on a second book with the same coauthor and writing a monthly column on stargazing and amateur astronomy.



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AND

- Select your top 3 priority classes by clearly filling in the Priority Selection (page 31 or 37). Be sure to put your name, class name and class code number on each priority (1, 2 or 3) you use.

BECAUSE

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Spring 2013 Registration Form

Osher Lifelong Learning Institute at the University of Delaware in Lewes

University of Delaware, Lewes School, 820A Savannah Road, Lewes, DE 19958 • 302-645-4111

PLEASE CLEARLY FILL IN ALL INFORMATION

1. NAME (Please print) _____ TELEPHONE _____

ADDRESS _____ EMAIL _____

CITY _____ STATE _____ ZIP CODE _____

DATE OF BIRTH _____

If you do not want your address, phone number and email address published in a Member Directory, please check here: ☐ No

Do you use a handicapped parking permit? ☐ Yes ☐ No

2. IN CASE OF EMERGENCY OR ILLNESS CALL:

NAME _____ TELEPHONE _____

3. Because the lifelong learning program is a cooperative educational community, members have the opportunity and obligation to support its objectives through participation in committees, planning (courses, trips, activities) and serving as class leaders and instructors.

I WOULD LIKE TO BE ACTIVELY INVOLVED IN:

☐ Teaching or organizing a course in _____.

☐ Serving on the following committee:

☐ Academic ☐ Communications ☐ Library ☐ Planning ☐ Social ☐ Travel ☐ Office volunteer

4. **EDUCATION:** ☐ H.S. ☐ Some College, A.A. ☐ B.A., B.S., R.N. ☐ M.A., M.S. ☐ Ph.D., M.D., J.D., Ed.D.

Professional/Avocational interests _____.

5. **MEMBERSHIP DUES:** ☐ New member ☐ Returning member

☐ Paid in fall 2012 for a full year.

\$_____ Half-year membership \$130

\$_____ Donation to Gift Fund

\$_____ Donation to Kirilla Scholarship Fund

\$_____ Total (Make check(s) payable to **University of Delaware.**) Check # _____

NEW MEMBERS: HOW DID YOU LEARN ABOUT THE LIFELONG LEARNING PROGRAM?

☐ Newspaper article ☐ Friend ☐ Library display ☐ Radio ad ☐ TV ☐ Internet ☐ Other

By registering, I understand and agree that the University of Delaware, its Trustees, employees and agents have no legal responsibility for my physical welfare while I am a member of the Osher Lifelong Learning Institute at the University of Delaware in Lewes or a participant of any program-sponsored trip. I, therefore, agree to hold the University of Delaware, its Trustees, employees and agents harmless for any claims for personal injury or damage arising out of my association with the program. I also authorize the University of Delaware to record and photograph my image and/or voice, for use by the University or assignees in educational and promotional programs and material.

SIGNATURE REQUIRED _____ **DATE OF REGISTRATION** _____

COURSE SELECTION: SPRING 2013

To register for a class CIRCLE THE CODE NUMBER of your selection(s)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
PERIOD 1 - 9 a.m. to 10:30 a.m.	AA64 Oil Painting - Moore/Hallo- ran/ Watkins * HX121 Cold War - Rosse + * LS116 Auto & Truck Repair - Engle EC07 Retirement Planning - Loftus (2) HX118 WWI - Morgan (2)	AA91 Open Handiwork - Duch/ McKinnon * HX122 Citizen's Forum - O'Connor HX120 Navy Medicine - Sturtz (1) LS119 Wellness Cooking - Hanson + *	AA89 Great Art - Smith + * SS56 Spring Field Birding - Fintels + * AA14 Stained Glass - Puch (1) CS69 Cyber Crime - Hoyt (1) PS26 Sustainable Future - Grier-Reynolds (1) HX115 Immigrants - Redden (2)	LS113 OCEANS Discussions - Vega *
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School Closed—January 21—MLK Holiday		School Closed—February 18—Presidents Day		

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Complete Priority Selection, and enclose with your Membership Registration: Spring 2013.

Use priorities for classes likely to have waiting lists.

- Limited to small size
- Traditionally popular and over subscribed

Priority 1

Your Name _____

Class Name _____

Class Code No. _____

Priority 2

Your Name _____

Class Name _____

Class Code No. _____

Priority 3

Your Name _____

Class Name _____

Class Code No. _____

Don't waste your priority selections... Use them wisely!

Fall 2013 Semester

September–November

Fall 2013 is shaping up to be an exciting and full semester. Many new courses will be offered in addition to courses continued or repeated from the Spring 2013 semester.

- Basketry—Beginner & Intermediate
- Crash Course in Plant-Based Eating
- Financial Workshop: Investors' Source for Financial Education
- Maritime History: Age of Colonization
- Walk & Talk



Acknowledgements

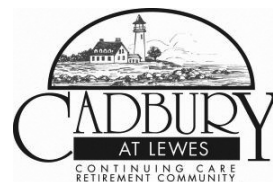
Thanks to these friends and neighbors of our program who have provided the following support, at no cost to the Osher Lifelong Learning Institute at the University of Delaware in Lewes.



Bethany Beach Municipal Building and Community Center for providing classroom space for the Spring 2013 semester.



Bethany-Fenwick Area Chamber of Commerce for providing classroom space for the Spring 2013 semester.



Cadbury at Lewes for providing the Kalmar Nyckel Auditorium for lifelong learning classes for the Spring 2013 semester at no cost.



Quality Food People at **Super G** for partially underwriting the Lewes Spring 2013 catalog.



