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DELAWARE

FALL 2016 | September 6 – November 16

# Lewes/Ocean View

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# Osher Lifelong Learning Institute

at the University of Delaware in Lewes/Ocean View

A program of the Division of Professional and Continuing Studies

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**About the cover:** *Triangulation Tower, Cape Henlopen State Park, Lewes, Del.* by Jack Vessels

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# Osher Lifelong Learning Institute

at the University of Delaware in Lewes/Ocean View

## About Osher Lifelong Learning in Lewes

In 1989, the University of Delaware established the Southern Delaware Academy of Lifelong Learning. In 2010 the Academy received endowment support from the Bernard Osher Foundation. In recognition of that support, we joined similar organizations in 49 other states and became the Osher Lifelong Learning Institute (OLLI) at the University of Delaware in Lewes.

The mission of the Osher Lifelong Learning Institute at the University of Delaware in Lewes/Ocean View is to operate a self-governing, cooperative educational community for active adults in southern Delaware. Osher provides a positive learning and social environment that fosters intellectual development and opportunities to interact through teaching, class attendance and travel. It is run by members who volunteer their time and talents and operates under the aegis of the University of Delaware Division of Professional and Continuing Studies.

## Membership

Membership is open to men and women 50 years of age or older and to members' spouses or partners at any age. Whether your formal education ended early in life, or includes advanced degrees, we welcome you. An interest in learning is all that is required. Registration forms are at the back of the catalog and online. The membership fee is **\$260** for the fall and spring semesters combined, or **\$175** for the fall semester. Partial scholarships available. See page 36 for additional information.

## Member Benefits

- Register for as many classes as you like
- Participate in OLLI sponsored trips
- On site wireless internet access
- On site use of computers
- Student rate on software
- Use of libraries and online resources (all UD and Del Tech)
- Audit of one UD credit course in fall and spring semester on a space available

basis without paying tuition. Does not include online/distance learning courses, Associate in Arts program, certificate programs or UD travel/study programs. All relevant fees apply.

- Access to Google Apps account
- Student discounts at various venues/retailers

Some benefits require either a UD ID card (small fee) or a UDeNet ID (@udel.edu email account). These benefits are only available to full year members.

## How to Register

You may register and pay online at [www.lifelonglearning.udel.edu/lewes](http://www.lifelonglearning.udel.edu/lewes), by mail or in person (Mondays through Thursdays, 9 a.m.–2 p.m.) with the Fall 2016 Registration Form, together with payment, at the OLLI office, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958. Checks to be made payable to University of Delaware. **Priority registration deadline is August 18, 2016.**

## Refunds

Membership fees can be refunded for requests made prior to the end of the second week of the semester. Refund requests must be **submitted in writing** to the Osher office. A \$15 processing charge will be deducted from all refund requests received after the first day of classes. Membership refunds can not be transferred to another semester.

Refunds will take up to six weeks to process. Questions should be directed to the Osher office.

## Textbooks, Supplies and Handouts

The catalog lists any textbooks or other supplies required for some courses and any charge for handouts beyond the allocation provided each instructor. Members are responsible for these costs.

## Identification Badges

We ask our members to wear an identification badge at all times. Member and guest badges (and temporary badges for those who forget) are available in the OLLI office.

## Guests

Visitors and prospective members who wish to become familiar with our program are welcome to visit on a single day. Please visit the office to pick up an ID badge.

## Travel

OLLI sponsors trips to enhance our educational experience. Many are one-day trips associated with particular courses. Information about these trips, including sign-up dates, are posted on the travel bulletin board. Members have first priority and a surcharge is required of non-members. Questions about travel may be directed to the OLLI office at 302-645-4111.

## University of Delaware Policies

Our members and guests must comply with University policies, including those that prohibit sales or solicitations (except for designated activities where they are specifically permitted); sexual harassment; or disruptive behavior.

## Room Setup Day

**Mon., August 29**

**Held at Fred Thomas Building, Lewes**

**11 a.m.–2 p.m.**

Join us to clean and set up for the fall semester.

# Fall 2016 Courses

Courses held in Lewes unless otherwise noted.



## AA10 BEGINNING BASKETRY

Tuesdays, 1:30 p.m.–4:30 p.m.  
Dates: 5 Sessions, Oct. 11–Nov. 15  
Instructor: Elaine Stanhope  
**No class Nov. 8.**

This class is open to all who are interested in basket weaving. Anyone who has never woven a basket or those who have woven up to five baskets are welcome. Basket kits will be provided. There will be a charge for supplies needed to weave two baskets.

**Class limited to 15 students.**

**Elaine Stanhope** holds a B.S. from Husson College in business education. She taught on the secondary level in Maine, Massachusetts, Maryland and Virginia, and was a day care director for Kinder Care Learning Centers. She retired from Hughes in data management. Elaine enjoys weaving all types of baskets.

## AA14 STAINED GLASS FUNDAMENTALS

Thursdays, 1:30 p.m.–4 p.m.  
Dates: 5 Sessions, Oct. 13–Nov. 10  
Instructor: Paul Puch assisted by Rodney Lau

Students will learn the “Tiffany” method of stained glass. They will design a pattern, cut glass, grind, foil and solder a project. Class is open to beginners and advanced artists. All projects to be approved by the instructor. There will be a \$25 lab fee to cover cost of materials. **Class limited to 12 students.**

**Paul Puch** holds a B.A. from St. Francis University and an M.A. from Middlebury College. He taught Spanish and Latin at the secondary level for Montgomery County Public Schools in Maryland for 31 years.

## AA25 AN INTRODUCTION TO CLAY AND BEYOND

Fridays, 10 a.m.–2 p.m.  
Dates: 9 Sessions, Sept. 9–Nov. 11  
Instructors: Carmela Coleman, John Coleman assisted by Myndi Smithers  
**Held at Rehoboth Art League.**  
**No class Nov. 4.**

This class welcomes beginners and asks that you come with your own ideas for making original pieces. We will have projects to help you get started. There will be wheel demonstrations for those who are interested in “throwing”..... though the instructors will mostly be helping with hand builders. Please bring an old towel, an apron, a bag lunch and any tools you might have. There is a \$60 fee which covers a 25 pound bag of clay, all glazing and firing and studio fees. There will be no make up classes unless there are missed classes due to inclement weather.

**Class limited to 8 students.**

**Carmela Coleman** has been working with clay for 20 years and has her own home studio. She has been teaching clay for over 15 years and shows her work at the Rehoboth Art League and Gallery One in Ocean View and does various art shows.

**John Coleman** has been helping in almost all areas of the pottery making business.



## AA42 TECHNIQUES IN WATERCOLOR

Thursdays, 1:30 p.m.–3:30 p.m.  
Dates: 5 Sessions, Sept. 8–Oct. 6  
Instructor: Sonia Hunt

The course will cover various techniques in watercolor with individualized and personal instruction. Color mixing, composition and different applications of paint will be explored. Watercolor techniques and applications will be demonstrated. Reference material will be supplied each week to be used to produce a painting. Some previous knowledge of watercolor painting is helpful but not necessary. A supply list will be available.

**Class limited to 12 students.**

**Sonia Hunt** is originally from England and now resides in Lewes. She loves to travel and has captured many of the places she has visited in her paintings. Sonia has received various awards for her watercolors, which are exhibited throughout Delaware and Maryland and has won awards in juried shows. She is a member of the the Art League of Ocean City, Cape Artists and Gallery One in Bethany Beach.

## AA53 INTERMEDIATE BASKETRY

Wednesdays, 1:30 p.m.–4:30 p.m.  
Dates: 5 Sessions, Oct. 19–Nov. 16  
Instructor: Elaine Stanhope

This class is open to all who have woven at least five baskets. Baskets woven in this class will be on an intermediate level. There will be a charge for each basket kit provided.

**Class is limited to 15 students.**

**Elaine Stanhope.** See course AA10 for instructor’s information.



## Inclement Weather Policy

When Cape Henlopen School District classes are canceled because of inclement weather or an area-wide emergency, Lewes lifelong learning classes are canceled. When the school district has a delayed opening, our activities—except at the Rehoboth Art League—will begin on time.

Ocean View programs follow Indian River School District's announcements, closing when those schools are closed and opening on time when those schools have a delayed opening.

Check for information at the following:

Phone: 302-645-4111 (recorded message)

Web: [www.lifelonglearning.udel.edu/lewes](http://www.lifelonglearning.udel.edu/lewes)

TV: WBOC or [www.w boc.com](http://www.w boc.com), at weather closings

### AA64 OIL AND ACRYLIC PAINTING INTERACTIVE WORKSHOP

Mondays, 9:30 a.m.–2:30 p.m.

Dates: 10 Sessions, Sept. 12–Nov. 14

Instructors: Eddie Filemyr, Carol Halloran, Ellen Watkins

Oil and acrylic painting workshop for intermediate painters. Come join us for a cooperative workshop where we assist and critique each other's work. Gain knowledge from the experience and unique perspectives of three respected artists and learn the protocol of a formal open crit session, engaging the entire class in discussion and encouraging critical thinking. Students should bring their own supplies in oils or acrylic medium and a lunch. Some floor easels will be available, but students are encouraged to bring their own set-up. Students may bring their own photographs and images for inspiration. Optional art and cultural expeditions may be scheduled once per session to nationally known museums in Baltimore, Washington, D.C., or Philadelphia.

**Class limited to 16 students.**

**Eddie Filemyr** has an M.F.A. from Antioch University, and a B.S. in studio art and design from Skidmore College. She also holds a permanent New York state teaching certificate in art. Eddie has

kept a home art studio since 1978. She has taught art at Hood College, Antioch U./Columbia, St. John's High School in Maryland, and Wilson College in Pennsylvania. She is a member of Rehoboth Art League, Mispillion Art League, Milton Art Guild and Millsboro Art League. Eddie has also worked as a landscape designer in Maryland and as a freelance landscape designer in Idaho and Delaware. She also completed the master gardener course in Washington, Idaho and Delaware.

**Carol Halloran** is a retired R.N. She has worked pencil sketch portraits and has taken photography classes. Carol now paints mostly landscapes in oil from her photos. She has been with Osher Lifelong Learning in Lewes since 2004.

**Ellen Watkins** has painted for over 30 years. She learned her craft through years at Fairfax Adult Education classes and Corcoran Art School.

### AA91 OSHER CRAFT CIRCLE

Wednesdays, 9:30 a.m.–Noon

Dates: 10 Sessions, Sept. 7–Nov. 16

Instructors: Diana Beebe, Karen McKinnon

**No class Oct. 12.**

This course is open to ANY student registered at Osher. Please come sit with a group of warm, friendly people who enjoy each other's company as they work on their handicraft. Diana and Karen are there to help, when able, with simple knitting projects (Einstein coats or kimono jackets, etc.). This is not an instructional course but a venue for creative handiworkers to share what they do best while sitting with genial folks sure to become your friends. If you knit or crochet and are looking for a project, we can find you one that will help a good cause! Can't attend for the full session? No problem. Join the group as your schedule allows.

**Class limited to 30 students.**

**Diana Beebe** received a B.A. in English from the College of Wooster and an M.A. in school leadership from the University of Tulsa. She taught high school and middle school English and served as a school administrator for many years. She retired as head of school from the Holton-Arms School in Bethesda, Maryland, in 2007 and is currently the executive director of the Head Mistresses of the East Association, a national group of independent school heads. She served on the Osher council. Diana is an avid sewer and knitter.

**Karen McKinnon** is a graduate registered nurse from Yale-New Haven Medical Center. She's worked as an R.N. for 43 years from OB/GYN to Neonatal ICU to general pediatrics until retirement in 2010. Karen enjoys passing time knitting, cross stitching, cooking and entertaining.

## AA101 ART 101: BEGINNING OIL PAINTING

Tuesdays, 9 a.m.–11 a.m.

Dates: 5 Sessions, Sept. 6–Oct. 4

Instructor: Peter Feeney

This course will cover color mixing, brush strokes, papers, composition, values and point of interest. Instructor will provide a list of materials.

**Class limited to 15 students.**

**Peter Feeney** is a local self taught artist. He has participated in art shows at Rehoboth Art League, Ocean City Art League, Millsboro Art League and many others. He has also studied yoga, meditation and tai chi.

## AA109 ART FREE WRITE

Mondays, 1 p.m.–3 p.m.

Dates: 5 Sessions, Sept. 12–Oct. 10

Instructor: Patty Bennett

Students will observe pieces of art brought in by local artists, then spend 5-8 minutes writing about each one. Students will be asked to read what they wrote. Passing is an option. Then the artist will tell the true story of the piece. In a two-hour class, approximately 4–6 pieces may be used. No previous experience in writing or art is needed. Just a laptop or paper and writing utensil.

**Class limited to 10 students.**

**Patty Bennett** is a retired high school math teacher. She has her A.B. degree in mathematics from Mount Holyoke College and she is a graduate of the Institute of Children's Literature. Patty has been a member of the Rehoboth Beach Writers' Guild since 2013, and she was published in the May 2015 issue of *Delaware Beach Life* magazine. She also writes a weekly column, *Talk of the Town*, for Lewes in the *Delaware Coast Press*.

## AA111 HERALDRY: HISTORY AND AUTOBIOGRAPHICAL ART

Wednesdays, 3:15 p.m.–4:45 p.m.

Dates: 5 Sessions, Oct. 19–Nov. 16

Instructor: Linda Schlafman

**Held at Ocean View Town Hall.**

Heraldry developed during the medieval period as a necessary form of personal identification. It is a unique form of art in which shapes, lines and color have specific meanings. It also requires learning a special "language" in order to describe the design one creates. Participants will learn the history of heraldry and how it is still prevalent today. They will create a "blazon," a personal coat of arms (suitable for framing!). Additional fee of \$10 for supplies and printing.

**Class limited to 10 students.**

**Linda Schlafman** holds an M.A./Ed. in curriculum design and supervision. She worked as an exhibits specialist at the Smithsonian Institution. Later, she created "The Crystal Quest" for the Smithsonian and Swarovski Crystal's exhibition, "Arms and Armor of Styria." Linda taught for 27 years at Sidwell Friends Middle School in Washington, D.C. She has been a presenter for the National Association of Museums, the South Coastal Library, the Cheer Center and Sussex County Genealogical Society.

★ **New!**

## AA112 ART AND STRESS REDUCTION FOR FUN

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, Sept. 12–Oct. 10

Instructor: Peter Feeney

The latest craze—"de-stress" through adult coloring books. Learn to relax by coloring challenging elaborate illustrations in the traditions of Zen. Have fun coloring works inspired by traditions of Buddhism, Hindu, Zen and even flowers and Disney characters.

Color pencils, pens, crayons, watercolor, acrylics, etc., may be used with books obtained locally at Michael's, Tuesday Morning, etc. Our objective is to have fun and relax.

**Class limited to 15 students.**

**Peter Feeney.** See course AA101 for instructor's information.

★ **New!**

## AA113 iPHONE PHOTOGRAPHY

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, Sept. 7–Oct. 5

Instructor: Jeff Stephanic

**Held at Ocean View Town Hall.**

Improve iPhone photography skills. This course will go beyond simply tapping the button on an iPhone camera. Topics covered include choosing and composing subject matter, built-in camera tools and adjustments, basic photo editing techniques, photo library storage and sharing, useful accessories and selected add-on photo editing apps. First meeting attendance is important. Commitment to attend all five sessions strongly emphasized.

**Class limited to 10 students.**

**Jeff Stephanic** is professor emeritus of The George Washington University where he taught traditional and digital photography, foundation design and new media for 34 years. His art has been exhibited both nationally and internationally and is in numerous public and private collections. He also served as director of George Washington's Online Learning Initiative during its formative years. He has frequently been accused of being an "early adopter" of new art and teaching techniques/tools.

★ *New!*

## AA114 FLORAL DESIGN FUNDAMENTALS WITH FLAIR

Tuesdays, 1:30 p.m.–3 p.m.  
Dates: 4 Sessions, Sept. 13–Oct. 4  
Instructor: Ken Norman

Arranging flowers with a creative edge takes a bit of artistic flair and an understanding of the elements and principles of design. You will explore these design ideas which are essential for arranging flowers beyond the ordinary. Each class will focus on one of these theories with step-by-step flower arranging instruction. Please bring a florist's knife (Swiss Army type) or sharp snippers to each class. A materials fee of \$50 will be collected at the first class.

**Class limited to 20 students.**

**Ken Norman AIFD, PFCI**, is a third generation floral designer. He is the owner of Floral Inspirations in Lewes, Delaware. He is an active member of the American Institute of Floral Designers and Professional Floral Communicators International. Ken shares his passion for flowers conducting hands-on workshops and presenting to garden clubs and flower enthusiasts. He teaches at the New York Botanical Garden and the Mt. Cuba Center.

## Flu Shot Clinic by Rite Aid

**Thurs., October 13  
3–5 p.m.**

Held at Osher in Lewes at  
the Fred Thomas Building,  
520 Dupont Avenue.

Bring insurance card  
and identification.

