

Osher Lifelong Learning Institute

at the University of Delaware

NEW LOCATION!
Fred Thomas Building
520 Dupont Avenue/Lewes

OSHER
LIFELONG
LEARNING
INSTITUTE

Fall 2013 Catalog
September 9–November 20





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We are honored to support the Osher Lifelong Learning
Institute at the University of Delaware in Lewes



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Osher Lifelong Learning Institute

at the University of Delaware in Lewes

A program of the Division of Professional and Continuing Studies

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Osher Lifelong Learning Institute
at the University of Delaware in Lewes

**NEW
LOCATION!**

**Fred Thomas Bldg., 520 Dupont Ave.,
Lewes, DE 19958**

Phone: 302-645-4111 • Fax: 302-645-4112

Email: LLL-lewes@udel.edu

www.lifelonglearning.udel.edu/lewes

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General Information

About Osher Lifelong Learning in Lewes

In 1989, the University of Delaware established the Southern Delaware Academy of Lifelong Learning. In 2010 the Academy received endowment support from the Bernard Osher Foundation. In recognition of that support, we joined similar organizations in 49 other states and became the Osher Lifelong Learning Institute (OLLI) at the University of Delaware in Lewes.

We operate a self-governing, cooperative education community that promotes and provides intellectual, cultural and art-of-living learning experiences in a supportive social environment for mature active adults in Southern Delaware under the aegis of the University of Delaware's Professional and Continuing Studies.

Membership

Membership is open to men and women 50 years of age or older and to members' spouses or partners at any age. Whether your formal education ended early in life, or includes advanced degrees, we welcome you. An interest in learning is all that is required. Registration forms are at the back of the catalog and online.

Member Benefits

- Register for as many classes as you like.
- Participate in OLLI sponsored trips.
- Internet access, an email account and virus protection via the UD system (full year membership only).
- Audit of one UD credit course per semester for a \$30 registration fee on a space-available basis. (Not including associate in arts program or online/distance learning courses.)
- Discount on computer software.

Membership Directory

We are a community and want to be able to contact one another. Please support us by allowing your address, phone number and email address to be listed in our directory. You can do this on your registration form. We do not share our directory with the general public and rely on our members not to do so or to use it for commercial purposes.

Note: It is important that you keep your contact information up to date, so we can advise you of important information and events.

Opportunities

We encourage you to offer new course ideas, serve as instructors, be committee members and contribute items for our newsletter, *The Tides: Breaking News from Lifelong Learning*. Your active participation is a great way to develop new friendships and be part of a dynamic team!

Course Registration

New! You will be able to register online.

You may register for as many courses as you like, but please only sign up for those you intend to take—and DO NOT sign up for multiple courses in the same time slot.

Select your courses in order of priority by clearly filling in the Fall 2013 Course Selection Form (page 36 or 38). Be sure to include your course code, course title and day/time for each class.

Maximum class size is 65, but some courses will have smaller limits, so use your priorities wisely.

No course assignments will be made before the priority registration deadline, Thursday, **August 22**, 2 p.m. After the deadline, registrations will be processed in this order:

- Priority selections, in order of priority (by random draw, if selections exceed seats available);

- Registrations received after the priority deadline, Thursday, **August 22**, 2 p.m. and multiple registrations for the same time slot will be processed on a space-available basis.

Note: If you were wait-listed for a course during the previous semester, you receive preference this semester if (1) the identical course is offered again and (2) you indicate the course as your Priority 1.

How to Register

You may register and pay online at www.lifelonglearning.udel.edu/lewes, by mail or in person (Mondays through Thursdays, 9 a.m.–2 p.m.) with the Fall 2013 Registration Form, together with payment, at the new OLLI office, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958. Checks to be made payable to University of Delaware.

When to Register

You may register in the office Monday through Thursday, 9 a.m. to 2 p.m., beginning **July 22**. The priority registration deadline is 2 p.m. on **Thursday, August 22**.

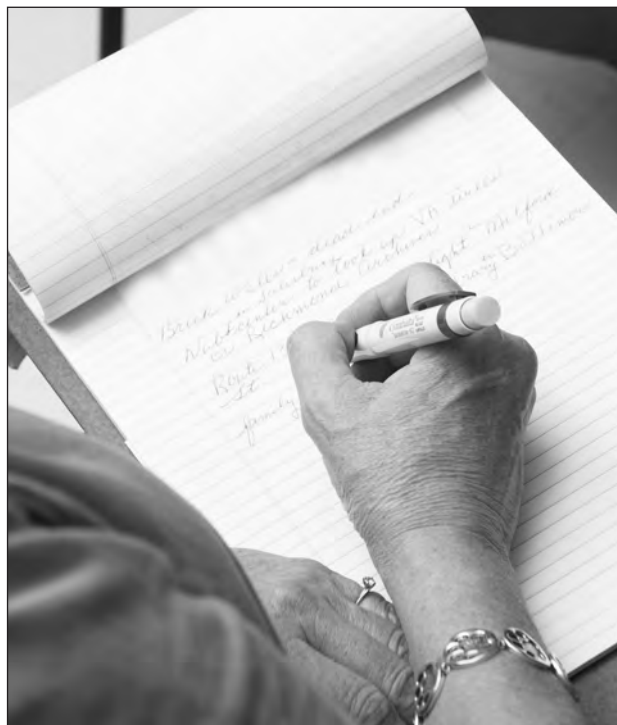
Fees

The membership fee is \$225 for the fall and spring semesters combined, or \$130 for only the fall semester. Our program depends almost entirely on registration fees, which are applied to our operating expenses, including rent for use of the Fred Thomas Building, staff salaries and the cost of printing and postage.

Tuition Assistance

Partial scholarships (up to half tuition, for a single semester only) are available. A Scholarship Application form, at the back of the catalog and online, must be completed and mailed or delivered to the office no later than **August 8, 2013**. Scholarship requests cannot be made online.

The George Kirilla Jr. Scholarship Fund was established by the Kirilla family to underwrite



this assistance. You are encouraged to make contributions to this fund on your Fall 2013 Registration Form.

Refunds

No membership refunds will be given after the end of the second week of the semester. You must submit any request for refund in writing to the OLLI office. A \$15 charge will be deducted from **all refunds**.

Gifts

While we calculate membership fees to cover our operating costs, we always have a need for additional and upgraded audiovisual equipment, computers, classroom teaching aids such as maps, films and library materials. Many of those items are paid from the Gift Fund. We are happy to receive your donations to the Gift Fund for a specific use or, preferably, unrestricted so your Council can focus them on our greatest needs. You can include a gift with your registration. For more information on how to make these tax-deductible gifts, contact the OLLI office, 302-645-4111.

Lunch

Social interaction is important to our community. We encourage you to continue class discussion or simply to chat and become better acquainted during the noon hour. Bring your brown-bag lunch and store it in the refrigerator.

Textbooks, Supplies and Handouts

The catalog lists any textbooks or other supplies required for some courses and any charge for handouts beyond the allocation provided each instructor. You are responsible for these costs.

Orientation

New Member and Instructor Orientation— Thursday, September 5, 2013

10 a.m.–10:30 a.m. Coffee Social

10:30 a.m.–11:30 a.m. Orientation Program

All instructors, new and current, and new members are encouraged to attend.

Location and Parking

Most courses are held at our new location at the Fred Thomas Building, 520 Dupont Avenue in Lewes. Some courses are held at the Rehoboth Art League, Cadbury at Lewes, and the Bethany Beach Municipal Building and Community Center. These locations have convenient parking. Member handicapped parking is available in the parking lot behind the Fred Thomas Building, where there is a handicapped ramp.

Members may enter from Dupont Avenue and park in the rear of the building. Additional on-street parking is also available. Please do not park in the front of the Fred Thomas Building.

From time to time, courses are held at other locations, including instructors' homes. Information about these locations is contained in the course descriptions.

Identification Badges

We ask our members to wear an identification badge at all times. Member and guest badges (and temporary badges for those who forget) are available in the OLLI office.

Guests

Visitors and prospective members who wish to become familiar with our program are welcome to visit on a single day. Please visit the office to pick up an ID badge.

Inclement Weather Policy

When Cape Henlopen School District classes are cancelled because of inclement weather or an area-wide emergency, Lewes lifelong learning classes are cancelled. When the school district has a delayed opening, our activities—except at the Rehoboth Art League—will begin on time.

Bethany Beach programs follow Indian River School District's announcements, closing when those schools are closed and opening on time when those schools have a delayed opening.

Check for information at the following:

Phone: 302-645-4111 (recorded message)

TV: WBOC

Web: www.lifelonglearning.udel.edu/lewes
www.wboc.com, at weather closings

Travel

OLLI sponsors trips to enhance our educational experience. Many are one-day trips associated with particular courses. At the end of each spring semester, we take several busloads of members to New York City. Information about these trips, including sign-up dates, are posted on the travel bulletin board. Members have first priority, and a surcharge is required of nonmembers. Once final payments have been made, there are **no refunds**. Questions about travel may be directed to Mary Folan, Joan Sciorra or to the OLLI office at 302-645-4111.

T'ai Chi Chih Lunch Enthusiasts

T'ai Chi Chih enthusiasts meet Tuesdays from 12:30 p.m. to 1 p.m. throughout the year. Open to all members.

Fall 2013 Online Catalog

- Visit www.lifelonglearning.udel.edu/lewes to view and print curriculum and the Fall 2013 Registration Form.
- Fall 2013—Lewes catalog may be downloaded for your use and convenience at www.lifelonglearning.udel.edu/lewes.

University of Delaware Policies

Our members must comply with University policies, including those that prohibit sales or solicitations (except for designated activities where they are specifically permitted); sexual harassment; or disruptive behavior.

Advertisements

Ads in this catalog or on our bulletin boards do not reflect an endorsement by OLLI. The advertisers are solely responsible for the contents of such ads.



Fall 2013 Calendar

Thurs., August 22: Priority Registration deadline

Thurs., September 5: Instructor and New Member Orientation—
10–10:30 a.m. Coffee Social
10:30–11:30 a.m. Orientation Program

Mon., September 9: First day of classes

Wed., October 9: No classes; school picnic

Mon., October 14: Second session begins

Tues., November 5: No classes; Election Day

Mon., November 11: No classes; Veterans Day

Wed., November 20: Last day of classes

TBA: Instructors' Recognition Luncheon

Bethany Beach Classes

We are pleased to announce that classes will again be offered in Bethany Beach as part of the Lewes program's Fall 2013 semester. Check the catalog to learn about the interesting classes held on Monday and Wednesday at the Bethany Beach Municipal Building and Community Center, 214 Garfield Parkway, Bethany Beach, DE 19930. If you have any questions, please call the OLLI office at 302-645-4111.

Video Camera Workshop

The video camera workshop, led by Jon Newsom, will be an ongoing workshop throughout our school year. Dates and times will be posted on the Osher Lewes bulletin board... check with Jon.

Instructors' Recognition Luncheon

Keep an eye on the bulletin boards for news about lifelong learning's fall luncheon. We hope to announce the theme when school begins in September... Watch for announcements to see if we can "top the Spring 2013 luncheon." If you have an idea for a doable theme, email it to LLL-lewes@udel.edu with fall luncheon theme in the subject line.