Rehoboth Art League for providing studio space for the Spring 2013 semester at no cost.

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Don't waste your priority selections... Use them wisely!

The George Kirilla Jr. Scholarship Fund Application Spring 2013

• **CONFIDENTIAL** •

The George Kirilla Jr. Scholarship Fund was established at the Osher Lifelong Learning Institute at the University of Delaware in Lewes by a bequest from the Kirilla family. The fund uses the income from the bequest and voluntary contributions by members to provide partial scholarships to students based on financial need.

The scholarship process works as follows:

- Complete this form and submit with your Membership Registration, Course Selection and Priority Selection forms to: University of Delaware, Lewes School, 820A Savannah Rd., Lewes, DE 19958.
- **Do not send a check at this time.**
- The chairperson of the scholarship committee will contact you. Together you will agree on an appropriate scholarship amount for your individual case.
- Tuition assistance is not available for full year registration.
- Be assured that this entire process is confidential.

Please complete the following information:

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ EMAIL ADDRESS _____

SIGNATURE _____ DATE _____

If you wish to be included in the Priority Selection lottery,
your payment must be received by the priority registration deadline.

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COURSE SCHEDULE: SPRING 2013

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
PERIOD 1 - 9 a.m. to 10:30 a.m.	AA64 Oil Painting - Moore/Halloran/ Watkins * HX121 Cold War - Rosse + * LS116 Auto & Truck Repair - Engle EC07 Retirement Planning - Loftus (2) HX118 WWI - Morgan (2)	AA91 Open Handiwork - Duch/McKinnon * HX122 Citizen's Forum - O'Connor HX120 Navy Medicine - Sturtz (1) LS119 Wellness Cooking - Hanson + * LS119 Wellness Cooking - Hanson + *	AA89 Great Art - Smith + * SS56 Spring Field Birding - Fintels + * AA14 Stained Glass - Puch (1) CS69 Cyber Crime - Hoyt (1) PS26 Sustainable Future - Grier-Reynolds (1) HX115 Immigrants - Redden (2)	LS113 OCEANS Discussions - Vega *
PERIOD 2 - 10:45 a.m. to 12:15 p.m.	AA64 Oil Painting - Cont'd PA56 Writing Braodway Musicals - Yetter HX119 Shaka & Zulu Nation - Soboczenski (1) LS93 -1 Plumbing/HVAC - Warner (1) + * HX117 Eire - Cummings (2) + SS08 T'ai Chi Ch'uan - Fintel (2) * SS71 Health & Wellness - LaTorre (2)	AA91 Open Handiwork - Cont'd HU146 Religions of the World - Kauffman LS119 Wellness Cooking - Hanson - Cont'd PA14 Intermediate Recorder - Johnson	SS29 Spring Field Birding - Cont'd HU119 Power of Now - Lavenia/Worsham IS03 Great Decisions - Duncan LS105 Italian Cooking - DiLauro/Menser + * SS14 Delaware's Inland Bays - J. Jones + AA14 Stained Glass - Cont'd (1) LS93-2 Plumbing/HVAC - Warner (1) LS117 Plant-Based Dining - Greet (2) SS70 Nature via Nurture - Chalk (2)	LS113 OCEANS Discussions - Cont'd LS118 Adv. Genealogy - Herndon SS73 Physics - Hemmick * EC08 Financial Workshop - Clifton (1)
12:15 to 1:30 p.m.	LUNCH	LUNCH (T'ai Chi Chih 12:30 p.m.)	LUNCH	LUNCH
PERIOD 3 - 1:30 p.m. to 3 p.m.	AA64 Oil Painting - Cont'd HU168 Ten Plays - G. Jones * PA21 Opera - Mossel + LS115 iPhone - Porta (1)	HU120 Shakespeare - DeCatur * IS23 Arab Spring - Shobe AA10 Beg. Basketry - Stanhope (1) CS64 Intro to PCs - Lippe (1) * RR04 Walk & Talk - Ridolfi (2) + *	PA52 Musical Masterpieces - Newsom * RR16 Mah Jongg - Nolan AA53 Interm. Basketry - Stanhope (1) AA92 Fixing Flats - Chu (1) * LS111 Cushion Covers - Thomas (1) + * RR02-2 English Country Dance - West (1) + * LS112 Family & Friend Support -D. Brown (2) + * PA55 Acting - G. Jones (2) PS29 Psychology - LeCompte (2)	LS110 Beg. Genealogy - Herndon PA54 Hammerstein - Stein RR02-1 English County Dance - Apostolina/Bochnowski CS64 Intro to PCs - Lippe (1) * LS114 Hand Tools - Burkhardt (1) AA42 Tech. in Watercolor - Hunt (2) * CS70 PowerPoint - Lippe (2) *
PERIOD 4 - 3:15 p.m. to 4:45 p.m.		AA10 Beg. Basketry - Cont'd (1) RR04 Walk & Talk - Cont'd (2)	RR16 Mah Jongg - Cont'd AA53 Interm. Basketry - Cont'd (1) AA92 Fixing Flats - Cont'd (1)	EC09 Retirement Planning - Bocchino PA53 Chorus - R. Brown AA42 Tech. in Watercolor - Cont'd (2)
(1) First Session: January 14–February 15 + Class held offsite. See course writeup for exact times and locations * Check course description for exact dates and time.			(2) Second Session: February 19–March 25	
School Closed—January 21—MLK Holiday			School Closed—February 18—Presidents Day	
			FRIDAYS 10 a.m. –2 p.m. AA85 Pottery - Butterfield/Coleman/Crowl (RAL) +	



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