

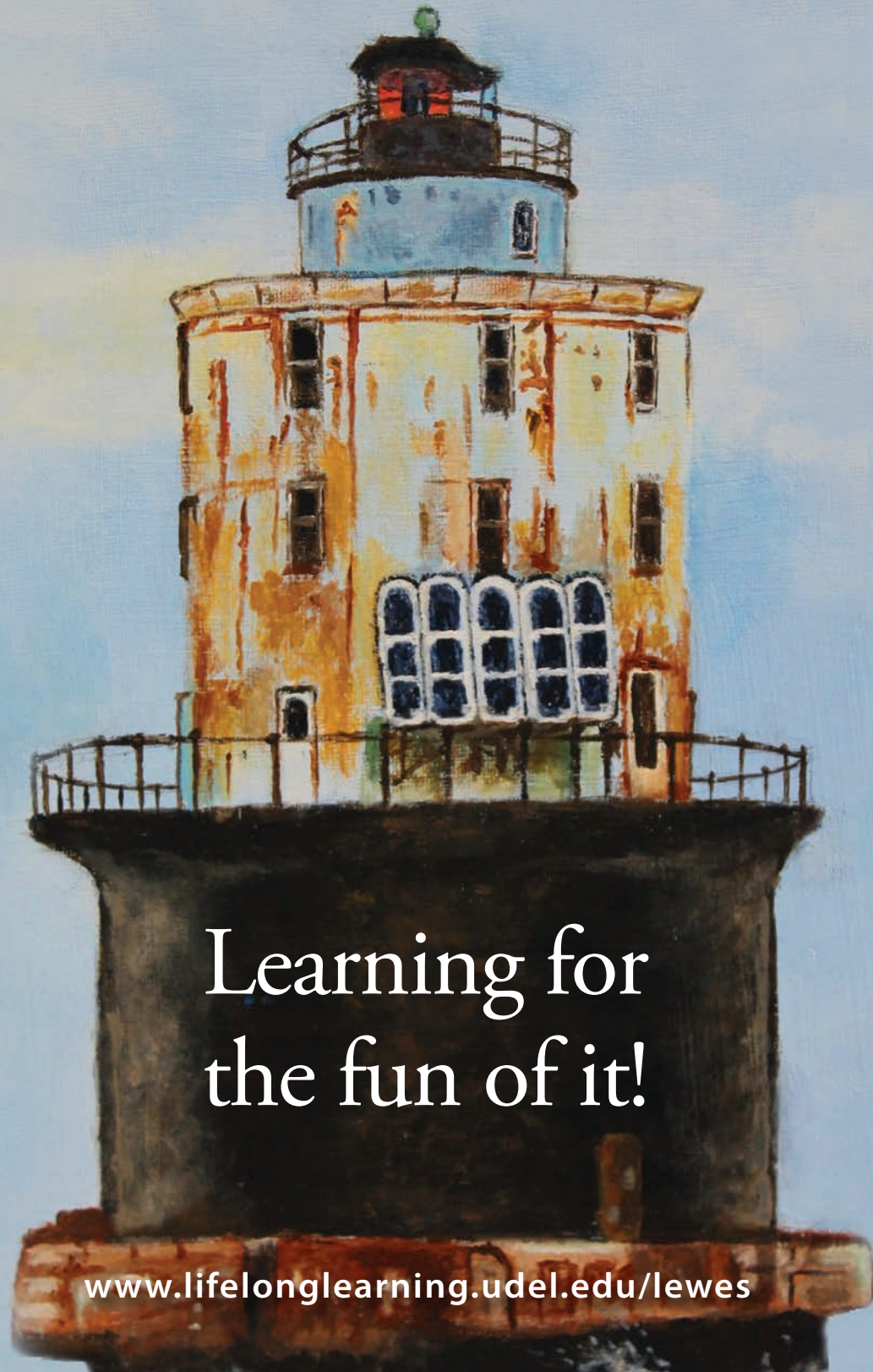
OLLIE

Lewes/Ocean View

For adults 50+ • Serving Southern Delaware



FALL 2017 | Sept. 5 – Nov. 14



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Osher Lifelong Learning Institute

at the University of Delaware in Lewes/Ocean View

A program of the Division of Professional and Continuing Studies

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On the cover: Painting by Curt Smith, OLLI member

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Osher Lifelong Learning Institute at the University of Delaware in Lewes/Ocean View

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Osher Lifelong Learning Institute

at the University of Delaware in Lewes/Ocean View

About Osher Lifelong Learning in Lewes/Ocean View

In 1989, the University of Delaware established the Southern Delaware Academy of Lifelong Learning. In 2010 the Academy received endowment support from the Bernard Osher Foundation. In recognition of that support, we joined similar organizations in 49 other states and became the Osher Lifelong Learning Institute (OLLI) at the University of Delaware in Lewes/Ocean View.

The mission of OLLI at the University of Delaware in Lewes/Ocean View is to operate a self-governing, cooperative educational community for active adults 50+ in southern Delaware. OLLI provides a positive learning and social environment that fosters intellectual development and opportunities to interact through teaching, class attendance and travel. Members volunteer their time and talents and operate under the aegis of the University of Delaware Division of Professional and Continuing Studies.

Membership

Membership is open to men and women 50+ and to members' spouses or partners at any age. Whether your formal education ended early in life or includes advanced degrees, we welcome you. An interest in learning is all that is required. Registration forms are at the back of this catalog and online. The membership fee is **\$260** for the fall and spring semester combined, or **\$175** for the fall semester. Partial scholarships are available. See page 32 for additional information.

Member Benefits

- Register for as many classes as you like
- Participate in OLLI-sponsored trips

- On-site wireless internet access
- Student rate on software
- Use of libraries and online resources (all UD and Del Tech)
- Audit of one UD credit course in fall and spring semesters on a space-available basis without paying tuition. Does not include online/distance learning courses, Associate in Arts program, certificate programs or UD travel/study programs. All relevant fees apply.
- Access to Google Apps account
- Student discounts at various venues/retailers

Some benefits require either a UD ID card (small fee) or a UDelNet ID (@udel.edu email account). These benefits are only available to full-year members.

How to Register

You may register and pay online at **lifelonglearning.udel.edu/lewes**, by mail, or in person at the OLLI office (Mondays through Thursdays, 9 a.m.–2 p.m.). If registering by mail or in person, be sure to complete the Fall 2017 Registration Form and return to the Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958. Make checks payable to the University of Delaware. **Priority registration deadline is August 17, 2017.**

Refunds

Membership fees can be refunded for requests made before the end of the second week of the semester. Refund requests must be submitted in writing to the OLLI office. A \$15 processing charge will be deducted from all refund requests received after the first day of classes. Membership refunds cannot be transferred to another semester.

Refunds take up to six weeks to process. Please direct any questions to the OLLI office.

Textbooks, Supplies and Handouts

This catalog lists any textbooks or other supplies required for courses and any charges for handouts beyond the allocation provided each instructor. Members are responsible for these costs.

Identification Badges

Please wear your identification badge at all times. Member and guest badges (and temporary badges for those who forget) are available in the OLLI office.

Guests

Visitors and prospective members who wish to become familiar with our program are welcome to visit on a single day with permission of the instructor. Please visit the office to pick up an ID badge.

Travel

OLLI sponsors trips to enhance our educational experience. Many are one-day trips associated with particular courses. Information about these trips, including sign-up dates, are posted on the travel bulletin board. Members have first priority, and a surcharge is required of nonmembers. Direct questions about travel to the OLLI office at 302-645-4111.

University of Delaware Policies

OLLI members and guests must comply with University policies, including those that prohibit sales or solicitations (except for designated activities where they are specifically permitted), sexual harassment, or disruptive behavior.

Fall 2017 Courses

Courses held in Lewes unless otherwise noted.



AA10 BEGINNING BASKETRY

Tuesdays, 1:30 p.m.–4:30 p.m.
Dates: 5 Sessions, Oct. 17–Nov. 14
Instructor: Elaine Stanhope

This class is open to all who are interested in basket weaving. Anyone who has never woven a basket or those who have woven up to five baskets are welcome. Basket kits are provided. There is a charge for supplies needed to weave two baskets. **Class limited to 15 students.**

Elaine Stanhope holds a B.S. from Husson College in business education. She taught at the secondary level in Maine, Massachusetts, Maryland and Virginia, and was a day care director for Kinder Care Learning Centers. She retired from Hughes in data management. Elaine enjoys weaving all types of baskets.

AA14 STAINED GLASS FUNDAMENTALS

Thursdays, 1:30 p.m.–4:30 p.m.
Dates: 5 Sessions, Oct. 12–Nov. 9
Instructor: Paul Puch, assisted by Rodney Lau and Barbara Crowl

Students will learn the “Tiffany” method of stained glass. They will design a pattern, cut glass, grind, foil and solder a project. Class is open to beginners and advanced artists. All projects to be approved by the instructor. There will be a \$25 lab fee to cover cost of materials. **Class limited to 12 students.**

Paul Puch holds a B.A. from St. Francis University and an M.A. from Middlebury College. He taught Spanish and Latin at the secondary level for Montgomery County Public Schools in Maryland for 31 years.

AA25 CREATING POTTERY WITH CLAY

Fridays, 10 a.m.–2 p.m.
Dates: 8 Sessions, Sept. 8–Oct. 27
Instructors: Carmela Coleman, Barbara Crowl

Held at Rehoboth Art League.

Instructors invite beginners and intermediates to the world of creating functional and whimsical pieces in clay. Students will be given demonstrations in hand-building original art and wheel-thrown bowls, mugs and door stops. You are invited to bring your own ideas, but the instructors will have plenty of ideas if you don't. Make sure to bring an old towel, an apron, a bag lunch and any tools you might have. There is a fee of \$75 that includes 25 lb. of clay as well as all glazing and firing. In addition, each participant must be a current member of the Rehoboth Art League. There will be no make-up classes unless there are missed classes due to inclement weather. **Class limited to 10 students.**

Carmela Coleman has been working with clay for 20 years and has her own home studio. She has been teaching clay for over 15 years and shows her work at the Rehoboth Art League and Gallery One in Ocean View, in addition to various other art shows.

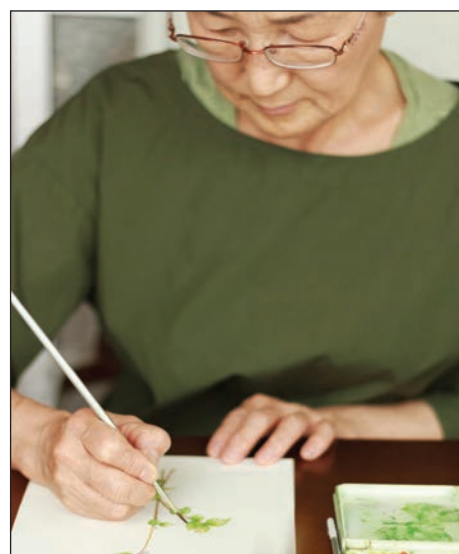
Barbara Crowl has been a member of the Rehoboth Art League's Pottery Studio for many years and shows her work at the League. She assisted Amie Sloan in past years.

AA42 TECHNIQUES IN WATERCOLOR

Wednesdays, 1:30 p.m.–3:30 p.m.
Dates: 5 Sessions, Sept. 6–Oct. 4
Instructor: Sonia Hunt

The course covers various techniques in watercolor with individualized and personal instruction. Color mixing, composition and different applications of paint will be explored. Watercolor techniques and applications will be demonstrated. Reference material will be supplied each week to be used to produce a painting. Some previous knowledge of watercolor painting is helpful but not necessary. A supply list will be available. **Class limited to 12 students.**

Sonia Hunt is originally from England and now resides in Lewes. She loves to travel and has captured many of the places she has visited in her paintings. Sonia has received various awards for her watercolors, which are exhibited throughout Delaware and Maryland and has won awards in juried shows. She is a member of the Art League of Ocean City, Cape Artists and Gallery One in Bethany Beach.



AA53 INTERMEDIATE BASKETRY

Wednesdays, 1:30 p.m.–4:30 p.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructor: Elaine Stanhope

This class is open to all who have woven at least five baskets. Baskets woven in this class are on an intermediate level. There is a charge for each basket kit provided. **Class limited to 15 students.**

Elaine Stanhope. See Course AA10 for instructor's information.

AA64 OIL, ACRYLIC AND MULTIMEDIA WORKSHOP FOR INTERMEDIATE PAINTERS

Mondays, 9:30 a.m.–2:30 p.m.
Dates: 10 Sessions, Sept. 11–Nov. 13
Instructors: Robert Chu, Carol Halloran, Ellen Watkins

Come join us for a cooperative workshop where we assist and critique, upon request, each other's work. Gain knowledge from the experience and unique perspective of the artists and

learn the protocol of a formal open critique session, engaging the entire class in discussion and critical thinking. Students should bring their own supplies and lunch. Some floor easels will be available, but attendees should bring their own set-up. Question and answer intervals are available. Students may bring their own photographs and suitable reference material. Optional art and related cultural expeditions may be scheduled once per session to nationally known regional museums. **Class limited to 16 students.**

Robert Chu has a background in image formation applications in engineering and marketing, from aerospace to industrial photography. Painting and digital imaging complement globetrotting adventures.

Carol Halloran is a retired R.N. She has worked pencil sketch portraits and has taken photography classes. Carol now paints mostly landscapes in oil from her photos. She has been with OLLI in Lewes since 2004.

Ellen Watkins has painted for over 30 years. She learned her craft through years of classes at Fairfax Adult Education and Corcoran Art School.

AA91 OSHER CRAFT CIRCLE

Wednesdays, 9 a.m.–Noon
Dates: 10 Sessions, Sept. 6–Nov. 8
Instructors: Diana Beebe, Karen McKinnon
Held at Fred Thomas Bldg., Lewes.

This course is open to any student registered at OLLI. Please come sit with a group of warm, friendly people who enjoy each other's company as they work on their handicraft. Diana and Karen are there to help, when able, with simple knitting projects (Einstein coats or kimono jackets, etc.). This is not an instructional course but a venue for creative handiworkers to share what they do best while sitting with genial folks sure to become your friends. If you knit or crochet and are looking for a project, we can find you one that will help a good cause! Can't attend for the full session? No problem. Join the group as your schedule allows. **Class limited to 20 students.**

Diana Beebe is a lifelong educator. She has been stitching and sewing since she was a child. She loves repurposing clothes from the thrift shop or taking bits and pieces of old and new fabric and making them into something fun to wear. Along with Karen McKinnon, she has been leading the Osher Craft Circle for the past several years.

Karen McKinnon is a graduate registered nurse from Yale-New Haven Medical Center. Karen worked as an R.N. for 43 years—from OB/GYN to Neonatal ICU to general pediatrics until her retirement in 2010. Since that time she has been a student at OLLI and has taught since 2011. She held a department chair position 2013–2015. Karen enjoys passing time knitting, cross-stitching, reading, cooking and visiting new twin grandbabies.

WALK-IN REGISTRATION AND UD PHOTO ID SESSION

Tues. and Wed., July 25 and 26, 2017
Held at Fred Thomas Building, Lewes, 10 a.m.-1 p.m.

OLLI members are invited to attend and bring a prospective member.
University of Delaware IDs are available to full-year OLLI members only.
There is a \$10 charge for ID.

★ *New!*

AA100 OSHER CRAFT CIRCLE—OCEAN VIEW

Wednesdays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, Sept. 6–Nov. 8
Instructors: Johanna Barbati,
Linda Schlafman

Held at Ocean View Town Hall.