★ *New!*

## AA115 DRAWING FUNDAMENTALS FOR ASPIRING ARTISTS

Fridays, 9 a.m.–3 p.m.  
Dates: 1 Session, Sept. 30  
Instructor: Phil Wescott

This one day course teaches the fundamentals of drawing and suggests how to adapt well-rendered drawings into painting in any medium. The course presents principles of design and aspects of line, shapes, color, values, shading and enhanced composition. Students should bring basic drawing materials to class, including drawing pencils and several varieties of drawing papers and can expect to emerge from class with a deepened sense of how to depict common objects and scenes.

**Class limited to 16 students.**

**Phil Wescott** is a retired University of Delaware communication professor, Osher Lewes student and University of Delaware graduate alumnus. He earned his liberal arts undergraduate degree from Wabash College and graduate degree programs at Indiana University-Bloomington, University of Evansville and University of Delaware. Phil is a former pharmaceutical executive and regional hospital administrator and health care consultant. He is a practicing artist and member of Rehoboth Art League.



**ECONOMICS/  
FINANCE**

## EC07 THE INS AND OUTS OF RETIREMENT PLANNING

Tuesdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, Oct. 11–Nov. 15  
Instructor: Michael Loftus

**No class Nov. 8.**

The financial industry has always focused on saving, but as you retire it's more about preservation of capital, income and legacy. We will help you better prepare by discussing topics like risk, asset allocation, creating an income plan, IRAs, annuities, pitfalls of high net worth investors and the "what ifs" of retirement and how to prepare for them. **Class limited to 30 students.**

**Michael Loftus** is a graduate of Villanova University and has over 25 years of business experience, with 17 years focused on the financial services industry. Michael held senior level positions at multi-billion dollar financial services companies, but left in 2009 to start his own firm. As his firm Loftus Wealth Strategies has grown, he was recently recognized as a top wealth manager in Delaware. He has been teaching at Osher since 2012, where he can fulfill his passion for education of finance.

## EC08 FINANCIAL WORKSHOP FOR INDIVIDUAL INVESTORS

Thursdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 8–Oct. 6  
Instructor: Derek Clifton

This course is designed to educate you about financial topics, including building your portfolio strategy, which will cover risk tolerance and diversification, foundations of investing in bonds, stocks, mutual funds, annuities and the importance of asset



allocation; tax free investing and investing for income; protecting what is important and preparing your estate plan. **Class limited to 12 students.**

**Derek Clifton** holds a B.S. from the University of Delaware and an M.B.A. from Wilmington College. Derek is an accredited asset management specialist and financial adviser with Edward Jones.

★ *New!*

**EC16 THE PRIMARY ECONOMIC POLICY DEBATE—THE U.S. FEDERAL BUDGET**

Tuesdays, 3:15 p.m.–4:45 p.m.  
Dates: 5 Sessions, Sept. 6–Oct. 4  
Instructor: Jo Ann Paulson

Are you ready for the 2016 election debates? Do you understand the proposals to raise or lower different taxes? Would a flat tax be 'fair'? Should taxes be more progressive? Why is it so hard to change the U.S. budget? Why can't Congress agree on a budget? What expenditures can be changed and what cannot? What options are being considered for entitlement reforms, especially for social security and Medicare? Why is there such strong pressure to either get rid of or drastically reduce taxes on corporations? How does U.S. corporate tax differ from most other developed economies? Both broadcast and print news focus on the politics of economic policy options and the popularity of different candidates or proposals. It is difficult to put the headline debates into a coherent picture of who pays for the federal government and how government revenues are allocated. Common sense is not enough to understand economic policy debates. The seminar readings and discussions present a framework that will allow you to follow the economic news leading up to the elections. The emphasis in

discussions will be on the economics of the issues, rather than the politics.

**Class limited to 25 students.**

**Jo Ann Paulson** has a B.S. from Iowa State University; an M.S. and M.A. from the University of Minnesota; and a Ph.D. from Stanford University. She was on the faculty of the University of Minnesota and a principal economist in the financial sector vice presidency of the World Bank. Before retiring she worked globally to help governments set up, regulate and bail out their financial sectors.

★ *New!*

**EC17 HARD ECONOMIC CHOICES AHEAD**

Tuesdays, 3:15 p.m.–4:45 p.m.  
Dates: 5 Sessions, Oct. 11–Nov. 15  
Instructor: Jo Ann Paulson

**No class Nov. 8.**

This seminar will follow the approach of the seminar described previously. Participants will be asked to prepare for seminar discussions by doing the suggested readings (about 1 hour/week). We will discuss immigration: what is current U.S. policy toward legal and illegal immigrants? The U.S. has an aging population. Is liberal immigration policy the answer? What are realistic options for the current undocumented population in the U.S.? Income inequality: what is known about U.S. income distribution? What explains growing income inequality? Comparison to other countries? What is happening to the middle class? What is the most efficient way to help low-income workers? Financial sector since the Great Recession: what explains the 'financialization' of the U.S. economy? Are the banks safer now than before 2007? Have the Dodd-Frank reforms been successful? In what ways has the financial sector contributed to the slow economic recovery since 2008?

**Class limited to 25 students.**

**Jo Ann Paulson.** See EC16 for instructor's information.

★ *New!*

**EC18 RETIREMENT PLANNING BOOTCAMP**

Thursdays, 1:30 p.m.–3 p.m.

Dates: 1 Session, Oct. 6

Instructors: Robert Jeter, Eric Johnston

Planning for retirement can be tricky, it's full of twists, turns and not nearly enough road signs. Wouldn't it be nice if you had a map, or maybe a checklist, for planning a successful retirement? This course is a detailed retirement planning seminar designed to educate those who are nearing retirement or who have recently retired. The seminar is designed to teach the importance of retirement planning, preparation and management. Our goal is to help make people aware of the challenges in retirement and teach them suitable ways to overcome them.

**Class limited to 30 students.**

**Robert Jeter, CRPC®.** Robert has been an adviser since 2012 and started with InFocus in 2016.

**Eric Johnston, CFP®, AIF®,** senior financial adviser and president. Eric is a Certified Financial Planner®. He has been helping people get ready to retire since 1993.

**Photo ID Day**

**Thurs., September 1**

**11:30 a.m.–1 p.m.**

**Fred Thomas Bldg., Lewes**

IDs available to full-year  
Osher members only.

There is a \$10 charge  
for ID.



## HEALTH/ PSYCHOLOGY

### HE001 THE AGING MIND

Mondays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, Sept. 12–Oct. 10

Instructor: Jamie Magee

**Held at Ocean View Town Hall.**

Learn basic information about Alzheimer's and dementia, the 10 warning signs, what causes behaviors, how to communicate and tips for maintaining overall health. PowerPoint presentations will be used along with lectures and questions and answers.

**Class limited to 40 students.**

**Jamie Magee** graduated from Salisbury University in 1999 with a B.A. in social work and a minor in gerontology. She was hired as the social worker for the dementia unit at Life Care at Lofland Park in June 1999 and left July 2001. She opened the only office of the Alzheimer's Association in Sussex County, Delaware, in September and works as the program coordinator for the Delaware Valley Chapter.

★ **New!**

### HE10 THE TRUTH ABOUT CANCER, A GLOBAL QUEST

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, Sept. 12–Nov. 14

Instructor: Deborah Brown

**Held at Ocean View Town Hall.**

We will watch 2015 video interviews with 131 doctors, scientists and survivors from 27 countries talk about alternatives to the standard-issue treatment for all kinds of cancers. Ty Bollinger is the video host of this docuseries.

**Class limited to 30 students.**

**Deborah Brown** most recently is a graduate of the Center for Transformational Presence where she learned about a life coaching model that helps people use their internal intuition and imagination to move past stumbling blocks like confusion or fear in order to make choices and find opportunities to lead the life they want. Deb graduated from the International Coach Academy in 2011 as a life coach. She has a master's degree in education with a counseling specialty from George Mason University in Virginia. She has been working with nonprofits in the human services field for the past 20 years.

### HE89 ELDER YOGA

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, Sept. 7–Nov. 16

Facilitator: Joseph Pearce

**No class Oct. 12.**

This course is primarily based on the DVD yoga series entitled *Yoga for the Rest of Us* by Peggy Cappy and facilitated by Joseph Pearce. The course will cover warm up stretches and breathing exercises; standing yoga poses including sun salutations, most of which can be done with the assistance of a chair. Each class will end with exercises that encourage quiet meditation and relaxation. Students will need a yoga mat and belt. Prerequisite: Some familiarity with basic yoga poses.

**Class limited to 17 students.**

**Joseph Pearce** received his master's degree from California State University, Sacramento, and his Ph.D. in sociology from American University, Washington, D.C. He previously taught courses on society and its environments. He recently published one of his mentor's manuscripts, *The Logical Foundations of Social Theory*. In addition to sociology, he has had an abiding interest in Indian and Buddhist forms of meditation and the practice of yoga.

### HE98 PILATES MAT CLASS

Tuesdays, 10:45 a.m.–11:45 a.m.

Dates: 4 Sessions, Sept. 13–Oct. 4

Instructor: Kathleen Jackson

**Held at The Wellness Center,  
20268 Plantation Road in Lewes.**

This class will teach you traditional Pilates exercises using various props to modify and enhance the exercises. Props include soft balls, bands, rings and foam rollers. This guided class is ideal for individuals who want to gain body awareness, particularly people who want to maintain their balance, strength and mobility. Participants do not need any prior Pilates experience or other exercise experience (i.e., lifting weights or yoga). The class will be paced so that students learn and practice breathing techniques to support the exercises taught. Students will need to provide their own mats. Prerequisite: students must be able to get on the floor on a mat and exercise from a lying, sitting and a standing position. **Class limited to 10 students.**

**Kathleen Jackson** is armed with a lifelong interest in teaching (former middle school teacher and corporate technology trainer) and in sports and fitness (favorites include track and field, tennis, volleyball and basketball). Kathy received her Pilates certification from Body Arts and Sciences International (BASI) in 2003 and the Pilates Method Alliance (PMA) in 2008. She is a certified personal trainer through the National Strength and Conditioning Association (NSCA) and is also certified with the Arthritis Foundation to teach group exercise classes for people with arthritis. Kathy has been teaching Pilates mat classes, reformer and tower classes and Pilates chair classes since 2003.

## HE99 (RE)LEARN HOW TO MOVE FROM YOUR BODY WITH FELDENKRAIS®—INTRODUCTION

Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 10 Sessions, Sept. 7–Nov. 16  
Instructor: Claire Brown  
**No class Oct. 12.**

Prepare to lay down on the floor and make unusual motions for an hour. Get up and notice something different about the way you move. . . . This is how to improve your quality of daily life and increase your ease of movement. No experience needed! Use these Feldenkrais© Awareness Through Movement lessons to reactivate your childhood learning skills. Follow precise instructions for simple actions to unlock forgotten motor ability: learn with your body, not your head. Moving on the floor will change your relationship to gravity and create a safe (re)learning space. After each lesson you'll notice the differences in yourself. Wear loose, comfortable clothing and bring a blanket or quilt to lie upon.

**Class limited to 15 students.**

**Claire Brown** has a B.A. from the University of Chicago and an M.A. from the Institute of Transpersonal Psychology. She has completed a Feldenkrais professional training program and other body-based trainings. She is certified by the Feldenkrais Guild of North America to teach Feldenkrais movement lessons. She has taught movement seminars at Esalen Institute, Big Sur, California and has had private practices in California and Maryland before moving here. Claire now has a private practice in Milton.

## ★ *New!*

## HE100 PLANT BASED DINING WITH *PLANTPURE NATION*

Tuesdays, 9 a.m.–12:15 p.m.  
Dates: 5 Sessions, Oct. 11–Nov. 15  
Instructor: Dorothy Greet  
**No class Nov. 8.**

We will enjoy the extraordinary health benefits of whole food plant based eating while learning the whys and hows from the new film *PlantPure Nation*. During class we will prepare and eat fabulous recipes from the *PlantPure Nation Cookbook*, the official companion to the breakthrough film. All recipes are animal free, dairy free, egg free and oil free while relying on vegetables, fruits, beans, whole grains, herbs and spices for satisfying dishes with mouth-watering flavors. Additional fee of \$5. **Class limited to 20 students.**

**Dorothy Greet** holds a certificate in plant-based nutrition from Cornell University and degrees from the University of Pittsburgh (M.Ed.) and Yale University (M.Div.). She is a heart attack survivor and is reversing her heart disease through plant-based eating. Dorothy maintains her own blog at <http://greetplantbased.blogspot.com>.



## ★ *New!*

## HE101 IS MODERN SCIENCE READY FOR CHINESE MEDICINE?

Thursdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Oct. 13–Nov. 10  
Instructor: Yuan Lin

Traditional Chinese medicine (TCM) aims to maintain health and prevent disease by combining lifestyle practices, physical manipulation and herbal medicines. This is in sharp contrast to “science based” Western medicine which has made rapid progress mainly through sensitive diagnostic methods, novel drug discovery and clinical trials. Scientists have tried with limited success to use modern science to understand TCM. This class will discuss some of the experiments and processes used by scientists to test traditional Chinese herbal medicines. The topics to be presented in this class include the discovery of an anti-malaria drug derived from a Chinese herb, the scientific basis of acupuncture and comparison of single compound vs. complex herbal formulations. TCM’s view on health and disease is vastly different from Western medicine. Is the use of modern science an appropriate approach to understand the practices of TCM? Is modern science ready for Chinese medicine?

**Class limited to 25 students.**

**Yuan Lin** has a Ph.D. in biochemistry from University of California, Davis. She has done research at University of California, University of Illinois, National Cancer Institute and Food and Drug Administration. She has previously taught two courses at Osher: “Traditional Chinese Medicine: A Complementary Approach to Western Medicine” and “Saving Chinese Medicine.”

★ *New!*

## HE102 STRESS AND YOUR BODY: A GREAT COURSES COURSE

Wednesdays, 3:15 p.m.–4:45 p.m.  
Dates: 10 Sessions, Sept. 7–Nov. 16  
Instructor: Barry Cole

**No class Oct. 12.**

Stress and Your Body is a course by *Great Courses*. The DVD instructor is Robert Sapolsky, Ph.D., an award winning professor of neurology and neurosurgery at Stanford University. The course focuses on the uniquely human aspects of stress, notably, that we have an anticipatory stress-response. This sets the stage for actuating the body's full array of stress-responses without an actual physical stressor present. After an introductory session the course marches through the various parts of the body and physiological functions, examining first the sort of stress experienced by a zebra or lion and then how stress and chronic stress affects us. The course then examines what it is that makes stress stressful and its relevance to depression, anxiety and addiction. The final two lectures are an overview of stress management. The DVDs will be interspersed with class discussion and additional material by the on-site instructor. **Class limited to 30 students.**

**Barry Cole** is a recent transplant from Bucks County, Pennsylvania. He has a B.A. from SUNY at Buffalo and a Ph.D. in clinical psychology from the University of Connecticut. He has been on the faculty of SUNY at Albany and Temple University. Most recently he was associate executive director at Catholic Charities and executive director of Mercer Street Friends, both in Trenton, New Jersey. Since retiring from full time work he maintains his psychology license in Delaware and consults on trauma informed care.

★ *New!*

## HE103 INTRODUCTION TO YOGA-BASED MEDITATION

Tuesdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Oct. 11–Nov. 15  
Instructor: Sandy Gilbert

**No class Nov. 8.**

This meditation series is for those who are new to meditation, those out of practice and for those who have tried other styles in the past. The series is followed by an optional group meditation in weeks four and five. The course will include lecture, instruction, meditation and discussion period. In each class, you will learn a simple and effective meditation practice to try out in class and practice at home. You will learn how to sit comfortably and how to quiet your mind. The instructor will offer clear explanations of what Svaroopa® yoga meditation is, and how and why to do it. She will also help you with any difficulties you might encounter along the way. Most importantly, you will be given the tools that will give you the confidence and inspiration to make meditation a regular part of your life. Each class builds on the next so attendance at the first three sessions is essential. No previous experience is required. **Class limited to 12 students.**

**Sandy Gilbert** has been teaching Svaroopa® Yoga for over 10 years and is a certified Svaroopa® Yoga teacher. She is also a certified Svaroopa® Meditation teacher and group leader trained under the leadership of Swami Nirmalananda at Svaroopa® Vidya Ashram in Pennsylvania. Sandy shares her enthusiasm and personal experience of the transformative power of Svaroopa® Yoga and now Svaroopa® Meditation in her teachings.

## HE109 CURRENT MEDICAL TOPICS

Thursdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, Sept. 8–Oct. 6  
Instructor: Ira Wexler

A repeat of a course given two years ago. This course is a group discussion of medical topics that appear in current newspaper or magazine articles. Participants are asked to bring to class any article—but medically related—for the group to discuss. This is not a didactic course; there is no recommended reading nor will handouts be given. Articles need not be technical. Public policy regarding health issues, op-ed pieces or the like all are welcome. No medical advice of any kind will be offered to participants regarding their own personal medical issues. Sounds interesting? I think it will be...

**Class limited to 20 students.**

**Ira Wexler** is a retired neurologist, still with an active interest in things medical and scientific.

## Coastal Concerts Osher, Lewes

Sat., August 13  
4 p.m.