Fall 2013 Courses

Classes begin Monday, September 9, 2013

ART

AA02 BEGINNING WATERCOLOR

Wednesdays, 1:30 p.m.–4 p.m.

Dates: 5 Sessions, September 11–October 16

Instructor: Betty DeBoer

This course is designed to encourage students to develop their own style of painting using basic fundamentals of watercolor. It will include information on materials and equipment, mixing of colors and demonstrations of various watercolor techniques. The instructor will provide a list of materials. Supplies may be ordered from *Cheap Joe's* art supply catalog, 1-800-227-2788. **Class is limited to 16 students.**

Betty DeBoer holds an M.Ed. in education and psychology from the University of Delaware. She has been painting and exhibiting works for over three decades. She has studied privately and has attended many workshops in Delaware, Florida and California. Betty has exhibited paintings in local shows, the Rehoboth Art League and Dover Art League. Betty is a graduate of the Barnes Foundation.



AA10 BASKETRY

Tuesdays, 1:30 p.m.–4:30 p.m.

Dates: 5 Sessions, October 22–November 19

Instructor: Elaine Stanhope

This class is open to all who are interested in basket weaving. Anyone who has never woven a basket or those who have woven up to five baskets are welcome. Basket kits will be provided. There will be a charge for supplies needed to weave two baskets.

Class limited to 15 students.

Elaine Stanhope holds a B.S. from Husson College in business education. She taught on the secondary level in Maine, Massachusetts, Maryland and Virginia; and was a day care director for Kinder Care Learning Centers. She retired from Hughes in data management. Elaine enjoys weaving all types of baskets.

AA14 STAINED GLASS

Thursdays, 1:30 p.m.–4:45 p.m.

Dates: 5 Sessions, September 12–October 10

Instructor: Paul Puch

Students will learn the “Tiffany” method of stained glass. They will design a pattern, cut glass, grind, foil and solder a project. Class is open to beginners and advanced artists. All projects to be approved by the instructor. There will be a \$25 lab fee to cover cost of materials.

Class is limited to 12 students.

Paul Puch holds a B.A. from St. Francis University and an M.A. from Middlebury College. He taught Spanish and Latin at the secondary level for Montgomery County Public Schools in Maryland for 31 years.

AA53 INTERMEDIATE BASKETRY

Wednesdays, 1:30 p.m.–4:30 p.m.

Dates: 5 Sessions, October 23–November 20

Instructor: Elaine Stanhope

This class is open to all who have woven at least five baskets. Baskets woven in this class will be on an intermediate level. There will be a charge for each basket kit provided.

Class is limited to 15 students.

Elaine Stanhope. See course AA10 for instructor's information.

AA64 OIL AND ACRYLIC PAINTING INTERACTIVE WORKSHOP

Mondays, 9:30 a.m.–2:30 p.m.

Dates: 10 Sessions, September 9–November 18

Instructors: Carol Halloran, Sandra Moore, Ellen Watkins

Oil and acrylic painting workshop for intermediate painters. Come join us for a cooperative workshop where we assist and critique each other's work. Gain knowledge from the experience and unique perspectives of three respected artists and learn the protocol of a formal open "crit" session, engaging the entire class in discussion and encouraging critical thinking. Students should bring their own supplies in oils or acrylic medium and a lunch. Some floor easels will be available, but students are encouraged to bring their own setup. Students may bring their own photographs and images for inspiration. Optional art and cultural expeditions may be scheduled once per session to nationally known museums in Baltimore, Philadelphia or Washington.

Class is limited to 16 students.

Carol Halloran is a retired R.N. She has worked pencil sketch portraits and has taken photography classes. Carol now paints mostly landscapes in oil from her photos. She has been with Lewes lifelong learning for nine years.

Sandra Moore has an M.A. from Gallaudet University in education of the deaf and a B.A.

from Moore College of Art in art education. Sandra taught art for five years at Gallaudet University. She retired after 33 years as a teacher of the deaf in Baltimore City public schools. Sandy is a member of the Rehoboth Art League and the Millsboro Art League.

Ellen Watkins has painted for over 30 years. She learned her craft through years at Fairfax Adult Education classes and Corcoran Art School.

AA85 POTTERY BASICS

Fridays, 10 a.m.–2 p.m.

Dates: 10 Sessions, September 13–November 15

Instructors: Carmela Coleman, Barbara Crowl

Held at Rehoboth Art League.

The emphasis of this class will be to introduce beginners to this wonderful art medium and will focus on hand building techniques and throwing on the potter's wheel. Instructional videos will be shown. There will be an additional cost of \$60 (payable to the Rehoboth Art League), which will include 25 pounds of clay and glazing and firing fees. Please wear old clothes and bring an apron and a bag lunch. Instructors are members of the RAL group and have been taught by Amie Sloan.

Class is limited to nine students.

Carmela Coleman has been working with clay since 1996 through Osher Lifelong Learning in Lewes with Amie Sloan. She has her own studio and gallery in her home.

Barbara Crowl studied pottery with Amie Sloan at Osher Lifelong Learning in Lewes. She has taught pottery workshops and assisted in other classes.



AA91 OPEN HANDIWORK AND...

Wednesdays, 10 a.m.–noon

Dates: 10 Sessions, September 11–November 13

Instructors: Barbara Duch, Karen McKinnon

This course is designed for people who would like to work on their latest handiwork project while socializing with each other. This could include knitting, crocheting, cross stitching, quilting, rug hooking, crewel work, sewing, jewelry making, Lego construction, etc. Karen and Barbara will be there to help any basic knitter make an Einstein coat, but there will be no formal instruction. Come, sit, chat and enjoy one another in this casual and totally informal, warm gathering of friendly, creative people.

Class limited to 20 students.

Barbara Duch retired from the University of Delaware where she taught physics, math and education courses. She started knitting in 2009 and loves to knit every day.

Karen McKinnon is a graduate registered nurse from Yale–New Haven Medical Center. She worked as an R.N. for 43 years from OB/GYN to NICU to pediatrics. She retired in 2010. Karen has been knitting for 45 years for relaxation and gift giving.

NEW!**AA92 FIXING FLATS**

Wednesdays, 1:30 p.m.–4:45 p.m.

Dates: 5 Sessions, October 23–November 20

Instructor: Robert Chu

A workshop to review content and techniques to improve existing paintings. Determine when to re-work, re-do or re-think creations. Bring item(s) for discussion/consideration.

Class is limited to 16 students.

Robert Chu has a background in image formation applications in engineering and marketing, from aerospace to industrial photography. Painting and digital imaging complement globe-trotting adventures.

NEW!**AA94 HISTORY OF EUROPEAN ART: RENAISSANCE-MODERN**

Mondays, 10:45 a.m.–12:45 p.m.

Dates: 10 Sessions, September 9–November 18

Instructor: Clive Getty

Discussion of European art from the rebirth with Giotto to the development of abstraction with Kandinsky and Picasso. The course will consist primarily of videotaped lectures from the Great Courses series. **Class is limited to 65 students.**

Clive Getty received a diplome superieur in French civilization from the Sorbonne, a B.A. in history from Muhlenberg College and a Ph.D. in art history from Stanford University. Internationally known as a scholar of the early 19th-century French satirist and proto-Surrealist, J.J. Grandville (1803–47), he has published two books on the artist. He is a professor emeritus of Miami University in Oxford, Ohio.

NEW!**AA95 INTRODUCTION TO DRAWING**

Mondays, 9:30 a.m.–12:30 p.m.

Dates: 10 Sessions, September 9–November 18

Instructor: Marina Borovok

Held at Bethany Beach Municipal Building and Community Center

This course is an introduction to drawing. The following drawing concepts will be covered: perspective, proportion and composition. Students will start with simple line exercises, drawing accurate shapes and progressing to form development using values and the effect of light. Subjects include still life, interiors, landscapes, seascapes. Previous drawing experience is not necessary. Students of all levels are welcome. Students will need to provide their own supplies. The supply list will be available in the office.

Class is limited to 20 students.

Marina Borovok formally began her studio art studies (drawing and oil painting) in the classes of Professors Peter Collier and James Adkins.

Born in the former Soviet Union, she studied biology in Kiev, Ukraine and holds a B.S. and Ph.D. in biology and an M.E. from Johns Hopkins University. Marina enjoys drawing and painting for pleasure and for many clients. Her works can be viewed at www.artlabonline.com/works. Marina believes imagination doesn't have limits. Be free to express yourself in any kind of artistic form. She resides in Frankford, DE.

NEW!

AA96-1 THE WORLD'S GREATEST PAINTINGS

Wednesdays, 1:15 p.m.–2:45 p.m.
Dates: 10 Sessions, September 11–November 20
Instructor: Charlotte B. Smith

Held at Bethany Beach Municipal Building and Community Center

AA96-2 THE WORLD'S GREATEST PAINTINGS

Thursdays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, September 12–November 14
Instructor: Charlotte B. Smith

Held at Lewes Campus.

This course covers a collection of the masterpieces of Western art from the 14th century to the 20th as selected and discussed by a noted art historian. The paintings were chosen for their unique initial impact on the viewer and their emotional and intellectual resonance upon careful observation. We will view the 24 half-hour lectures with discussion and handouts. Some knowledge of the language of art and art history is helpful but not required. **Class is limited to 65 students.**

Charlotte B. Smith holds a B.A. in psychology from Carleton College, MN; and a B.A. in art history from the University of Delaware. She was trained in museum education and guided at the Delaware Art Museum. She studied the American decorative arts at Winterthur Museum and led tours for all age groups. Charlotte has had a lifelong passion for learning about and looking at art.

NEW!

AA97 AHA! GENERATING IDEAS FOR MEANING IN PAINTING AND DRAWING

Tuesdays, 9 a.m.–10:30 a.m.
Dates: 8 Sessions, September 17–November 5
Instructor: Caryl Williams

Leonardo da Vinci, an extraordinary generator of ideas for painting and drawing, writes in his notebook, "It should not be hard for you to stop and look into the stains of walls or ashes of the fire or clouds or mud or like places to find really marvelous ideas." Of course it shouldn't be hard, but it is, and so many of us end up just copying photos. Paint and/or draw your way beyond, into the world of art with meaning. Supplies will be discussed during the first class. Some basic drawing ability necessary.

Class is limited to 18 students.

Caryl Williams holds a B.A. in fine arts from Skidmore College and an M.S. in arts education from George Mason University. Caryl spent over 30 years as an art educator at all levels in New York schools and with Arlington County public schools in Virginia. She wrote art curriculum for the National Gallery of Art, excavated at the archaeological site Caesarea in Israel and has published a children's book titled *The Words*.



COMPUTER SCIENCE

CS53 ADDING PHOTOS AND CLIPART TO WORD DOCUMENTS

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, October 23–November 20

Instructor: Barbee Kiker

Make your holiday letters, newsletters and flyers more interesting. Learn to add photos and clipart to Word 2010 documents. We'll learn how to resize and crop pictures/clipart and how to wrap text. We'll go over the numerous picture formatting options of Word and learn to do columns. Prerequisites: Experience with Word, good keyboard and mouse skills.

Class is limited to 14 students.

Barbee Kiker holds a B.A. and M.S.W. from the University of Georgia. She did computer training and course development for ONLC Training Centers based in Wilmington, Delaware for 15 years. Her courses included introductory, intermediate and advanced classes in Microsoft Word, Excel, PowerPoint, Access and Outlook.