This course is open to any student registered at OLLI. Please come sit with a group of warm, friendly people who enjoy each other's company as they work on their handicraft. The instructors are there to help, when able, with simple knitting projects. This is not an instructional course but a venue for creative handiworkers to share what they do best while sitting with genial folks sure to become your friends. If you knit or crochet and are looking for a project, we can find you one that will help a good cause! Can't attend for the full session? No problem. Join the group as your schedule allows. **Class limited to 20 students.**

Johanna Barbati retired from her career as an occupational therapist where she practiced academically and clinically with a pediatric population. Her favorite crafts/art pastime is quilting. She is a past president of the Ocean Waves Quilt Guild in Lewes, Delaware.

Linda Schlafman holds an M.A./Ed. in curriculum design and supervision. She worked as an exhibits specialist at the Smithsonian Institution. Later, she created "The Crystal Quest" for the Smithsonian and Swarovski Crystal's exhibition, "Arms and Armor of Styria." Linda taught for 27 years at Sidwell Friends Middle School in Washington, D.C. She has been a presenter for the National Association of Museums, the South Coastal Library, the Cheer Center and Sussex County Genealogical Society.

AA109 ART FREE WRITE

Mondays, 1:30 p.m.–3:30 p.m.
Dates: 9 Sessions, Sept. 18–Nov. 13
Instructor: Patty Bennett

Held at Ocean View Town Hall.

Students observe pieces of art brought in by local artists and spend 5–8 minutes writing about each one. They will then be asked to read what they wrote to the class. Passing is an option. Then the artist will tell the true story of the piece. In a two-hour class, approximately 4–6 pieces may be used. No previous experience in writing or art is needed. Just a laptop or paper and writing utensil. For those of you who have taken the class in a previous semester, Patty tries her best to invite different artists, so there will most likely be totally new material for you to see and write about. **Class limited to 10 students.**

Patty Bennett is a retired high school math teacher. She has her A.B. degree in mathematics from Mount Holyoke College, and she is a graduate of the Institute of Children's Literature. Patty has been a member of the Rehoboth Beach Writers' Guild since 2013, and she was published in the May 2015 issue of *Delaware Beach Life* magazine.

INSTRUCTOR ORIENTATION

**Thursday,
August 31, 2017**

**Held at Fred Thomas
Building, Lewes**

10-11:30 a.m.

All instructors, new and
current, are encouraged
to attend.

AA115 DRAWING FUNDAMENTALS FOR ASPIRING ARTISTS

Fridays, 9 a.m.–3 p.m.
Dates: 1 Session, Sept. 8
Instructor: Phil Wescott

This one-day course teaches the fundamentals of drawing and suggests how to adapt well-rendered drawings into painting in any medium. The course presents principles of design and aspects of line, shapes, color, values, shading and enhanced composition. Students should bring basic drawing materials to class, including drawing pencils and several varieties of drawing papers and can expect to emerge from class with a deepened sense of how to depict common objects and scenes. **Class limited to 25 students.**

Phil Wescott is a Pittsburgh native, former healthcare executive, and retired University of Delaware marketing professor with a lifelong interest in drawing, painting, and visual arts. He has studied art at several colleges and museums, and is a regular participant in Open Studio painting groups. His preferred medium is acrylic painting. In addition to teaching a Fundamentals of Drawing short course, Phil is involved at the OLLI Lewes campus as a student and as a donor. Phil is also involved in several other community organizations and serves as a board member of the Rehoboth Art League and of his local HOA residential community. He is also a volunteer for the Beebe Healthcare Foundation.



ECONOMICS/ FINANCE

EC06 DESIGNING A SUSTAINABLE FUTURE: A NEW ECONOMY AS IF PEOPLE MATTERED

Mondays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, Sept. 11–Nov. 13
Instructor: Rick Grier-Reynolds

This course follows the leadings of the E.F. Schumacher's classic, *Small is Beautiful: Economics as if People Mattered*. Course materials will explore the ideas of sustainable design as course participants envision a new economic model based on the assumptions of environmental stewardship, individual entrepreneurship and self-interest, and sustainable production and consumption, measuring well-being and designing local economic self-reliance. The instructional methodology will be a non-lecture, student-centered seminar format, using assigned readings and a variety of multimedia to provoke discussion. There is a \$5 charge for handouts. **Class limited to 15 students.**

Rick Grier-Reynolds holds a B.A. in history from Trinity College and an M.Ed. from Harvard University. He is a former distinguished teacher and history/social science department chair at the Wilmington Friends School in Wilmington, Delaware. He is currently a consultant and site visitor for the International Baccalaureate Diploma Programme. He has been recognized for his innovative teaching of economics, international relations and peace studies by various regional, national and international organizations. Rick has traveled abroad participating in a variety of international development and humanitarian social change endeavors.

EC08 FINANCIAL WORKSHOP FOR INDIVIDUAL INVESTORS

Thursdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Sept. 7–Oct. 5
Instructor: Derek Clifton

This course educates you about financial topics, including fundamental concepts of investing and strategies to help build wealth, strategies to help guard valuable assets and protect pre- and post-retirement income, the impact of longevity, withdrawal strategies, anticipating rising costs, reviewing insurance/long term care protection and healthcare concerns, tax-free investing and preparing your estate plan. **Class limited to 10 students.**

Derek Clifton holds a B.S. from the University of Delaware and an M.B.A. from Wilmington College. He is an accredited asset management specialist and financial adviser with Edward Jones.

EC18 RETIREMENT PLANNING BOOTCAMP

Thursdays, 1:30 p.m.–3 p.m.
Dates: 3 Sessions, Oct. 12–Oct. 26
Instructor: Robert Jeter

Planning for retirement can be tricky: it's full of twists, turns and not nearly enough road signs. Wouldn't it be nice if you had a map, or maybe a checklist, for planning a successful retirement? This three-part course is a detailed retirement planning seminar designed to educate those who are nearing retirement or who have recently retired. The seminar is designed to teach the importance of retirement planning, preparation and management. The goal is to help make people aware of the challenges in retirement and teach them suitable ways to overcome them. In this course we will cover three important topics in retirement planning:

pre-retirement planning, savvy Social Security planning, and investing for retirement. **Class limited to 30 students.**

Robert Jeter has been a financial advisor since 2012. He is a graduate of Salisbury University and currently resides in Salisbury, Maryland. He is a chartered retirement planning counselor (CRPC). He has offices in Salisbury, Maryland and Georgetown, Delaware.

EC21 ELDER LAW: PLAN TODAY TO PROTECT YOUR TOMORROW

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Sept. 6–Oct. 4
Instructors: Leslie Case DiPietro,
Michele Procino-Wells, Amber Woodland
Held at Ocean View Town Hall.

Estate planning is the process of organizing your affairs to accomplish long-range goals for yourself and your family. In this course, we will explore the three stages of estate planning: lifetime planning, end-of-life planning, and asset protection planning. A well-rounded plan includes all three. We will clarify the role of a power of attorney and illustrate the difference between an advanced healthcare directive and a do-not-resuscitate order. We will unravel the probate process and explain the use of trusts in Delaware to avoid probate, and how wills and trusts work together to create a thorough estate plan. We will cover the benefits of a thorough tangible personal property memorandum, the dangers of jointly owned assets, and the importance of appropriate beneficiary designations. Finally, we will explain the ethics surrounding asset protection planning to shelter assets from the costs of long-term care and discuss the planning strategies available and most commonly used. **Class limited to 40 students.**

Leslie Case DiPietro holds a B.A. from the University of Maryland, a J.D. from

Stetson University College of Law and a certificate in estate planning from Beasley School of Law at Temple University.

Michele Procino-Wells holds a B.A. from Penn State University, a J.D. from Widener University School of Law and a graduate master of laws degree in taxation from Villanova University School of Law.

Amber Woodland holds a B.A. from Flagler College and a J.D. from Regent University School of Law.

EC22 INVESTING FOR THE REST OF YOUR LIFE

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 3 Sessions, Sept. 5–Sept. 19
Instructor: Jonathan Lokken

Investing at different stages of your life requires different strategies geared toward different outcomes. Investment strategies focused on those who are retired or getting ready for retirement are certainly different from those strategies that are more helpful for investors who are in their early career years. This course will teach those in a retirement phase of their life how to invest using a common sense, fact-based approach. The course offers professional techniques presented in layman's language. Adequate time will be provided for questions and interactive discussions in each class. A variety of media, including PowerPoint presentations, handouts, and worksheets, will be included throughout each class. **Class limited to 20 students.**

Jonathan Lokken is managing principal of Lokken Investment Group, LLC, an independent wealth management firm in Lewes, Delaware. Jon has been professionally managing client investments since 1997. Prior to starting Lokken Investment Group in 2008, Jon was vice president and branch manager for Merrill Lynch in Rehoboth Beach,

Delaware. He holds the Certified Investment Management Analyst certification (CIMA®) from the University of Pennsylvania's Wharton School.

★ *New!*

EC23 BUILDING AN ALL-STAR STOCK PORTFOLIO

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 1 Session, Sept. 26
Instructor: Jonathan Lokken

In this one-day course, learn the basics of putting together your personal mutual fund. We will discuss what to look for in a good potential long-term stock investment, review the “buy/sell discipline” and when it may be the best time to exit an investment, and choose an alternative and/or sell. Asset allocation and diversification will be discussed and why each are so important in investing. In addition, we will spend time looking at key leading economic indicators and how they may influence market sectors. A current market analysis will also be provided in this interactive and educational class.

Class limited to 20 students.

Jonathan Lokken. See Course EC22 for instructor's information.

★ *New!*

EC24 MEDICARE OPTIONS IN RETIREMENT

Thursdays, 3:15 p.m.–4:45 p.m.
Dates: 5 Sessions, Sept. 7–Oct. 5
Instructor: Joseph Cisco

Strategies for all your health insurance and Medicare needs in retirement. We will address Medicare changes, how to comprehend all the choices, understanding all the letters (A, B, C and D) and all the Plans (F, G and N). Timeframe for when to sign up for Medicare will be discussed, as well as penalties, and a review if you are currently on Medicare. **Class limited to 35 students.**

Joseph Cisco has a B.S. from Widener University. He is the president of Caise Benefits, Health Insurance Advocates and Medicare Consultants with over 25 years' experience. Currently he is an OLLI instructor at Temple University, Widener University, Immaculata University and the University of Delaware in Wilmington.

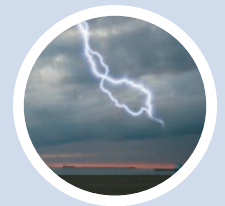
Inclement Weather Policy

When Cape Henlopen School District classes are canceled because of inclement weather or an area-wide emergency, Lewes classes are canceled. When the school district has a delayed opening, our activities—except at the Rehoboth Art League—will begin on time.

Ocean View programs follow Indian River School District's announcements, closing when those schools are closed and opening on time when those schools have a delayed opening.

Check for information:

Phone: 302-645-4111 (recorded message) • Web: lifelonglearning.udel.edu/lewes
TV: WBOC or www.wboc.com, weather closings





HE89 ELDER YOGA

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 6 Sessions, Oct. 11–Nov. 15

Instructor: Joseph Pearce

This course is based on the DVD yoga series, *Yoga for the Rest of Us* by Peggy Cappy. The course will cover warmup stretches and breathing exercises and standing yoga poses, including sun salutations, most of which can be done with the assistance of a chair. Each class ends with exercises that encourage quiet meditation and relaxation. Students will need a yoga mat and belt. Prerequisite: Some familiarity with basic yoga poses. **Class limited to 17 students.**

Joseph Pearce received his master's degree from California State University, Sacramento, and his Ph.D. in sociology from American University, Washington, D.C. He previously taught OLLI sociology courses based on *Society and its Environments* by Egbert Tellegen. In 2014, he published one of his mentor's manuscripts entitled, *The Logical Foundations of Social Theory* and continues to work on the annual Gert Mueller Lecture Series sponsored by the American University Sociology Department in Washington, D.C. In addition to sociology, he has had an abiding interest in Indian and Buddhist forms of meditation and the practice of yoga.

HE99 (RE)LEARN HOW TO MOVE FROM YOUR BODY WITH FELDENKRAIS®—INTRODUCTION

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, Sept. 6–Nov. 8

Instructor: Claire Brown

Prepare to lay down on the floor and make unusual motions for an hour. Get up and notice something different about the way you move. This is how to improve your quality of daily life and increase your ease of movement. No experience needed! Use these Feldenkrais© Awareness Through Movement lessons to reactivate your childhood learning skills. Follow precise instructions for simple actions to unlock forgotten motor ability: learn with your body, not your head. Moving on the floor will change your relationship to gravity and create a safe (re)learning space. After each lesson you'll notice the differences in yourself. Wear loose, comfortable clothing and bring a blanket or quilt to lie upon.

Class limited to 12 students.

Claire Brown has a B.A. from the University of Chicago and an M.A. from the Institute of Transpersonal Psychology. She has completed a Feldenkrais© professional training program and other body-based trainings. She is certified by the Feldenkrais© Guild of North America. She has taught movement seminars at Esalen Institute, Big Sur, California and has had private practices in California and Maryland before moving here. Claire now has a private practice in Milton.

HE103 INTRODUCTION TO YOGA-BASED MEDITATION

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, Oct. 17–Nov. 14

Instructor: Sandy Gilbert

This series is for those who are new to meditation, for those out of practice, and for those who have tried other styles in the past. The series is progressive. Each class builds on the next so attendance at the first three sessions is essential. There will be an optional group meditation in weeks four and five. The course includes lecture, instruction, meditation and a discussion period. In each class, you will learn a simple and effective meditation practice to try out in class and practice at home. You will learn how to sit comfortably and how to quiet your mind. The instructor will offer clear explanations of what Svaroopa® yoga meditation is, and how and why to do it. She will also help you with any difficulties you might encounter along the way. Most importantly, you will be given the tools that will give you the confidence and inspiration to make meditation a regular part of your life. No previous experience is required. **Class limited to 14 students.**

Sandy Gilbert has been teaching Svaroopa® yoga for over 10 years and is a certified Svaroopa® yoga teacher. She is also a certified Svaroopa® meditation teacher and group leader trained under the leadership of Swami Nirmalananda at Svaroopa® Vidya Ashram in Pennsylvania. Sandy shares her enthusiasm and personal experience of the transformative power of Svaroopa® yoga and now Svaroopa® meditation in her teachings.

★ *New!*

HE105 WORLD PEACE DIET STUDY GROUP

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, Sept. 5–Nov. 14
Instructor: Dorothy Greet
No class Oct. 10.

We will be guided by author Will Tuttle, Ph.D., in making conscious connections with a healthful diet and cruelty-free living. We will be using the 10th anniversary edition of the book, *The World Peace Diet*, available online and in bookstores. To learn more about Will Tuttle and his work visit worldpeacediet.com. Light refreshments will be served at each of 10 sessions following visionary artist Madeleine Tuttle's, *Intuitive Cooking, Happy Dining for Body, Soul, and Spirit*. A \$5 fee will cover refreshments and materials. **Class limited to 20 students.**

Dorothy Greet holds a certificate in plant-based nutrition from Cornell University and degrees from the University of Pittsburgh (M.Ed.) and Yale University (M.Div.). She is a heart attack survivor and is reversing her heart disease through plant-based eating. Dorothy maintains her own blog at <http://greetplantbased.blogspot.com>.



★ *New!*

HE106 THE LANGUAGE OF MEDICAL TERMINOLOGY

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Sept. 6–Oct. 4
Instructor: Kandie Semmelman
Held at Ocean View Town Hall.