Coastal Concerts will bring to Osher Lifelong Learning in Lewes critically acclaimed international and American artists.

As part of its free Musical Perspectives discussion series, Coastal Concerts will explore several of the 2016–2017 season's upcoming programs and musicians.

The program will begin at 4 p.m. and will include presentations, audio and video clips and time for questions. Admission is free.

## HE116 (RE)LEARN HOW TO MOVE FROM YOUR BODY WITH FELDENKRAIS®—CONTINUATION

Tuesdays, 9 a.m.–10:30 a.m.  
Dates: 10 Sessions, Sept. 6–Nov. 15  
Instructor: Claire Brown  
**No class Nov. 8.**

This class is a continuation of HE99 as it builds on the learning gained. It is a continuing exploration for persons who would like to learn more from and about themselves. The lessons are based on the instructor's training in Feldenkrais Awareness Through Movement, Cortical Field Reeducation, and Integrated Awareness. You must have completed HE99 or other Feldenkrais classes to take this course. Wear loose, comfortable clothing and bring a blanket or quilt to lie upon.  
**Class limited to 15 students.**

**Claire Brown.** See course HE99 for instructor's information.

## HE132 MEDITATION AND SELF-AWARENESS

Tuesdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 6–Oct. 4  
Instructor: Susan Rivers

Explore the different techniques of meditation. Find what works best for you. Relax, let go, have fun. Breathe!  
**Class limited to 20 students.**

**Susan Rivers** is a graduate of SUNY and holds a B.S. in biology/chemistry research. She worked in research labs at GE and Pfizer, was a counselor in a juvenile delinquency center and in medical sales for 27 years. Susan is a certified holistic health practitioner, massage therapist, polarity therapist, reflexology, meditation instructor, yoga instructor and past owner/president of Rivers Edge Holistic Health and Fitness, Boonton, New Jersey.

## HE136 A MATTER OF BALANCE—AN AWARD WINNING PROGRAM

Thursdays, 1 p.m.–3 p.m.  
Dates: 8 Sessions, Sept. 8–Nov. 10  
Instructors: Monica Fleischmann, Leslie Ledogar

**No class Oct. 6 and Oct. 13.**

Specifically designed to reduce fear of falling, stop the fear of falling cycle and improve activity levels among community dwelling adults. Sessions are conducted once a week for two hours. Meetings are led by coaches that are trained using a detailed program manual modeled on Maine Health's Partnership for Healthy Aging. *A Matter of Balance* uses practical coping strategies to reduce fear of falling and to diminish the risk of falling including group discussion, mutual problem solving, exercise to improve strength, coordination and balance and home safety evaluation. Guest health care professional visits occur during the seventh session to discuss proper use of assistive devices and answer questions participants may have. All materials are provided free through Volunteer Delaware 50+.

**Class limited to 16 students.**

**Monica Fleishmann** has an M.Ed. with a work history that includes many years working with children and adults with physical activities for strength and recreation.

**Leslie Ledogar** is a retired attorney who specialized in environmental law and community collaboration. Whether viewing the environment from a global or an individual perspective, Leslie brings an awareness and enthusiasm to teaching *A Matter of Balance*.



## HISTORY

### HX187 ART CRIME—THEFT AND FORGERY

Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 10 Sessions, Sept. 7–Nov. 16  
Instructor: Wayne Kirklin  
**Held at Ocean View Town Hall.**

**No class Oct. 12.**

It is suggested the amount of money that changes hands in the art underworld is somewhere between \$4 and \$6 billion a year, making art crime number four only behind drugs, money laundering and the arms trade. With the recent interest in the films *The Monuments Men* and *Woman in Gold* along with Edward Dolnick's book, *The Forger's Spell*, the instructor thought this might be a fun subject to pursue. Topics will include the *Mona Lisa* fakes and theft in 1911; a forgery, alleged to be a Vermeer painting, which was sold to Hermann Goering late in World War II; the Rembrandt painting that has been stolen five times; the Gardner Museum robbery March 18, 1990; the June 1994 theft of Edward Munch's *The Scream* and other events. The course will consist of lecture, discussion and several short films and is a repeat of the Spring 2016 course.

**Class limited to 40 students.**

**Wayne Kirklin** is a graduate of the University of Delaware and holds an M.B.A. from New York University and is a chartered financial analyst. After a quarter of a century in the financial services industry, he spent about the same amount of time as a college professor at a small Ohio university where he taught economics, finance and geography.

## HX194 PRESIDENTIAL SEMINAR

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, Sept. 6–Nov. 15

Instructor: Bud Zimmerman

**No class Nov. 8.**

This is a seminar which entails conversation from everyone. It is based on the DVDs from the History Channel through which we will look at presidents from George Washington to George W. Bush, GW to GW! We will also take a closer look at the first ladies.

**Class limited to 20 students.**

**Bud Zimmerman** retired from a career in health care, starting with a B.S. in physical therapy from the University of Maryland and finished with an M.B.A. from Loyola University in Baltimore. The last 32 years were spent as a COO or CEO of health care organizations. He always had a passion for history but could not pursue it until his retirement in 2010.

## HX195 LABOR ORGANIZATIONS AND COLLECTIVE BARGAINING

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, Oct. 19–Nov. 16

Instructor: William J. Rodgers

Lectures will explore organizations, laws and judicial decisions which have moved mechanics and laborers from the status of indentured servants to Wall Street investors collectively controlling hundreds of billions of dollars of investment funds. The impact upon the AFL-CIO of two significant events of the 1960s and 70s, i.e. the evolution of public employee “associations” into “unions” and the rise of the “hard hat” movement within the Labor Federation will be covered. Class participation will be encouraged. Newspaper reports and columns, government publications, congressional reports, standard legal

texts and written and pictorial histories will be referenced with their authors credited. Select writings and pictures will be distributed.

**Class limited to 70 students.**

**William J. Rodgers** holds a B.S. from Cornell University School of Industrial and Labor Relations and a J.D. from Fordham University School of Law. He has held positions with the New York State Public Employment Relations Board (1968–1969) and was executive assistant to the United States Secretary of Labor (1972–1974). Bill was an attorney in private practice for over 40 years dealing primarily with labor law. He worked as an arbitrator for the New York Stock Exchange and major league lacrosse.

★ *New!*

## HX205 PRESIDENTIAL SEMINAR—CONTINUED

Mondays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, Oct. 17–Nov. 14

Instructor: Bud Zimmerman

**Held at Ocean View Town Hall.**

This is a continuation of the course last spring semester. We will start with Lyndon Johnson and finish with George W. Bush. **Class limited to 20 students.**

**Bud Zimmerman.** See course HX194 for instructor’s information.

★ *New!*

## HX206 ONE MINUTE TO MIDNIGHT: THE CUBAN MISSILE CRISIS

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, Sept. 6–Oct. 4

Instructor: Thomas Devaney

“The Doomsday Clock” was introduced in 1947 by The Bulletin of Atomic Scientists and, ever since, has been a fixture highlighting how close mankind was to self-annihilation. In Oct. 1962, at the height of the Cold War, the United

States and the Soviet Union appeared to be sliding inexorably toward a nuclear conflict over the placement of missiles in Cuba. Despite their ardent desires and best efforts to end the crisis, both President Kennedy and Premier Khrushchev struggled and nearly failed to maintain control of the situation. During the two week Cuban missile crisis in Oct. 1962, the world was but 60 seconds, or maybe less, from the outbreak of nuclear war.

**Class limited to 70 students.**

**Thomas Devaney** is a retired commercial real estate attorney, having practiced in New York, Atlanta and Washington, D.C. Tom has a love for history, especially military history. He had been involved in various Civil War roundtables and the Military Classics Seminar in Washington D.C.

★ *New!*

## HX207 THE CIVIL WAR THROUGH THE EYES OF ONE FAMILY

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, Sept. 7–Oct. 5

Instructor: Bill Hicks

James and Ellen Blackburn had six sons. In the early 1860s four of those sons enlisted in the Union Army. One was rejected because of his age, one was injured and furloughed, one served only 90 days with the Pennsylvania Volunteer militia and one was killed in battle. The course will look at McClellan’s Peninsula Campaign of 1862, and how the Blackburns, a poor family of millworkers from Philadelphia, were affected by these battles. The five sessions will consist of lecture, discussion, video clips and primary sources, comprised of original letters, documents, pictures and artifacts.

**Class limited to 70 students.**

**Bill Hicks** is a retired elementary school teacher and history buff, who taught all

levels from kindergarten through 5th grade. For 18 of his 30 years in the field, 5th grade was his niche because he was able to teach American history. His love of history was the impetus for extensive genealogy research into his and his wife's families tracing some of them back to the early 18th century. He currently spends his time fishing, birding and volunteering for the Lewes Historical Society.

★ *New!*

### HX208-1 TRAILS WEST

Wednesdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Oct. 19–Nov. 16  
Instructor: Dr. Ray Glick  
**Held at Ocean View Town Hall.**

### HX208-2 TRAILS WEST

Thursdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 8–Oct. 6  
Instructor: Dr. Ray Glick  
**Held at Fred Thomas Bldg., Lewes.**

This class will discuss the major migration and commerce trails important to western settlement of the United States. The course will also discuss the major cattle drive trails. Besides the trail's route, and its creation the class will also cover the specifics as to the operations of freighting, stage coach travel, cattle drives and wagon trains. **Class limited to 40 students.**

**Dr. Ray Glick** is a graduate of The Ohio State University College of Veterinary Medicine. He has earned the college's distinguished alumnus award. He has been an owner/practitioner in two veterinary practices. He has held senior executive positions with Johnson & Johnson, 3M, Boehringer Ingelheim and the Banfield pet hospital organizations. Ray is a longtime student/instructor focusing on the significant contributions of the horse and mule in the Civil War and the American West. He is a frequent speaker at Civil War roundtables and Civil War museums.

He served seven years as a special visitors tour guide at the National Museum of the Pony Express in Saint Joseph, Missouri.

★ *New!*

### HX209 HISTORY OF EUROPEAN ART: 17TH AND 18TH CENTURIES

Wednesdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 7–Oct. 5  
Instructor: Barbara Stephanic  
**Held at Ocean View Town Hall.**

At the end of the 16th century the Renaissance began to wane and at the same time the power of artists and a national identity was spreading across Europe. Cultural and aesthetic differences became more diverse and more representative of individual national tastes. This course will examine the development in Europe of painting, sculpture, printmaking and architecture in the 17th and 18th centuries. The focus will be on Italy, Spain, the Netherlands, Germany, France and England. **Class limited to 40 students.**

**Barbara Stephanic** has a master's degree in art history from The George Washington University and a Ph.D. in American studies, specializing in American art, from the University of Maryland. She has taught art history classes at Georgetown University, American University, Parsons School of Design, New York, and the College of Southern Maryland where she was on the faculty for 20 years before retiring in 2011. At the College of Southern Maryland she served as curator of the fine arts gallery and established the study abroad program in art history. Barbara also curated a number of exhibitions, published catalogs and served on the art advisory board at University of Maryland, University College.

★ *New!*

### HX210 A SHORT HISTORY OF NEW ZEALAND

Mondays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, Sept. 12–Oct. 10  
Instructor: Eileen Redden

This course will serve as an introduction to a beautiful country that many of us know little about. The instructor visited New Zealand in 2015 and plans to share what she learned about a country that seldom makes the news nor received prominent coverage in history textbooks. One focus will be the special relationships and shared history with the countries of Australia, Great Britain and the United States. Another focus will be the Maori population. There will be video presentations as well as lecture and discussion. The instructor has also done extensive reading about New Zealand, especially *The Penguin History of New Zealand* by Michael King. Please sign up if you have visited New Zealand as you will have information to share and probably visited different places. **Class limited to 50 students.**

**Eileen Redden** received her B.A. and M.Ed. degrees from the University of Delaware. She taught social studies at Lake Forest High School and then served as a guidance counselor. She has an avid interest in history, particularly European history.

★ *New!*

## HX211 WOMEN'S SUFFRAGE

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 8 Sessions, Sept. 6–Oct. 25

Instructor: Jo-Ann Vega

Third program in the series: Snapshots of Indispensable Americans, Women's Suffrage briefly covers the suffrage movement and concentrates on women in Congress, the intersection of celebrity and politics and the exercise of power and leadership. The passage of the 19th Amendment to the U.S. Constitution in 1920, 133 years after the ratification of the Constitution, secured for women their rightful place in the continuing American experiment in self-government. To demonstrate how the roles and perceptions of women and power have evolved, Women's Suffrage examines two indispensable American women: Republican Clare Boothe Luce (WWII) and Democrat Barbara Jordan (Watergate). Both legislators received the highest civilian honor, the Presidential Medal of Freedom, Luce in 1983, the first female member of Congress to receive the recognition, and Jordan in 1994. Join me for lively and informative sessions.

**Class limited to 30 students.**

**Jo-Ann Vega** has 30 years' experience training managers to be more effective leaders, managers and facilitating team building in all sectors. This program applies that knowledge to historical leaders.

★ *New!*

## HX212 PEACE CORPS IN AFRICA

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, Sept. 6–Nov. 15

Instructor: Philip Fretz

**No class Nov. 8.**

The Peace Corps in Sierra Leone, a personal reflection. The instructor will take you on his Peace Corps journey during the 1960s. You will learn about living in Kenema with students from other countries, traveling to villages and meeting villagers, culinary aspects in Kenema, teaching, hardships and disease, the military coups and day to day living. The course will discuss the events of Sierra Leone post Peace Corps, civil war and Ebola.

**Class limited to 30 students.**

**Philip Fretz**, originally from Philadelphia, retired here after 37 years in the computer services industry. He holds a B.A. in political science from Haverford College and an M.B.A. in computer science from Temple University. He served two years in Sierra Leone, West Africa as a Peace Corps volunteer and then served two years in the U.S. Army field artillery overseas. Phil is a member of the Rehoboth Beach Writers' Guild. He has a love of travel, reading, writing, singing and genealogy.



★ *New!*

## HX213 DELAWARE HISTORY: FIVE TOPICS

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, Oct. 19–Nov. 16

Instructor: Amy Hiller

**Held at Ocean View Town Hall.**

In this five week course we will look at five topics in different periods in the history of Delaware. We will use lectures, videos and class discussion. The topics will include the first settlement by Europeans and the importance of that settlement at Lewes, the various European countries that governed Delaware and the state's road to becoming the "First State," the challenges of slavery, the Civil War and President Lincoln's plan for Delaware, the movement for women's suffrage in Delaware and the development of Sussex County's poultry industry.

**Class limited to 40 students.**

**Amy Hiller** has a B.A. and M.A. in history from the University of Delaware. She is a lifelong resident of Delaware, educated in Wilmington and Newark and a resident of Sussex county since 1978. After a brief career teaching high school history, she became a full time homemaker and continued her love of books by working part time in a library and in a bookstore.

★ *New!*

## HX214 THE HISTORY OF SOUTH BETHANY

Mondays, 9 a.m.–10:30 a.m.

Dates: 1 Session, Sept. 12

Instructor: George Junkin

**Held at Ocean View Town Hall.**

The instructor will share the history of the relatively new town of South Bethany. **Class limited to 12 students.**

**George Junkin** is the treasurer for the South Bethany Historical Society.



★ *New!***HU84 FILM FESTIVAL FAVORITES IV**

Tuesdays, 1:30 p.m.–4:30 p.m.

Dates: 5 Sessions, Oct. 11–Nov. 15

Instructors: Betty Grunder, Gary Grunder

**No class Nov. 8.**

Many independent and foreign films screened at film festivals receive enthusiastic audience support but fail to be picked up by major distributors. Some of these films go “direct to DVD” or show for a week or two in select art house theaters, but they don’t receive enough publicity to bring them to the attention of the general public. We have selected five of our favorite films from recent festivals in Philadelphia, Tribeca, Palm Springs and the Berkshires to share with our class. This class is a new version of one given in fall 2014. Some films will have subtitles and may contain adult content and language.

**Class limited to 65 students.**

**Betty and Gary Grunder** are film buffs who have taught previous film appreciation courses on the film art of directors Krzysztof Kieslowski, Francois Truffant and Woody Allen and also courses on recent international films and Oscar-winning foreign language films.

**HU121 INTERESTING ISSUES IN CONSTITUTIONAL LAW**

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, Oct. 13–Nov. 10

Instructor: Mary Boyd

A macro and micro look at history, philosophy, political science and law as context to the U.S. Constitution. Selected readings, cases, opinion pieces, lectures and discussions meant

**Orientation****New Member and Instructor Orientation****Thursday, September 1, 2016****Held at Fred Thomas Building, Lewes****10–10:30 a.m. • Coffee social****10:30–11:30 a.m. • Orientation program*****All instructors, new and current, and new members are encouraged to attend.***

to expand and strengthen one’s thinking and feeling about our society and its governing documents. For anyone interested in opening new horizons of thought.

**Class limited to 70 students.**

**Mary Boyd** is an attorney and teacher of U.S. constitutional and education law. Her background includes business and finance and historic preservation.