CS61 INTRODUCTION TO WORD PROCESSING USING MICROSOFT WORD 2010

Mondays and Thursdays, 1 p.m.–3 p.m.

Dates: 10 Sessions, September 9–October 10

Instructor: Gary Lippe

This class will prepare students with some computer knowledge to understand word processing concepts and to put them to use using Microsoft's new version of Word. It will cover basics of starting the program, creating documents and printing them. It will cover editing concepts, including cut and paste, formatting and many useful adjuncts in the program, such as dictionaries, spell check and picture insertion. The course will consist of lectures enhanced with on-screen displays, combined with very extensive in-class hands-on experiences. Handouts will be provided. The pace of this class will be slower, enabling most

students to attain proficiency; therefore, questions are encouraged. Students should have a basic familiarity with Microsoft Windows, the computer keyboard and the concept of data files. Touch typing skills are helpful, but not necessary. Students will be provided a computer; may use their own computer if Microsoft Word 2010 is installed.

Class is limited to 14 students.

Gary Lippe holds a B.S. from Thomas Edison State College. He has over 30 years' experience in the information technology field. Programmer/system analyst and corporate instructor at regional education center for a major computer manufacturer. He has more than 15 years' teaching computer and ancillary subjects for an adult proprietary school. Gary has been accredited as a CompTIA Certified Technical Trainer (CTT+).

CS69 CYBER SECURITY/CYBER CRIME

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, September 11–October 16

Instructor: John Hoyt

This class will be a discussion of computer security and cybercrime. We will define terms (what is computer security; what is computer insecurity; what is a cybercrime; and so forth), examine trends (getting better or worse; what about smart phones, etc.), discuss threats, etc. No computer expertise is required. We will not cover how to remove viruses or how to fix your computer. We will cover some of the threats and what should be done to mitigate them.

Class is limited to 65 students.

John Hoyt has over 25 years' experience in managing information technology research and development projects for the U.S. government in the areas of cyber forensic standards, infrastructure protection and information sharing. He was an employee of the FBI for over 17 years. During four years of that time, he was on detail from the FBI to the Defense Advanced Research Projects Agency as a program manager. He received his Ph.D. in information technology from George Mason University.

CS71 BEGINNING COMPUTER 1

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, September 9–October 7

Instructor: Mary Bernheisel

For beginners or people who are uncertain and wants to fill in the gaps. We will cover the Windows 7 desktop, ensure you know how to use the mouse and discuss the difference between the software and hardware. We will also have an introduction to the Internet and email. This is a hands-on class.

Class is limited to 14 students.

Mary Bernheisel has enjoyed extensive travels with her husband, being the reference librarian and a volunteer at the Lewes Public Library and being an OLLI member since moving to Lewes. Previously she was a programmer/analyst for the federal government and retired from the Library of Congress. She holds a B.A. and M.L.S. from the University of Maryland.

CS72 BEGINNING COMPUTER 2

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, September 10–October 8

Instructor: Robert Porta

For the person with some basic knowledge but wants to build confidence. We'll introduce word processing and formatting, learn how to cut, copy and paste, take a look at Windows 7 file management and learn about anti-virus programs. We'll learn more advanced email features such as attachments, organizing mail and setting up address/contact groups. Finally, we'll continue working with the Internet to do searching, shopping and learn how to save favorites. This is a hands-on class. Prerequisite: Beginning Computer 1 or equivalent experience.

Class is limited to 14 students.

Robert Porta served 43 years with the Bell System and its offspring. During 38 of those years he worked on computers, beginning with punch card oriented machines through very large mainframe systems from both IBM and Unisys (Univac) and finally to PCs. In 1983 Bob

was designated as a distinguished member of technical staff at Bell Laboratories.

CS73 INTERMEDIATE COMPUTER 1

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, September 11–October 16

Instructor: Barbee Kiker

For the person who wants to go a little deeper. We will review security issues, backups and updates, learn about the Windows 7 control panel and how to use Help. We'll continue working with the Internet looking at interesting sites for seniors (including social networking), Internet options, Internet banking, etc. This is a hands-on class. Prerequisites: Beginning Computer 1 and 2 or equivalent experience.

Class is limited to 14 students.

Barbee Kiker. See course CS53 for instructor's information.

CS74 INTERMEDIATE COMPUTER 2

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 8 Sessions, September 11–November 6

Instructor: Jon Woodyard

This is an intermediate level course in computer skills and assumes the student has a working knowledge of Windows 7 and Internet Explorer. The student will be instructed how to access and develop basic skills using each of the three basic Microsoft Office 2010 programs, i.e., Word, Excel and PowerPoint. Students will be provided computers but may use their own providing they have Windows 7, Internet Explorer and an anti-virus program installed. Prerequisite: Intermediate Computers 1 or equivalent experience. There will be a \$3.00 copy fee.

Class is limited to 14 students.

Jon Woodyard has been teaching at the Osher Lifelong Learning for eight years. He regularly uses Microsoft Office to prepare lesson plans, write documents for the City of Lewes and manage expenditures and presentations to both Osher and the City of Lewes.

ECONOMICS/FINANCE

EC06 DESIGNING A SUSTAINABLE FUTURE: ECONOMICS AS IF PEOPLE MATTERED

Tuesdays, 9 a.m.–12:15 p.m.

Dates: 5 Sessions, October 15–November 12

Instructor: Rick Grier-Reynolds

This course follows the leadings of the E.F. Schumacher's classic, *Small is Beautiful: Economics as if People Mattered*. Course materials will explore the ideas of sustainable design as course participants envision a new economic model that is based on the assumptions of environmental stewardship, individual entrepreneurship and self-interest, sustainable production and consumption, measuring well being and designing local economic self-reliance. This will be the second in the "Designing a Sustainable Future" series, the first being the "Power of Nonviolent Change" offered earlier at Osher. The instructional methodology will be a nonlecture, student-centered seminar format, using assigned readings and a variety of multimedia to provoke discussion. There will be five sessions, each one running three hours in length.

Class is limited to 15 students.

Rick Grier-Reynolds holds a B.A. in history from Trinity College and an M.Ed. from Harvard University. He is a former distinguished teacher and history/social science department chair at the Wilmington Friends School (DE). He is currently a consultant and site visitor for the International Baccalaureate Diploma Programme. He has been recognized for his innovative teaching of economics, international relations and peace studies by various regional, national and international organizations. Rick has traveled abroad participating in a variety of international development, humanitarian social change endeavors.

EC07 SIMPLIFYING THE COMPLEXITIES OF RETIREMENT PLANNING

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, October 23–November 20

Instructor: Michael Loftus

Course topics will include understanding Social Security, Medicare, extending your IRA after death, reducing risk in retirement and estate planning concepts. **Class is limited to 30 students.**

Michael Loftus is a seasoned professional with 25 years of broad and varied business experience with 15 of those years focused on the financial services industry. Michael has held senior level positions involving sales, marketing and product development for multibillion-dollar financial institutions. He is a member of the Ibbotson and Associates Advisory Board, a leading asset allocation firm. In 2009 he took this experience and started his own financial planning and wealth management firm, Loftus Wealth Strategies. Mr. Loftus is a graduate of Villanova University and has his series 7, 66, 63, 26 registrations along with life and health licenses.

EC08 FINANCIAL WORKSHOP: FOR INDIVIDUAL INVESTORS

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 7 Sessions, October 3–November 14

Instructor: Derek Clifton

This course is designed to educate you about financial topics, including building your portfolio strategy, which will cover risk tolerance and diversification, foundations of investing in bonds, stocks, mutual funds, annuities and the importance of asset allocation; tax free investing and investing for income; protecting what is important and preparing your estate plan. **Class is limited to 12 students.**

Derek Clifton holds a B.S. from the University of Delaware and an M.B.A. from Wilmington College. Derek is an accredited asset management specialist and financial adviser with Edward Jones. He resides near Milton with his wife and four sons.

NEW!**EC11 RETIREMENT INCOME PROCESS, STRATEGIES AND SOLUTIONS**

Thursdays, 3:15 p.m.–4:45 p.m.

Dates: 10 Sessions, September 12–November 14

Instructor: David Bocchino

Modules:

1. Create an effective retirement plan
2. Identify retirement income needs and evaluate current situation
3. Choose appropriate strategies to address gaps in income
4. Evaluate retirement risks and offer alternative solutions
5. Evaluate income tax estate issues and other threats to retirement income plan
6. Choose appropriate strategies for turning assets into income
7. Integrating approaches, risks, products and strategies to create an effective retirement income plan.

Class is limited to 65 students.

David Bocchino is a licensed financial adviser since 2002. He has been an instructor at Osher in Lewes and Dover since January 2013. He is a professor of business at Wesley College in Dover, DE. David completed all course requirements for Certified Financial Planner (CFP®) curriculum at The American College. He holds an M.B.A. from the Wharton School (University of Pennsylvania) and a B.S. in economics (honors) from Villanova University. David is a retired naval officer, with the rank of commander.

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HISTORY**HX78 IRISH POTATO FAMINE**

Mondays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, October 14–November 18

Instructor: Mary Folan

In 1840, Ireland was the most densely populated nation in Europe. By 1852, Ireland had lost two-thirds of its population. What caused this dramatic drop? What caused the famine and why did it recur? What was the role of England—was this a calculated genocide or was England merely following the prevailing political philosophy of the day? These are some of the issues that will be examined in this course.

Class is limited to 65 students.

Mary Folan holds an M.A. from Seton Hall University, a B.A. in English from Georgian Court University and is a Fulbright Summer Fellow. She taught English in Montgomery County, Maryland public schools.

HX106 MODEL TRAIN BASICS FOR THE BEGINNER

Thursdays, 9 a.m.–10:30 a.m.

Dates: 8 Sessions, September 12–October 31

Instructor: David Lawrence

Whether you have a layout partially finished for your grandchildren or just a box full of trains from your children, we need to talk about what to do next. The Delaware SeaSide Railroad Club will present information about cleaning up old trains, purchasing new trains, selling trains, building a layout table, laying track, wiring, scenery and operating trains. Examples of different gauges and scales will be demonstrated. To make it interesting you can participate in building a 4 by 8 foot layout for children to use at a train display. Wood will be pre-cut but will need to be assembled. One of the club's missions is to teach children about the fun of running trains as well as their history. With "hands on" work the class will learn how to finish a layout which will be used by young people. **Class is limited to 20 students.**

David Lawrence is a retired endocrinologist from Reading, PA. His practice involved approximately 50 percent diabetes mellitus with a nationally recognized office diabetes educational program. One of his hobbies is model trains, and he is president of the Delaware SeaSide Railroad Club. The club mission is to promote the history and hobby of model railroading through displays and workshops.

HX109 DELAWARE'S NAVAL HERITAGE

Mondays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, September 9–October 7

Instructor: William Manthorpe

The course highlights the history of the Navy involving Delawareans, Delaware locations and the waters of the Delaware Bay and Cape Henlopen. It will consist of four (or five) fully illustrated lectures covering Delaware's naval heroes and battles; Delaware ships and shipbuilding; the Navy at Cape Henlopen: 1898-1966; and submarines at the Cape: friend and foe. **Class is limited to 65 students.**

William Manthorpe is a retired naval captain, senior government executive, and university adjunct professor and lecturer. He is currently researching, writing and speaking on the history of the Navy as it relates to Delaware.