This course assists the participant in healthcare dialogues and literature with more understanding of medical terms used in conversation and print. In a 10-week lecture/discussion format, the course covers 16 body systems and the basic medical terminology associated with each system. The course is designed for beginners but provides resources to allow the student to develop independently a broader vocabulary. Each participant will need to purchase a new or used textbook of *Medical Terminology Systems—A Body Systems Approach*, 6th edition or newer by Gylys and Wedding, published by F.A. Davis (about \$20 used on Amazon.com). In each body system chapter we will cover an entry-level amount of anatomy and physiology, medical terms, pharmacology and diseases. **Class limited to 12 students.**

Kandie Semmelman, R.D.H., B.S., is an instructor and program developer at Delaware Technical and Community

College and has a biology degree from the University of Delaware and dental hygiene degree from Delaware Technical and Community College.

HE109 CURRENT MEDICAL TOPICS

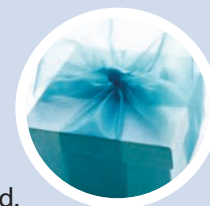
Tuesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Sept. 5–Oct. 3
Instructor: Ira Wexler

A roundtable discussion of medical topics that appear in current newspaper or magazine articles. Participants are asked to bring to class any article—but medically related—for the group to discuss. This is not a didactic course; there is no recommended reading nor will handouts be given. Articles need not be technical: public policy regarding health issues, op-ed pieces or the like all are welcome—but medical advice to individual participants regarding their own medical conditions will not be offered. Professional experience in the healthcare field is not a prerequisite for this course; after all, all of us at one time sooner or later become expert in what constitutes effective, sensible healthcare. **Class limited to 20 students.**

Ira Wexler is a retired neurologist, still with an active interest in things medical and scientific.

Gifts

While we calculate membership fees to cover our operating costs, we always need additional and upgraded audiovisual equipment, computers, classroom teaching aids and library materials. Many of those items are paid for from the Gift Fund. We are happy to receive your donation to the Gift Fund for a specific use or, preferably, unrestricted so your Council can direct it toward our greatest needs. You can include a gift with your registration. For more information on how to make these tax-deductible gifts, contact the OLLI office at 302-645-4111.



HE116 (RE)LEARN HOW TO MOVE FROM YOUR BODY WITH FELDENKRAIS® — CONTINUATION

Tuesdays, 9 a.m.–10:30 a.m.
Dates: 10 Sessions, Sept. 5–Nov. 14
Instructor: Claire Brown
No class Oct. 10.

This class is a continuation of HE99 as it builds on the learning gained. It is a continuing exploration for persons who would like to learn more from and about themselves. The lessons are based on the instructor's training in Feldenkrais® Awareness Through Movement, Cortical Field Reeducation, and Integrated Awareness. You must have completed HE99 or other Feldenkrais® classes to take this course. Wear loose, comfortable clothing and bring a blanket or quilt to lie upon.
Class limited to 15 students.

Claire Brown. See Course HE99 for instructor's information.

HE132 MEDITATION AND SELF-AWARENESS

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Sept. 5–Oct. 3
Instructor: Susan Rivers

Explore various techniques of meditation, how they will work in your daily life and how to explore and deal with what comes up during meditation practice. **Class limited to 25 students.**

Susan Rivers is a graduate of SUNY and holds a B.S. in biology/chemistry research. She worked in research labs at GE and Pfizer, was a counselor in a juvenile delinquency center and worked in medical sales for 27 years. Susan is a certified holistic health practitioner, massage therapist, polarity therapist, reflexologist, meditation instructor, yoga instructor and past owner/president of Rivers Edge Holistic Health and Fitness, Boonton, New Jersey.



HE133 UNDERSTANDING THE SELF

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, Sept. 6–Nov. 8
Instructor: Jon Woodyard

The course includes a survey of the several theories of human behavioral and attitudinal development, how they are described and the treatment modalities used to modify destructive behavior. Psychotherapeutic and pharmaceutical approaches to behavior modification will be presented along with a review of several diagnostic tests and techniques. **Class limited to 50 students.**

Jon Woodyard, M.Ed, Ph.D. (ABD) is a returning instructor who has taught various subjects at OLLI for 13 years. He is a graduate of the University of Iowa and the University of Hawaii with doctoral studies at the United States International University. He was the commanding officer of an alcoholic rehabilitation center for the U.S. Navy and director of a mental health unit in a California hospital. He has studied with several eminent psychologists including Viktor Frankl and Thomas Harris.

ORIENTATION AND UD PHOTO ID SESSION

Wed., August 30, 2017

**Ocean View Town Hall,
10–11:30 a.m.**

OLLI members are invited to attend and bring a prospective member.

University of Delaware IDs are available to full-year OLLI members only.

There is a \$10 charge for ID.



HISTORY

HX195 UNIONS AND ORGANIZED LABOR

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Oct. 17–Nov. 14
Instructor: William J. Rodgers

Lectures will explore organizations, laws, unions and judicial decisions that have moved mechanics and laborers from the status of indentured servants to Wall Street investors collectively controlling hundreds of billions of dollars of investment funds. A special lecture will be devoted to the construction and maritime unions founding of the "hard hat" movement in 1970 and that movement's resurgence in the 2016 presidential election. Also treated will be the changing nature of union membership, i.e., from private sector industrial and construction workers to public sector and service industry workers. Sprinkled among the lectures, purely for entertainment, there will be a few personal "labor relations war stories." **Class limited to 40 students.**

William J. Rodgers holds a B.S. from Cornell University School of Industrial and Labor Relations and a J.D. from Fordham University School of Law. He has held positions with the New York State Public Employment Relations Board (1968-1969) and was executive assistant to the United States Secretary of Labor (1972-1974). Bill was an attorney in private practice for over 40 years dealing primarily with labor law. He worked as an arbitrator for the New York Stock Exchange and major league lacrosse.

★ *New!*

HX222 SELECTED TOPICS IN DELAWARE HISTORY

Thursdays, 10:45 a.m.–12:15 p.m.
Dates: 8 Sessions, Sept. 7–Oct. 26
Instructor: Terry Bryan

The instructor will describe aspects of Delaware history related to his long-time research and collecting interests. Slides and show-and-tell material will illustrate the talks. The first session will discuss the history of the boundaries of Delaware. **Class limited to 70 students.**

Terry Bryan is a dentist with a mobile practice to nursing care facilities, and a lifelong Delaware resident. He is a past member of several Delaware medical committees and current member of several numismatic and historical-interest organizations. Terry is a member of the Dover Symphony Orchestra, the Milford Community Band and other music groups. He is a dedicated collector of Delaware ephemera and antique sheet music and a frequent speaker on Delaware history topics. A number of his numismatic articles have appeared in national journals. He has presented previous OLLI courses in Dover and Lewes.

★ *New!*

HX223 AMERICAN HISTORY FROM CONSTITUTION TO CIVIL WAR

Thursdays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, Sept. 7–Nov. 9
Instructor: Stuart Forman, Lee Stanford

What happened in the United States from the Constitution to the Civil War? Why is it relevant to today? Are there lessons to be learned? Course discussions will include slavery/abolition, constitutional crises, the evolution of the roles of Congress, president and Supreme Court that became the framework of our government today, manifest destiny, role of women, Native Americans and rise and fall of political parties.

Class limited to 40 students.

Stuart Forman is a retired CPA and attorney specializing in international tax matters with a keen interest in international aspects of the American Revolution and American history through 1860.

Lee Stanford is a retired attorney with a B.A. in history and J.D. from Rutgers University with a lifelong interest in history and current geopolitical issues.

★ *New!*

HX224 THE GREAT WAR (WWI)—PART I

Mondays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Sept. 11–Oct. 9
Instructor: Ralph Proto

The Great War, or WWI, was the first modern war and brought with it horrific casualties for belligerents and had far reaching consequences still felt today. We will discuss this far-reaching event from the declarations of war by the major belligerents through the Battle of the Somme. It will cover the expansion of the war from Europe to a world war. We will discuss some of war's effects on the home front as well as the changes it brought about in society, political science, engineering and strategy of the war. Also, the major historical figures involved in the war militarily, politically and socially (Churchill, Hindenburg, Kitchener, Foch and others) will be discussed. **Class limited to 70 students.**

Ralph Proto earned his B.A. in political science with minors in history and sociology and a master's degree in education/social studies from Southern Connecticut State University. He taught for 35 years at Notre Dame High School. Ralph is a member of several professional organizations for teachers and administrators and was a basketball and track coach.

Spring 2018 Semester

January 22–March 29

Spring is shaping up to be an exciting and full semester. Many new courses will be offered in addition to courses continued or repeated from the Fall 2017 semester.

★ *New!*

**HX225 THE LEGENDS
BENEATH THE STONES**

Tuesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Sept. 5–Oct. 3
Instructor: Bill Hicks

Six governors, one British captain, a score of pilots of the Delaware River and Bay, and a four-year old girl can all be found in the graveyards of Lewes, Delaware. Every tombstone has a date of birth and a date of death on it. In between those dates: a hyphen. Through lecture and photographs, this course will tell the stories of the lives those hyphens represent. Come and learn about the legends that lie beneath the stones. Weather permitting we will visit the Lewes cemeteries for a 21st century view of their 18th century resting places. **Class limited to 40 students.**

Bill Hicks is a retired elementary school teacher, who taught all levels from kindergarten through 5th grade. For 18 of his 30 years in the field, 5th grade was his favorite, because he was able to teach American history. His love of history was the impetus for extensive genealogy research into his and his wife's families tracing some of them back to the late 17th and early 18th century. He currently spends his time fishing, birding and volunteering for the Lewes Historical Society.

Save the Date!

**OLLI's Annual
New York City Trip
scheduled for
April 17–20, 2018**

★ *New!*

**HX226 THE ENGLISH
COUNTRY HOUSE**

Mondays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Oct. 16–Nov. 13
Instructor: Eileen Redden

We will study the rise and fall of the English country house. We will start with the significance of these real Downton Abbeys as well as the historic events that lead to their downfall. (By 1955 one country house a week was demolished in the United Kingdom.) There will be a brief discussion of country home architecture as well as the life within them with emphasis on the roles of their inhabitants. This will be accomplished through films, lecture, photographs and discussion.

Class limited to 60 students.

Eileen Redden received her B.A. and M.Ed. degrees from the University of Delaware. She taught social studies at Lake Forest High School and then served as a guidance counselor. She has an avid interest in history, particularly European history.

★ *New!*

**HX227 PERSONALITIES OF
THE AMERICAN
REVOLUTION**

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Sept. 6–Oct. 4
Instructor: John Ebenreiter

Instead of covering battles and their commanders during the American Revolution, this course looks at the people who were involved in the war, militarily, politically, or just common citizens. We will look at folks from George Washington to European kings, to women who played important roles, to a drummer boy from Haiti. What happened in their lives before the war? What did they go on to do after the war? What happened to the signers of

the Declaration of Independence? We'll explore the lives of others beyond the Founding Fathers. **Class limited to 70 students.**

John Ebenreiter first became passionate about history while reading encyclopedias in his one-room Wisconsin schoolhouse. After graduating from the University of Wisconsin-Whitewater, John spent 47 years in the accounting field, mainly with two Fortune 500 companies. Now retired, John is a Brandywine Battlefield tour guide and resides with his wife, Sharon, in Lewes, Delaware.

★ *New!*

**HX228 TRAILBLAZERS OF THE
SPACE ERA, 1961–65**

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Sept. 6–Oct. 4
Instructor: Thomas Devaney

When venturing into the unknown, the first step is often the biggest and the boldest. In April 1961, a human being was rocketed into space for the first time, and in March 1965, another human floated out of a spacecraft on the first ever spacewalk. Without doubt, enabling a human to fly in space was a defining moment in human evolution. Space exploration has added to the general body of human knowledge, allowing us a new and remarkable view of who we are as a species and where we live. **Class limited to 70 students.**

Thomas Devaney is a retired commercial real estate attorney, having practiced in New York, Atlanta and Washington, D.C. Tom has a love for history, especially military history. He had been involved in various Civil War roundtables and the Military Classics Seminar in Washington D.C.

★ *New!*

HX229 HISTORY OF AMERICAN ART AND CULTURE

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, Oct. 11–Nov. 8

Instructor: Barbara Stephanic

Held at Ocean View Town Hall.

This course is a comprehensive study of American art and culture from the Colonial era to contemporary time. We will survey the development of painting, sculpture and architecture. This study will explore the stylistic traits that characterize American art and the aesthetic goals and influences of the artists who created it. We will examine the iconography (subject matter and symbolism), the historiography (political, social, cultural, economic, scientific and technological background), and the biographical history of the artists. We will also learn how the various artists reflect the history of their time and assess ways in which the art of the past influences our aesthetic tastes today. **Class limited to 40 students.**

Barbara Stephanic has a master's degree in art history from The George Washington University and a Ph.D. in American studies, specializing in American art, from the University of Maryland. She has taught art history classes at Georgetown University, American University, Parsons School of Design, New York, and the College of Southern Maryland where she was on the faculty for 20 years before retiring in 2011. At the College of Southern Maryland, she served as curator of the fine arts gallery and established the study abroad program in art history. Barbara also curated a number of exhibitions, published catalogs and served on the art advisory board at University of Maryland, University College.

★ *New!*

HX230 THE U.S.: 1917 TO 1927

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 8 Sessions, Sept. 5–Oct. 31

Instructor: Jo-Ann Vega

No class Oct. 10.

The year 2017 marks the 100th anniversary of the U.S. entry in WWI and its emergence as a world superpower, the indispensable nation. Let's take a panoramic view of the decade from 1917–1927 for a historical perspective on life in America at a time of transformational change. Topics include U.S. and WWI; 1918 influenza pandemic; immigration; Sacco and Vanzetti trial; muckrakers, reformists and dissenters; flappers; F. Scott Fitzgerald, Ernest Hemingway, Edna Ferber, and the Algonquin Table. There will be a \$2 charge for handouts. **Class limited to 30 students.**

Jo-Ann Vega has 30 years' experience training managers to be more effective leaders and managers, and facilitating team building in all sectors. This program applies that knowledge to historical leaders.



★ *New!*

HX231 WARRIORS ON FOUR LEGS

Thursdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, Sept. 7–Nov. 9

Instructor: Dr. Ray Glick

There were 3.5 million horses that went to war in America's Civil War, and only 1.5 million came home. This course is a comprehensive study of the duties and functions of the horse and the mule during the war. Every military department, North or South, required thousands of these animals in order to carry out their functions. Every aspect of how each side used these animals in every department is covered by text and photographs. Their story is one of sacrifice, hardships, accomplishment and honor. **Class limited to 35 students.**

Dr. Ray Glick currently serves as a director on the State Veterinary Association board. His historical focus is on major events of the American West. He has been a guide at the National Pony Express Museum in St. Joseph, Missouri, and has spoken on the significance of the contributions made by the horse and mule in the American Civil War. Dr. Glick is a graduate of The Ohio State College of Veterinary Medicine and has received its distinguished alumnus award.