**HU204 MAKING AND ENFORCING RULES**

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, Sept. 7–Oct. 5

Instructor: Alan Ward

Rules, that is, commandments, laws, and regulations, provide the essential foundation for living with others in families, communities and nations. In this course we will focus on who makes and enforces rules that affect our lives. We will discuss reasons why some rules work, or don’t; how rules change over time, or don’t; and why some activities are resistant to control. Our course organization, after brief attention to general, historical sorts of rulemaking, will look at rules affecting, e.g., economic activity (prohibitions and controls, eminent domain, occupational licensing), elections (too much money in politics?), education, environment, and public health and safety (police tactics, gun control). This course is intended neither to promote nor to depend upon expertise with specific

rules. Lawyers and bankers, for example, can spend careers becoming expert in bank regulation; but discussion of bank regulation issues—traditionally of widespread public concern—may assist our better understanding of those and other regulatory problems. No textbooks required; a suggested reading list will be provided and copies of new articles and excerpts from books may be distributed from time to time.

**Class limited to 25 students.**

**Alan Ward** has a B.A. from Wesleyan University and a J.D. from the University of Chicago. He was a law clerk in the U.S. District Court (Del.), trial lawyer for the antitrust division with the U.S. Department of Justice, director of the Bureau of Competition, Federal Trade Commission, partner at Baker & Hostetler, LLC, Washington, D.C. and instructor at George Washington University Law School.



## HU206 THE MEANING OF HUMAN EXISTENCE

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, Sept. 8–Nov. 10

Instructor: Calvin Golumbic

This course is a serious examination of an essential question in human existence by reviewing the various responses to that question by notable figures in the history of philosophy. In conducting that review, the class will read selections from Plato's *Republic*, Augustine's *Confessions*, Nietzsche's *Beyond Good and Evil*, Buber's *I and Thou*, Tillich's *The Courage to Be* and Camus's *The Myth of Sisyphus*. The classes will be presented in a modified Socratic method format with a definite discussion component, initiated by the instructor. This course is designed to run 50 minutes with additional time scheduled if needed. Book selections are available at Amazon.com or check with your local bookstore. Attendance is essential. This course contains adult language. **Class limited to 30 students.**

**Calvin Golumbic** holds graduate degrees in philosophy and law and is a retired partner in a large international law firm. As a partner in that firm, he was engaged in extensive litigation practice in federal trial and appellate courts, including a fairly extensive practice in the Supreme Court of the United States. In retirement, he became a lecturer for over 10 years in philosophy and political science at Pennsylvania State University. He was also a contributing editor to the *Country Living* magazine, where he wrote a bimonthly column entitled, *Just a Country Boy*.

★ *New!*

## HU216 SPANISH GOLDEN AGE

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, Sept. 7–Oct. 5

Instructor: Sabatino Maglione

This course will survey the political and religious unification of Spain from the conquest of Granada in 1492 to the rise and fall of the Spanish empire under the Habsburg dynasty. Special attention will be paid to the Renaissance and Baroque art and literature of such creative artists as Lope de Vega, Luis de Góngora, Cervantes, Velázquez, Zurbarán and others. Pedagogy: PowerPoint, slides, lectures and discussions.

**Class limited to 70 students.**

**Sabatino Maglione** is a professor emeritus at Ithaca College where he taught Italian and Spanish languages and literatures for 40 years. He also taught at the Pennsylvania State University, Dartmouth College and at Osher. He has written studies on Fernando de Herrera, Lope de Vega and Cervantes. He holds a Ph.D. from Pennsylvania State University.

★ *New!*

## HU217 WALT WHITMAN'S AMERICA

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, Oct. 13–Nov. 10

Instructor: John McClenahen

The 19th century was a period of profound social, political, economic and intellectual change in the United States. This class explores those changes in some depth and through close readings of four Whitman poems searching for consistencies and contradictions in matters of democracy, technology and spirituality. **Class limited to 20 students.**

**John McClenahen** is an award-winning writer and photographer. He is the author of three books of poetry, several

books of photographs and two children's books. His essay *Whitman in Context* appeared in *Confluence*, the academic journal of graduate liberal studies programs. He has a B.A. from St. Lawrence University and graduate degrees from Western Reserve University and Georgetown University.

★ *New!*

## HU218 PHILOSOPHY IV: A PRACTICAL PHILOSOPHY

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, Sept. 7–Nov. 16

Instructor: Jon Woodyard

**No class Oct. 12.**

Thinking better is the goal of this course. Doing so demands one to examine the philosophy that drives their life and finding ways to improve debate, reasoning and challenging myths that have frequently led us to flawed or ineffective action. The emphasis will be on practical conceptual strategies that are useful in any area of application taken from business, political debate and social interaction. **Class limited to 30 students.**

**Jon Woodyard, M.Ed.** is a returning instructor who has taught in several areas of study including science, music and philosophy. He is a graduate of the University of Iowa and the University of Hawaii with doctoral studies at United States International University, San Diego. Retiring from the U.S. Navy he was later employed by the Johns Hopkins University applied physics laboratory as a senior engineer.

★ *New!*

**HU219 GENEALOGY  
WORKSHOP**

Thursdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, Sept. 8–Oct. 6  
Instructor: Gary Letcher

This course is designed for the beginner-to-intermediate genealogist. We will discuss strategies for constructing your family tree, sources, software and research tools. Researching your family history can seem to be—and in many cases actually is—a daunting task. More information is available online every day and we will look at many of the databases and sources that can be found from the comfort of your home computer. Many more records can be found in the dusty basements of county archives, historical societies, libraries and cemeteries and we will pay attention to those too. The class will be structured as a workshop, with guidance from the instructor and assistance of classmates, to understand the basics, get started on your family tree, and—hopefully—break through some of those “brick walls” that genealogy researchers often encounter. Bring your laptop or tablet, as the workshop will include hands-on research and tree-building.

**Class limited to 10 students.**

**Gary Letcher** inherited his grandmother’s genealogy notes and charts in 1987. He began to enter the information into an early version of *Family Tree Maker*, thinking it would take an afternoon. Thirty years later he is still working on it, spending countless hours in libraries, archives, cemeteries, historical societies and online, with travel to Canada, Cornwall and Scotland in search of ancestors. Gary is a retired lawyer and author. He also teaches the Osher class “Geology Rocks!”

★ *New!*

**HU220 A NOVEL IDEA**

Mondays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 12–Oct. 10  
Instructor: Shirley Letcher

Take your story idea and create a first draft of your novel. Through lecture, discussion and written exercises, participants will explore genres, create characters and craft scenes. Exercises will build materials that participants can use to create a first draft. Learn about National Novel Writers Month (Nanowrimo)—a free online community in November that stimulates writing through competition, encouragement and resources. The Osher class leads into November and ‘Nanowrimo,’ giving those who love writing an incentive to draft their novel in record time. No writing experience necessary. A home computer and internet access is recommended to take advantage of ‘Nanowrimo.’

**Class limited to 15 students.**

**Shirley Letcher** holds an M.A. in education from George Washington University, a master’s equivalency in music from SUNY and has retired from a 40 year career teaching music. She has been an active member of an international online group of women writers for over 10 years and is a frequent presenter at the Writers and Critters International Conference. Her novels have won recognition from the Pacific Northwest Writers Association and Pennwriters. Shirley is a four time Nanowrimo winner. She’s been writing stories since she was eight years old.

★ *New!*

**HU221 CRIME AND HUMOR—  
THE FICTION OF  
DONALD WESTLAKE**

Mondays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 12–Oct. 10  
Instructor: Paul Collins

Donald Edwin Westlake was an American writer with over a hundred novels and nonfiction books to his credit. He specialized in crime fiction, especially comic capers, with an occasional foray into science fiction or other genres. His range of protagonists runs from vicious, violent anti-heroes to inept criminals that will make you laugh until you cry. We will examine his life and body of work through reading, discussion and watching movies based on his books. We will look at three of his books: *361*, an early book showing his hard boiled side; and then two of his humorous crime novels, *The Hot Rock* and *Bank Shot*.

**Class limited to 70 students.**

**Paul Collins** moved to Lewes in 2011. He was born in Richmond, Virginia and spent most of his career in New Jersey. He holds two master’s degrees from Rutgers and a bachelor’s from Virginia Commonwealth University. He retired in 2010 as chief technology officer of a computer system integration company. Since moving to Lewes he has been active with the Lewes Historical Society and racing sailboats with the Lewes Yacht Club.

**Picnic Time—Mark your calendar**

**Wednesday, October 12, 2016**

**for the 18th Annual Homecoming Picnic...**

**Cape Henlopen State Park**

★ *New!*

**HU222 THE POETRY OF JOHN KEATS**

Mondays, 10:45 a.m.–12:15 p.m.  
Dates: 6 Sessions, Oct. 17–Nov. 21  
Instructor: Jan Feidel

The course will consist of reading and discussing selected poems (and extracts from a few letters) of John Keats. Any book that contains ample selections of Keats' poetry and his best known letters will be suitable. The instructor will be working from *John Keats, Selected Poetry and Letters*, Holt Rinehart and Winston, 1965. Read *On First Looking into Chapman's Homer* for the first class.

**Class limited to 20 students.**

**Jan Feidel** has taught occasional courses at Osher on distinguished poets, including Yeats, Villon and Baudelaire. He has a Ph.D. in comparative literature. He taught for 10 years in the Intellectual Heritage Program at Temple and received a PEN fellowship for his translations of Swahili and Brazilian poetry. His published works, of collaborative poetry translations include *Searching for my Brother*, *Poems from the Kiswahili* and *The Warriors: Peleja Between Joaquim Jaquiera and Manoel Barra Mansa*. His interest in Keats led to the topic of his doctoral dissertation, *The Poetry of Keats and Baudelaire*.

★ *New!*

**HU223 PERPLEXING HOMICIDES IN SHAKESPEARE, MELVILLE AND O'CONNOR**

Tuesdays, 1:30 p.m.–3 p.m.  
Dates: 10 Sessions, Sept. 6–Nov. 15  
Instructor: William Zak

**No class Nov. 8.**

In this course we will examine Flannery O'Connor's *A Good Man is Hard to Find* and *The Displaced Person*, Melville's *Billy Budd* and Shakespeare's *Hamlet*, classic studies of literary figures who imagine themselves compelled to execute others of their kin, this despite a troubled reluctance to do so. To what extent can they successfully justify such acts to themselves and to readers confronting their predicaments with them? Class discussion exclusively. Please read *A Good Man is Hard to Find* prior to the first class meeting.

**Class limited to 30 students.**

**William Zak** holds a Ph.D. from the University of Michigan, an M.A. from Lehigh University and a B.A. from Boston College. Bill is a retired professor who taught at Salisbury University for 30 years.

★ *New!*

**HU224 AMERICAN AUTHORS: NEIL SIMON— COMEDY WRITER**

Tuesdays, 10:45 a.m.–12:15 p.m.  
Dates: 10 Sessions, Sept. 6–Nov. 15  
Instructors: Gary Ramage, Margo Ramage  
**No class Nov. 8.**

No reading required...seriously! Neil Simon is America's favorite comedy playwright, screenwriter and 'memoirist.' Through lively discussion of scenes from his many successful stage plays, films, and two autobiographies, we'll gain an appreciation of Simon's life and

creative art. Compulsive readers (you know who you are) are encouraged to read one or more of the following: *Rewrites, A Memoir; The Play Goes On*; or plays: *The Odd Couple; The Sunshine Boys; Biloxi Blues; Lost in Yonkers.*

**Class limited to 70 students.**

**Gary and Margo Ramage** are avid theatre-goers, lifelong movie buffs, international travelers and Native American art collectors. Gary is a retired Army officer with M.A. and B.A. degrees from University of South Florida. Margo graduated from Pasadena Playhouse College of Theatre Arts. This will be their 12th American Authors course since 2009.

**HU225 HOW TO LOOK AT AND UNDERSTAND GREAT ART**

Tuesdays, 9 a.m.–10:30 a.m.  
Dates: 10 Sessions, Sept. 6–Nov. 15  
Instructor: Charlotte Smith

**No class Nov. 8.**

Do you want to get more from your visits to art museums and galleries? Develop a greater appreciation for what you see? This course will help you build your viewing skills as you come to understand the language of art. Easy to follow DVD lectures from *Great Courses* will be followed by class discussion. You will receive handouts of the core skills discussed in the lectures and a museum trip will be planned. No art or art history knowledge is required.

**Class limited to 70 students.**

**Charlotte Smith** earned a B.A. in psychology from Carleton College and a B.A. in art history from the University of Delaware. She was trained in museum education and guided at the Delaware Art Museum. At Winterthur Museum she studied American decorative arts and led tours for ages elementary to adult. Charlotte has had a lifelong interest in the visual and decorative arts.

★ *New!*

**HU228 STORYTELLING:  
THE ORAL TRADITION**

Wednesdays, 1:30 p.m.–3 p.m.  
Dates: 5 Sessions, Sept. 7–Oct. 5  
Instructor: Anne Ferber

Storytelling has been around since the cavemen, but has undergone many convolutions over the millennia. From Homer, the blind, illiterate poet who enthralled audiences with tales of heroic deeds and wars, to Scheherazade who saved a kingdom, herself and her sultan with stories of Arabic mysteries over a period of 1001 nights. Folktales from many countries and kingdoms traveled in caravans along the Silk Road only to be told and exchanged as evening entertainment. Today, storytelling continues to be one of the most satisfying conventions of human communication, although few realize they are engaging in an ancient art form. DVD and YouTube demonstrations, lecture, interactive discussion. Seminar style. **Class limited to 20 students.**

**Anne Ferber** is a retired medical office manager and patient advocate for private practices in New Jersey and Connecticut. She holds her M.S.W. from the University of Maryland, Baltimore. Anne worked for five years with the Connecticut Storytelling Festival in New London, Connecticut, on the selection and vendor committees. She ran storytelling workshops in Danbury, Conn.

★ *New!*

**HU229 LITERARY NOBELS  
AND MORE:  
WHY DO THEY MATTER?**

Wednesdays, 1:30 p.m.–3 p.m.  
Dates: 5 Sessions, Oct. 19–Nov. 16  
Instructors: Lee Mussoff, Bill Sharkey

Let's explore the work of Nobel laureates in literature and a few others who have enriched our knowledge and enjoyment—not only in literature but also in the lively arts (e.g., Stephen Sondheim). We'll use handouts, visual aids and class participation.

**Class limited to 40 students.**

**Lee Mussoff** has been teaching forever—but teaching for Osher and, especially with Bill Sharkey, is definitely the most fun of all. We look forward to sharing our love of literature and the lively arts with you.

**Bill Sharkey** has been a member of Osher since 1995; its program coordinator for 13 years; and is currently the council chair. His previous Osher teaching experiences were with Lee Mussoff and usually dealt with laughter and the humor that produces it. He is undertaking this new venture with a straight face.



**INFORMATION  
TECHNOLOGY**

**IT001 e-SERVICES @ YOUR  
LIBRARY 24/7**

Mondays, 9 a.m.–10:30 a.m.  
Dates: 1 Session, Sept. 19  
Instructor: Susanne Keefe

**Held at Ocean View Town Hall.**

Learn how to borrow and download e-books, e-audios, e-magazines and streaming videos from Delaware library catalogs. See the online steps to using these e-services through your Delaware library card, which can be used via computers, laptops, mobile devices and some e-readers. Time permitting, we will also explore other e-services available through the Sussex County Department of Libraries. Students should be familiar with their devices' operations and internet browsing and have an email account and Delaware library card. After taking this course, you should be able to borrow a book from your library—even at 3 a.m.

**Class limited to 12 students.**

**Susanne Keefe** is the director of the South Coastal Library since 2004 and has worked in public libraries for more than 30 years. Obtaining a master of library science degree in 2004, plus years of experience, enables her to keep up with constant technology changes in the library world and to respond to the community's requests with a wide range of formats and services.

## Spring 2017 Semester

January 30–April 6

Spring 2017 is shaping up to be an exciting and full semester. Many new courses will be offered in addition to courses continued or repeated from the Fall 2016 semester.

### IT77 iPad BASICS

Mondays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, Sept. 12–Oct. 10

Instructor: Pat Brown

This is a beginner level course and will familiarize the students with the basics of the iPad. The operating system, settings and preloaded applications will be covered. Other topics will include sending and receiving emails, creating calendars, establishing contact lists, downloading applications, accessing and searching the internet, taking pictures and creating digital photo albums. Bring your iPad or use one of Osher's iPads.

**Class limited to 10 students.**

**Pat Brown** is retired from the United States Army and is a retired computer teacher. She taught computers to students from age 2 to 93. She taught high school computer and web design classes and taught at Virginia Community College. Pat is certified in computer operating systems.

### IT92 iPad/iPHONE PHOTOS

Mondays, 1:30 p.m.–3 p.m.

Dates: 1 Session, Oct. 17

Instructor: Barbee Kiker

Take better photos with your iPad/iPhone. Learn to organize, delete, edit and share your photos. We will use the latest operating system, IOS 9.3.1 as of May 2016. Bring your personal iPad/iPhone or use one of Osher's iPads.