HX114 MARITIME HISTORY: THE AGE OF COLONIZATION

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, September 11–November 20

Instructor: Mary Emily Miller

This course is a continuation of the maritime series and will focus on the people and ships during the mature colonization period of European history around the globe. Economic and naval aspects, changes in ship design and navigation, along with the key areas involved will be covered. This will be primarily a lecture course with some video, maps and models.

Class is limited to 65 students.

Mary Emily Miller holds a B.A. in history from the University of Delaware, and M.A. and Ph.D. in history from Boston University. She was dean of women and a member of the history faculty, Methodist College, Fayetteville, North Carolina and a history professor at Salem State College, Salem, Massachusetts. She was awarded the Methodist College Medallion in 1995. She completed the second crew training class for the Kalmar Nyckel in February 1999. In February 2003, she received the Longevity Award from the Small Business Development Bureau, co-sponsored by the University of Delaware. She is a board member of the New Sweden Center and the Delaware Maritime Hall of Fame.

NEW!

HX126 AMERICAN WOMEN AND THE SECOND WORLD WAR

Mondays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, October 14–November 18

Instructor: Eileen Redden

During the Second World War, American women were allowed into the armed services and into many jobs that had been previously closed to them. In this class, we will discuss these changes as well as the lifestyle of the traditional homemaker. We will also discuss the changes for minority women, including African-Americans, Japanese-Americans, Hispanics and Native Americans. Also included in this course will be brief discussions of conscientious objectors, the legal rights of women at the time, women's roles in other war-torn countries and post-war adjustments. We will view some short videos from the period. **Class is limited to 50 students.**

Eileen Redden received her B.A. and M.Ed. degrees from the University of Delaware. She taught social studies at Lake Forest High School and then served as a guidance counselor. She has an avid interest in history, particularly European history.

NEW!**HX127 HISTORY OF WORLD WAR I**

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, September 12–November 14

Instructor: Philip Fretz

The course is based on the DVD set from *The Great Courses*. There are 36 video sections, not all of which we can hear in the 10 weeks. Topics include sections on the Western Front, the Eastern Front, the Southern Front, the war at sea, the Arab revolt in North Africa and Turkey, the revolution in Russia, the Armenian massacre and the Spanish influenza epidemic. The lectures and videos relate to this whole tragic era in our history. The lecturer is Professor Liulevicius, of the University of Tennessee. The handout will offer a guide to the lectures and the class will help decide which parts of this series to utilize.

Class is limited to 65 students.

Philip Fretz, originally from Philadelphia, retired here after 37 years in the computer services industry. He holds a B.A. in political science and an M.B.A. in computer science. He loves to travel, has lived in London and Bologna as a college student, West Africa as a Peace Corps volunteer and overseas in the U.S. Army. WWI has a personal interest for him, since his maternal grandfather and his father's brother both perished in this conflict, albeit on opposite sides.

**NEW!****HX128-1 PANAMA CANAL**

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, September 10–October 8

Instructor: Wayne Kirklin

Held at Lewes Campus

HX128-2 PANAMA CANAL

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 sessions, October 23–November 20

Instructor: Wayne Kirklin

Held at Bethany Beach Municipal Building and Community Center

In 2014 the Panama Canal will celebrate its 100th birthday. This seems an appropriate time to look at its geography and history. The plan is to discuss canals in general followed by some of the history and politics leading up to the building of the Panama Canal. We will explore a variety of technical, financial and medical problems which confronted the builders constructing the canal. The course will consist of illustrated lectures and discussion, supplemented by a video that will lead us to consideration of the canal's impact on the United States, the world and the future as the major enlargement is completed in 2014.

Class is limited to 65 students.

Wayne Kirklin is a graduate of the University of Delaware and holds an M.B.A. from New York University. He is a retired college professor who has an interest in maritime history. He authored a book about lightships and makes presentations about lighthouses, lightships and ocean travel for the Delaware Humanities Forum, the Overfalls Foundation and others.

NEW!**HX129 CIVIL WAR CONVERSATIONS**

Tuesdays, 3:15 p.m.–4:45 p.m.

Dates: 10 Sessions, September 10–November 12

Instructor: Kevin Kelly

“We Must Not Be Enemies” is a series of conversations and storytelling presented by Kevin Kelly, historian and retired Advanced Placement United States history teacher, in commemoration of the sesquicentennial anniversary of the Civil War. We will revisit the decisions made and the truths defended which divided the American people into factions so hardened that compromise failed and force of arms alone prevailed. We will listen to the words of Lincoln and to those of other political, moral and military leaders, trumpeting the “rightness” of their choices and clearly warning others of the consequences of theirs. We will observe the actions of men and women at arms. We will witness the impact of a nation at war through the words of writers and poets; view the war through the art of painters, sculptors and photographers; and hear about the war through speeches and songs. Students will come away with an awareness and perhaps some understanding of the impact of war on the people who experienced it and the governments and leaders who served them, and ultimately, upon ourselves. **Class is limited to 65 students.**

Kevin Kelly is a retired Fairfax County teacher of American history and American and world civilization. He served as team leader, department chairman and as adjunct professor in association with George Mason University. He presented frequently at staff development programs, instructed teacher colleagues in curriculum development and skillful teacher courses and presented at the Virginia Council for the Social Studies state convention and the American Studies Association regional and national conventions. He was selected the United States Capitol Historical Society Fairfax County teacher/historian of the year.

HUMANITIES**HU41 POPULAR COMEDY AND MORAL COMPLEXITY: THE FILMS OF WOODY ALLEN**

Mondays, 1:30 p.m.–4:45 p.m.

Dates: 10 Sessions, September 9–November 18

Instructors: Betty and Gary Grunder

This course will examine the film career of Woody Allen, who has recently released his 47th film. An American original, Allen is considered an “auteur,” proffering a vision of contemporary life and the human condition. His comedic films contain elements of tragedy and his serious films are underlain with comedy. Generally his films are rated PG, but some are rated R.

Class is limited to 45 students.

Betty and Gary Grunder are film buffs who have lived in Lewes for 23 years and are both active in numerous community organizations. They are inveterate travelers and recommend going to the movies in the afternoon as a way of resting tired tourist feet. Members of the Rehoboth Film Society and the Philadelphia Film Society, they routinely attend the Palm Springs International Film Festival, among others, and in recent years have taught the popular “Film Festival Favorites” course at Osher.



NEW!**HU44 IMAGES OF IDEAS—
NEW VERSION!**

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, September 10–October 8

Instructors: James and Kay Greene

The framework we use to perceive the world, to a great degree, determines how we choose to act in it. If this statement is true, then the great questions of philosophy are essential for a fulfilled life. We will explore crucial ideas from art, science, economics and politics. We will discover why some of these ideas are mortal questions, literally life and death problems. We will use art, music and metaphor to make these ideas easier to understand and remember. This course is a revised, five week version of a two semester course previously offered. Extensive new material, especially from sociobiology, has been added. Repeaters are welcome! **Class is limited to 35 students.**

James and Kay Greene. Jim taught the history of ideas at a very progressive school in New York City. Kay taught 6th grade science in Milford. Both love ideas, folly, bad logic and laughter. We will provide the cookies; you should provide your versions of the world.

**HU121 INTERESTING ISSUES IN
CONSTITUTIONAL LAW**

Mondays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, October 14–November 18

Instructor: Mary Boyd

Come with an open mind to discuss current legal issues important to our society. The instructor will provide readings of interest for discussion. U.S. Constitution provided!

Class is limited to 30 students.

Mary Boyd is retired from the private practice of law. She taught uniform commercial code and constitutional law at Gettysburg Community College and high school history and English. She is a former investment adviser and current real estate developer and restorer of historic houses.

**HU157 “IF YOU LIE WITH DOGS, YOU
WILL GET FLEAS”: A STUDY OF
LITTLE-KNOWN PROVERBS**

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, October 15–November 12

Instructor: Nancy Feichtl

This is a fun course where we are introduced to approximately 100 little known proverbs. Some discussion of the sources of idioms will be thrown in. **Class is limited to 65 students.**

Nancy Feichtl is a retired school administrator and college teacher. Nancy has been a keynote speaker and presenter for the World Future Society. She holds a doctorate from the University of Maryland, College Park; M.A., Salisbury University and B.A. from the University of Delaware.

NEW!**HU167 AMERICAN AUTHORS:
WILLIAM STYRON—“DARKNESS...;”
“CONFESSIONS...”; AND
“... CHOICE”**

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, September 10–November 12

Instructors: Gary and Margo Ramage

William Clark Styron (1925-2006) is widely considered one of the greatest authors of his generation. His writings earned him the Pulitzer Prize (*The Confessions of Nat Turner*), the National Book Award (*Sophie's Choice*) and other U.S. and international awards and recognition. We will review and discuss his life, the praise and controversy surrounding his books and Styron's recurring battle with clinical depression, powerfully recounted in his autobiographical *Darkness Visible*. We also will read selected passages, view highlights from films and interviews and discuss major themes of Styron's books. Class members are encouraged to read at least one Styron book, and may be asked to share excerpts or opinions to stimulate our lively discussion.

Class is limited to 65 students.

Gary and Margo Ramage. Gary earned his B.A. and M.A. degrees from the University of South Florida. Margo graduated from the Pasadena Playhouse College of Theatre Arts. This will be their eighth American Authors course (after Arthur Miller, Best Westerns, Hemingway, Twain, Wilder, Steinbeck, Sondheim); they also led the popular Readers Theatre 101. Gary and Margo are avid theatre-goers, readers, international travelers, Native American art collectors and lifelong movie buffs.

NEW!

HU168 TEN MORE PLAYS EVERYONE SHOULD KNOW

Wednesdays, 3:15 p.m.–4:45 p.m.
 Dates: 10 Sessions, September 11–November 20
 Instructor: Gregory Jones

Using video clips, live performances and spirited discussion, this course examines why these plays remain relevant to today's audiences. Along the way, the class discovers common bonds among the works that help deepen our understanding of how they continue to entertain, provoke and intrigue us. Pre-reading or screening is helpful, but not required. The plays to be covered are: *Lysistrata*, *Long Day's Journey into Night*, *Our Town*, *A Streetcar Named Desire*, *Doctor Faustus*, *Twelfth Night*, *The Piano Lesson*, *A Doll's House*, *The Visit* and *The Importance of Being Earnest*. While the class concept is based on the popular Spring 2013 course, it contains all new material. Newcomers and veterans alike are welcome!

Class is limited to 65 students.

Gregory Jones currently teaches English and film at several area colleges. He holds a B.A. (magna cum laude) in drama from Catholic University and an M.A. in English (literature concentration) from Salisbury University. Before his teaching career, Greg was a professional actor and later served as vice president of public affairs and communications for A&E Television Networks. His love of trivia finally paid off when he became a one-day *Jeopardy!* champion.

NEW!