HUMANITIES

HU204 MAKING AND ENFORCING RULES

Wednesdays, 1:30 p.m.–3 p.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructor: Alan Ward

Rules, that is, commandments, laws, and regulations, provide the essential foundation for living with others in families, communities and nations. In this course, we will focus on who makes and enforces rules that affect our lives. We will discuss reasons why some rules work, or don't; how rules change over time, or don't; and why some activities are resistant to control. Our course will look at rules affecting economic activity (prohibitions and controls, eminent domain, occupational licensing), elections (too much money in politics?), education, environment, and public health and safety (police tactics, gun control). No textbooks required; a suggested reading list will be provided and copies of new articles and excerpts from books may be distributed from time to time. **Class limited to 20 students.**

Alan Ward has a B.A. from Wesleyan University and a J.D. from the University of Chicago. He was a law clerk in the U.S. District Court (Del.), a trial lawyer for the antitrust division with the U.S. Department of Justice, the director of the Bureau of Competition, Federal Trade Commission, a partner at Baker & Hostetler, LLC, Washington, D.C. and an instructor at George Washington University Law School.

HU219 GENEALOGY WORKSHOP

Tuesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Oct. 17–Nov. 14
Instructor: Gary Letcher

This course is designed for the beginner-to-intermediate genealogist. We will discuss strategies for constructing your family tree, sources, software and research tools. Researching your family history can seem to be—and in many cases actually is—a daunting task. More information is available online every day and we will look at many of the databases and sources that can be found from the comfort of your home computer. Many more records can be found in the dusty basements of county archives, historical societies, libraries and cemeteries and we will pay attention to those too. The class is structured as a workshop, with guidance from the instructor and assistance of classmates, to understand the basics, get started on your family tree, and break through some of those “brick walls” that genealogy researchers often encounter. Bring your laptop or tablet, as the workshop includes hands-on research and tree-building. **Class limited to 20 students.**

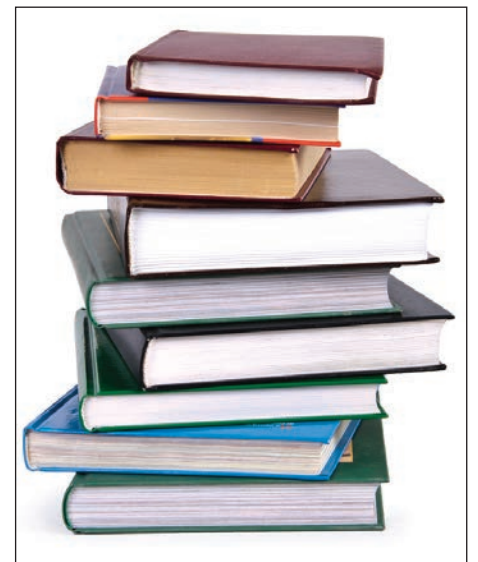
Gary Letcher inherited his grandmother's genealogy notes and charts in 1987. He began to enter the information into an early version of Family Tree Maker, thinking it would take an afternoon. Thirty years later he is still working on it, spending countless hours in libraries, archives, cemeteries, historical societies and online, with travel to Canada, Cornwall and Scotland in search of ancestors. Gary is a retired lawyer and author.

HU220 A NOVEL IDEA

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Sept. 6–Oct. 4
Instructor: Shirley Letcher

Explore the mechanics of writing a genre novel. Learn the tricks a writer knows: how to create a character, how to structure a plot, how scenes are crafted and dialog is written. Learn about a free online community that stimulates writing through encouragement, resources and competition. Each class will end with an optional take-home exercise that will build materials the participant can use in creating a first draft. No writing experience is necessary. **Class limited to 10 students.**

Shirley Letcher holds an M.A in education from George Washington University, a master's equivalency in music from SUNY and has retired from a 40-year career teaching music. She has been an active member of an international online group of women writers for over 10 years and is a frequent presenter at the Writer and Critters International Conference. Her novels have won recognition from the Pacific Northwest Writers Association and Pennwriters. Shirley is a four-time Nanowrimo winner. She's been writing stories since she was eight years old.



★ *New!*

**HU226 SHORT STORY:
SHORT FILM**

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructors: David Bradt, Lois Bradt

This offering views and discusses film adaptations from the critically acclaimed PBS series *Great American Short Stories*, with emphasis on how plots, characters and themes reflect concerns in American life. Participants are urged, but not required, to read each story before the viewing session. Stories are available online or at local libraries. **Class limited to 20 students.**

David and Lois Bradt are lifelong learners who have extensive teaching experience in the U.S. and abroad. David earned a B.A. from Harpur College (Binghamton University) and a Ph.D. from Washington State University. He is professor emeritus at Southern New Hampshire University. Lois has been a writer, producer and director for public and commercial television, as well as a university instructor. She holds degrees from Indiana University and Southern New Hampshire University.

★ *New!*

**HU237 THE LOCAL BARK FOR
DOG LOVERS**

Tuesdays, 3:15 p.m.–4:45 p.m.
Dates: 3 Sessions, Oct. 17–Oct. 31
Instructor: Rich Parfitt

This class provides an overview of local dog groups, dog-friendly parks, dog-friendly eateries and popular dog events. A list of vets, emergency centers and kennels will be made available. The topics of dog cancer and the Delaware dog bite law will also be discussed. Depending upon availability, guest speakers may attend. No prerequisites, only a love of dogs. If you are new to the area, come learn about local dog

information. If you are a seasoned local, come share what you know! There is a \$1 charge for handouts. **Class limited to 15 students.**

Rich Parfitt has a B.A. in math/English and an M.B.A. in information systems. He has worked in the IT department of various corporations for over 25 years. Rich is a dog lover who moved to Lewes in September 2014 and has spent the last few years researching local dog information.

★ *New!*

**HU240 WRITING YOUR
POETRY**

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Sept. 6–Oct. 4
Instructor: Elisabeth Stoner

Students will receive suggestions of techniques to consider when writing their poems. They will present their new poems in a workshop format each week. For the first class, they will bring a poem of their own or one by another to read and discuss. **Class limited to 9 students.**

Elisabeth Stoner graduated from West Chester University having majored in English literature and minored in philosophy with a concentration in writing. She has worked as a writer, editor and designer. She has had her poems appear in literary journals and has had two books of poems published, both called *Watermark*.

★ *New!*

**HU241 EMIGRATION: THE
FOUNDATIONS OF
AMERICAN CULTURE**

Wednesdays, 1:30 p.m.–4 p.m.
Dates: 10 Sessions, Sept. 6–Nov. 8
Instructor: Jon Newsom

We will begin with Vilhelm Moberg's four-volume novel of Swedish emigration from Småland to the Lake Chisago region of Minnesota. We will view Jan Troell's two-film epic, *The Emigrants* and *The New Land* (starring Max von Sydow and Liv Ullmann), based on Moberg's novels. We will follow the novels (reading is suggested but not required) as they document more fully than a film can the experiences of their major characters: Swedish farmers adjusting to and shaping the country in which they develop. Moberg, a native Smålander who spent many years in the U.S. researching the history of Swedish emigration beginning in 1850, presents a detailed account of the emigrant experience in pre- and post-Civil War America. Following Moberg, we will explore religion, language, technology, politics, economics and other related cultural topics. **Class limited to 70 students.**

Jon Newsom was educated at Columbia College (1963), where he majored in music and at Princeton University (1965), where he received his M.F.A. in musicology. He studied jazz with Lennie Tristano. Jon escaped the "halls of ivy" to take a job as a reference librarian in the music division of the Library of Congress, where he wound up as chief, retiring to join OLLI in 2008 to recover his sanity.

★ *New!*

**HU242 MUSIC, POETRY,
STORIES AND
HISTORY'S ORAL
TRADITION**

Thursdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Oct. 12–Nov. 9
Instructor: John McClenahen

With particular attention to psalms, chants, Beethoven, Handel, plainsong, anthems, Nordic sagas, Robert Shaw, Leonard Bernstein, the people of the Asian steppes, and especially, Walt Whitman, this course will explore a subject we might call "Songs of Ourselves." Drawing in major measure on students' backgrounds and experiences, we will ask and seek answers to basic cultural questions and discuss such matters as content and context, and individuality and universality. **Class limited to 20 students.**

John McClenahen, who resides in Sussex county with Toby, his Tibetan terrier, is an award-winning writer and photographer whose published works include three books of poetry, two children's books, and several books of photographs. He received a B.A. from St. Lawrence University and has graduate degrees from Western Reserve University and Georgetown University.

★ *New!*

**HU243 THE EVOLUTION OF
THE PRIVATE
DETECTIVE IN FICTION**

Thursdays, 9 a.m.–10:30 a.m.
Dates: 9 Sessions, Sept. 14–Nov. 9
Instructor: Paul Collins

From Poe to Hammett we will look at how the character of a private detective developed in crime fiction. We will look at the lives and works of the authors who created and immortalized these characters. Starting with Poe then moving on to Doyle and Christie, next the authors during the peak of the pulp magazines in the early 20th century and then finishing with Dashiell Hammett. We will discuss some short stories and novels and watch a couple of movies based on works by Hammett. Some of the course content will overlap with previous courses the instructor has given. **Class limited to 70 students.**

Paul Collins moved to Lewes in 2011. He was born in Richmond, Virginia, and spent most of his career in New Jersey. He holds two master's degrees from Rutgers and a bachelor's from Virginia Commonwealth University. He retired in 2010 as chief technology officer of a computer system integration company. Since moving to Lewes he has been active with the Lewes Historical Society and racing sailboats with the Lewes Yacht Club.

★ *New!*

**HU244 IMMIGRATION ISSUES
IN FEATURE FILMS**

Tuesdays, 1:30 p.m.–4:30 p.m.
Dates: 5 Sessions, Oct. 17–Nov. 14
Instructors: Betty Grunder, Gary Grunder

Illegal immigration is an issue of long-standing concern throughout the world that has been explored by filmmakers in recent years. We have selected five feature films dealing with the issue that should stimulate discussion of an important modern problem. **Class limited to 65 students.**

Betty and Gary Grunder are film buffs who have taught previous film appreciation courses on the film art of directors Krzysztof Kieslowski, Francois Truffaut and Woody Allen and courses featuring recent international films under the title Film Festival Favorites.

★ *New!*

**HU245 AMERICAN AUTHORS:
GABRIEL GARCIA
MARQUEZ**

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, Sept. 5–Nov. 14
Instructors: Gary Ramage, Margo Ramage
No class Oct. 10.

Colombian journalist, novelist and short-story writer Garcia Marquez received the 1982 Nobel Prize in Literature "for his novels and short stories, in which the fantastic and the realistic are combined in a richly composed world of imagination, reflecting a continent's life and conflicts." We'll discuss his writings and life, referencing books, videos and films. Class members are encouraged to read *One Hundred Years of Solitude*, *Love in the Time of Cholera*, *Living to Tell the Tale* and his others works. **Class limited to 70 students.**

Gary and Margo Ramage are avid theatre-goers, lifelong movie buffs, international travelers and Native American art collectors. Gary is a retired

Picnic Time! Mark Your Calendar

Tuesday, October 10, 2017

for the

19th Annual Homecoming Picnic...

Cape Henlopen State Park

Army officer with M.A. and B.A. degrees from University of South Florida. Margo graduated from Pasadena Playhouse College of Theatre Arts. This will be their 14th OLLI course.

★ *New!*

HU246 MACHIAVELLI ON POLITICS

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructor: Sabatino Maglione

In the English-speaking world, Machiavelli has been a byword for cynicism, immorality and cruelty in politics. The Jesuits called him “the Devil’s partner in crime.” In Elizabethan England, he was the “murderous Machiavelli” dramatized in the diabolic shenanigans of Shakespeare’s *Richard III*. Today, the adjective Machiavellian is defined as “politically cunning and unscrupulous, seeking power or advantage at any price; amoral and opportunist.” In contrast to this brutal characterization, some recent scholars suggest that a close reading of Machiavelli’s works, not solely *The Prince*, reveals that he was a brilliant political theorist who rightly deserves to be called “father of political science” and as such, he still has a great deal to teach us today about human nature and politics. In this course, we will examine Machiavelli’s political expertise as described in *The Prince* and *The Discourses*, and how it reflects the spirit of the time in which he lived. Pedagogy: lectures, visual materials and discussions.

Class limited to 70 students.

Sabatino Maglione is a professor emeritus at Ithaca College where he taught Italian and Spanish languages and literatures for 40 years. He also taught at the Pennsylvania State University, Dartmouth College and at OLLI. He holds a Ph.D. from Pennsylvania State University.



INFORMATION TECHNOLOGY

IT110 INTRODUCTION TO INTERMEDIATE EXCEL

Mondays, 1:30 p.m.–3 p.m.
Dates: 5 Sessions, Sept. 11–Oct. 9
Instructor: Howard Henn

This course will include review of Excel ribbons (menus), the three cursors, selection and ranges, fill, simple budgeting, formulas, loan and amortization table, sheet protection and text problems. Bring your own laptop or borrow one from OLLI. **Class limited to 8 students.**

Howard Henn has a master’s degree in electrical engineering from Columbia University. He worked as a control systems engineer and a project manager for ExxonMobil. Since retiring in 2001, he has tutored Word, Excel and PowerPoint for various organizations.

★ *New!*

IT114 SOCIAL ENGINEERING AND SECURITY

Tuesdays, 3:15 p.m.–4:45 p.m.
Dates: 5 Sessions, Sept. 5–Oct. 3
Instructor: Glenn Stover

This course is composed of four distinct modules covering social engineering trends, events and protections, password management, ransomware and malware, and identity theft. Each module includes reviews on termination, historical and current events and occurrences, examples and audience interaction, and recommendations and personal takeaways. The course is designed as an interactive session composed of a lecture and PowerPoint, with occasional audio and visual components. There are no minimum requirements and no additional materials necessary for participants.

Class limited to 70 students.

Glenn Stover has more than 23 years in information security experience and currently serves as the IT security for Beebe Healthcare. In addition to his professional career, Glenn has provided training and conducted seminars at the local, state and national levels regarding cybersecurity topics. Glenn is a member of several state cybersecurity alliances and councils, and is the founder of Delaware Secure, a 503c nonprofit.

★ *New!*

IT115 UNDERSTANDING THE APPLE iOS AND macOS ECOSYSTEM

Wednesdays, 3:15 p.m.–4:45 p.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructor: Jeff Stephanic

Held at Ocean View Town Hall.

Sharpen your understanding of the Apple operating systems environments for iPhone, iPad, desktop and laptop computers. We’ll focus on the core Apple ecosystem and move through levels of applications and processes. The course covers basic setups for system, communication, sharing and printing, security and information management. We’ll finish with how to install and use key third party apps for specialized use. Students should have at least one Apple iPhone, iPad, desktop or laptop computer. **Class limited to 20 students.**

Jeff Stephanic is a professor emeritus at The George Washington University, Washington, D.C., where he taught traditional and digital photography, foundation design and new media. He also served as director of George Washington’s Online Learning Initiative during its formative years.



INTERNATIONAL STUDIES

IS34 FOREIGN POLICY ISSUES

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 10 Sessions, Sept. 6–Nov. 8
Facilitators: Sergei Boboshko,
Burt Brenman, Phil Mandel,
Lee Stanford

This course consists of seminar discussion of the international affairs issues currently facing the U.S. and is presented by invited specialists with backgrounds in the U.S. Foreign Service, academia, and the U.S. military. Each subject will have some required readings, which will be available well in advance of each session. Each class will consist of a presentation of the issues by the speaker with sufficient time allocated for group discussion. Speakers include Ralph Begleiter (retired CNN journalist, UD professor and host of Great Decisions TV program); Robert Duncan (retired U.S. foreign service officer and former instructor of “Great Decisions” course at OLLI); Lowell Fleischer (retired U.S. foreign service officer and instructor in international affairs at several U.S. universities, as well as the U.S. State Department’s Foreign Service Institute); Clarence Juhl (retired U.S. military officer with assignments at NATO, including as senior military advisor to a series of U.S. ambassadors to NATO); Bard O’Neill (former distinguished professor of national security strategy at The National War College, and recognized expert on insurgency and terrorism); Nancy Powell (retired U.S. foreign service officer and ambassador to India and Pakistan, as well as former director general of the United States Foreign Service); Eric Terzuolo (former U.S. foreign service officer specializing in eastern Europe and nonproliferation of

nuclear weapons); and Robert Yuan (section chief, National Cancer Institute, former foreign service officer in Europe and Asia). **Class limited to 40 students.**

Sergei Boboshko holds a B.A. in European history from Queens College (CUNY) in New York. He was a banker for over 30 years, principally with The Chase Manhattan Bank (now JPMorgan Chase) in New York and various assignments overseas.