**Class limited to 10 students.**

**Barbee Kiker** holds a B.A. and M.S.W. from the University of Georgia. She provided computer training and course development for ONLC training centers based in Wilmington, Delaware for 15 years. Barbee has taught computer related courses with lifelong learning in Delaware and Florida since 2007 and is doing her best to keep up with today's technology!

★ *New!*

### IT93 iPhone PHONE APP

Mondays, 1:30 p.m.–3 p.m.

Dates: 1 Session, Oct. 24

Instructor: Barbee Kiker

Bring your iPhone (Apple product) to make sure you are utilizing all your phone capabilities. We'll cover the basics such as making and receiving calls, phone settings (ex. changing your ringtone) and visual voicemail. Then we'll see how to make conference calls, use Facetime, easily share contact information with other iPhone users, respond to a call by text and opening other apps during a phone conversation (ex. to look up a date or number while continuing to talk). We will use the latest operating system, IOS 9.3.1 as of May 2016.

**Class limited to 10 students.**

**Barbee Kiker.** See course IT92 for instructor's information.

★ *New!*

### IT94 USING THE MAPS APP ON THE iPhone OR iPad

Mondays, 1:30 p.m.–3 p.m.

Dates: 1 Session, Oct. 31

Instructor: Barbee Kiker

Learn to use the Maps app on your iPhone or iPad. We'll explore the different types of maps, find locations all over the country then get walking, driving or public transit directions. Reverse directions to get home and learn the map symbols to check traffic. We will use the latest operating system, IOS 9.3.1 as of May 2016. Bring your personal iPad/iPhone or use one of Osher's iPads.

**Class limited to 10 students.**

**Barbee Kiker.** See course IT92 for instructor's information.

### IT104 HOME COMPUTER BASICS

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, Oct. 19–Nov. 16

Instructor: Rich Parfitt

This course is intended for a nontechnical audience who would like to learn about the different types of home computers (desktop vs. laptop vs. tablet vs. smartphone). It will also address the different ways a home computer can connect to the internet (wired connection vs. wireless connection vs. wifi connection). This course can help students determine what type of home computer and internet access would work best for them. **Class limited to 15 students.**

**Rich Parfitt** received a B.A. in math and English and an M.B.A. in information systems. He has worked in the IT department of various corporations for over 30 years. Rich moved to Lewes in September 2014 and enjoys local hiking and the beaches.



## INTERNATIONAL STUDIES

### IS30 CHINA: THE LONG MARCH TO THE FUTURE

Thursdays, 9 a.m.–10:30 a.m.  
Dates: 6 Sessions, Oct. 13–Nov. 17  
Instructor: Robert Yuan

The instructor traveled and worked on projects in China over more than two decades. The course will look at seminal events in Chinese history that affect China's policies today. Events include key events in the evolution from empire to an authoritarian modern state, the Nanjing Spring (1927–1937) and the Sino-Japanese War, the Chinese Revolution: the civil war and the founding of the People's Republic of China, the Great Leap Forward, the Cultural Revolution, Deng Xiaoping's reforms, the Grand Compromise and state capitalism, the role of the overseas Chinese, speculations on alternatives to communism and China's future.

**Class limited to 30 students.**

**Robert Yuan** has a Ph.D. in molecular biology from the Albert Einstein College of Medicine. He has done basic research at Harvard University, Edinburgh University, University of Basel (Switzerland), the National Cancer Institute and the University of Maryland College Park. He was a foreign service officer posted at the United States Embassy in London and worked with the governments of Hong Kong, Singapore, Taiwan, Thailand, Chile and Puerto Rico.

★ *New!*

### IS34 FOREIGN POLICY ISSUES

Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 10 Sessions, Sept. 7–Nov. 16  
Instructors: Robert Duncan, Eric Terzuolo, David Bernheisel, Sergei Boboshko, Burt Brenman, Lowell Fleischer, Phil Mandel, James (Mac) McMahon, Bard O'Neill, Lee Stanford  
**No class Oct. 12.**

Seminar discussion of the international affairs issues currently facing the United States, modeled after the very successful *Great Decisions* course offered each spring semester. Each subject will have some required readings which will be available well in advance of each session. Each class will include a short presentation of the issues by the discussion leader with the bulk of the time allocated for group discussion. There will be a nominal fee for handouts. **Class limited to 30 students.**

**Robert Duncan** holds a B.A. from Woodrow Wilson School of Public and International Affairs, Princeton University; an M.P.A. from John F. Kennedy School of Government, Harvard University; and attended the U.S. Foreign Service Institute, economic studies and the National War College. He is a retired U.S. Foreign service officer with over 33 years' experience in economic assignments in the U.S. State Department in Washington, D.C. and abroad.

**Eric Terzuolo** dedicated most of his foreign service career to international security issues, including efforts to combat proliferation of weapons of mass destruction. In 2001-2003, he was the senior U.S. resident representative to the Organization for the Prohibition of Chemical Weapons in The Hague. He is the author of *NATO and Weapons of Mass Destruction: Regional Alliance, Global Threats (2006)*, and taught a course on the geopolitics of nuclear proliferation at the University of Rome.

**David Bernheisel** is a retired federal employee who spent almost all of his work career in Washington, D.C. An early retirement let him indulge his wanderlust spirit through a variety of volunteer foreign assistance assignments which he finds are an effective way to promote U.S. foreign policy goals.

**Sergei Boboshko** holds a B.A. in European history from Queens College (CUNY) in New York. He was a banker for over 30 years, principally with The Chase Manhattan Bank (now JP Morgan Chase) in New York and various assignments overseas.

**Burt Brenman** holds a B.S. in pharmacy from Temple University, whose interest in history came by osmosis from his family, especially his father. Burt has carried this interest with him his whole life and upon retirement, finally had the opportunity to teach and to learn from others who had a more worldly view.

**Lowell Fleischer** holds a B.A. from Ohio Wesleyan University, an M.A. and Ph.D. from the University of Connecticut. He is a retired foreign service officer with the U.S. Department of State, specializing in Latin American issues. He has taught at The George Washington University, the University of Massachusetts and the University of Connecticut and the State Department's Foreign Service Institute. He represented the United States abroad in the Dominican Republic, Colombia, Venezuela, Yugoslavia and was the alternate U.S. representative to the Organization of American States and the U.S. mission to the Committee on Disarmament in Geneva. He is the recipient of two superior honor awards from the State Department and a meritorious honor award from the U.S. Arms Control and Disarmament Agency.

**Phil Mandel** is a graduate of the University of Maryland and holds a B.A. in political science. He spent 38 years of federal government service with the Departments of Defense, Health, Education, and Welfare and energy related to oil and gas pricing and supply issues domestically and internationally with a focus on the Middle East and Africa.

**James (Mac) McMahon** spent 10 years as an economics professor teaching at universities in the Boston area. After he began a long-term involvement in aviation, initially with the Civil Aeronautics Board, then the International Civil Aviation Organization and finally the Federal Aviation Administration from which he retired.

**Bard O'Neill** was distinguished professor of national security strategy at the National War College, the nation's premier institution in the professional military education system. He has written and lectured extensively about terrorism, insurgency and national security strategy. The author of the critically acclaimed and widely used textbook, *Insurgency and Terrorism*, he has been a consultant to numerous U.S. agencies involved in foreign and security policy, including the Departments of State and Defense, the CIA, DIA, NSA and Joint Chiefs of Staff.

**Lee Stanford** is a retired attorney with a B.A. in history and J.D. from Rutgers University with a lifelong interest in history and current geopolitical issues.

### ★ *New!*

#### IS35 RESPONDING TO CLIMATE CHANGE

Mondays, 1:30 p.m.–4:45 p.m.  
Dates: 5 Sessions, Oct. 17–Nov. 14  
Instructor: Rick Grier-Reynolds

This course is based on the assumption that man's involvement in climate change is proved science. It will be a double block over five weeks and will

use a variety of films, speakers and experiential materials as class participants identify its impacts and then design both prescriptive macro policies and individual responses. It will be a non-lecture, student centered learning experience, with short readings for each session. This unit is part of the larger "Designing a Sustainable Future" series offered by the teacher. Additional fee of \$3 for handouts.

**Class limited to 15 students.**

**Rick Grier-Reynolds** holds a B.A. in history from Trinity College and an M.Ed. from Harvard University. He is a former distinguished teacher and history/social science department chair at the Wilmington Friends School in Wilmington, Delaware. He is currently a consultant and site visitor for the International Baccalaureate Diploma Programme. He has been recognized for his innovative teaching of economics, international relations and peace studies by various regional, national and international organizations. Rick has traveled abroad participating in a variety of international development and humanitarian social change endeavors.

### ★ *New!*

#### IS36-1 NEW ZEALAND, MYTHICAL LAND IN THE SOUTHERN HEMISPHERE

Mondays, 1:30 p.m.–3 p.m.  
Dates: 1 Session, Sept. 12  
Instructors: Bill Fintel, Sally Fintel  
**Held at Ocean View Town Hall.**

### ★ *New!*

#### IS36-2 NEW ZEALAND, MYTHICAL LAND IN THE SOUTHERN HEMISPHERE

Mondays, 9 a.m.–10:30 a.m.  
Dates: 1 Sessions, Oct. 17  
Instructors: Bill Fintel, Sally Fintel  
**Held at Fred Thomas Bldg., Lewes.**

No where else can one find snowcapped alps, kiwis, albatross in abundance, some of the largest sperm whales in the world and some of the friendliest people in the world. Plus let's not forget superb wines and terrific fishing. This one session presentation will highlight the instructors' visit to New Zealand in March 2016. Photography will be the main emphasis, but some of the history and uniqueness of New Zealand will also be covered. For instance the largest raptor that ever lived, lived in New Zealand and fed on the tallest bird that ever lived, the moa. New Zealand was part of the southern hemisphere supercontinent Gondwana and separated from it early in the evolution of life on Earth, so it became a truly unique island in terms of species that evolved on it... like kiwis.

**Class limited to 40 students.**

**Bill and Sally Fintel** love our Earth and all life on it. Bill graduated from Cornell as a chemical engineer and has always been a devotee of the famous Cornell astronomer Carl Sagan, who believed that intelligent life would be found somewhere else in our Universe. He has taught several OLLI courses on climate change, a definite factor in human survivability. Bill and Sally have been avid birders for 40 years and currently lead birding field trips for many organizations, including the Sussex Bird Club, Prime Hook National Wildlife Refuge, Osher Lifelong Learning and Road Scholar. Bill also presents programs on many aspects of birds and birding and maintains the following birding blog primarily for his birding class: <http://billfintel.blogspot.com/>.



## LS05 KITCHEN KAPERS XXIX—ON THE ROAD TO KITCHEN DELIGHTS

Fridays, 10 a.m.–1 p.m.

Dates: 7 Sessions, Sept. 9–Oct. 21

Instructors: Bernard Fiegel, Dolores Fiegel

**Directions to each home will be provided by email or phone.**

Kitchen Kapers chefs make cooking fun! On the Road will take the class to seven home kitchens located in Lewes, Harbeson and Rehoboth Beach—like a private kitchen tour—where students will observe and participate in food preparation and taste appetizer-size portions of their prepared dishes and selected wines to complement the meals... look at it as “eating and drinking your exam”! Bring your favorite knife and apron, if desired. Learn cooking techniques, collect recipes and socialize. Food and wine expenses will be divided among the students. Estimated cost is \$10 each session. The Kitchen Kapers chefs... Bernie, Alicia, Bill, Carolyn, John, Kathy, Paul and Ron are all recipe collectors and their love of food and wine were the impetus for this course... bon appetit and in vino veritas...!

**Class limited to 8 students.**

**Bernard and Dolores Fiegel** are active members of The Four Seasons, a local progressive food group established in 2001, and founders of The Happy Gourmands founded in 1976. Instructors of Kitchen Kapers, a continuing cooking course series introduced to Osher in 1997 and Wine 101/102/Grape Adventure wine tasting courses first introduced to Osher in 1998.

## T'ai Chi Chih Lunch Enthusiasts

T'ai Chi Chih enthusiasts meet Tuesdays from 12:30-1 p.m. in the Fred Thomas Building throughout the year. Open to all members.



## LS127 LANDSCAPE DESIGN

Thursdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, Oct. 13–Nov. 10

Instructor: Eddie Filemyr

Bring pictures of your landscape to class. Through class discussion and instructor insight learn new ideas and new plants to refresh your landscape. Four students will be interviewed each class. Design principles, planting needs, new cultivars and personalized design will be addressed. Contribute your knowledge to your classmates' landscape dilemmas through class discussion. Learn design concepts and quick fixes from the instructor. During the last class we will visit a plant nursery. Come and participate, revolutionize your garden and enjoy!

**Class limited to 19 students.**

**Eddie Filemyr.** See course AA64 for instructor's information.

## LS128 WRITE NOW— LIKE A PRO

Mondays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, Sept. 12–Nov. 14

Instructor: Rae Tyson

At this stage in our lives, most of us appreciate the value of written communication. Undoubtedly, you have had plenty of writing experience, both personally and professionally—fiction or nonfiction. But, no matter if you have written a lot or a little, you would probably agree: there is always room for improvement. This course will be a low-key approach to reaching that goal. It will include some fun assignments, all designed to sharpen your writing skills. The course will use

many techniques, including those used by journalists because they, better than most, have mastered the art of telling a complete story using a minimum number of words. The course will also involve some creative fiction and nonfiction writing, including memoirs. Though a computer is helpful it is not essential. A pen and notebook will suffice. Previous writing experience is not important. Come prepared to learn and we will have a lot of fun writing together. In the end you will be a better writer, guaranteed.

**Class limited to 12 students.**

**Rae Tyson** has been a professional writer for over 40 years and has worked for newspapers, wire services, magazines and online publications. His early work included coverage of the Love Canal disaster in Niagara Falls, New York. His book on environmental issues affecting children was published by Random House in 1996. Rae also is the founding vice president of the Society of Environmental Journalists. He is on the staff of the Delmarva Media Group, serving the *Wilmington News Journal* and *Salisbury Daily Times*. Prior to his writing career, Tyson taught science in public schools. He also was an adjunct faculty member at the State University of New York (science) and the University of Maryland (journalism). Rae has been teaching at Osher since 2014.

## LS129 AARP SMART DRIVER COURSE—BASIC

Mondays, 9 a.m.–3 p.m.  
Dates: 1 Session, Oct. 24  
Instructor: Tom Maly

### **Held at Ocean View Town Hall.**

The AARP Smart Driver Course covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. The course provides practical techniques for adjusting to these changes to ensure the driver's own safety and that of others on the road. Participants learn about current rules of the road and how to operate their vehicles more safely in today's increasingly challenging driving environment. This six-hour course is presented to participants who have never taken a driver-safety course or have taken a course in Delaware more than five years ago. The AARP Smart Driver Course is geared toward drivers 50 and older, but can be taken by licensed drivers of all ages and there are no tests. Participants should contact their auto insurance company about multi-year discounts. Feel free to bring your lunch. There is a certificate fee of \$15 for AARP members and \$20 for nonmembers payable to the instructor.

### **Class limited to 12 students.**

**Tom Maly** was the director of public safety for the Community College of Baltimore County, Maryland after he completed a 24 year career with the Baltimore Police Department in 1993. After he retired from the college in 2004, Tom moved to Ocean View, Delaware, and has been a volunteer instructor with the AARP Driving Program for 11 years. He holds a B.S. degree in criminal justice and an M.S. degree in sociology from Loyola College and the University of Baltimore, respectively.

## LS130 AARP SMART DRIVER COURSE—REFRESHER

Mondays, 9 a.m.–1 p.m.  
Dates: 1 Session, Oct. 31  
Instructor: Tom Maly

### **Held at Ocean View Town Hall.**

The AARP Smart Driver Course covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. The course provides practical techniques for adjusting to these changes to ensure the driver's own safety and that of others on the road. Participants learn about current rules of the road and how to operate their vehicles more safely in today's increasingly challenging driving environment. This four-hour refresher course is presented to participants who have taken a driver-safety course in Delaware within the past five years. The AARP Smart Driver Course is geared toward drivers 50 and older, but may be taken by licensed drivers of all ages and there are no tests. Participants should contact their auto insurance company about multi-year discounts. Feel free to bring your lunch. There is a certificate fee of \$15 for AARP members and \$20 for nonmembers payable to the instructor. **Class limited to 12 students.**

**Tom Maly.** See course LS129 for instructor's information.

## LS133 WRITING A MEMOIR

Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, Oct. 19–Nov. 16  
Instructor: Rae Tyson

Of all the forms of nonfiction, memoir writing is the most personal. Among those old enough to qualify for Osher programs, it also has become one of the most popular forms of written expression. Indeed, as the *New York Times* noted recently, heightened interest in memoirs is tied to an array of motivations, including a desire to leave a personal legacy for friends and family. But writing a good memoir can be a challenge. To guide that journey, this course will help you master, and practice, the basics of writing a good, readable memoir.