HU172 TOLSTOY—WAR AND PEACE—ART, MUSIC AND LITERATURE

Wednesdays, 1:30 p.m.–3 p.m.
 Dates: 10 Sessions, September 11–November 20
 Instructor: Jon Newsom

Tolstoy's age was rich in art, music, literature and cultural upheavals whose exploration can inform us of the age we live in. Why is Russia, our recent cold-war enemy, so attractive as a culture and so frightening as an ideological adversary? Why are the works of Tolstoy still controversial in Russia, yet so appealing throughout the world? And why does the art and music of this culture so enchant us? Some aspect of the exotic (to us) in Russian culture must appeal to our need for something missing in our own. Doesn't the American dream, that still longs for the freedom of the wide-open spaces of the legendary American West share a deep affinity with the Russian dream of the beautiful expanse of its vast forests and plains with which nobles and peasants shared a sense that the Russian landscape signified freedom, perhaps a freedom transcending political oppression?

Class is limited to 65 students.

Jon Newsom is a graduate of Columbia College and Princeton University, where he primarily studied music and literature. From 1966 until his retirement in 2005, he worked in the music division of the Library of Congress where his last position was division chief. Since 2008 he has taught music, photography and videography. The present course on Tolstoy's *War and Peace* is in response to requests by students of his class on *The English Patient* for a similar course embracing a range of topics related to a great book.

NEW!**HU173 SHAKESPEARE'S PROBLEM PLAYS**

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, September 10–November 12

Instructor: Louis DeCatur

All's Well That Ends Well, by William Shakespeare. A so-called “problem play” about a spoiled aristocrat and a physician’s daughter falling in love. Then, a late romance, *The Winter’s Tale* in which the action is driven by jealousy. The women in both plays are admirable creatures—the men are marginally despicable. Class will view excellent films of each. Suggest texts: Folger paperback editions available from Amazon.

Class is limited to 65 students.

Louis DeCatur holds a Ph.D., M.A. and B.A. from the University of Maryland. He had 37 years of college teaching and taught courses in Shakespeare; British, Chinese and Japanese literature; composition; and rhetoric. He taught in high school and at the University of Maryland, the U.S. Naval Academy and Ursinus College in Pennsylvania. Extensive travel in England, Europe, Japan and China has reinforced his teaching skills.

NEW!**HU174 DANTE’S INFERNO**

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, September 11–October 16

Instructor: Sabatino Maglione

You are invited to join Dante’s journey through his *Inferno* on whose entrance gate you will be warned with this inscription: “Through me the way to the dolorous city. Through me the way to pain everlasting. Through me the way to the souls of the damned. By justice was my high creator moved. Divine omnipotence created me, and the highest wisdom, and primal love. Before me were created only things eternal, and eternal I endure. Abandon all hope, you who enter here.” (*Inferno: Canto III, 1-9*). This course is intended to help participants to understand and

appreciate Dante’s *Inferno*, the first of the three parts of *The Divine Comedy*. Methodology will include close reading and discussion of the *Inferno*’s cantos, social and political events that have the most direct impact on Dante and on the poem and its literary sources—the Bible, Virgil’s *Aeneid*, philosophical and theological ideas derived from Saint Augustine, Saint Thomas Aquinas, Aristotle and classical mythology. Suggested text: *The Divine Comedy*, translated by Mark Musa.

Class is limited to 65 students.

Sabatino Maglione has been a professor of Spanish and Italian at Ithaca College for the past 39 years and chaired the department of modern languages and literatures for 14 of those years. He also taught at Penn State and Dartmouth College. A native Italian, he studied at the Universidad Complutense de Madrid and at the University of Siena. He received his B.A. in Spanish from Fairleigh Dickinson University (Madison) and his M.A. and Ph.D. from Pennsylvania State University. He has authored two books and published several articles on Spanish Golden Age literature and Italian medieval and Renaissance literature.



NEW!**HU175 WHY DO WE LAUGH?**

Mondays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, October 14–November 18

Instructors: Lee Mussoff, Bill Sharkey

Bill and Lee invite you to share ideas and reactions to a variety of humorous pieces. We shall present a potpourri of humor: poems, stories, musical numbers, essays, excerpts from plays, video clips and whatever else we can find. Why do we laugh? Why do some people find it funny while others do not? What, if anything, does humor teach us? We believe that the combination of the material presented and the class' reactions will create a lively learning experience. **Class is limited to 65 students.**

Lee Mussoff moved to Rehoboth Beach 26 years ago. She has been privileged to teach in various venues: Wesley College, Wilmington University, Delaware Tech, University of Delaware, Road Scholar, Delaware Humanities Forum and, of course, Osher Lifelong Learning in Lewes. She looks forward to partnering with Bill Sharkey and sharing their laughter with you.

Bill Sharkey is the former program coordinator of Osher Lifelong Learning in Lewes, but now is a class cutting, vacation taking member. He and Lee Mussoff previously presented a course on Irish and Jewish humor. Bill is a strong believer that laughter in our lives makes us happier and healthier. He also believes that most of us, busy with our daily routines, don't laugh enough.

**NEW!****HU176 A SEARCH FOR MEANING AND PURPOSE IN LIFE**

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, September 12–November 14

Instructor: Richard Kauffman

The search for meaning in life has been pursued throughout human history. Why are we here? A reason to be and endure in the midst of the events of each day, consciously or unconsciously, require an overarching world view and belief that gives meaning and purpose to our life, i.e., “truths” that enable us to make sense of life and our place in the world in which we live that shape our decisions and behavior. This course will explore key elements of that search for the good life and how human beings deal with the dilemmas of the darkness in “the sunrises and sunsets” that we confront. We will discover the wide diversity and, at points, similarities found in some of the classic writings from the realm of religion, philosophy, the arts and sciences in diverse times and cultures. This is a broad undertaking for 10 weeks and this course can only be considered to be a survey intended to stimulate discussion and personal reflection as we engage in that existential search in our own individual lives today. Videos will be used to enrich this pursuit as we explore classic writings of Western and Eastern thought. Reading these works is not required.

Class is limited to 30 students.

Richard Kauffman has degrees from Franklin and Marshall College, Lutheran Theological Seminary at Gettysburg and Temple University. Dick was a Lutheran pastor in York, Pennsylvania for 13 years. As dean of the York district, he was instrumental in bringing healing to the community following the race riots and healing to persons by chairing the task force that developed the chaplaincy program at York Hospital. He served on the staff of the Pennsylvania Human Relations Commission for 25 years, retiring as assistant director of compliance. He was on the adjunct faculty of York College for 26 years where he taught courses in philosophy, applied ethics and world religions.

INTERNATIONAL STUDIES

IS11 ASPECTS OF ESPIONAGE

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, September 11–November 20

Instructor: Robert Gallagher

We will examine the structure of the intelligence community with emphasis on the Central Intelligence Agency (CIA). Case studies include the Cuban missile crisis, the Aldrich Ames case, Iraq and corporate theft. A \$3 fee is requested for the numerous articles that will be distributed during the course.

Class is limited to 65 students.

Robert Gallagher worked for 20 years as director of the Office of Executive Support, U.S. Department of Commerce. He also served 12 years as a foreign service officer in the U.S. Department of State with assignments in Bonn, Berlin, Belgrade and Seoul.

IS16 THE WORLD FUTURE SOCIETY: TRENDS THAT ARE SHAPING OUR WORLD

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, September 10–October 8

Instructor: Nancy Feichtl

This course will examine trends and outlooks in business/economics, computers/automation, education, energy, environment, food and agriculture, habitats, health/medicine, demographics, information society, lifestyles/values, work/careers and world affairs. New material since last course offering.

Class is limited to 65 students.

Nancy Feichtl. See course HU157 for instructor's information.

NEW!

IS24 TOURING GREECE, THE GREEK ISLANDS AND TURKEY

Wednesdays, 1:30 p.m.–3 p.m.

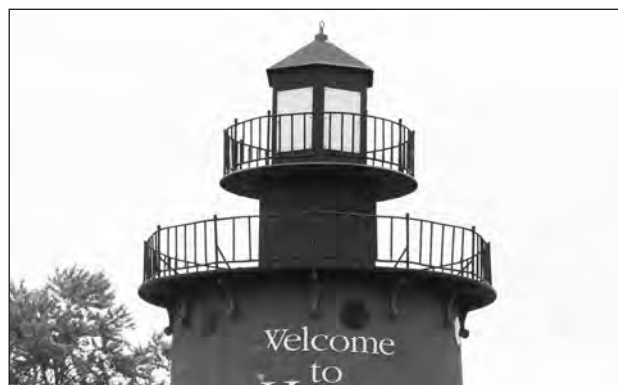
Dates: 10 Sessions, September 11–November 20

Instructor: David Shobe

In a departure from his usual political topics, David has decided to use his experiences from a year on Crete and in Istanbul in 1997, with help from filmed tours by Professor John Hale of the University of Louisville, to take us on a journey beginning in Athens and the Peloponnese, cruising the Greek Islands south to Crete hence to Rhodes and coastal Turkey and ending in Istanbul. Dr. Hale's filmed lectures will be placed on "pause" to allow for questions and comments. David will add his own take on the political evolution of Greece from Crete to Mycenae to Athens and of Constantine's Constantinople to Attaturk's Istanbul. Some acquaintance with Greek mythology will undoubtedly enhance one's appreciation of Professor Hale's erudition as a tour leader.

Class is limited to 65 students.

David Shobe was a career foreign service officer assigned to the American embassy in Baghdad just prior to the 1967 Arab-Israeli War. He began a lifelong interest in the Middle East, the variations on Arab nationalism and their interplay with a neighboring Jewish state. Since coming to Lewes 13 years ago, he has lectured widely on the history of conflicts in that region and in Southeast Asia.



LANGUAGE

LA06 INTRODUCTORY SPANISH CONVERSATION AND GRAMMAR

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, September 11–November 20

Instructor: Eileen Buoni

**Held at Bethany Beach Municipal Building
and Community Center**

Beginning Spanish for the purpose of travel, to use at your job or just for fun.

Class is limited to 30 students.

Eileen Buoni taught Spanish for Brandywine and Indian River School districts for 20 years. She retired and moved to Ocean View, Delaware in 2004 and is presently an adjunct Spanish professor at the Georgetown campus of the University of Delaware.

LIFE SKILLS

LS05 KITCHEN KAPERS XXII— ON THE ROAD AGAIN

Fridays, 10 a.m.–1 p.m.

Dates: 5 Sessions, September 13–October 11

Instructor: Bernard Fiegel; host/hostess Dolores Fiegel, John Coleman, Bruce Collins, Carolyn Lineback, Ron Reese

**Directions to each home will be provided
by phone or email.**

For some, cooking for one seems like a waste of time, but dining alone is not a reason to punish yourself with food you would never consider serving to a guest. Recipes do not have to be complicated to be tasty and leftovers can be frozen for later use. The class will travel to five home kitchens located in Lewes and Rehoboth Beach where students will view and participate in food preparation and taste appetizer-size portions of prepared dishes and selected wines to complement the meals. Learn cooking techniques, collect recipes and socialize. Food and wine expenses will be divided among the students. Estimated cost is \$8-\$10 each session.

Class is limited to 8 students.