Burt Brenman holds a B.S. in pharmacy from Temple University, whose interest in history came by osmosis from his family, especially his father. Burt has carried this interest with him his whole life and, upon retirement, finally had the opportunity to teach and to learn from others who had a more worldly view.

Phil Mandel is a graduate of the University of Maryland and holds a B.A. in political science. He spent 38 years of federal government service with the departments of defense; health, education and welfare; and energy related to oil and gas pricing and supply issues domestically and internationally with a focus on the Middle East and Africa.

Lee Stanford. See Course HX223 for instructor’s information.



IS40 WHAT'S SO BAD ABOUT FOREIGN TRADE?

Mondays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Sept. 11—Oct. 9
Instructor: Christopher Mark

The United States has been a trading nation since its earliest days, yet Americans today are deeply divided about the benefits and challenges posed by foreign trade. Students completing the course will be equipped to evaluate rival claims about the impact of trade on jobs, the pros and cons of international trade agreements, and the future of globalization.

Interactive exercises will illustrate some of the underlying dynamics driving trade between nations. No prerequisites. **Class limited to 25 students.**

Christopher Mark holds an M.P.A. from Princeton University and a B.A. from Oberlin College. He served as assistant U.S. Treasury representative in Paris, France; as a member of the U.S. delegation to the Multilateral Trade Negotiations in Geneva, Switzerland; and as a senior analyst in the CIA, where he was responsible for preparing assessments and briefings on China for the President of the United States and senior U.S. policymakers.



IS41 EUROPEAN POLITICS AND THE RISE OF POPULISM

Mondays, 3:15 p.m.–4:45 p.m.
Dates: 5 Sessions, Sept. 11–Oct. 9
Instructor: Eric Terzuolo

European politics, and the risk of growing power for populist parties, are front-page news, but some background may be helpful in understanding the sometimes confusing media reports. Focusing on European political trends since 1945, and especially since the end of the Cold War, this course examines political, economic, and social factors that have facilitated the rise of populist parties. It also examines how European political systems, including the executive, legislative, and judicial branches, plus electoral mechanisms, differ from those in the United States and can influence the success of political movements and parties. Lecture/discussion format; no prerequisites; no copying expenses. **Class limited to 70 students.**

Eric Terzuolo, as a foreign service officer, analyzed and reported on the politics of Italy, France and the Czech Republic. He later taught comparative politics at the University of Rome 3, and

has lectured extensively on politics and political systems as part of his West European area studies courses at the Foreign Service Institute. He co-edited and contributed to the 2016 book *Crisis and Breakdown of Non-Democratic Regimes: Lessons from the Third Wave*.

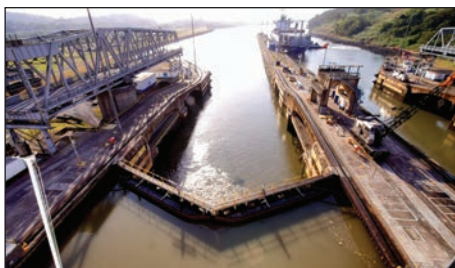
★ *New!*

IS42 PANAMA CANAL EXPANDED

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructor: Wayne Kirklin
Held at Ocean View Town Hall.

In 2014 the Panama Canal celebrated its 100th birthday and since then has completed a new series of expanded locks. The course discusses some of the history and politics leading up to the building of the canal and the transfer of the property to Panama. We will explore a variety of technical and financial problems that confronted the builders constructing the canal. The course will consist of illustrated lectures and discussion, supplemented by videos that will lead us to consider the canal's impact on the United States, the world and the future. This course contains a substantial amount of new material compared to a similar course five years ago. **Class limited to 40 students.**

Wayne Kirklin is a graduate of the University of Delaware and holds an M.B.A. from New York University. He is a retired college professor who has an interest in maritime history. He authored a book about lightships and makes presentations about lighthouses, lightships and ocean travel.



★ *New!*

IS43 FOREIGN SERVICE POTPOURRI: THE U.S. IN THE WORLD

Mondays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, Sept. 11–Nov. 13
Instructor: Trudie Thompson

We will spend about two sessions each on the five locations overseas where the instructor served: Germany, Botswana, Korea, Australia and Afghanistan. She has lived and worked there and hopes to convey some of the essence of those countries and start a discussion about how they may be like or different from the U.S., their importance to the U.S., and their role in their region and in the world. There is no expectation of previous knowledge or background, except for an interest in foreign countries and how the U.S. interacts with those countries through our embassies and consulates overseas.

Class limited to 70 students.

Trudie Thompson majored in German at Middlebury College in Vermont, after which she served nine years' active duty as an Army officer in military intelligence. While stationed in Germany, she completed a master's in international relations with the University of Southern California. After joining the U.S. State Department as a foreign service officer (FSO) in 1985, Trudie remained in the Army Reserve and retired in 2001 as a lieutenant colonel. During her 24 years as an FSO, she served in Germany, Botswana, Korea, Australia, Afghanistan and in Washington, D.C. She retired in 2009 and moved to Rehoboth and became an "official" Delawarean.

LANGUAGE

LA13 ADVANCED FRENCH—PART I

Mondays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, Sept. 11–Nov. 13
Instructor: Lisa Lynch

A continuation of the ongoing course, Advanced Intermediate French. In addition to discussion and/or listening practice on current events or cultural topics relating to the francophone world, students will review grammar and writing concepts. Readings will be selected based on student interest and vocabulary grammar priorities highlighted within those readings. This course is open to anyone who has taken the prior course as well as anyone who has a background of some years of high school or college French and is comfortable with gentle reading, listening and speaking practice.

Class limited to 20 students.

Lisa Lynch has taught French (all levels) for Montgomery County Public Schools and Berlitz Language School in Paris and the State Department in Washington, D.C. She has taught all levels from beginning through Advanced Placement literature and French cinema and conversation with extensive experience in adult language learning. She currently teaches a beginning French class at Delaware Technical Community College, Georgetown campus.

★ *New!*

LA17 INTERMEDIATE SPANISH

Tuesdays, 1:30 p.m.–3 p.m.
Dates: 8 Sessions, Sept. 5–Oct. 31
Instructor: Lona Crist
No class Oct. 10.

This course is a continuation of the Beginning Spanish course presented at OLLI last fall or for those who have some knowledge of basic Spanish and wish to increase their comfort level using the Spanish language in conversation. **Class limited to 25 students.**

Lona Crist is a retired Spanish language and literature teacher from Montgomery County, Maryland public schools. She has taught beginning Spanish and conversational Spanish for OLLI over the past several years. Her passion for acquisition of world language and culture is evident in her teaching style and relaxed classroom atmosphere.



★ *New!*

LA18 CONVERSATIONAL GERMAN

Tuesdays, 1:30 p.m.–3 p.m.
Dates: 5 Sessions, Sept. 5–Oct. 3
Instructor: Philip Fretz

The class is based on a weekly theme to which all participants will contribute. For instance, if the theme is shopping at a food market, one class member will prepare several paragraphs about an experience in this kind of venue, using simple German constructs, various examples of singular and plural nouns, present and past tenses of verbs, etc. All of the other class members will prepare questions to ask the writer about his or her experience. The purpose is to simulate a common occurrence in everyday life. There is no specific textbook required. Participants are urged to bring to class any relevant German readers and share with the class short stories or poems. OLLI members with an interest in practicing their German language skills are invited. A rudimentary knowledge of German will be helpful. **Class limited to 20 students.**

Philip Fretz retired to Milton after 37 years in the computer services industry in the Philadelphia area. He traveled overseas for the first time to study in England, came back to graduate college and then embarked to serve as a Peace Corps volunteer in Sierra Leone. He was drafted into the Army, and finally took up computer science as a career. He has a love of travel, reading, writing, singing and genealogy. He has participated in OLLI as student and teacher, acted in the Clear Space Legends program, sung with Clear Space Chorus and Camp Rehoboth Chorus and is an active participant in the Rehoboth Beach Writers' Guild. His books are mentioned on his website, www.philipfretz.com.



LIFE SKILLS

LS05 KITCHEN KAPERS XXXI—FRESH TASTES FROM THE KITCHEN AND GRILL

Fridays, 10 a.m.–1 p.m.
Dates: 5 Sessions, Oct. 13–Nov. 10
Instructors: Bernard Fiegel,
Dolores Fiegel

Directions to each home will be provided by email or phone.

Kitchen Kapers chefs Bill, Carolyn, John, Kathy and Paul make cooking fun! On the Road will take the class to five home kitchens located in Lewes and Rehoboth Beach—like a private kitchen tour—where students will observe and participate in food preparation and taste appetizer-size portions of their prepared dishes and selected wines to complement the meals...look at it as "eating and drinking your exam"! Bring your favorite knife and apron, if desired. Learn cooking techniques, collect recipes and socialize. Food and wine expenses will be divided among the students. Estimated cost is \$10 each session. The Kitchen Kapers chefs are all recipe collectors, and their love of food and wine were the impetus for this course... bon appetit and in vino veritas...! **Class limited to 10 students.**

Bernard and Dolores Fiegel are active members of The Four Seasons, a local food group established in 2001. They are founders of The Happy Gourmands founded in 1976. Instructors of Kitchen Kapers, a continuing hands-on cooking and wine-pairing course introduced to OLLI in 1997.

LS127 LANDSCAPE DESIGN

Thursdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, Sept. 7–Oct. 5

Instructor: Eddie Filemyr

Bring pictures of your landscape to class. Through class discussion and instructor insight, learn new ideas and new plants to refresh your landscape. Four students will be interviewed each class. Design principles, planting needs, new cultivars and personalized design will be addressed. Contribute your knowledge to your classmate's landscape dilemmas through class discussion. Learn design concepts and quick fixes from the instructor. During the last class we will visit a plant nursery. Come and participate, revolutionize your garden and enjoy!

Class limited to 15 students.

Eddie Filemyr has an M.F.A. from Antioch University, and a B.S. in studio art and design from Skidmore College. She also holds a permanent New York state teaching certificate in art. Eddie has kept a home art studio since 1978. She has taught art at Hood College, Antioch University/Columbia, St. John's High School in Maryland, and Wilson College in Pennsylvania. She is a member of the Rehoboth Art League, Mispillion Art League, Milton Art Guild and Millsboro Art League. Eddie has also worked as a landscape designer in Maryland and as a freelance landscape designer in Idaho and Delaware. She has completed master gardener courses in Washington, Idaho and Delaware.

LS128 WRITE NOW— LIKE A PRO

Mondays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, Sept. 11–Nov. 13

Instructor: Rae Tyson

At this stage in our lives, most of us appreciate the value of written communication. Undoubtedly, you have had plenty of writing experience, both personally and professionally—fiction or nonfiction. But, no matter if you have written a lot or a little, you would probably agree: there is always room for improvement. This course takes a low-key approach to reaching that goal. It includes some fun assignments, all designed to sharpen your writing skills. The course uses many techniques, including those used by journalists because they, better than most, have mastered the art of telling a complete story using a minimum number of words. The course also involves some creative fiction and nonfiction writing, including memoirs. Although a computer is helpful, it is not essential. A pen and notebook will suffice. Previous writing experience is not important. Come prepared to learn, and we will have a lot of fun writing together. In the end, you will be a better writer, guaranteed. **Class limited to 12 students.**

Rae Tyson has been a professional writer for over 40 years and has worked for newspapers, wire services, magazines and online publications. His book on environmental issues affecting children was published by Random House in 1996. He currently writes for the Delmarva Media Group, serving the *Wilmington News Journal* and *Salisbury Daily Times*. Rae also contributes to *Delaware Beach Life* magazine. Prior to his writing career, he taught science in public schools. He was an adjunct faculty member at the State University of New York and the University of Maryland. Rae has been teaching at OLLI since 2014.

LS129 AARP SMART DRIVER COURSE—BASIC

Mondays, 9 a.m.–Noon

Dates: 2 Sessions, Sept. 25, Oct. 9

Instructor: Tom Maly

Held at Ocean View Town Hall.

The AARP Smart Driver Course covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. The course provides practical techniques for adjusting to these changes to ensure the driver's own safety and that of others on the road. Participants learn about current rules of the road and how to operate their vehicles more safely in today's challenging driving environment.

This six-hour course is presented to participants who have never taken a driver-safety course or have taken a course in Delaware more than five years ago. The AARP Smart Driver Course is geared toward drivers 50 and older, but can be taken by licensed drivers of all ages and there are no tests. Participants should contact their auto insurance company about multi-year discounts. Feel free to bring your lunch. There is a certificate fee of \$15 for AARP members and \$20 for nonmembers payable to the instructor. **Class limited to 10 students.**

Tom Maly was the director of public safety for the Community College of Baltimore County, Maryland, after he completed a 24-year career with the Baltimore Police Department in 1993. After he retired from the college in 2004, Tom moved to Ocean View, Delaware, and has been a volunteer instructor with the AARP Driving Program for 11 years. He holds a B.S. degree in criminal justice and an M.S. degree in sociology from Loyola College and the University of Baltimore, respectively.

LS130 AARP SMART DRIVER COURSE—REFRESHER

Mondays, 9 a.m.–1 p.m.
Dates: 1 Session, Sept. 18
Instructor: Tom Maly

Held at Ocean View Town Hall.

The AARP Smart Driver Course covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. The course provides practical techniques for adjusting to these changes to ensure the driver's own safety and that of others on the road. Participants learn about current rules of the road and how to operate their vehicles more safely in today's increasingly-challenging driving environment. **This four-hour refresher course is presented to participants who have taken a driver-safety course in Delaware within the past five years.** The AARP Smart Driver Course is geared toward drivers 50 and older, but may be taken by licensed drivers of all ages and there are no tests. Participants should contact their auto insurance company about multi-year discounts. Feel free to bring your lunch. There is a certificate fee of \$15 for AARP members and \$20 for nonmembers payable to the instructor. **Class limited to 10 students.**

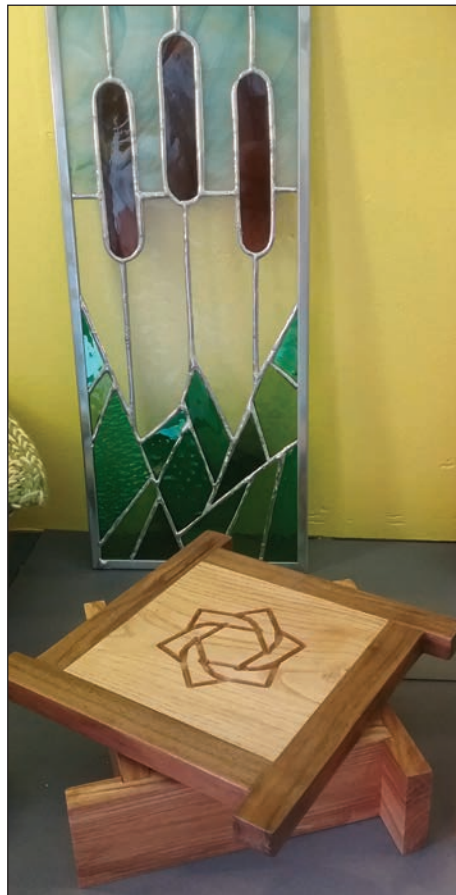
Tom Maly. See Course LS129 for instructor's information.