### **Class limited to 12 students.**

**Rae Tyson.** See course LS128 for instructor's information.

## LS140 HOMESTEADING IN YOUR BACKYARD

Thursdays, 10:45 a.m.–12:15 p.m.  
Dates: 10 Sessions, Sept. 8–Nov. 10  
Instructor: Jeri Berc

### **Held at the LL Ranch, 16028 Hudson Rd., Milton, Del.**

This will be a field course, and will introduce students to hobby scale organic agriculture including composting, beekeeping, backyard chickens, fruit tree care, canning and dehydrating produce, rain water harvesting, native plants for wildlife, alternatives to lawns and shredded wood chip mulches, seed saving and starting, greenhouse and cold frame use and construction. Students will be given the opportunity to participate in activities while learning about fundamental principles.

### **Class limited to 15 students.**

**Jeri Berc** is retired from the USDA Natural Resources Conservation Service. She worked on international

conservation policy and field assistance and holds a Ph.D. in soil science. Jeri built an organic hobby farm with horses, chickens, bees, orchard, berries, greenhouse and pasture on four acres in Milton, Delaware and maintains a blog at <http://www.longlifeinstitute.net/>.

★ *New!*

**LS142 YOUR LIBRARY—  
MORE THAN BOOKS**

Tuesdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, Sept. 6–Oct. 4  
Instructor: Heather Lachmann

During this five week course you will learn what the Delaware library offers to patrons beyond borrowing books and movies. Bring your tablet or borrow one from Osher. You will learn to download and navigate apps like Overdrive (e-media), Mango (language) and Flipster (magazines). On the last session we will meet at the Lewes Public Library for a tour and demonstration of the new technology lab.

**Class limited to 10 students.**

**Heather Lachmann** is the circulation manager at the Lewes Public Library. She has worked at the library for 11 years.



★ *New!*

**LS143 VEG ADVENTURES**

Mondays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 12–Oct. 10  
Instructor: Ptery Iris

**Directions to the home kitchens will be provided prior to the first class.**

Interested in trying a plant-based diet, but not sure how to get beyond the frozen veg of our childhood kitchens? In this class we will boldly go on veg adventures, together preparing delicious nutritious dishes without the use of animal products or added oils. Classes will take place in the home kitchens of several “Chefs de Veg” and will include wine. Food and wine expenses will be divided among the students and are estimated at \$6–\$7 each session.

**Class limited to 10 students.**

**Ptery Iris** is retired from teaching science, Spanish and English as a second language. She loves singing, dancing, making music and doing a variety of crafts and is passionate about environmental education. An avid gardener, Ptery welcomes the opportunity to share what she has learned about the gardener’s role in “thinking globally, acting locally” to help sustain nature. When Ptery started at Osher in Spring 2014, she took Dorothy Greet’s class in plant-based eating, and has been working on her veggie cooking skills ever since! She now feels ready to pay it forward, and help other aspiring plant eaters.

★ *New!*

**LS144-1 LEADERSHIP PURPOSE  
AND PROCESS (LPP)**

Thursdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, Sept. 8–Oct. 6  
Instructor: John “Jack” Chapin Jr.

**Held at Fred Thomas Bldg., Lewes.  
Class limited to 15 students.**

**LS144-2 LEADERSHIP PURPOSE  
AND PROCESS (LPP)**

Mondays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 12–Oct. 10  
Instructor: John “Jack” Chapin Jr.

**Held at Ocean View Town Hall.  
Class limited to 12 students.**

LPP is for all who are leaders and desire to be better; all interested in team building and leadership advancement; all who may be a leader in business, a nonprofit, government, civic, military, educational, religious, family activity; anyone who is curious about leadership. Five sessions include the role of the leader—leadership of team members—interviewing, eliciting and interpreting behavior—performance reviews, the art of constructive criticism, the road to effective leadership and getting team results.

**John “Jack” Chapin Jr.** holds a B.S.B.A. and M.B.A from Washington University (St. Louis) and is a certified management consultant (CMC), senior consulting partner (retired) PricewaterhouseCoopers LLP, president (retired) CHAPIN Associates Ltd. and national chairman and fellow at the Institute of Management Consultants USA, Inc. He worked 19 years in the computer industry with the IBM Corporation.

★ *New!*

## LS145 BASIC WOODWORKING USING HAND TOOLS

Mondays, 1:30 p.m.–3:30 p.m.

Dates: 8 Sessions, Sept. 12–Oct. 31

Instructor: Joseph DeFeo

This course will be basic instruction on woodworking including selecting and preparing your wood, how to use various tools and how to design and build projects. Students will learn how to join wood using various joining techniques. Instruction will include sawing, drilling, routing, shaping, sanding and finishing your projects. Classes will also cover maintaining and sharpening your tools. Students will need to bring safety glasses and are encouraged to bring their tools as well. There will be a \$10 fee to cover the cost of the wood.

**Class limited to 8 students.**

**Joseph DeFeo, M.D.**, is a retired Navy surgeon with 30 plus years of woodworking experience. He held positions as a clinical assistant professor of surgery at Temple University Hospital and clinical professor of surgery at Florida State University and University of Florida. He has won numerous teaching awards in surgery as well as giving personal instruction in woodworking to all skill levels of fellow woodworkers.



## PA33 ALTO RECORDERS FOR BEGINNERS

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, Sept. 6–Nov. 15

Instructor: Nikki Roberson

**No class Nov. 8.**

This class is for people who would like to learn to play the alto recorder. Over the ten week session, you will learn how to finger the different notes in the scale, playing short tunes which will reinforce the recorder fingering of the new notes being taught. Be prepared to squeak, squawk and eventually make a nice sound. Laughing is allowed. Students must know how to read music and bring an alto recorder. There will be a \$7 fee for music.

**Class limited to 10 students.**

**Nikki Roberson** graduated from Villa Julie College in Baltimore. She retired after 20 years in the banking industry. In high school she studied voice for three years, and played the piano and trumpet. She sang with the Harford Choral Society before moving to Lewes. She taught herself the Irish penny/tin whistle and recorder to keep her little brain cells active and her arthritic hands nimble.

## PA53 CHORUS

Thursdays, 3:15 p.m.–4:45 p.m.

Dates: 10 Sessions, Sept. 8–Nov. 10

Instructor: Roo Brown

Join the Elder Moments in harmony. Sight reading is preferred but a good ear and smile are a must! We happily sing four to six part harmony and our songs range from folk tunes to John Mandel and John Rutter. You name it, we sing it. All voice parts are welcome.

**Class limited to 60 students.**

**Roo Brown** is a Smith College graduate. She retired from a singing and acting career in 1995. She is now a vocal arranger, composer and volunteer at the Lewes Public Library, lady tenor in the Southern Delaware Chorale and St. Peter's Church Choir and gardener. She leads the Mixed Blessings singing group. Roo received the American A Cappella Alliance's Pan Award in 2000 for her major involvement in a cappella music.

## PA69 GREAT SONGS BY GREAT BROADWAY LYRICISTS

Thursdays, 1 p.m.–3 p.m.

Dates: 9 Sessions, Sept. 8–Nov. 3

Instructor: Gary Lippe

Why do so many people love Broadway musical songs? Because they contain a combination of some or all of the following: meticulously composed music and words, incorporation with the book, great choreography, orchestration, staging and talented people to perform them. We're back with more songs, bonuses and factoids. Again we will enjoy performances of some of your old favorites and perhaps a few new ones. Lyrics will be available via email, so no printing charge! Many of these songs are just fun. Some are inspirational, some have a message and a few may require a tissue. There are a few performances that may figuratively "knock your socks off"! Perhaps they may also invoke a pleasant bit of nostalgia. The moderator invites participants to join the discussions with their insights and opinions.

**Class limited to 70 students.**

**Gary Lippe** has taught computer subjects for five years at Osher in Lewes. He grew up in the 50s during the origin of rock and roll but had a leaning toward Broadway musicals. He maintains that passion today.

★ **New!**

**PA73 INTRODUCTION TO SONGWRITING**

Wednesdays, 3:15 p.m.–4:45 p.m.  
Dates: 5 Sessions, Oct. 19–Nov. 16  
Instructor: Kent Schoch

Participants will learn the basics of song structure and lyric writing, focusing on melody, verse and chorus. Examples will be drawn and dissected from well known popular music. Students will have the opportunity to write a song as a group or individually. Group and individual critique will be offered. Musical ability is not a requirement.  
**Class limited to 20 students.**

**Kent Schoch** is a graduate of the University of Delaware with a degree in English literature. Since graduation he has owned and operated a small electrical business, invested in real estate and worked as a performing songwriter in a band and solo. Kent is also an active member of, and regular contributor to, the Rehoboth Beach Writer's Guild.

★ **New!**

**PA74 THREE OPERAS OF DAZZLING VOCAL TECHNIQUE**

Mondays, 1:30 p.m.–3 p.m.  
Dates: 10 Sessions, Sept. 12–Nov. 14  
Instructor: Patricia Mossel

*Matilde di Shabran* by Rossini displays the amazing vocal skill of Juan Diego Florez which has made him the most famous citizen of Peru and provides him with a cast of equal quality. This rarely performed last semi-seria opera by Rossini is a hybrid genre mixing both serious and comic elements in which a misogynist loses his heart and head over a wily beautiful woman. *Les Huguenots* by Giacomo Meyerbeer provided the ideal vehicle for Joan Sutherland's final performance in a

remarkable career. The venue is appropriately the Sydney Opera House and the conductor is Richard Bonyng, husband and artistic partner with Sutherland during her long and illustrious career. *Il Trovatore* by Verdi demands a cast of mature dramatic vocal artists. Sondra Radvanovsky, Marcelo Alvarez, Dolora Zajick and Dmitri Hvorostovsky provide the ideal cast for this magnificent performance at the Metropolitan Opera, demonstrating why this is one of the most popular operas of the standard repertory.  
**Class limited to 70 students.**

**Patricia Mossel** holds an M.A. from Yale University in English literature and a B.A. from the University of Rochester in English literature. She taught college level English literature and Shakespeare honors; was director of development for San Francisco Opera; was the executive director of the Washington National Opera, resident company of the Kennedy Center for the Performing Arts in Washington, D.C.; and has served on boards, including the National Society of Fund Raising Executives and Opera America. Pat currently serves on the board of the Dallas Morse Coors Foundation for the Performing Arts.



★ **New!**

**PA75 JAZZ: THE ART OF LISTENING**

Wednesdays, 1:30 p.m.–4 p.m.  
Dates: 10 Sessions, Sept. 7–Nov. 16  
Instructor: Jon Newsom  
**No class Oct. 12.**

This course is for those who like jazz and have learned some great solos well enough to sing along; like jazz but have experienced it only as background music at parties; don't much like jazz but would like to learn how to enjoy listening to it. In this class, you may hear jazz for the first time as music that is as engaging as Bach's, Mozart's and that of any of the great composers. Indeed, many of you may hear the great music in the western classical music tradition in ways you have never done before. This course is not a historical survey but a guide to listening to any music through following the sometimes difficult rhythmic, melodic, harmonic and formal complexities of America's most original contribution to the music of the world. We will explore vocal and instrumental jazz in both composition and, above all, improvisation. Materials for course preparation and presentation are donated by Winslow Media, LLC.  
**Class limited to 70 students.**

**Jon Newsom** was educated at Columbia College (1963), where he majored in music and at Princeton University (1965), where he received his M.F.A. in musicology. He studied jazz with Lennie Tristano. Jon escaped the "Halls of Ivy" to take a job as a reference librarian in the music division of the Library of Congress, where he wound up as chief, retiring to join Osher in 2008 to recover his sanity.

★ **New!**

## PA76 BREATHING TECHNIQUES FOR SINGERS

Thursdays, 1:30 p.m.–3 p.m.

Dates: 1 Session, Sept. 29

Instructor: Michael Burkhart

Why do we breathe? To live, of course, but the reason we take the next breath may surprise you. Lack of understanding of this bit of physiology stands in our way of better singing. The class will cover some of the ways we can sustain a note longer, sing a longer phrase and make a more resonant sound without running out of breath. Using songs we all know, we shall discover some of the bad habits and learn how to practice proper techniques.

**Class limited to 25 students.**

**Michael Burkhart** began his interest in music with his study of the mathematics of sound at the U.S. Naval Academy. He dabbled in singing at the time but became more serious when he became a barbershop quartet singer. He has received training from the S.B.E.S.Q.S.A. (now known as the Barbershop Harmony Society) in singing techniques, vocal production, music theory, chorus conducting and other aspect of music and performance. He is an active member of the Nautical Sounds chorus and occasionally sings in a quartet. He has been a soloist and a chorus director and church choir member. His understanding of music has been enhanced a bit by his experience as a helicopter pilot and as a physician.



## RR02-1 ENGLISH COUNTRY DANCE

Thursdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, Sept. 8–Nov. 10

Instructors: Ted Mason, Carol West

**Held at Fred Thomas Bldg., Lewes.**

**Class limited to 24 students.**

## RR02-2 ENGLISH COUNTRY DANCE

Wednesdays, 9:30 a.m.–10:30 a.m.

Dates: 4 Sessions, Sept. 14–Oct. 5

Instructor: Carol West

**Held at Ocean View Town Hall Pavilion.**

**Class limited to 18 students.**

Come and enjoy the dance form America grew up with. It's been fun for more than three centuries, it's still fun and we think you'll like it. It's easy to learn! If you can walk and smile, you can do this kind of dance. The caller will explain all the moves and walk you through the dance before it starts, then continue to prompt you as the dance goes on. The dances focus on the group, not the individual. We customarily change partners after each dance, so we get to dance with lots of different people. We're a friendly group! It's easy and there's the music! It's NOT to be missed!

**Ted Mason** holds a bachelor's degree in humanities and a degree from Colgate Rochester Crozer Theological Seminary (M.Div.). He works at the Sussex YMCA teaching aquatic classes. Ted holds an instructor's certificate from the American Arthritis Foundation. He is a coach for Delaware 50+ for its *Matter of Balance* program.

**Carol West** was a high school math teacher in Maryland for 25 years. She is a beginner caller for English Country Dance. She enjoys music in all forms and plays violin and handbells.

## RR04 WALK AND TALK

Tuesdays, 2 p.m.–4 p.m.

Dates: 5 Sessions, Oct. 11–Nov. 15

Instructors: Joan Ridolfi, Sandra Sullivan

**No class Nov. 8.**

Enjoy guided exploratory brisk and lively walks of familiar and not so familiar local areas. Meet new and old friends along the way. All walks are approximately two miles or more. Possible walking locations are historical towns and trails in Sussex and Kent counties and, occasionally, Maryland. All registered walkers will receive detailed information prior to the course start date. The walks are usually two hours or less.

**Class limited to 40 students.**

**Joan Ridolfi** is a retired human resources manager. She has always had an interest in nature, outdoor activities and history and has combined all three as a walking tour guide. For 10 years she was a docent at the Nanticoke Indian Museum and has made several trips to the Navajo Indian Reservation in Arizona as a medical team volunteer.

**Sandra Sullivan** is a retired high school teacher and coach with 36 years experience. She has an M.S. in special education and an M.A. in counseling. Sandra is an avid educator who continues to enjoy learning the history and natural surroundings of this wonderful area and working with Joan allows her to keep learning and share in this knowledge.

## RR15 MAH JONGG FOR BEGINNERS

Wednesdays, 12:45 p.m.–4 p.m.  
Dates: 10 Sessions, Sept. 7–Nov. 16  
Instructor: Paulette Criaris, et.al.  
**No class Oct. 12.**

For beginners (never played before). This ancient Chinese game is great fun, challenging and can be addictive. We like to call it yoga for the brain. It will challenge your little gray cells and help keep you mentally young. By the end of the course you will know the basics of the game, learn some winning strategies and meet other Mah Jongg enthusiasts. The class will consist of five instructional classes and five sessions of supervised playing of Mah Jongg. There is an additional \$7 fee for the *Official Hand and Rules Card* of the National Mah Jongg League, Inc., which will be supplied by the instructors.

**Class limited to 12 students.**

**Paulette Criaris** received a B.S. from Wagner College and M.S. from College of Staten Island in elementary education. She worked in the New York City public schools for 17 years and taught at almost every level from Head Start to the community college level. She established one of the early school-based computer programs at the elementary school level. Paulette returned to college to receive an A.S. in computer science from Middlesex County Community College. She worked in the Bell system, becoming a member of technical staff and retiring as a senior software engineer after working on many of the computer applications still running our land lines today.

## RR16 MAH JONGG CLUB

Wednesdays, 12:45 p.m.–4 p.m.  
Dates: 10 Sessions, Sept. 7–Nov. 16  
Instructor: Paulette Criaris  
**No class Oct. 12.**

Students must know how to play Mah Jongg. Time is set aside for those who enjoy the game to get together and play. Students must obtain their own Mah Jongg Official Hands and Rules Card. Please state on the registration form if you are willing to bring an American Mah Jongg set for use in class. We will need a set for each group of four students.