Bernard and Dolores Fiegel are active members of The Four Seasons, a local progressive food group established in 2001, and charter members of The Happy Gourmands founded in 1976. Instructors of Kitchen Kapers, a continuing cooking course series introduced to Lifelong Learning in 1997 and Wine 101, a wine-tasting course introduced to Lifelong Learning in 1998, Wine 102 in 2004 and Grape Adventure in 2006. Bernie, Bruce, Dolores, Carolyn, John, and Ron are all recipe collectors and their love of food and wine were the impetus for this course—*bon appetit...*

LS93-1 PLUMBING AND HVAC

Mondays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, September 9–October 7

Instructor: Tom Warner

Held at Lewes Campus

LS93-2 PLUMBING AND HVAC

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, September 11–October 16

Instructor: Tom Warner

**Held at Bethany Beach Municipal Building
and Community Center**

Be empowered: Understand the plumbing, heating and cooling systems within your home. Learn basic repairs and how to discuss issues, projects and contracts with contractors. The instructor will give a brief lecture and a list of websites with helpful information. He will demonstrate specific repairs and answer student questions. Course will cover topics such as heating and cooling maintenance; high efficiency equipment systems and components; when to replace a system or component and how to proceed; plumbing drainage systems and repairs; water piping systems and repairs; the types and grades of plumbing appliances, fixtures and faucets; and faucet repairs and replacements. Students should have Internet access. There will be a \$3 fee for supplies.

Class limited to 30 students.

Tom Warner is a fourth generation master plumber; he was selected by the National Association of Plumbing, Heating and Air Conditioning Contractors as plumbing contractor of the year, 1991, and Heating and Air Conditioning Contractor of the year, 2007. Tom was a plumbing contractor from 1966 until 2008. He held master plumbing licenses with Maryland and Virginia. In 2005, he developed an online method of giving quotes for plumbing, heating and air conditioning system replacements.

LS100 PLANT-BASED EATING 101

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, October 23–November 20

Instructor: Dorothy Greet

Optimal health and weight are the goals of plant-based eating. We will use the most current scientific and medical information in the field of disease prevention and reversal to critique the Standard American Diet (SAD). Through discussion, film, cooking demos and tastings, we will explore why and how to move toward whole foods plant-based eating with NO added oil. This course is based on the research of T. Colin Campbell, Ph.D. (Cornell), *The China Study*; and Caldwell Esselstyn, MD (Cleveland Clinic), *Prevent and Reverse Heart Disease*. Prerequisite: Read *The China Study*, by T. Colin Campbell. Additional fee of \$5 for supplies.

Class is limited to 20 students.

Dorothy Greet holds a certificate in plant based nutrition from Cornell University and degrees from the University of Pittsburgh (M.Ed.) and Yale University (M.Div.). She is a retired clergy having served parishes and hospitals in Connecticut, New York City and Delaware where she was Beebe Medical Center's first director of chaplaincy services. Dorothy is a heart attack survivor and is reversing her heart disease through plant-based eating (heartattackproof.com).

LS114 HAND TOOL BASICS

Tuesdays, 3:15 p.m.–4:45 p.m.

Dates: 10 Sessions, September 10–November 12

Instructor: Michael Burkhart

Learn the basics and most effective use of hand tools and how tools work. We will cover such topics as the right way to use a hammer and things you probably didn't know about screwdrivers. A combination of lecture and hands-on instruction will provide you with a new appreciation for tools used every day in the garden and in the kitchen as well as in the garage. Learn a few unusual uses for common tools and try your hand at different ways to develop torque (what is torque, anyway?). Sometimes important and sometimes merely interesting tool nomenclature will be discussed. We will also talk about tool selection and purchase. This is a class for beginners and novices and not for accomplished masons, woodworkers or electricians. Who knows, maybe after this course you will actually be able to fix stuff. **Class is limited to 10 students.**

Michael Burkhart graduated from the United States Naval Academy with a major in physics and served as a helicopter pilot in the U.S. Marine Corps. Following the service, he attended medical school at West Virginia University and thereafter was a family practitioner and an emergency room physician. He continued flying with the West Virginia Army National Guard for 13 years. As a boy he learned about tools from his grandfather and has continued his interest ever since. Mostly self-taught, he is an avid woodworker.



LS115 IPHONE–U PHONE

Mondays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, October 14–November 18

Instructor: Robert Porta

Workshop—maybe someone in class knows the solution to your iPhone problem. Maybe you know the solution to one of mine. Let's trade ideas and apps. Prerequisite: Bring your iPhone.

Class is limited to 30 students.

Robert Porta. See course CS72 for instructor's information.

NEW!**LS121 SUSTAINABLE SEAFOOD SAVVY**

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, September 11–October 16

Instructor: Doris Hicks

Held at College of Earth, Ocean and Environment, Cannon Lab, Room 104.

Consumers want to make smart choices when it comes to the food they buy and prepare at home or eat at a restaurant. In today's world of instant information, how do consumers balance the benefits and risks when it comes to choosing their seafood? There are a variety of different issues related to seafood products that are of interest and concern to different individuals. These issues are:

- Seafood and health: Current dietary guidelines suggest that all Americans should eat two to three seafood meals per week (8 to 12 ounces) of a variety of seafood products.
- Seafood sustainability: Issues related to fisheries management and the sustainability of ocean resources.
- Seafood choices and market issues: Issues related to seafood choices, where seafood comes from, and how the marketplace works and is regulated.

This course will provide students with the latest information about eyeing and buying and preparing fish and shellfish along with new preparation techniques and some past favorites.

Class is limited to 25 students.

Doris Hicks received her bachelor's degree in food science from Cook College, Rutgers University and her master's degree in food science and human nutrition from the University of Delaware. She has been the seafood technology specialist with the Delaware Sea Grant Program since 1981. She works with both the seafood industry and consumers to develop educational programs about the proper way to handle, store and prepare finfish and shellfish.

NEW!**LS122 HAND TOOLS 102**

Thursdays, 3:15 p.m.–4:45 p.m.

Dates: 5 Sessions, October 17–November 14

Instructor: Michael Burkhart

This course incorporates essentially the same material as that which will be presented in the second half of Hand Tool Basics. While anyone may take this class, it is designed for those who took the 5-week class in the Spring of 2013.

Class is limited to 10 students.

Michael Burkhart. See course LS114 for instructor's information.



PERFORMING ARTS

PA33 BEGINNER RECORDER PLAYERS: ALTO

Thursdays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, September 12–November 14
Instructor: Nikki Roberson

Recorders are very old instruments, popular during the 16th and 17th centuries. Many famous composers of that time, including Bach and Handel, wrote music for the recorder. Music from the British Isles is also very popular for recorder musicians to play. This course is a beginner's course for alto recorder players who are able to read music. You will learn fingering, tonguing, intonation and how to play with the group. The course is also open to players wanting to change to or reacquaint themselves with an alto recorder in order to get used to playing in a different key. Music is a great way to relax and have a good time while learning something new and exciting. Playing music keeps the brain agile and increases focus, memory and contentment. Come with a "can do" attitude and there is no limit to what you can accomplish. Daily playing will be necessary to become competent in mastering the instrument. There will be a \$5 fee for the class materials. **Class is limited to 10 students.**

Nikki Roberson graduated from Villa Julie College in Baltimore. She retired after 20 years in the banking industry. In high school she studied voice for three years, played the piano and trumpet. She sang with the Harford Choral Society before moving to Lewes. She taught herself the Irish penny/tin whistle and recorder to keep her little brain cells active and her arthritic hands nimble.

PA53 CHORUS

Thursdays, 3:15 p.m.–4:45 p.m.
Dates: 10 Sessions, September 12–November 14
Instructor: Roo Brown

Join the Elder Moments in harmony. Sight reading is preferred but a good ear and smile are a must! We happily sing four to six part harmony and our songs range from folk tunes to John Mandel and John Rutter. You name it, we sing it. All voice parts are welcome. **Class is limited to 60 students.**

Roo Brown is a Smith College graduate. She retired from a singing and acting career in 1995. She is now a vocal arranger, composer, and volunteer at the Lewes Public Library, lady tenor in the Southern Delaware Choral Society and St. Peter's Church Choir and gardener. She leads the Mixed Blessings singing group. Roo received the American A Cappella Alliance's Pan Award in 2000 for her major involvement in a cappella music.

PA54 THE MUSICALS OF OSCAR HAMMERSTEIN II: PART TWO

Thursdays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, September 12–November 14
Instructor: Don Stein

Through audio and video, relive the musicals of lyricist Oscar Hammerstein II during the final decade of his collaboration with Richard Rodgers; selections from *South Pacific*, *The King and I*, *Me and Juliet*, *Pipe Dream*, *Cinderella*, *Flower Drum Song* and *The Sound of Music*.

Class is limited to 65 students.

Don Stein has degrees in computers and law and a career in international technology. In addition to teaching computer courses, he welcomes the opportunity to share his love of musicals which feature real music with tuneful songs you can sing.

**NEW!****PA58 OPERA QUARTET**

Mondays, 1:30 p.m.–3 p.m.
 Dates: 9 Sessions, September 9–November 4
 Instructor: Patricia Mossel
Held at Cadbury at Lewes.

We will view and discuss four operas over the course of nine sessions: *Carmen* by Georges Bizet starring Caterina Antonacci and Jonas Kaufman in a performance from 2008 at Covent Garden Opera House; *L'Elisir d'Amore* by Gaetano Donizetti starring Anna Netrebko and Rolando Villazon in a performance from 2005 at the Vienna Opera; *Rigoletto* by Giuseppe Verdi starring Juan Diego Florez and Diana Damrau in a performance from 2008 at the Dresden Opera; and the *Pearl Fishers* by Georges Bizet starring Annick Massis and Yasu Nakajima in a performance from 2004 at La Fenice in Venice. **Class is limited to 100 students.**

Patricia Mossel holds an M.A. from Yale University in English literature, and a B.A. from the University of Rochester in English literature. She taught college level English literature and Shakespeare honors; was director of development for San Francisco Opera; was the executive director of the Washington National Opera, resident company of the Kennedy Center for the Performing Arts in Washington, D.C.; and has served on boards, including the National Society of Fund Raising Executives and Opera America. Pat currently serves on the Board of the Dallas Morse Coors Foundation for the Performing Arts.

NEW!**PA59 SONGS OF WAR**

Mondays, 10:45 a.m.–12:15 p.m.
 Dates: 10 Sessions, September 9–November 18
 Instructor: Douglas Yetter

The songs of the soldiers, the protesters and the loved ones on the homefront from the American Revolution through the Vietnam conflict, with a particular emphasis on the songs of the 20th century. **Class is limited to 65 students.**

Douglas Yetter is artistic director and founder of the Clear Space Theatre Company and has been in the business of musical theatre for over 40 years. Doug received his Bachelor of Arts in composition from the University of Maryland (summa cum laude) and his Master of Fine Arts in musical theatre writing from New York University.

PSYCHOLOGY/SOCIAL STUDIES**NEW!****PS32 LINCOLN, FDR AND KENNEDY: WOULD THEY BE ELECTED TODAY?**

Mondays, 9:30 a.m.–Noon
 Dates: 5 Sessions, September 9–October 7
 Instructor: Jo-Ann Vega

If We-the-People in 1860, 1940 and 1960 knew the truth about the president's health, would Lincoln, FDR and Kennedy have been elected? Does the health of the president matter? All had serious physical and/or mental illnesses, died in office and left unfinished business. How different might the U.S. and the world be today be if: Lincoln had lived to lead post Civil War Reconstruction; FDR had lived to lead post World War II containment of the Soviet Union; and Kennedy had lived to lead civil rights?

Class is limited to 30 students.