LS133 WRITING A MEMOIR

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Sept. 6–Oct. 4
Instructor: Rae Tyson

Of all the forms of nonfiction, memoir writing is the most personal. Among those old enough to qualify for OLLI programs, it also has become one of the most popular forms of written expression. Indeed, as the *New York Times* noted recently, heightened interest in memoirs is tied to an array of motivations, including a desire to leave a personal legacy for friends and family. Writing a good memoir can be a challenge, however. To guide that journey, this course will help you master, and practice, the basics of writing a good, readable memoir. Students should bring a notebook and writing utensil to each class. **Class limited to 12 students.**

Rae Tyson. See Course LS128 for instructor's information.



LS145-1 BASIC WOODWORKING USING HAND TOOLS

Wednesdays, 1:30 p.m.–4:30 p.m.
Dates: 10 Sessions, Sept. 6–Nov. 8
Instructor: Joseph DeFeo

LS145-2 BASIC WOODWORKING USING HAND TOOLS

Thursdays, 9 a.m.–Noon
Dates: 10 Sessions, Sept. 7–Nov. 9
Instructor: Joseph DeFeo

This course provides basic instruction on woodworking using hand tools. We will discuss the core set of hand tools and how to use them. Students will learn how to join wood together using various joining techniques including miter joints, box joints, hand cut dovetails and more. Instruction will include sawing, drilling, planing, shaping, sanding and finishing. We will build a small keepsake box during class that can be customized to your choosing. There will be a field trip after the third class to buy the lumber for your project. Students need to bring safety glasses with them to class. There is a cost of \$10 for supplies plus the cost of the wood students choose for their projects. **Class limited to 6 students.**

Joseph DeFeo, M.D., is a retired Navy surgeon with 40-plus years of woodworking experience. He held positions as a clinical assistant professor of surgery at Temple University Hospital and clinical professor of surgery at Florida State University and University of Florida. He has won numerous teaching awards in surgery as well as giving personal instruction in woodworking to all skill levels of fellow woodworkers.

LS146 WRITING A MEMOIR TWO

Wednesdays, 9 a.m.–10:45 a.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructor: Rae Tyson

The basic memoir writing course has been extremely popular at OLLI, and for good reason. Crafting a memoir is an intensely personal undertaking and students have loved the opportunity to chronicle life memories for friends and family. This new course covers an array of advanced memoir writing skills and includes something unique: writing your own obituary (no one better qualified to write it than you). Completing the basic course would be helpful but not required. **Class limited to 12 students.**

Rae Tyson. See Course LS128 for instructor's information.

LS147 CONNECTIONS: AUTHORS, THEIR JOURNALS AND MEMOIR

Mondays, 1:30 p.m.–3 p.m.
Dates: 5 Sessions, Sept. 11–Oct. 9
Instructor: Jo-Ann Vega

Held at Ocean View Town Hall.

Writers, famous or not, tend to keep journals and/or notebooks to help them record, practice and explore the themes of their writing lives. Whether they craft them into stories, articles or books, journaling helps them develop and hone their writing. Attuned to observing while participating, chroniclers notice what others miss and in solitude plumb the depths of meaning. This program uses examples from the journals of famous authors, including Ralph Waldo Emerson, Virginia Woolf, George Orwell, Sylvia Plath and Patricia Highsmith to illuminate the connections between journaling, personal development and legacy building memoir. Examples from each of the identified authors will be used as discussion and writing prompts to validate, reinforce and inform the efforts of attendees. There will be a \$2 charge for handouts. **Class limited to 15 students.**

Jo-Ann Vega. See Course HX230 for instructor's information.

LS148 THE HAPPINESS RESOLUTION

Mondays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Oct. 16–Nov. 13
Instructor: Deborah Brown

Held at Ocean View Town Hall.

This new course promotes exploration and discussion around recommended ways to improve overall happiness. You will then create a personal resolution for a particular area of your life that will add to an improvement in your happiness, peace or contentment.

Class limited to 10 students.

Deborah Brown is a graduate of the Center for Transformational Presence, the International Coach Academy, and George Mason University in Virginia. Deb is now retired after a 20+ year career in adult education and advocacy of people with disabilities in nonprofit agencies.

LS150 A MATTER OF BALANCE

Thursdays, 1 p.m.–3 p.m.
Dates: 8 Sessions, Sept. 7–Oct. 26
Instructor: Monica Fleischmann,
Angela Honan

Specifically designed to reduce fear of falling, stop the fear-of-falling cycle and improve activity levels among community dwelling adults. Sessions are conducted once a week for two hours. Meetings are led by coaches that are trained using a detailed program manual modeled on *Maine Health's Partnership for Healthy Aging*. A Matter of Balance uses practical coping strategies to reduce fear of falling and to diminish the risk of falling, including group discussion, mutual problem solving, exercise to improve strength, coordination and balance and home safety evaluation. Guest healthcare professional visits occur during the seventh session to discuss proper use of assistive devices and answer questions participants may

have. All materials are provided free through Volunteer Delaware 50+.

Class limited to 16 students.

Monica Fleischmann has taught A Matter of Balance over the past three years and has an M.Ed. Monica has spent many years working with children and adults creating physical activities for strength and recreation.

Angela Honan is certified to teach A Matter of Balance. Angela enjoys helping people and is involved with the Delaware Medical Reserve Corps, as well as facilitates mental health with the Giving Hope program.

★ *New!*

LS151 REVIVE YOUR RETIREMENT

Tuesdays, 1:30 p.m.–3 p.m.
Dates: 5 Sessions, Sept. 5–Oct. 3
Instructor: James Speegle

The purpose of this course is to examine your current or future retirement plans to increase the chances that you have a fulfilling and successful retirement. The core of the course is the instructor's own 15-year experience as a retiree, with learning segments including developing passions, what others do, aging, new concepts in retirement, retirement and couples, and developing your retirement plan. The material is presented through PowerPoint. The class is interactive through sharing experiences and discussion. The final class will include presentation of participants' retirement plans. **Class limited to 15 students.**

James Speegle is retired from a career in higher education, as vice president at Wesley College, Dover, Delaware; dean of the School of Management at Gallaudet University, Washington, D.C.; and acting vice president and professor of management at Bethany College, Bethany, West Virginia.

★ *New!*

LS152 ADVANCED WOODWORKING USING HAND TOOLS

Thursdays, 1:30 p.m.–4:30 p.m.
Dates: 5 Sessions, Sept. 7–Oct. 5
Instructor: Joseph DeFeo

This course teaches advanced woodworking techniques that build on the basic woodworking course. The basic course is not a prerequisite, but some woodworking skills are required. The course includes how to hand cut rabbets, dadoes and grooves, box joints, dovetails, and mortise and tenons. Each class consists of a 30-minute lecture followed by 2-½ hours of shop time. The student needs to bring safety glasses, a combination square, a set of bevel edge chisels, a mallet, a dovetail saw or backsaw, a marking knife and marking gauge. There is a \$10 cost for supplies/lumber used in class. **Class limited to 6 students.**

Joseph DeFeo. See Course LS145 for instructor's information.



PERFORMING ARTS

PA53 CHORUS

Thursdays, 3:15 p.m.–4:45 p.m.
Dates: 10 Sessions, Sept. 7–Nov. 9
Instructor: Roo Brown

Join the Elder Moments in harmony. Sight reading is preferred, but a good ear and smile are a must! We happily sing four- to six-part harmony, and our songs range from folk tunes to John Mandel and John Rutter. You name it, we sing it. All voice parts are welcome. **Class limited to 60 students.**

Roo Brown is a Smith College graduate. She retired from a singing and acting career in 1995. She is now a vocal arranger, composer and volunteer at the Lewes Public Library, lady tenor in the Southern Delaware Chorale and St. Peter's Church Choir and gardener. She leads the Mixed Blessings singing group. Roo received the American A Cappella Alliance's Pan Award in 2000 for her major involvement in a cappella music.

PA78 TRADITIONAL MUSIC SLOW JAM

Mondays, 3:15 p.m.–4:45 p.m.
Dates: 9 Sessions, Sept. 11–Nov. 13
Instructor: Oliver Hansen
No class Sept. 18.

Revisit favorite old tunes and learn some new ones in a non-threatening campfire-style environment. This session is meant for those who enjoy traditional folk tunes that cross multiple genres of Celtic, gospel, bluegrass and old time music. The term "slow jam" indicates that we will play tunes at a speed based on the makeup of the group. The session assumes that participants know basic chords in the keys of G, D and C if playing a stringed instrument such as guitar, mandolin, banjo, etc. Sight reading music is not a requirement. All acoustic string

instruments are welcomed. Instruments such as flute, penny whistle, harmonica and bodhran are also welcome. **Class limited to 12 students.**

Oliver Hansen is a retired educator having worked as science teacher in Maryland public schools, as a multimedia training specialist in private industry, and most recently, as dean of learning technologies at Prince George's Community College, Maryland. Oliver has, for many years, enjoyed playing folk, gospel, bluegrass, country and Celtic music on either banjo or hammered dulcimer.

★ *New!*

PA81 DO ALTO RECORDER PLAYERS USE MORSE CODE?

Mondays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, Sept. 11–Nov. 13
Instructor: Nikki Roberson

No! However, music will take on another language when played using accents, staccatos, grace notes, mordents and trills. Improving your sound will be the next step toward playing the alto recorder. Listening to your sound is key. Learn what kind of air stream is required to reach high and low notes. There is more to playing the recorder than just blowing air into the instrument. Grab your recorder and get ready for the next challenge. There is a \$7 charge for music and handouts.

Class limited to 10 students.

Nikki Roberson graduated from Villa Julie College in Baltimore. She retired after 20 years in the banking industry. In high school she studied voice for three years, and played the piano and trumpet. She sang with the Harford Choral Society before moving to Lewes. She taught herself the Irish penny/tin whistle and recorder to keep her little brain cells active and her arthritic hands nimble.



RECREATION

RR02 ENGLISH COUNTRY DANCE

Thursdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, Sept. 7–Nov. 9

Instructors: Ted Mason, Carol West

Come and enjoy the dance form America grew up with. It's been fun for more than three centuries, it's still fun and we think you'll like it. It's easy to learn! If you can walk and smile, you can do this kind of dance. The caller will explain all the moves and walk you through the dance before it starts, then continue to prompt you as the dance goes on. The dances focus on the group, not the individual. We customarily change partners after each dance, so we get to dance with lots of different people. We're a friendly group! It's easy, and there's the music! It's NOT to be missed! **Class limited to 28 students.**

Ted Mason looks forward to teaching English Country Dance this fall. Ted holds a bachelor's degree in humanities and a degree from Colgate Rochester Crozer Theological Seminary (M.Div.). He works at the Sussex YMCA teaching aquatic classes. Ted holds an instructor's certificate from the American Arthritis Foundation. He is a coach for Delaware 50+ for its A Matter of Balance program.

Carol West discovered the joys of English Country Dance through beloved OLLI mentors and has expanded dance classes and events to Dover and beyond. A former OLLI council member and an enthusiastic supporter of lifelong learning, she is dedicated to expanding and promoting the program southward from Lewes to Ocean View. An avid music lover, she plays violin with the Dover Symphony Orchestra and handbells with St. Matthews by the Sea in Fenwick Island. Carol taught high school math in Maryland for 25 years.

RR04 WALK AND TALK

Tuesdays, 2 p.m.–4 p.m.

Dates: 5 Sessions, Oct. 17–Nov. 14

Instructors: Joan Ridolfi, Sandra Sullivan

Enjoy guided exploratory brisk and lively walks of familiar and not so familiar local areas. Meet new and old friends along the way. All walks are approximately two miles or more. Possible walking locations are historical towns and trails in Sussex and Kent counties and, occasionally, Maryland. All registered walkers will receive detailed information prior to the course start date. The walks are usually two hours or less. **Class limited to 40 students.**

Joan Ridolfi is a retired human resources manager. She has always had an interest in nature, outdoor activities and history and has combined all three as a walking tour guide. For 10 years she was a docent at the Nanticoke Indian Museum and has made several trips to the Navajo Indian Reservation in Arizona as a medical team volunteer.

Sandra Sullivan is a retired high school teacher and coach with 36 years' experience. She has an M.S. in special education and an M.A. in counseling. She is an avid educator who continues to enjoy learning the history and natural surroundings of this wonderful area and working with Joan Ridolfi allows her to keep learning and share in this knowledge.

RR16 MAH JONGG CLUB

Wednesdays, 12:45 p.m.–4 p.m.

Dates: 10 Sessions, Sept. 6–Nov. 8

Instructor: Paulette Criaris

Students must know how to play Mah Jongg. Time is set aside for those who enjoy the game to get together and play. Students must obtain their own Mah Jongg Official Hands and Rules Card. Please state on the registration form if you are willing to bring an American Mah Jongg set for use in

class. We will need a set for each group of four students. **Class limited to 20 students.**

Paulette Criaris received a B.S. from Wagner College and M.S. from College of Staten Island in elementary education. She worked in the New York City public schools for 17 years and taught at almost every level from Head Start to the community college level. She established one of the early school-based computer programs at the elementary school level. Paulette returned to college to receive an A.S. in computer science from Middlesex County Community College. She worked in the Bell system, becoming a member of technical staff and retiring as a senior software engineer after working on many of the computer applications still running our landlines today.

RR22 BEGINNER BRIDGE

Mondays, 9 a.m.–Noon

Dates: 10 Sessions, Sept. 11–Nov. 13

Instructors: Anne Barker, Craig Haggerty

Held at Ocean View Town Hall.

This course is designed for new bridge players and players who would like a refresher of the basic rules. Course uses the ACBL teaching series of books by Audrey Grant and updated by Betty Starzec. The first book is the Club Series, *ACBL Bidding in the 21st Century*. These materials reflect more modern bidding methods. Topics include history of bridge, opening bids, responses to opening bids, no-trump bids, rebids by opener and responder, overcalls, takeout doubles and Stayman convention. Materials will be provided, but card donations are always welcome. **Class limited to 24 students.**

Anne Barker has been a registered nurse since 1971 and worked full time in the role until 2016. Anne holds a doctorate in nursing from Columbia University. She has spent the last 27 years teaching nursing in Connecticut.

Anne has informally taught bridge in the past (not in the classroom) and until recently described herself as a “rusty beginner.” Over the last year, thanks to the OLLI program (and frequent play elsewhere) she now describes herself as an intermediate player. She is looking forward to sharing her knowledge of and passion for bridge with others.

Craig Haggerty is a retired math teacher from the D.C. area and is currently on the OLLI council. She has enjoyed playing bridge for over 20 years and has just completed the OLLI Advanced Bridge class.

RR25 INTERNATIONAL DANCING FOR FUN AND FITNESS

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, Sept. 5–Nov. 14

Instructors: Andrew Montano,

Tamara Steele

No class Oct. 10.