**Class limited to 20 students.**

**Paulette Criaris.** See course RR15 for instructor's information.

## RR22 BEGINNER/REFRESHER BRIDGE I

Mondays, 9 a.m.–Noon  
Dates: 9 Sessions, Sept. 19–Nov. 14  
Instructors: Katherine Boboshko, Eileen Zampini

This course is designed for new bridge players and players who would like a refresher of the basic rules. Course will use the ACBL teaching series of books by Audrey Grant and updated by Betty Starzec. The first book is the Club Series is the *ACBL Bidding in the 21st Century* textbook. These materials reflect more modern bidding methods. Topics include history of bridge, opening bids, responses to opening bids, no-trump bids, rebids by opener and responder, overcalls, takeout doubles and Stayman convention. Materials will be provided, but card donations are always welcome.  
**Class limited to 24 students.**

**Katherine Boboshko** is a retired registered nurse. Katherine is a bridge lover for 45 years. She taught beginning bridge 1999–2001. She is a mother of three and grandmother of six.

**Eileen Zampini** is currently the program leader of casual bridge at the

Lewes Senior Center. Eileen has a B.S. in information system management from Widener University in Wilmington, Delaware. She has played bridge for over 40 years and enjoys the bridge game and the social gathering that bridge provides.

## RR25 INTERNATIONAL DANCING FOR FUN AND FITNESS

Tuesdays, 1:30 p.m.–3 p.m.  
Dates: 10 Sessions, Sept. 6–Nov. 15  
Instructor: Andrew Montano  
**No class Nov. 8.**

This semester will include new dances and the most popular previously taught dances. International dancing has become a popular and enjoyable physical activity. The dances taught in this program illustrate the types of dance enjoyed by different cultures around the world and use a variety of rhythms and dance movements that are fun to do. Partners are not required and no previous dance experience is necessary. If you can walk, hop and run (a little) you can learn international dancing and experience the energy and exuberance associated with the dances of Israel, the satisfaction that comes from Greek dancing, the fun of Italian dances and the pride that comes from mastering the lively Balkan, Russian and Scottish dances. International dancing is a great way to exercise both mind and body, improve stamina and balance, meet people and have fun dancing together. **Class limited to 32 students.**

**Andrew Montano** is a retired electrical engineer. He is an international folk dance instructor and leader for over 30 years in New Jersey at the Bridgewater Senior Center, the Monmouth and Morriston Folk Dancers and an adjunct professor teaching international folk dancing at Ocean County College.

## RR28 DISCOVER SLOWER LOWER DELAWARE

Tuesdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, Sept. 6–Oct. 4  
Instructors: Agnes Brien, Maureen Sherlock

Enjoy leisurely strolls through a few of Southern Delaware's delightful walking areas. This late summer-early fall session will give us a chance to get to know each other while we explore nature and history south of the bridge. We plan a diverse series of walking tours to appeal to the different interests of our participants. Some or all of the locations are handicapped accessible for those with limited walking ability. We will meet at the different walking tour sites. The schedule and detailed directions will be distributed before the first session. **Class limited to 20 students.**

**Agnes Brien** graduated from Fordham University in New York City. Her teaching career centered around her family for many years, after which she worked in various positions in Fairfield County, Connecticut. She retired as assistant city clerk for the city of Norwalk and moved to southern Delaware in 1998. Agnes has attended Osher for more than 15 years. She has explored the local area with friends and with her seven children and eight grandchildren when they visit from Connecticut.

**Maureen Sherlock** earned a B.S. in geology and biology at City College of New York, and an M.S. in geology at the University of California, Berkeley. She spent her professional career with the U.S. Geological Survey in Menlo Park, California, and Washington, D.C./Reston, Virginia. She has organized and led various field trips to geologic and combined geologic and historic sites throughout her career. Maureen has attended Osher every year since she moved to Delaware in the summer of 2003.

★ *New!*

## RR30 BRIDGE IV—COMMONLY USED BRIDGE CONVENTIONS

Thursdays, 9 a.m.–Noon  
Dates: 9 Sessions, Sept. 22–Nov. 17  
Instructors: Alan Chalk, Eileen Zampini

This course is designed for experienced bridge players who would like a refresher in commonly used bridge conventions. The course will use the ACBL teaching series of books by Audrey Grant and updated by Betty Starzec. This is the fourth book in the series, the *Spade Series—ACBL Commonly Used Conventions in the 21st Century*. Topics include: Stayman and Jacoby conventions, major and minor suit openings and responses, subsequent auctions, weak two-bids and strong two club openings. This course will also include refreshers from previous semesters including cuebids, slams and doubles. Instruction will be the first part of the course, followed by play in the second part. There will be a charge for this book, approximately \$10. **Class limited to 20 students.**

**Alan Chalk** holds a Ph.D. in chemistry, University of London, England. He has previously given courses in microbiology, evolution, nutrition and longevity.

**Eileen Zampini.** See course RR22 for instructor's information.



SCIENCE/MATH

## SS94 BEACHCOMBING 101

Thursdays, 9 a.m.–12:15 p.m.  
Dates: 10 Sessions, Sept. 8–Nov. 10  
Instructor: Tom Lord

It's been said that Delaware is a beachcomber's paradise; it is directly next to two coastal zones rich in marine life. Of interest to beachcombers are the internal and exoskeletons of the creatures that inhabit the watery boundaries of the state. Each day, curious artifacts of these organisms tumble onto the beaches along Delaware's shore in the form of bones, shells, casts, molds and relics. Historic records reveal that items collected on our beaches have, over time, served humankind as currency, tools, agriculture, musical instruments, art and personal adornment. The pastime is best performed after ocean storms or following exceedingly high or low tides. You are invited to join a hearty group of beachcombers from the area as we scour the area's beaches along the Atlantic Ocean and Delaware Bay. This class will begin at the Fred Thomas Building each week then move to the beach. **Class limited to 25 students.**

**Tom Lord** is a retired college professor. He holds a doctoral degree in biology from Rutgers University and has taught science classes for over 40 years. He has presented over 50 papers at professional meetings and written over four dozen articles in juried science journals. The National Association of Biology Teachers honored Tom with the outstanding biology researcher/instructor award in 2004 and he was presented with the distinguished professorship in teaching honors in 2006 from Indiana University of Pennsylvania. Upon his retirement in 2012 he was honored as professor



emeritus from the department of biology at the Indiana University of Pennsylvania.

### SS114 MUSHROOMING 101

Mondays, 9 a.m.–12:15 p.m.  
Dates: 10 Sessions, Sept. 12–Nov. 14  
Instructor: Tom Lord

Explore the wondrous world of mushroom collecting. Mushrooms belong to a group of living things called fungi, organisms that are so strange that they are given a kingdom of their own. Fungi live everywhere, in air, water, land, soil and on plants and animals. Most folks do not realize that the mushrooms they see above ground are really just the unit that disseminates reproducing cells for the fungus. The bulk of the fungus body lies underground. During the class we will go over the parts of a mushroom, their benefits, their risks, their habits and how one can recognize a few representatives of the most prevalent categories of mushrooms. If the weather cooperates, the participants will carpool to sites around the area during the later portion of class to explore for mushrooms. The class is designed for the beginner mushroomer. Although we will discuss representative edible and nonedible mushrooms during the semester, the course is not designed to teach participants which mushrooms are safe to eat and which are poisonous. Neither is the course designed to teach participants the scientific nomenclature of mushrooms, the categories of mushrooms nor the recipes for preparing mushrooms for consumption.

**Class limited to 25 students.**

**Tom Lord.** See course SS94 for instructor's information.

### SS118 GARDENING WITH NATIVE PLANTS TO SUSTAIN WILDLIFE

Tuesdays, 3:15 p.m.–4:45 p.m.  
Dates: 5 Sessions, Sept. 6–Oct. 4  
Instructor: Ptery Iris

This class will address the importance of planting native plants in the home garden landscape, to reestablish habitat for wildlife and sustain healthy ecosystems. The beautiful songbirds we love can't make it on just the feeders we put out and that is just the tip of the iceberg. Based on the seminal work *Bringing Nature Home* by Doug Tallamy, professor of entomology and wildlife ecology at the University of Delaware, and his most recent book, *The Living Landscape* with Rick Darke, renowned author and consultant for living landscapes, this class will explore how we can reverse the decline in biodiversity starting in our own backyards. We will travel to the instructor's home garden, a certified wildlife habitat, to see examples of native plants used in the landscape and of sustainable gardening techniques.

**Class limited to 25 students.**

**Ptery Iris.** See course LS143 for instructor's information.

★ *New!*

### SS132 CONTEMPORARY ENVIRONMENTAL ISSUES

Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, Sept. 7–Oct. 5  
Instructor: Rae Tyson

When the first Earth Day was celebrated 46 years ago, environmental concerns largely revolved around clean air and water along with a worry about the effects of improper toxic waste disposal. Since that first Earth Day in 1970, new issues have emerged. Among them: climate change, energy exploration including the controversial gas extraction method called fracking and a new concern about the health and environmental implications of genetically modified organisms (GMOs). This course will take an objective, unbiased science-based look at these and other emerging environment and health-related issues.

**Class limited to 15 students.**

**Rae Tyson.** See course LS128 for instructor's information.

## Gifts

While we calculate membership fees to cover our operating costs, we always have a need for additional and upgraded audiovisual equipment, computers, classroom teaching aids and library materials.

Many of those items are paid from the Gift Fund.

We are happy to receive your donations to the Gift Fund for a specific use or, preferably, unrestricted so your Council can focus them on our greatest needs. You can include a gift with your registration. For more information on how to make these tax-deductible gifts, contact the OLLI office, 302-645-4111.

★ *New!*

**SS133 NATIVE TREES OF DELAWARE**

Wednesdays, 1:30 p.m.–4 p.m.

Dates: 5 Sessions, Sept. 7–Oct. 5

Instructors: Tom Lord, Joan Mansperger

Who doesn't love trees? They give us shade, food and shelter. They provide a sanctuary for birds and insects, a playground for squirrels and monkeys, a resource for artists and cabinetmakers and a livelihood for woodsmen and foresters. Trees clean and moisten the air, anchor and enrich the soil, produce shade and create wind barriers for the weather. Like other green plants, they produce oxygen, carbohydrates, proteins, oils and vitamins. Furthermore in the temperate zones their beauty changes with the seasons. In this course, we will talk about the major tree types and families and learn the terminology useful in differentiating between trees. We will apply our skills by identifying trees during weekly field trips to nearby parks, neighborhoods and forests. **Class limited to 25 students.**

**Tom Lord.** See course SS94 for instructor's information.

**Joan Mansperger** retired to Lewes after a career in human resources. She has a B.A. in biology from the University of San Diego and an M.B.A. from Plymouth State University in New Hampshire. She has greatly enjoyed the many Osher courses on nature and the environment and is looking forward to exploring these topics as an instructor.

★ *New!*

**SS134 THE GLIMPSE EXPERIMENT: MAPPING OUT THE MILKY WAY**

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 4 Sessions, Sept. 7–Sept. 28

Instructor: Douglas Hemmick

Looking out on a dark sky in late summer and early autumn shows a large, wide "band" of faint ghostly white: our home galaxy, the Milky Way. We live within an enormous disk-shaped collection of stars, which makes its presence known in the Milky Way. In recent years, the Spitzer Space Telescope, operating in the infrared wavelength has made some intricate and detailed measurements of the Milky Way structure, showing its shape and size and revealing the "barred spiral" structure of its central disk. These measurements help us to realize our place as citizens within the vast arena of stars of our Milky Way.

**Class limited to 40 students.**

**Douglas Hemmick** holds a Ph.D. and M.S. from Rutgers University. Douglas has had a keen interest in quantum physics for over 25 years and has performed original research into the refutation of Conway and Kochen's "free will" theorem. He is the principal author of the 2011 book *Bell's Theorem and Quantum Realism*. Doug is now working on a second book with the same coauthor and writing a monthly column on stargazing and amateur astronomy.

★ *New!*

**SS135 MARTIN GARDNER'S MATHEMATICAL GAMES**

Thursdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, Oct. 13–Nov. 10

Instructor: Dean Hoover

Martin Gardner (1914–2010), a writer, philosopher and conjurer who wrote the *Mathematical Games* column in the *Scientific American* from 1957 until 1982 claimed his success was due to the fact that he was not trained as a mathematician. He worked hard to understand the mathematics he wrote about. We will explore a few topics from his column. String figures (think cat's cradle), flexagons (think paper folding), the golden ratio, the propeller theorem and others. Come enjoy the fun.

**Class limited to 70 students.**

**Dean Hoover** taught mathematics at Alfred University for 34 years and is now retired. He has enjoyed teaching courses covering the entire undergraduate math curriculum, including topics like mathematical modeling, nonlinear dynamical systems and chaos. Dean has kept bees in the past and now cares for an observation hive at Cadbury.

**Orientation and Photo ID Session**

**Wednesday, August 31  
Ocean View Town Hall  
10 a.m.–1 p.m.**

IDs available to full-year Osher members only.

There is a \$10 charge for ID.

★ *New!*

**SS136 FALL FIELD BIRDING—  
SOUTH OF THE BRIDGE**

Wednesdays, 8 a.m.–11:30 a.m.  
Dates: 5 Sessions, Oct. 19–Nov. 16  
Instructors: Bill Fintel, Sally Fintel

The primary difference between this course and previous fall field birding courses is that we plan to visit and bird many more southern Sussex County locations, like Assawoman Bay Wildlife Management Area, ocean birding off Bethany Beach and Fenwick Island and birding the newly created Delaware Botanical Gardens. Fall birding along the coast is “birding at its best,” as the birds are not in a rush with the breeding urge of spring now over. In fall most are just taking it easy, enjoying the new

summer crops of fruits, seeds and insect abundance, maybe even topped off with some fermented fruit.

**Class limited to 15 students.**

**Bill and Sally Fintel.** See course IS36 for instructors' information.

★ *New!*

**SS137 EARTH'S DYNAMIC  
GEOLOGY**

Tuesdays, 3:15 p.m.–4:45 p.m.  
Dates: 5 Sessions, Sept. 6–Oct. 4  
Instructor: Roz Troupin

Join the instructor in viewing this *Great Courses* lecture series, featuring Michael Wysession, respected geology professor and talented educator. Many of us have visited some of the sites that will be discussed and illustrated: slowly

evolved scenic vistas as well as dramatic natural formations. We are also very aware that sudden natural catastrophes occur such as volcanic eruptions, earthquakes and tsunamis. They are happening now, but many have also been recorded in ancient and biblical history. Insight into underlying geologic processes can enhance our respect for the beauty and the perils of our Earth.

**Class limited to 70 students.**

**Roz Troupin** is a retired faculty radiologist from University of Pennsylvania. Her credentials in geology consist of having passed geology 101 as an undergraduate half a century ago. She has been a docent at the University of Delaware College of Earth, Ocean and Environment since 2003.