Jo-Ann Vega is an émigré from the New York metropolitan area. She brings over 25 years of human management and development

experience along with a passion for learning and working with others to achieve goals. She is a published author with a graduate degree from the New School University in New York. A skilled facilitator with 25 plus years of experience, Jo-Ann looks forward to meeting with and working with lifelong learning members.

RECREATION

RR02 ENGLISH COUNTRY DANCE

Thursdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, September 12–November 14

Instructors: Alex Apostolina and Carol West

Come and enjoy the dance form America grew up with. It's been fun for more than three centuries, it's still fun and we think you'll like it. It's easy to learn! If you can walk and smile, you can do this kind of dance. The caller will explain all the moves and walk you through the dance before it starts, then continue to prompt you as the dance goes on. The dances focus on the group, not the individual. We customarily change partners after each dance, so we get to dance with lots of different people. We're a friendly group! It's easy, there's the music! It's NOT to be missed! Wear soft-soled shoes.

Class is limited to 30 students.

Alex Apostolina received a chemical engineering degree from New Jersey Institute of Technology. He is a retired General Foods plant manager. He is a member of the Early Music Consortium of Dover and Dover Symphony and co-founder of the Dover English Country Dancers. Besides playing violin, viola and guitar, Alex creates reproductions of medieval musical instruments.

Carol West was a high school math teacher in Maryland for 25 years. She is a beginner caller for English Country Dance. She enjoys music in any form and plays violin and handbells.

RR04 WALK AND TALK

Tuesdays, 2 p.m.–4 p.m.

Dates: 5 Sessions, October 15–November 12

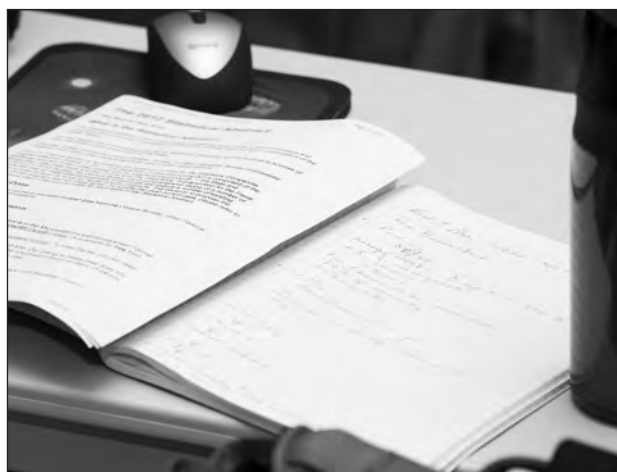
Instructors: Joan Ridolfi, Sandra Sullivan

Enjoy guided exploratory brisk and lively walks of familiar and not so familiar local areas. Meet new and old friends along the way. All walks are approximately two miles or more. Possible walking locations are historical towns and trails in Sussex and Kent counties and, occasionally, Maryland. All registered walkers will receive detailed information prior to the course start date. The walks are usually two hours or less.

Class is limited to 40 students.

Joan Ridolfi is a retired human resources manager. She has always had an interest in nature, outdoor activities and history and has combined all three as a walking tour guide. She is also a docent at the Nanticoke Indian Museum and has worked as a volunteer with a medical team on the Navajo Indian Reservation in Arizona. She is a member of the Sussex County Archeological Society.

Sandra Sullivan is a retired teacher who has taught her last 25 years at a high school in Sussex County, New Jersey. She has an M.S. in special education and an M.A. in counseling. She is an avid educator who continues to enjoy learning the history and natural surroundings of this wonderful area and working with Joan allows her to keep learning and share in this knowledge.



SCIENCE/HEALTH/MATH

SS08 T'AI CHI CH'UAN—YANG SHORT FORM (SECTIONS 3, 4 AND 5)

Mondays, 10:45 a.m.–11:45 a.m.

Dates: 10 Sessions, September 9–November 18

Instructor: Sally Fintel

This class will focus on learning the remaining 14 postures of the 37 contained in the Yang Short Form. Each student develops competence according to his or her individual capabilities to whatever degree is possible.

Students can expect the following:

- Slow class pace
- Ample repetition and practice in class
- Continued practice and review T'ai Chi Ch'uan sections one and two
- Health benefits such as improved flexibility, balance and inner tranquility
- Exposure to CDs of the Masters demonstrating The Form
- Homework. Consists of regular practice of class routines—minimum of 10 to 15 minutes daily.

Prerequisite: Completion of sections one and two of Yang Short Form.

Class is limited to 12 students.

Sally Fintel has been practicing T'ai Chi since 2001 and was taught by Mark Blaskey (now retired), Beebe Medical Center, department of integrative health. She is a graduate of both Oberlin College and Columbia University. Professionally she has always been active in the field of education.



SS29 FALL BIRDING—SHOREBIRDS AND RAPTORS DURING FALL MIGRATION

Wednesdays, 8 a.m.–Noon

Dates: 6 Sessions, September 11–October 16

Instructors: Bill Fintel, Sally Fintel

Our emphasis will be on observing, identifying and learning some of the life history of shorebirds and raptors which migrate through Delaware each fall. We will visit key migration hot spots, such as Cape Henlopen State Park and Prime Hook NWR. We will spend most of our time in the field, but we will also have some classroom time for discussion of topics such as key field marks, range maps and habitat preferences. We will try to schedule classroom time during any inclement weather. Students will need to be prepared to pay entrance fees to the state park. **Class is limited to 15 students.**

Bill Fintel has been an avid birder for 40 years and currently leads birding field trips for many organizations, including the Sussex Bird Club, Prime Hook NWR, Osher Lifelong Learning and Road Scholar. He also presents programs on many aspects of birds and birding. Bill maintains the following birding blog primarily for this class: <http://billfintel.blogspot.com/>. Bill will be teaching *Predicting Climate Change* in the fall.

Sally Fintel. See course SS08 for instructor's information.

SS75 TRADITIONAL CHINESE MEDICINE—A COMPLEMENTARY APPROACH TO WESTERN MEDICINE

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, September 10–November 12

Instructors: Robert Yuan, Yuan Lin

This course is a continuation of a short introductory course offered in the summer of 2013 and goes in greater detail into issues of scientific validation, clinical proof and use of Traditional Chinese Medicine (TCM) in the context of the U.S. health care system. TCM has a long history dating over many centuries. TCM is directed toward maintaining health and preventing disease by combining lifestyle practices (e.g., diet, exercise, meditation), physical manipulations (e.g., massage and acupuncture) and herbal formulations. This is in sharp contrast to science-based Western medicine which has made rapid progress mainly through sensitive diagnostic methods, novel drugs and gene therapy. More than a comparison between two systems of medicine, the course is designed to look at two philosophies of wellness and treatment, TCM practices, the regulatory process for drugs and the economics of health care. The course is not intended to look at TCM treatments for specific diseases. Each session consists of lectures and work sessions by student groups. Some reading and teamwork is expected. Individuals signing up for the course should have some understanding of medicine and/or biology and would preferably have taken the introductory course. **Class is limited to 20 students.**

Robert Yuan and Yuan Lin have degrees in chemistry and doctorates in molecular biology and biochemistry from the Albert Einstein College of Medicine and University of California-Davis respectively. Robert Yuan has done basic research at Harvard University, Edinburgh University, University of Basel (Switzerland), the National Cancer Institute and the University of Maryland College Park. Yuan Lin has done

research at University of California-San Diego, University of Illinois, National Cancer Institute, DuPont and the Food and Drug Administration. Robert Yuan has more than 30 years of teaching experience at undergraduate, graduate and postgraduate levels. They have done research on TCM and for three years have taught an honors course on TCM at the University of Maryland College Park.

SS76 THE ASTROLABE

Wednesday, 3:15 p.m.–4:45 p.m.

Dates: 1 Session, September 11

Instructor: James Morrison

The astrolabe was by far the most popular astronomical instrument before the telescope. This brief lecture includes nontechnical descriptions of how the astrolabe is used to solve astronomical problems and an overview of its history. Prerequisites: some background in astronomy helpful but not required.

Class is limited to 65 students.

James Morrison is retired from a 37 year career in computing. He is the author of *The Astrolabe*, the most complete astrolabe treatise available. He has a B.S. in physics from Oklahoma State University and an M.S. in systems engineering from Southern Methodist University.

SS77 OBSERVATION OF THE 1769 TRANSIT OF VENUS IN LEWES

Wednesday, 3:15 p.m.–4:45 p.m.

Dates: 1 Session, September 18

Instructor: James Morrison

The American Philosophical Society sent a team to observe the 1769 transit of Venus. This lecture is a slight expansion of the version presented to the Lewes Historical Society on May 25, 2012. It includes the scientific basis for the expedition and describes the equipment and methods used to pinpoint the observatory location.

Class is limited to 65 students.

James Morrison. See course SS76 for instructor's information.

SS78 OUT AND ABOUT

Thursdays, 1:30 p.m.–4:30 p.m.

Dates: 5 Sessions, September 12–October 10

Instructor: Tom Lord

Casual hikes on firm trails along forest tracks, meadow paths and wooden bridges over marshlands. Walks will be guided by an experienced naturalist, cover approximately two miles or more and take place in and around Sussex County. Throughout the hike, the instructor will identify various animals, plants and peculiar items seen along the route. Walkers will be given details about the hike prior to departure. **Class is limited to 20 students.**

Tom Lord is a retired college professor. He holds a doctoral degree in biology from Rutgers University and has taught science classes for over 40 years. He has presented over 50 papers at professional meetings and written over four dozen articles in juried science journals. The National Association of Biology Teachers honored Tom with the outstanding biology researcher/instructor award in 2004 and he was presented with the distinguished professorship in teaching honors in 2006 from Indiana University of Pennsylvania.

NEW!**SS79 USING HOMEOPATHY AND BACH FLOWER REMEDIES FOR HEALTH AND HEALING**

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, September 11–October 16

Instructor: Mary Anne La Torre

In the last 20 years there has been resurgence in the use of homeopathic remedies to support health and wellness. They are safe, gentle and can complement any treatment plan as well as be quite effective on their own for many conditions. This course will provide an introduction to homeopathy and Bach flower remedies exploring the history and evolution of this approach as well as the specifics of using

the remedies. Participants will have an opportunity to see what goes into a first aid homeopathic kit and develop a Bach flower remedy bottle that is individual to their needs. Throughout, there will be opportunities to discuss and learn how to incorporate this effective complementary tool into a health plan that can enhance wellness. Students will need to provide their own dropper bottle.

Class is limited to 25 students.

Mary Anne La Torre is an R.N. with an M.A. in psychiatric nursing and training in acupressure, Reiki (Japanese method for stress reduction and relaxation) and homeopathy. For the past 20 years, she has had a private counseling practice that consolidated these approaches integrating psychotherapy with various wellness and stress management techniques. Semi-retired; she is currently focused on teaching these holistic skills in a wide range of settings.

NEW!**SS80 GODEL ESCHER BACH**

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, September 10–October 8

Instructor: Dean Hoover

In *Principia Mathematica*, Bertrand Russell tried to construct a formal axiomatic system, somewhat like Euclid's axioms for geometry, that would contain all of mathematics, but in particular integers and their algebra. In 1931 Kurt Godel proved a couple of theorems that show how futile that effort and others like it are. Godel used ideas like paradox, foreground, background, symmetry, self references and levels of meaning in his arguments. Douglas Hofstadter in his book, *Godel Escher Bach*, traces these ideas through Bach's music (canons and fugues) and Escher's painting and Godel's work. The book is available from Amazon for under \$10 (used copy). We will use the book as a source of topics for discussion and reading as we explore these ideas. Come and enjoy!