The dances taught in this program bring a great variety of music and steps from countries and cultures around the world. We present beautiful rhythms and movements that are fun, uplifting, and easy to learn. No partners are required and no dance experience is necessary. If you can walk, and like to move, you can do these dances. All of the dances are taught before and the steps are called during the dances. Some of the countries and regions of origin for our dances are Greece, Israel, the Balkans, France, Armenia, Russia, Bolivia and Italy. International dancing is one of the best ways to exercise both the mind and body, improve stamina and balance, meet people and have fun. Come experience the energy and feeling of well-being that international dancing can bring to your life. **Class limited to 12 students.**

Andrew Montano is a retired electrical engineer. He is an international folk dance instructor and leader for over 30 years in New Jersey at the Bridgewater

Senior Center, the Monmouth and Morriston Folk Dancers and an adjunct professor teaching international folk dancing at Ocean County College.

Tamara Steele is a graduate of the University of Massachusetts, Amherst, where she earned a B.S. in physical education and modern dance. She retired from Pepco Holdings Inc. after thirty years as a strategic relationship manager. Dance in all forms has always been a life’s passion, most recently international folk dance, Israeli dance and English country dance.

RR27 BRIDGE III

Mondays, 9 a.m.–Noon

Dates: 10 Sessions, Sept. 11–Nov. 13

Instructors: Katherine Boboshko,

Eileen Zampini

This ACBL Bridge course is designed for experienced bridge players, with a focus on defense. We will be using the *ACBL Bridge series, Defense in the 21st Century* (Heart Series), written by Audrey Grant and updated by Betty Starzec. (ISBN 978-0-939460-65-6). Subjects will include leads, second and third hand play, defensive signals, interfering with declarer and negative doubles. Class time includes instruction and play. Books/materials will be provided, but playing card donations are always welcome. **Class limited to 24 students.**

Katherine Boboshko is a retired registered nurse. Katherine is a bridge lover for 45 years. She taught beginning bridge (1999–2001) and has been an OLLI Bridge instructor since Fall 2016. She is a mother of three and a grandmother of six.

Eileen Zampini has a B.S. in information system management from Widener University in Wilmington, Delaware. She has played bridge for over 40 years and enjoys the game and the social gathering that bridge provides. Eileen has been an OLLI Bridge instructor since Spring 2015.

RR31 ADVANCED BRIDGE

Thursdays, 9 a.m.–Noon

Dates: 10 Sessions, Sept. 7–Nov. 9

Instructors: Katherine Boboshko,

Eileen Zampini

This ACBL Bridge course is designed for advanced bridge players. This course is a continuation of the Spring 2017 semester using the *ACBL Bridge Series More Commonly Used Conventions in the 21st Century* by Audrey Grant and updated by Betty Starzec. (ISBN 9778-9-939460-95-3). Subjects include Chapters 4–7 that include two-suited overcalls, Blackwood and Gerber, finding key cards, leads and signals. Class time includes instruction and play. Books/materials will be provided, but playing card donations are always welcome. **Class limited to 24 students.**

Katherine Boboshko. See Course RR27 for instructor’s information.

Eileen Zampini. See Course RR27 for instructor’s information.

T'ai Chi Chih Lunch Enthusiasts

T'ai Chi Chih enthusiasts meet Tuesdays from 12:30-1 p.m. in the Fred Thomas Building throughout the year.

Open to all members.



★ *New!*

RR34 GOLFING FOR SENIORS

Thursdays, 1:30 p.m.–3:30 p.m.
Dates: 5 Sessions, Oct. 12–Nov. 9
Instructor: Peter Strub

Golf is a popular outdoor activity for seniors in lower Delaware. Class participants will be introduced to the three golf swings—power, pitch and putt—and their grips. Besides the physical techniques, mental aspects will be covered. Class participants will also be introduced to exercises to maintain agility and flexibility to enjoy the social and health benefits of golf. In the final two sessions, participants will have an opportunity to play three golf holes on short courses for a nominal fee. The class will consist of five 2-hour long sessions at the Lewes OLLI campus and elsewhere. Utilizing indoor instruction and video with outdoor action will provide a memorable learning experience. Students will need to supply their own putter, mid-iron club (6, 7 or 8 iron) and a wedge (pitching or sand). Students should wear rubber sole shoes or sneakers/tennis shoes to class. No golf spikes! **Class limited to 15 students.**

Peter Strub holds an M.A. from the University of Delaware. He is a golf instructor at Midway to residents of Bay Crossing, a 55+ senior community in Lewes. He was a coach for the high school golf team in Somerville, New Jersey, and a professor at St. Norbert College and Edgewood College (Wisconsin). Peter scored a 4 under par 67 at the Rookery South in 2016. He took third place in the super senior division of the 2013 Delaware State Golf Association Amateur Championship. He has won the community low-gross golf tournament for the last five years.

★ *New!*

RR35 MORE INTRODUCTION TO THE GAME OF GO

Tuesdays, 3:15 p.m.–4:45 p.m.
Dates: 10 Sessions, Sept. 5–Nov. 7
Instructor: Loch Ian Macadam

No class Oct. 10.

Pick up where June session left off, or meet the ultimate strategy game for the first time! This is Go: attributed to the first emperor of China some 4,000 years ago, approved by Confucius, and one of ancient China's four essential cultural arts. To Henry Kissinger, it's a window into China's foreign policy; to President Obama, a gift to China's president, Hu Jintao. It's enjoyed by kids, and is studied at the U.S. Army War College. Human supremacy recently fell to Google's AlphaGo A.I., but we can still enjoy Go's abstract beauty, deceptive simplicity, and awesome challenge. Go is martial art and game of market share. You'll pick up basic tactics and strategies; hear about Go etiquette, history and culture; and find out about resources for learning and playing, online and off—but mostly we'll play. After all, it's just a game... or is it? See www.usgo.org for more about Go! **Class limited to 20 students.**

Loch Ian Macadam graduated from Principia College in 1977, with a B.A. in English, and a persistent interest in the game of Go. This remained merely casual through years working in CAD and computer programming. A confluence of internet resources, free time, and a friend's enthusiastic grandson, motivated him to higher levels of study and play, including professional seminars and tournament competition.



SCIENCE/MATH

SS29 FALL BIRDING AND CLIMATE CLASS

Wednesdays, 8 a.m.–11 a.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructors: Bill Fintel, Sally Fintel

Our emphasis will be on observing, identifying and learning some of the many species of birds that migrate through Delaware each fall. We will also cover what migration changes are occurring due to climate change. We will visit key migration hot spots, such as Cape Henlopen State Park and Prime Hook National Wildlife Refuge. We will spend over half our time in the field. In the event of seriously inclement weather, the class MAY be canceled IF we can't find an indoor classroom.

For latest class notices, see <http://billfintel.blogspot.com/>.

Class limited to 15 students.

Bill and Sally Fintel have been avid birders for 40+ years and currently lead birding field trips for many organizations, including the Sussex Bird Club, Prime Hook National Wildlife Refuge, OLLI and Road Scholar. Bill is also an OLLI instructor for classes on many aspects of climate change.

SS94 BEACHCOMBING 101

Mondays, 10:45 a.m.–1 p.m.
Dates: 10 Sessions, Sept. 11–Nov. 13
Instructor: Tom Lord

It's been said that Delaware is a beachcomber's paradise, directly next to two coastal zones rich in marine life. Of interest to beachcombers are the internal and exoskeletons of the creatures that inhabit the watery boundaries of the state. Each day, curious artifacts of these organisms tumble onto the beaches along Delaware's shore in the form of bones,

shells, casts, molds and relics. Historic records reveal that items collected on our beaches have, over time, served humankind as currency, tools, agriculture, musical instruments, art and personal adornment. The pastime is best performed after ocean storms or following exceedingly high or low tides. You are invited to join a hearty group of beachcombers from the area as we scour the area's beaches along the Atlantic Ocean and Delaware Bay. This class will begin at the Fred Thomas building each week then move to the beach. **Class limited to 25 students.**

Tom Lord is a retired college professor. He holds a doctoral degree in biology from Rutgers University and has taught science classes for over 40 years. He has presented over 50 papers at professional meetings and written over four dozen articles in juried science journals. The National Association of Biology Teachers honored Tom with the outstanding biology researcher/instructor award in 2004 and he was presented with the distinguished professorship in teaching honors in 2006 from Indiana University of Pennsylvania. Upon his retirement in 2012 he was honored as professor emeritus from the department of biology at Indiana University of Pennsylvania.

SS114 MUSHROOMING 101

Thursdays, 9 a.m.–12:15 p.m.
Dates: 10 Sessions, Sept. 7–Nov. 9
Instructor: Tom Lord

Designed for the beginning mushroomer, this class explores the wondrous world of mushroom collecting. Mushrooms belong to a group of living things called fungi, organisms that are so strange that they are given a kingdom of their own. Most folks do not realize that the mushrooms they see above ground are really just the unit that disseminates reproducing

cells for the fungus. During the class we will go over the parts of a mushroom, their benefits, their risks, their habits and how one can recognize a few representatives of the most prevalent categories of mushrooms. If the weather cooperates, the participants will carpool to sites around the area during the later portion of class to explore for mushrooms. Although we will discuss representative edible and nonedible mushrooms during the semester, the course is not designed to teach participants which mushrooms are safe to eat and which are poisonous. Neither is the course designed to teach participants the scientific nomenclature of mushrooms, the categories of mushrooms nor the recipes for preparing mushrooms for consumption. **Class limited to 25 students.**

Tom Lord. See Course SS94 for instructor's information.

★ *New!*

SS124 REDUCING YOUR CARBON FOOTPRINT

Tuesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Oct. 17–Nov. 14
Instructor: Joan Mansperger

In this course we will explore the many things we can do as individuals and households to reduce our personal contributions to climate change. Some of these actions are simple and inexpensive; others more complex and costly. We will discuss our options and do some soul-searching and problem-solving to discover the changes we can initiate to make this world a better place for our children and grandchildren. **Class limited to 70 students.**

Joan Mansperger is enjoying a busy retirement in Lewes after a career in human resources. She has a B.A. in biology from the University of San

Diego and an M.B.A. from Plymouth (N.H.) State College. She enjoys instructing and attending courses on nature and the environment, and finds OLLI the perfect place to explore other subjects that there never seemed to be time for. Joan has taught OLLI courses on reducing your carbon footprint, weather, and trees in the past year.

★ *New!*

SS138 THE CO-EVOLUTION OF MAN AND MICROBE— CONTINUED

Wednesdays, 3:15 p.m.–4:45 p.m.
Dates: 10 Sessions, Sept. 6–Nov. 8
Instructor: Alan Chalk

This is a continuation of the Spring 2017 course, which is not a prerequisite. Viral and bacterial diseases are frequently in the news from ebola and zika to typhoid, cholera and tuberculosis, yet we know that the vast majority of microbes are either harmless or beneficial to us. Our gut contains up to a thousand species of microbes which train and assist our immune system against disease and produce a variety of vitamins and hormones essential to our survival. This class will explore the history of the co-evolution of man and microbes including a series of Great Courses lectures on microbiology by Professor Fleury of Tulane University. **Class limited to 30 students.**

Alan Chalk holds a Ph.D. in chemistry, University of London, England. He has previously given courses in microbiology, evolution, nutrition and longevity.

★ *New!*

SS141 QUANTUM PHYSICS AND THE QUANTUM COMPUTER

Thursdays, 1:30 p.m.–3 p.m.
Dates: 4 Sessions, Sept. 7–Sept. 28
Instructor: Douglas Hemmick

In this course we cover quantum physics—past, present and future. In the 1920s and 1930s quantum theory had a tumultuous birth with great successes accompanied by puzzling and bizarre features such as “Schrödinger’s cat.” Far from merely an academic interest, the mind-boggling aspects of quantum are being realized in today’s technologies, and the most exciting of all is yet to come: the quantum computer. The quantum computer holds out the promise of computing speeds that are millions of times faster and require far less energy. We are on the brink of an amazing future as great ideas of quantum physicists are yielding remarkable and world-changing new realities. **Class limited to 50 students.**

Douglas Hemmick holds a Ph.D. and an M.S. from Rutgers University. Douglas has had a keen interest in quantum physics for over 25 years and has performed original research into the refutation of Conway and Kochen’s “free will” theorem. He is the principal author of the 2011 book *Bell’s Theorem and Quantum Realism*. Doug is now working on a second book with the same coauthor and writing a monthly column on stargazing and amateur astronomy.

SS145 RESPONDING TO CLIMATE CHANGE

Mondays, 1 p.m.–3 p.m.
Dates: 10 Sessions, Sept. 11–Nov. 13
Instructor: Rick Grier-Reynolds

This course is based on the assumption that man’s involvement in climate change is proven science. It will use a variety of films, speakers and experiential materials as class participants identify its impacts and then design both prescriptive macro policies and individual responses. It will be a non-lecture, student centered learning experience, with short readings for each session. This unit is part of the larger Designing a Sustainable Future series offered by the teacher. Additional fee of \$5 for handouts. **Class limited to 15 students.**

Rick Grier-Reynolds. See Course EC06 for instructor’s information.

★ *New!*

SS146 WHAT LIES BENEATH OUR INLAND BAYS?

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Oct. 11–Nov. 8
Instructor: Susan Ball

The Delaware Inland Bays are coastal lagoons lying behind a narrow barrier island. They contain salt marshes, submerged aquatic vegetation and winding creeks, which support an abundance of fish and birds. Through guest lectures, slideshows and videos, we will explore the history and the ecology of the bays, including present threats to their health, and how we can counteract them. **Class limited to 70 students.**

Susan Ball is a retired physician with many years’ experience teaching interns and residents. Currently chair of the Citizens Advisory Board and vice chair of the board at the Center for the Inland Bays. Citizen scientist involved in horseshoe crab counts, water quality evaluation and bird counts.

★ *New!*

SS147 PROBABILITY

Tuesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, Sept. 5–Oct. 3
Instructor: Dean Hoover

This course starts with the standard structure for a beginning course in probability. Questions will center on coins, dice, cards, etc. We will explore some interesting non-intuitive probability puzzles. Come enjoy the fun. **Class limited to 70 students.**

Dean Hoover taught mathematics at Alfred University for 34 years and is now retired. He has enjoyed teaching courses covering the entire undergraduate math curriculum, including topics like mathematical modeling, nonlinear dynamical systems and chaos. Dean has kept bees in the past and now cares for an observation hive at Cadbury.



Fall 2017 Course Schedule by Day September 5–November 14

Monday

Period 1 (9 a.m.–10:30 a.m.)

AA64	Oil and Acrylic Painting— <i>Chu et.al.</i> *
LS128	Write Now: Like a Pro— <i>Tyson</i>
RR27	Bridge III— <i>Boboshko/Zampini</i> *
HX224	The Great War— <i>Proto</i> (1)
HX226	English Country House— <i>Redden</i> (2)
IS40	Foreign Trade— <i>Mark</i> (1)

Period 2 (10:45 a.m.–12:15 p.m.)

AA64	Oil and Acrylic Painting— Cont'd *
EC06	Designing Sustainable Future— <i>Grier-Reynolds</i>
PA81	Alto Recorder Players— <i>Roberson</i>
RR27	Bridge III—Cont'd *
SS94	Beachcoming 101— <i>Lord</i> *

Period 3 (1:30 p.m.–3 p.m.)

AA64	Oil and Acrylic Painting— Cont'd *
IS43	Foreign Service Potpourri— <i>Thompson</i>
LA13	Advanced French— <i>Lynch</i>
SS145	Respond to Climate Change— <i>Grier-Reynolds</i> *
IT110	Intro. to Intermediate Excel— <i>Henn</i> (1)

Period 4 (3:15 p.m.–4:45 p.m.)