## Ocean View Course Schedule

**Fall 2016, September 6–November 16 (No class October 12)  
Classes held at Ocean View Town Hall unless otherwise noted.**

### Monday

**Period 1 (9 a.m.–10:30 a.m.)**

- HE001 The Aging Mind—*Magee* (1)
- HX214 History of South Bethany—*Junkin* (1) \*
- IT001 e-Services—*Keefe* (1) \*
- LS129 AARP Driver-Basic—*Maly* (2) \*
- LS130 AARP Driver-Refresher—*Maly* (2) \*

**Period 2 (10:45 a.m.–12:15 p.m.)**

- HE10 Truth About Cancer—*D. Brown*
- LS144-2 Leadership Purpose—*Chapin* (1)
- LS129 AARP Driver-Basic—Cont'd (2) \*
- LS130 AARP Driver-Refresher—Cont'd (2) \*

**Period 3 (1:30 p.m.–3 p.m.)**

- IS36-1 New Zealand, Mythical Land—*Fintels* (1) \*
- HX205 Presidential Seminar—*Zimmerman* (2)
- LS129 AARP Driver-Basic—Cont'd (2) \*

### Tuesday

**Period 2 (10:45 a.m.–12:15 p.m.)**

- RR28 Discover Slower Delaware—*Brien/Sherlock* (1) +

### Wednesday

**Period 1 (9–10:30 a.m.)**

- HX187 Art Crime—*Kirklin* \*
- AA113 iPhone Photography—*J. Stephanic* (1)
- RR02-2 English Country Dance—*West* (1) \*+
- SS136 Birding—*Fintels* (2) \* +

**Period 2 (10:45 a.m.–12:15 p.m.)**

- HX209 European Art—*B. Stephanic* (1)
- HX208-1 Trails West—*Glick* (2)
- SS136 Birding—Cont'd (2) \* +

**Period 3 (1:30 p.m.–3 p.m.)**

- HX213 Delaware History—*Hiller* (2)

**Period 4 (3:15 p.m.–4:45 p.m.)**

- AA111 Heraldry—*Schalfman* (2)

# Fall 2016 Course Schedule by Day September 6–November 16

Courses held in Lewes unless otherwise noted. (No class October 12 and November 8)

## Monday

### Period 1 (9 a.m.–10:30 a.m.)

- AA64 Oil and Acrylic Painting—*Filemyr/Halloran/Watkins* \*
- LS128 Write Now—*Tyson*
- RR22 Bridge I—*Boboshko/Zampini* \*
- SS114 Mushrooming 101—*Lord* \*
- HE001 The Aging Mind—*Magee* (1) +
- HX210 History of New Zealand—*Redden* (1)
- HX214 History of South Bethany—*Junkin* (1) \* +
- IT001 e-Services—*Keefe* (1) \* +
- IS36-2 New Zealand, Mythical Land—*Fintels* (2) \*
- LS129 AARP Driver-Basic—*Maly* (2) \* +
- LS130 AARP Driver-Refresher—*Maly* (2) \* +

### Period 2 (10:45 a.m.–12:15 p.m.)

- AA64 Oil and Acrylic Painting—Cont'd \*
- RR22 Bridge I—Cont'd \*
- SS114 Mushrooming 101—Cont'd \*
- AA112 Art and Stress Reduction—*Feeney* (1)
- HE10 Truth About Cancer—*D. Brown* +
- HU220 Novel Idea—*S. Letcher* (1)
- HU221 Crime and Humor—*Collins* (1)
- LS143 Veg Adventures—*Iris* (1) +
- LS144-2 Leadership Purpose—*Chapin* (1) +
- LS129 AARP Driver-Basic—Cont'd (2) \* +
- LS130 AARP Driver-Refresher—Cont'd (2) \* +
- HU222 Poetry of John Keats—*Feidel* (2) \*

### Period 3 (1:30 p.m.–3 p.m.)

- AA64 Oil and Acrylic Painting—Cont'd \*
- LS145 Basic Woodworking—*DeFeo* \*
- PA74 Three Operas—*Mossel*
- AA109 Art Free Write—*Bennett* (1) \*
- IT77 iPad Basics—*P. Brown* (1)
- IS36-1 New Zealand, Mythical Land—*Fintels* (1) \* +
- HX205 Presidential Seminar—*Zimmerman* (2) +
- IT92 iPad/iPhone Photo—*Kiker* (2) \*
- IT93 iPhone Phone App—*Kiker* (2) \*
- IT94 Using Maps App—*Kiker* (2) \*
- IS35 Climate Change—*Grier-Reynolds* (2) \*
- LS129 AARP Driver-Basic—Cont'd (2) \* +

### Period 4 (3:15 p.m.–4:45 p.m.)

- IS35 Climate Change—Cont'd (2) \*

## Tuesday

### Period 1 (9 a.m.–10:30 a.m.)

- HE116 (Re)Learn Continuation—*C. Brown* \*
- HX212 Peace Corps—*Fretz* \*
- HU225 Look at Great Art—*Smith* \*
- AA101 Art 101: Oil Painting—*Feeney* (1) \*
- LS142 Your Library—*Lachmann* (1)
- EC07 Retirement Planning—*Loftus* (2) \*
- HE100 Plant Based Dining—*Greet* (2) \*

### Period 2 (10:45 a.m.–12:15 p.m.)

- HX194 Presidential Seminar—*Zimmerman* \*

- HX211 Women's Suffrage—*Vega* \*
- HU224 American Authors—*Ramages* \*
- AA101 Art 101: Oil Painting—Cont'd (1) \*
- HE98 Pilates—*Jackson* (1) \* +
- HE132 Meditation and Self-Awareness—*Rivers* (1)
- RR28 Discover Slower Delaware—*Brien/Sherlock* (1) +
- HE100 Plant Based Dining—Cont'd (2) \*
- HE103 Intro. to Yoga-Based Meditation—*Gilbert* (2) \*

### Period 3 (1:30 p.m.–3 p.m.)

- HU223 Perplexing Homicides—*Zak* \*
- PA33 Alto Recorders—*Roberson* \*
- RR25 International Dance—*Montano* \*
- AA114 Floral Design—*Norman* (1) \*
- HX206 One Minute to Midnight—*Devaney* (1)

- AA10 Beginning Basketry—*Stanhope* (2) \*
- HU84 Film Festival—*Grunders* (2) \*
- RR04 Walk & Talk—*Ridolfi/Sullivan* (2) \* +

### Period 4 (3:15 p.m.–4:45 p.m.)

- EC16 Economic Policy—*Paulson* (1)
- SS118 Gardening with Native Plants—*Iris* (1) \*
- SS137 Earth's Geology—*Troupin* (1)
- AA10 Beginning Basketry—Cont'd (2) \*
- EC17 Hard Economic Choices—*Paulson* (2) \*
- HU84 Film Festival—Cont'd (2) \*
- RR04 Walk & Talk—Cont'd (2) \* +

## Wednesday

### Period 1 (9 a.m.–10:30 a.m.)

- AA91 Craft Circle—*Beebe/McKinnon* \*
- HE99 (Re)Learn Introduction—*C. Brown* \*
- HX187 Art Crime—*Kirklin* \* +
- IS34 Foreign Policy Issues—*Duncan et.al.* \*
- AA113 iPhone Photography—*J. Stephanic* (1) +
- HX207 Civil War—*Hicks* (1)
- RR02-2 English Country Dance—*West* (1) \* +
- SS132 Environmental Issues—*Tyson* (1)
- LS133 Writing a Memoir—*Tyson* (2)
- SS136 Fall Field Birding—*Fintels* (2) \* +

### Period 2 (10:45 a.m.–12:15 p.m.)

- AA91 Craft Circle—Cont'd \*
- HE89 Elder Yoga—*Pearce* \*
- HU218 Philosophy IV—*Woodyard* \*
- RR15 Mah Jongg for Beginners—*Criaris, et.al.* \*
- RR16 Mah Jongg Club—*Criaris* \*
- HX209 European Art—*B. Stephanic* (1) +
- HU204 Making and Enforcing Rules—*Ward* (1)
- HU216 Spanish Golden Age—*Maglione* (1)
- HX195 Labor Organizations—*Rodgers* (2)
- HX208-1 Trails West—*Glick* (2) +
- SS136 Fall Field Birding—Cont'd \* +

### Period 3 (1:30 p.m.–3 p.m.)

- PA75 Jazz—*Newsom* \*
- RR15 Mah Jongg for Beginners—Cont'd \*
- RR16 Mah Jongg Club—Cont'd \*

- HU228 Storytelling—*Ferber* (1)
- SS133 Native Trees—*Lord/Mansperger* (1) \*
- SS134 Glimpse Experiment—*Hem-mick* (1) \*
- AA53 Intermediate Basketry—*Stanhope* (2) \*
- HX213 Delaware History—*Hiller* (2) +
- HU229 Literary Nobels—*Mussoff/Sharkey* (2)
- IT104 Home Computer—*Parfitt* (2)

### Period 4 (3:15 p.m.–4:45 p.m.)

- HE102 Stress and Your Body—*Cole* \*
- PA75 Jazz—Cont'd \*
- RR15 Mah Jongg for Beginners—Cont'd \*
- RR16 Mah Jongg Club—Cont'd \*
- SS133 Native Trees—Cont'd (1) \*
- AA53 Intermediate Basketry—Cont'd (2) \*
- AA111 Heraldry—*Schlafman* (2) +
- PA73 Intro. to Songwriting—*Schoch* (2)

## Thursday

### Period 1 (9 a.m.–10:30 a.m.)

- RR30 Bridge IV—*Chalk/Zampini* \*
- SS94 Beachcombing 101—*Lord* \*
- HE109 Current Medical Topics—*Wexler* (1)
- HU219 Genealogy Workshop—*G. Letcher* (1)
- LS144-1 Leadership Purpose—*Chapin* (1)
- IS30 China—*Yuan* (2) \*
- SS135 Martin Gardner—*Hoover* (2)

### Period 2 (10:45 a.m.–12:15 p.m.)

- HU206 Human Existence—*Golumbic*
- LS140 Homesteading—*Berc* +
- RR30 Bridge IV—Cont'd \*

- SS94 Beachcombing 101—Cont'd \*
- EC08 Financial Workshop—*Clifton* (1)
- HX208-2 Trails West—*Glick* (1)
- HE101 Is Modern Science Ready—*Lin* (2)
- HU121 Constitutional Law—*Boyd* (2)
- HU217 Walt Whitman's America—*McClenahan* (2)

### Period 3 (1:30 p.m.–3 p.m.)

- HE136 A Matter of Balance—*Fleischmann/Ledogar* \*
- PA69 Great Songs—*Lippe* \*
- RR02-1 English Country Dance—*Mason/West*
- AA42 Techniques in Watercolor—*Hunt* (1) \*
- EC18 Retirement Bootcamp—*Jeter/Johnson* (1) \*
- PA76 Breathing Techniques—*Burkhart* (1) \*
- AA14 Stained Glass—*Puch* (2) \*
- LS127 Landscape Design—*Filemyr* (2)

### Period 4 (3:15 p.m.–4:45 p.m.)

- PA53 Chorus—*R. Brown*
- AA42 Techniques in Watercolor—Cont'd (1) \*
- AA14 Stained Glass—Cont'd (2) \*

## Friday

- AA25 Intro. to Clay—*Colemans* 10 a.m.–2 p.m. \* +
- AA115 Drawing Fundamentals—*Wescott* (1) 9 a.m.–3 p.m. \*
- LS05 Kitchen Kapers XXIX—*Fiegels* (1) \* + 10 a.m.–1 p.m.

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# The George Kirilla Jr. Scholarship Fund Application Fall 2016

## • CONFIDENTIAL •

The George Kirilla Jr. Scholarship Fund was established at the Osher Lifelong Learning Institute at the University of Delaware in Lewes by a bequest from the Kirilla family. The Fund uses the income from the bequest and voluntary contributions by members to provide partial scholarships to students based on financial need.

The scholarship process works as follows:

- Provide the information requested below.
- Send this form, together with your completed Fall 2016 Registration Form and Fall 2016 Course Selection Form to the office by **August 11**.

- Do not send a check at this time.
- The chairperson of the scholarship committee will contact you. Together you will agree on an appropriate scholarship amount for your individual case.
- The agreed upon payment must be received no later than **August 18**, in order to participate in the priority lottery.
- Tuition assistance is not available for full year registration.
- Be assured that this entire process is confidential.

### Please complete the following information:

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Your application must be received no later than **August 11, 2016**.  
Mail to: University of Delaware, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958.



## REGISTRATION IS EASY!

Simply complete the form and return it to the office at the Fred Thomas Building OR register online.

### MAIL

Osher Lifelong Learning Institute  
Fred Thomas Building  
520 Dupont Avenue  
Lewes, DE 19958

### IN-PERSON

Mondays-Thursdays  
9 a.m.–2 p.m.  
OLLI Office, Room 109  
Fred Thomas Building

### ONLINE

[www.lifelonglearning.udel.edu/lewes](http://www.lifelonglearning.udel.edu/lewes)

### LATE REGISTRATIONS

Registration forms received after **August 18** will be processed on a space-available basis.

# Fall 2016 Registration Form

**PLEASE CLEARLY FILL IN ALL INFORMATION**

Name (Please print) \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Date of Birth \_\_\_\_\_ Do you use a handicapped parking permit?  Yes  No

If you do not want your address, phone number and email address published in a member directory, please check here:

**In case of emergency or illness, call:**

Name \_\_\_\_\_

Relationship \_\_\_\_\_ Telephone \_\_\_\_\_

**I would like to be actively involved in:**

- Teaching or organizing a course in \_\_\_\_\_
- Serving on the following committee:
  - Academic Affairs  Communications  Community Relations  Gardening  Library
  - Office Volunteer  Planning  Social  Travel

**Education:**  H.S.  Two-year College, A.A.  B.A., B.S., R.N.  M.A., M.S.  Ph.D., M.D., J.D., Ed.D.

**Membership Dues:**  New member  Returning member

\$\_\_\_\_\_ \$175 Fall 2016 semester      \$\_\_\_\_\_ \$260 Fall 2016, Spring 2017 combined membership

\$\_\_\_\_\_ Donation to Gift Fund      \$\_\_\_\_\_ Donation to Kirilla Scholarship Fund

\$\_\_\_\_\_ Total (Make check(s) payable to "University of Delaware.")      Check # \_\_\_\_\_

Credit card:  American Express  Discover  MasterCard  Visa      Amount \$ \_\_\_\_\_

Credit card no: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Authorized Signature Required: \_\_\_\_\_

**New Members: How did you learn about the lifelong learning program?**

- Newspaper article  Friend  Library display  Radio ad  TV  Internet  Other

By submitting this form, I agree to hold the University of Delaware, its Trustees, officers, employees and agents harmless for any claims of personal injury or damage arising out of my association with the program or presence on the University campus, including any injury or damage arising as a result of the University's negligence. I authorize the University to record or photograph my image and/or voice for use by the University or its assignees in educational and promotional programs and materials.

Signature Required \_\_\_\_\_ Date of Registration \_\_\_\_\_

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# Fall 2016 Course Selection Form

*Please choose your courses in order of priority.*

Course Code	Course Title	Day/Time	Wait Listed Spring 2016
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____
13. _____	_____	_____	_____
14. _____	_____	_____	_____
15. _____	_____	_____	_____

**Please use your priorities wisely!**

Sign up only for those you intend to take—and DO NOT sign up for multiple courses in the same time slot.

The smaller the class limit, the greater the likelihood of waiting lists.

Note: If you were wait-listed for a course during the previous semester, you receive preference this semester if (1) the identical course is offered again and (2) you indicate the course as your Priority 1.





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Name (Please print) \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Date of Birth \_\_\_\_\_ Do you use a handicapped parking permit?  Yes  No

If you do not want your address, phone number and email address published in a member directory, please check here:

#### *In case of emergency or illness, call:*

Name \_\_\_\_\_

Relationship \_\_\_\_\_ Telephone \_\_\_\_\_

#### *I would like to be actively involved in:*

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\$\_\_\_\_\_ Total (Make check(s) payable to "University of Delaware.")      Check # \_\_\_\_\_

Credit card:  American Express  Discover  MasterCard  Visa      Amount \$ \_\_\_\_\_

Credit card no: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Authorized Signature Required: \_\_\_\_\_

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- Newspaper article  Friend  Library display  Radio ad  TV  Internet  Other

By submitting this form, I agree to hold the University of Delaware, its Trustees, officers, employees and agents harmless for any claims of personal injury or damage arising out of my association with the program or presence on the University campus, including any injury or damage arising as a result of the University's negligence. I authorize the University to record or photograph my image and/or voice for use by the University or its assignees in educational and promotional programs and materials.

Signature Required \_\_\_\_\_ Date of Registration \_\_\_\_\_

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# Fall 2016 Course Selection Form

*Please choose your courses in order of priority.*

Course Code	Course Title	Day/Time	Wait Listed Spring 2016
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____
13. _____	_____	_____	_____
14. _____	_____	_____	_____
15. _____	_____	_____	_____

**Please use your priorities wisely!**

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Note: If you were wait-listed for a course during the previous semester, you receive preference this semester if (1) the identical course is offered again and (2) you indicate the course as your Priority 1.

## Fall 2016 Calendar

Saturday, August 13	Coastal Concerts at Osher, 4 p.m.
Thursday, August 18	Priority Registration Deadline, 2 p.m.
Monday, August 29	Room setup day, 11 a.m.–2 p.m.
Wednesday, August 31	Orientation and ID photo session, Ocean View Town Hall, 10 a.m.–1 p.m.
Thursday, September 1	Instructor and New Member Orientation, 10–11:30 a.m. Photo ID session, 11:30 a.m.–1 p.m.
Monday, September 5	Labor Day, Office closed
Tuesday, September 6	First day of classes
Tuesday, October 11	Second session begins
Wednesday, October 12	No classes, school picnic
Thursday, October 13	Flu shot clinic, 3–5 p.m.
Tuesday, November 8	No classes, Election Day
Wednesday, November 16	Last day of classes
Tuesdays	Lunchtime T'ai Chi, 12:30–1 p.m.



Founded & Headquartered  
in Rehoboth Beach

*“We have roots here,  
not just branches.”*

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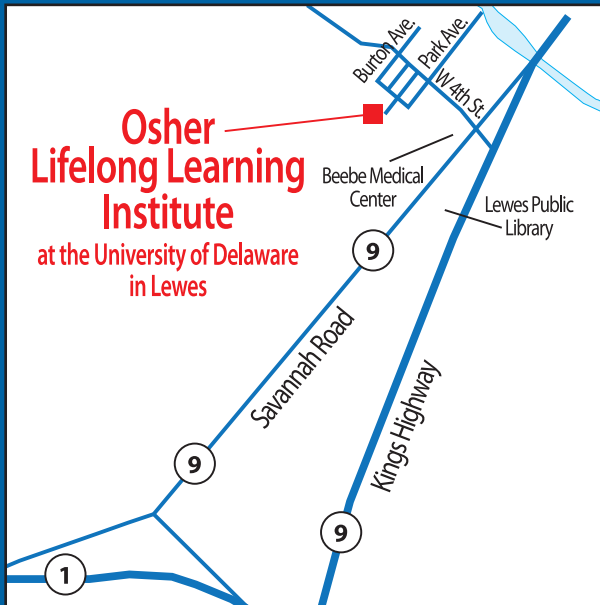


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■ Town Hall and Community Center  
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