PA78	Traditional Music Jam— <i>Hansen</i> *
IS41	European Politics— <i>Terzuolo</i> (1)

Tuesday

Period 1 (9 a.m.–10:30 a.m.)

HE116	(Re)Learn Continuation— <i>C. Brown</i> *
HE109	Current Medical Topics— <i>Wexler</i> (1)
HX225	Legends Beneath the Stones— <i>Hicks</i> (1)
SS147	Probability— <i>Hoover</i> (1)
HU219	Genealogy Workshop— <i>G. Letcher</i> (2)
SS124	Reducing Carbon Footprint— <i>Mansperger</i> (2)

Period 2 (10:45 a.m.–12:15 p.m.)

HE105	World Peace Diet— <i>Greet</i> *
HX230	The U.S.: 1917 to 1927— <i>Vega</i> *
HU245	American Authors— <i>Ramages</i> *
EC22	Investing for Rest of Your Life— <i>Lokken</i> (1) *
EC23	Building Stock Portfolio— <i>Lokken</i> (1) *
HE132	Meditation and Self- Awareness— <i>Rivers</i> (1)
HE103	Intro. to Yoga-Based Meditation— <i>Gilbert</i> (2)
HX195	Unions and Organized Labor— <i>Rodgers</i> (2)

Period 3 (1:30 p.m.–3 p.m.)

LA17	Intermediate Spanish— <i>Crist</i> *
RR25	International Dancing— <i>Montano/Steele</i> *
LA18	Conversational German— <i>Fretz</i> (1)

LS151	Revive Your Retirement— <i>Speegle</i> (1)
AA10	Beginning Basketry— <i>Stanhope</i> (2) *
HU244	Immigration Issues in Films— <i>Grunders</i> (2) *
RR04	Walk & Talk— <i>Ridolfi/ Sullivan</i> (2) * +

Period 4 (3:15 p.m.–4:45 p.m.)

RR35	Game of Go— <i>Macadam</i> *
IT114	Social Engineering— <i>Stover</i> (1)
AA10	Beginning Basketry— Cont'd (2) *
HU237	Local Bark for Dog Lovers— <i>Parfitt</i> (2) *
HU244	Immigration Issues in Films—Cont'd (2) *
RR04	Walk & Talk—Cont'd (2) * +

Wednesday

Period 1 (9 a.m.–10:30 a.m.)

AA91	Osher Craft Circle— <i>Beebe/McKinnon</i> *
HE99	(Re)Learn to Move— Introduction— <i>C. Brown</i>
IS34	Foreign Policy Issues— <i>Boboshko, et. al.</i>
HX227	Personalities of American Revolution— <i>Ebenreiter</i> (1)
LS133	Writing a Memoir— <i>Tyson</i> (1)
LS146	Writing a Memoir Two— <i>Tyson</i> (2)
SS29	Fall Birding— <i>Fintels</i> (2) * +
SS146	What Lies Beneath— <i>Ball</i> (2)

Period 2 (10:45 a.m.–12:15 p.m.)

- AAA91 Osher Craft Circle—
Cont'd *
- HE133 Understanding the Self—
Woodyard
- HX228 Trailblazers of Space
Era—*Devaney* (1)
- HU220 A Novel Idea—*S. Letcher*
(1)
- HU240 Writing Your Poetry—
Stoner (1)
- HE89 Elder Yoga—*Pearce* (2) *
- HU226 Short Story: Short Film—
Bradts (2)
- HU246 Machiavelli on Politics—
Maglione (2)
- SS29 Fall Birding—Cont'd (2) * +

Period 3 (1:30 p.m.–3 p.m.)

- HU241 Emigration—*Newsom* *
- LS145-1 Basic Woodworking—
DeFeo
- RR16 Mah Jongg Club—*Criaris* *
- AA42 Techniques in
Watercolor—*Hunt* (1) *
- AA53 Intermediate Basketry—
Stanhope (2) *
- HU204 Making and Enforcing
Rules—*Ward* (2)

Period 4 (3:15 p.m.–4:45 p.m.)

- HU241 Emigration—Cont'd *
- LS141-1 Basic Woodworking—
Cont'd *
- RR16 Mah Jongg Club—Cont'd *
- SS138 Co-Evolution of Man—
Chalk
- AA42 Techniques in Water-
color—*Hunt* (1) *
- AA53 Intermediate Basketry—
Cont'd (2) *

Thursday**Period 1 (9 a.m.–10:30 a.m.)**

- HX231 Warriors on Four Legs—
Glick
- HU243 Evolution of Private
Detective—*Collins* *
- LS145-2 Basic Woodworking—
DeFeo *
- RR31 Advanced Bridge—
Boboshko/Zampini *
- SS114 Mushrooming 101—*Lord* *

Period 2 (10:45 a.m.–12:15 p.m.)

- HX222 Topics in Delaware
History—*Bryan* *
- HX223 Constitution to Civil War—
Forman/Stanford
- LS145-2 Basic Woodworking—
Cont'd *
- RR31 Advanced Bridge—
Cont'd *
- SS114 Mushrooming—Cont'd *
- EC08 Financial Workshop—
Clifton (1)
- HU242 Music, Poetry, Stories—
McClenahan (2)

Period 3 (1:30 p.m.–3 p.m.)

- LS150 A Matter of Balance—
Fleischmann/Honan *
- RR02 English Country Dance—
Mason/West
- LS127 Landscape Design—
Filemyr (1)
- LS152 Advanced Woodworking—
DeFeo (1) *
- SS141 Quantum Physics—
Hemmick (1) *
- AA14 Stained Glass—*Puch* (2) *

- EC18 Retirement Planning—
Jeter (2) *

- RR34 Golfing For Seniors—
Strub (2) *

Period 4 (3:15 p.m.–4:45 p.m.)

- PA53 Chorus—*R. Brown*
- EC24 Medicare Options—
Cisco (1)
- LS152 Advanced Woodworking—
Cont'd (1) *
- AA14 Stained Glass—
Cont'd (2) *
- RR34 Golfing for Seniors—
Cont'd (2) *

Friday

- AA25 Creating Pottery with
Clay—*Coleman/Crowl*
10 a.m.–2 p.m. * +
- AA115 Drawing Fundamentals—
Wescott (1)
9 a.m.–3 p.m. *
- LS05 Kitchen Kapers XXXI—
Fiegels (2)
10 a.m.–1 p.m. * +

The Charmaline K. and George Kirilla Jr. Memorial Scholarship Fund Application Fall 2017

• **CONFIDENTIAL** •

The Charmaline K. and George Kirilla Jr. Scholarship Fund was established at the Osher Lifelong Learning Institute at the University of Delaware in Lewes/Ocean View by a bequest from the Kirilla family. The Fund uses the income from the bequest and voluntary contributions by members to provide partial scholarships to students based on financial need.

The scholarship process works as follows:

- Provide the information requested below.
- Send this form, together with your completed Fall 2017 Registration Form and Fall 2017 Course Selection Form, to the office by **August 3**.

- Do not send a check at this time.
- The chairperson of the scholarship committee will contact you. Together you will agree on an appropriate scholarship amount for your individual case.
- The agreed upon payment must be received no later than **August 17**, in order to participate in the priority lottery.
- Tuition assistance is not available for full-year registration.
- Be assured that this entire process is confidential.

Please complete the following information:

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ EMAIL ADDRESS _____

SIGNATURE _____ DATE _____

Your application must be received no later than **August 17, 2017**.
Mail to: University of Delaware, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958.

• **CONFIDENTIAL** •

Fall 2017 Registration Form

PLEASE CLEARLY FILL IN ALL INFORMATION (please print)

NAME _____

EMAIL ADDRESS _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

TELEPHONE (home) _____ (cell) _____

DATE OF BIRTH _____

If you do not want your address, phone number and email address published in a member directory please check here:

IN CASE OF EMERGENCY OR ILLNESS CALL:

NAME _____

RELATIONSHIP _____ TELEPHONE/CELL _____

I WOULD LIKE TO BE ACTIVELY INVOLVED IN:

Teaching or organizing a course in _____

Serving on the following team: Academic Affairs Communications Community Relations Gardening Library
 Office Volunteer Planning Social Travel

EDUCATION: H.S. Two-year College, A.A. B.A., B.S., R.N. M.A., M.S. Ph.D., M.D., J.D., Ed.D.

MEMBERSHIP DUES: New Member Returning Member

\$ _____ \$175 Fall 2017 semester \$ _____ \$260 Fall 2017, Spring 2018 combined

\$ _____ Donation to Gift Fund \$ _____ Donation to Kirilla Scholarship Fund

\$ _____ TOTAL (Make check(s) payable to "University of Delaware.") Check # _____

Credit Card: American Express Discover MasterCard Visa Amount: \$ _____

Credit Card No.: _____ - _____ - _____ - _____ Exp. date: _____

Print Name: _____

Authorized cardholder signature: _____

NEW MEMBERS: HOW DID YOU LEARN ABOUT THE OLLI AT THE UNIVERSITY OF DELAWARE?

Newspaper article Friend Library display Radio ad TV Internet Other _____

By submitting this form, I agree to hold the University of Delaware, its trustees, officers, employees and agents harmless for any claims of personal injury or damage arising out of my association with the program or presence on the University campus or as a participant of any program sponsored trip. I agree that information provided in class is intended to be informational only and should not be construed or relied upon as advice. I authorize the University to record or photograph my image and/or voice for use by the University or its assignees in educational and promotional programs and materials.

SIGNATURE REQUIRED _____ DATE OF REGISTRATION _____

REGISTRATION IS EASY!

Complete this form and return it to:
OLLI, Lifelong Learning Center
Fred Thomas Building, 520 Dupont Ave.
Lewes, DE 19958

OR register...

IN PERSON

Mondays–Thursdays, 9 a.m.–2 p.m.
OLLI Office, Room 109, Fred Thomas Bldg.

ONLINE

www.lifelonglearning.udel.edu/lewes

LATE REGISTRATIONS

Registration forms received after **Aug. 17**
will be processed on a space-available basis.

Fall 2017 Course Selection Form

Please choose your courses in order of priority.

Course Code	Course Title	Day/Time	Wait Listed Spring 2017
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____
13. _____	_____	_____	_____
14. _____	_____	_____	_____
15. _____	_____	_____	_____

Please use your priorities wisely!

Sign up only for those courses you intend to take—and DO NOT sign up for multiple courses in the same time slot.

The smaller the class limit, the greater the likelihood of waiting lists.

Note: If you were wait-listed for a course during the previous semester, you receive preference this semester if (1) the identical course is offered again and (2) you indicate the course as your Priority 1.

Fall 2017 Registration Form

PLEASE CLEARLY FILL IN ALL INFORMATION (please print)

NAME _____

EMAIL ADDRESS _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

TELEPHONE (home) _____ (cell) _____

DATE OF BIRTH _____

If you do not want your address, phone number and email address published in a member directory please check here:

IN CASE OF EMERGENCY OR ILLNESS CALL:

NAME _____

RELATIONSHIP _____ TELEPHONE/CELL _____

I WOULD LIKE TO BE ACTIVELY INVOLVED IN:

Teaching or organizing a course in _____

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3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____
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15. _____	_____	_____	_____

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Fall 2017 Calendar

Tuesday, July 25: Walk-in Registration and ID photo session, 10 a.m. -1 p.m.

Wednesday, July 26: Walk-in Registration, ID photo session, 10 a.m. -1 p.m.

Thursday, August 17: Priority Registration Deadline, 2 p.m.

Monday, August 28: Room setup day, 11 a.m.–2 p.m.

Wednesday, August 30: Orientation and ID photo session, Ocean View Town Hall, 10–11:30 a.m.

Thursday, August 31: Instructor Orientation, 10–11:30 a.m.

Monday, September 4: Labor Day, Office closed

Tuesday, September 5: First day of classes


Tuesday, October 10: No classes, Homecoming picnic

Wednesday, October 11: Second session begins

Tuesday, November 14: Last day of classes

Thursday, November 16: OLLI Fall Luncheon


Tuesdays, Lunchtime T'ai Chi, 12:30 p.m.-1 p.m.



County Bank

*“We have roots here,
not just branches.”*

CountyBankDel.com

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NMLSR #410450

Ocean View Course Schedule

Fall 2017, September 5–November 14 (no classes October 10)

Classes held at Ocean View Town Hall unless otherwise noted.

Monday

Period 1 (9 a.m.–10:30 a.m.)

- RR22 Beginner Bridge—*Barker/Haggerty* *
- LS129 AARP Driver-Basic—*Maly* (1) *
- LS130 AARP Driver-Refresher—*Maly* (1) *
- LS148 Happiness Resolution—*D. Brown* (2)

Period 2 (10:45 a.m.–12:15 p.m.)

- RR22 Beginner Bridge—Cont'd *
- LS129 AARP Driver-Basic—Cont'd (1) *
- LS130 AARP Driver-Refresher—Cont'd (1) *

Period 3 (1:30 p.m.–3 p.m.)

- AA109 Art Free Write—*Bennett* *
- LS147 Connection: Authors—*Vega* (1)

Wednesday

Period 1 (9–10:30 a.m.)

- EC21 Elder Law—*DiPietro/Procino-Wells/Woodland* (1)
- IS42 Panama Canal—*Kirklin* (2)

Period 2 (10:45 a.m.–12:15 p.m.)

- HE106 Medical Terminology—*Semmelman* (1)

Period 3 (1:30 p.m.–3 p.m.)

- AA100 Osher Craft Circle—*Barbati/Schlafman* *

Period 4 (3:15 p.m.–4:45 p.m.)

- IT115 Understanding Apple iOS—*J. Stephanic* (2)



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 at the University of Delaware in Lewes**

Fred Thomas Building
 520 Dupont Avenue
 Lewes, Delaware 19958

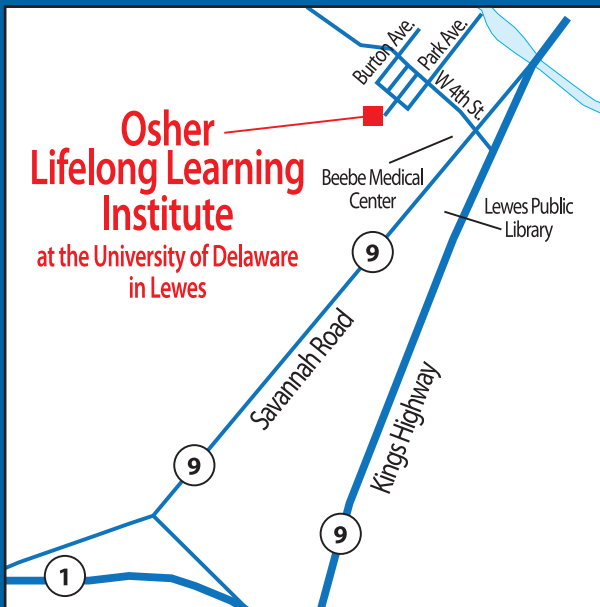


Go ahead—you deserve it

Meet others with similar interests and discover that learning is one of the best gifts you can give yourself.
 Contact us at 302-645-4111 or LLL-lewes@udel.edu. Arrange to meet a member, take a tour or join our mailing list.

www.lifelonglearning.udel.edu/lewes

LOCATIONS



■ Fred Thomas Building
 520 Dupont Avenue, Lewes, DE 19958



■ Town Hall and Community Center
 32 West Avenue, Ocean View, DE 19970