Class is limited to 65 students.

Dean Hoover taught mathematics at Alfred University for 34 years and is now retired. He has enjoyed teaching courses covering the entire undergraduate math curriculum including topics like mathematical modeling, nonlinear dynamical systems and chaos.

NEW!

SS81 MELT METHOD: HAND AND FOOT

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, September 10–November 12

Instructor: Lynn Davis

MELT is an effective pain relief technique developed by Sue Hitzman (author of *The MELT Method*) which focuses on re-hydrating the body's connective tissues. The MELT method helps you relieve pain and achieve greater stability. In class we will investigate the physiology underlying the techniques which reduce pain and improve balance. We will also practice the HAND and FOOT techniques from the comfort of our chairs. Please wear comfortable clothing, warm socks and shoes that you can remove easily. Bring drinking water. **Class is limited to 20 students.**

Lynn Davis is certified as a MELT Method HAND and FOOT instructor in 2013 by Sue Hitzman. Lynn holds degrees in nutrition, food science and finance and has worked directly in health care and the pharmaceutical industry for over 40 years. A passionate teacher, Lynn also holds a certificate from M.I.T. in leading adult learning communities. Over the last 30 years, Lynn has endured over 500 hours of physical and pulmonary rehabilitation. She currently enjoys reduced pain and improved balance from personally using the MELT method.

NEW!

SS82 PREDICTING CLIMATE CHANGE

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, October 23–November 20

Instructor: Bill Fintel

It is widely agreed that climate change is happening, but there is not much consensus among predictions at what rate climate change will occur and what the effects of climate change will be. This workshop style class will explore current climate change predictions and discuss what is predicted to happen in Delaware as well as in the rest of the world. Often cited effects of climate change are rising sea levels, increased storm intensity, shifting rainfall patterns, loss of arable land, ocean acidification, displacement of people and wildlife, extinction of plant and animal species, etc. Participants will be encouraged to present their ideas and findings to the rest of the class. We will have on-screen Internet access to facilitate presentations. **Class is limited to 25 students.**

Bill Fintel. See course SS29 for instructor's information.

NEW!

SS83 VIDEO EXPLORATION OF NATURE

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, September 12–October 10

Instructor: Alan Chalk

Internet videos on aspects of human and animal biology will be introduced, played and discussed with the class. Examples: reversing climate change by reclaiming deserts; biomimicry and invention; how bacteria and our cells communicate; how the sun benefits your heart; how a massive stroke revealed the brain's functions to a neurobiologist.

Class is limited to 65 students.

Alan Chalk holds a Ph.D. in chemistry, University of London, England. He has previously given courses in microbiology, evolution, nutrition and longevity.

Fall 2013 Course Schedule by Day

MONDAY

Period 1 (9 a.m.–10:30 a.m.)

- AA64 Acrylic Painting—*Halloran/Moore/Watkins* *
- AA95 Intro to Drawing—*Borovok* + *
- PS32 Lincoln, FDR & Kennedy—*Vega* (1) *
- HX78 Irish Potato Famine—*Folan* (2)
- HX126 American Women—*Redden* (2)
- LS115 iPhone-U Phone—*Porta* (2)

Period 2 (10:45 a.m.–12:15 p.m.)

- AA64 Acrylic Painting—*Cont'd* *
- AA94 History of European Art—*Getty* *
- AA95 Intro to Drawing—*Cont'd* +
- PA59 Songs of War—*Yetter*
- SS08 T'ai Chi Ch'uan—*S. Fintel* *
- PS32 Lincoln, FDR & Kennedy—*Cont'd* (1)*
- CS71 Beginning Computer I—*Bernheisel* (1)
- HU121 Interesting Issues in Constitutional Law—*Boyd* (2)

Period 3 (1:30 p.m.–3 p.m.)

- AA64 Acrylic Painting—*Cont'd* *
- HU41 Popular Comedy—*Grunders*
- PA58 Opera Quartet—*Mossel* +
- CS61 Intro to Word Processing—*Lippe* (1) *
- HX109 Delaware's Naval Heritage—*Manthorpe* (1)
- LS93-1 Plumbing & HVAC—*Warner* (1)
- HU175 Why Do We Laugh—*Mussoff/Sbarkey* (2)

Period 4 (3:15 p.m.–4:45 p.m.)

- HU41 Popular Comedy—*Cont'd*

TUESDAY

Period 1 (9 a.m.–10:30 a.m.)

- AA97 Aha! Ideas for Meaning—*Williams*
- HX128-1 Panama Canal—*Kirklin* (1)
- HU44 Images of Ideas—*Greenes* (1)
- EC06 Designing Sustainable Future—*Grier-Reynolds* (2)

Period 2 (10:45 a.m.–12:15 p.m.)

- HU167 American Authors—*Ramages*
- SS75 Traditional Chinese Medicine—*Yuan/Lin*
- CS72 Beginning Computer 2—*Porta* (1)
- SS80 Godel Escher Bach—*Hoover* (1)
- EC06 Designing Sustainable Future—*Cont'd* (2)

Period 3 (1:30 p.m.–3 p.m.)

- HU173 Shakespeare's Plays—*DeCatur*
- SS81 MELT Method—*Davis*
- IS16 World Future Society—*Feichtl* (1)
- AA10 Basketry—*Stanhope* (2)
- HU157 If You Lie With Dogs—*Feichtl* (2)
- RR04 Walk and Talk—*Ridolfi/Sullivan* (2) + *

Period 4 (3:15 p.m.–4:45 p.m.)

- HX129 Civil War Conversations—*Kelly*
- LS114 Hand Tool Basics—*Burkhardt*
- AA10 Basketry—*Cont'd* (2)
- RR04 Walk and Talk—*Cont'd* (2) + *

+ Class held offsite. See course writeup for exact times and locations.

* Check course description for exact dates and time.

WEDNESDAY**Period 1 (9 a.m.–10:30 a.m.)**

- AA91 Open Handiwork—*Duch/McKinnon* *
 IS11 Aspects of Espionage—*Gallagher*
 LA06 Introductory Spanish—*Buoni* +
 CS69 Cyber Security—*Hoyt* (1)
 CS73 Intermediate Computer 1—*Kiker* (1)
 SS29 Fall Birding—*Fintels* (1) + *
 CS53 Adding Photos & Clipart—*Kiker* (2)
 SS82 Predicting Climate Change—
B. Fintel (2)

Period 2 (10:45 a.m.–12:15 p.m.)

- AA91 Open Handiwork—*Cont'd*
 CS74 Intermediate Computer 2—*Woodyard*
 HX114 Maritime History—*Miller*
 HU174 Dante's *Inferno*—*Maglione* (1)
 LS93-2 Plumbing & HVAC—*Warner* (1) +
 LS121 Sustainable Seafood Savvy—
Hicks (1) +
 SS29 Fall Birding—*Cont'd* (1) +
 SS79 Using Homeopathy—*LaTorre* (1)
 EC07 Simplifying Retirement—*Loftus* (2)
 HX128-2 Panama Canal—*Kirklin* (2) +
 LS100 Plant-Based Eating 101—*Greet* (2)

Period 3 (1:30 p.m.–3 p.m.)

- AA96-1 World's Greatest Paintings—*Smith* + *
 HU172 Tolstoy—*Newsom*
 IS24 Touring Greece—*Shobe*
 AA02 Beginning Watercolor—*DeBoer* (1) *
 AA53 Intermediate Basketry—*Stanhope* (2)
 AA92 Fixing Flats—*Chu* (2)

Period 4 (3:15 p.m.–4:45 p.m.)

- HU168 10 More Plays—*Jones*
 AA02 Beginning Watercolor—*Cont'd* (1) *
 SS76 The Astrolabe—*Morrison* (1) *
 SS77 Observation of Venus—*Morrison* (1) *
 AA53 Intermediate Basketry—*Cont'd* (2)
 AA92 Fixing Flats—*Cont'd* (2)

THURSDAY**Period 1 (9 a.m.–10:30 a.m.)**

- HX106 Model Train Basics—*Lawrence* (1)

Period 2 (10:45 a.m.–12:15 p.m.)

- HU176 Search for Meaning—*Kauffman*
 HX127 History of WWI—*Fretz*
 SS83 Video Exploration of Nature—
Chalk (1)
 EC08 Financial Workshop—*Clifton* (2) *

Period 3 (1:30 p.m.–3 p.m.)

- AA96-2 World's Greatest Paintings—*Smith*
 PA33 Beginning Recorder—*Roberson*
 PA54 Musicals of Hammerstein—*Stein*
 RR02 English Country Dance—*Apostolina/*
West
 AA14 Stained Glass—*Puch* (1)
 CS61 Intro to Word Processing—*Cont'd* (1) *
 SS78 Out and About—*Lord* (1) + *

Period 4 (3:15 p.m.–4:45 p.m.)

- EC11 Retirement Income Process—*Bocchino*
 PA53 Chorus—*Brown*
 AA14 Stained Glass—*Cont'd* (1)
 SS78 Out and About—*Cont'd* (1) + *
 LS122 Hand Tools 102—*Burkhardt* (2)

FRIDAY

- AA85 Pottery Basics—*Coleman/Crowl* +
 10 a.m.–2 p.m. RAL
 LS05 Kitchen Kapers—*Fiegels/Coleman/*
Collins/Lineback/Reese (1) + *
 10 a.m.–1 p.m.

+ **Class held offsite. See course writeup for exact times and locations.**

* **Check course description for exact dates and time.**

Important Registration Information

- **Clearly** fill in the Fall 2013 Registration Form (page 35 or 37).
- An accurate email address is very important.
- Select your classes **in order of priority** by clearly filling in the Fall 2013 Course Selection Form (page 36, 38). Be sure to include course code, course title and day/time for each class.
- **Select only the number of courses that you intend to take.**

BECAUSE

- Registration forms received through **August 22** will be processed randomly.
- Assignments will be made based on the priorities* you indicated.
- Registrations will not be processed until a membership fee is paid.

LATE REGISTRATIONS

Registration forms received after **August 22** will be processed on a space-available basis after the registration process described above is completed.

* ***Please use your priorities wisely:***

- The smaller the class limit the greater likelihood of waiting lists.
- If a class had a waiting list in the past, it probably will this semester as well.

Fall 2013 Registration Form

New Location! Osher Lifelong Learning Institute at the University of Delaware in Lewes

Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958 • 302-645-4111

PLEASE CLEARLY FILL IN ALL INFORMATION

1. NAME (Please print) _____ TELEPHONE _____
ADDRESS _____ EMAIL _____
CITY _____ STATE _____ ZIP CODE _____
DATE OF BIRTH _____ Do you use a handicapped parking permit? Yes No
If you do not want your address, phone number and email address published in a Member Directory,
please check here:

2. IN CASE OF EMERGENCY OR ILLNESS CALL:

NAME _____ TELEPHONE _____

3. Because the lifelong learning program is a cooperative educational community, members have the opportunity and obligation to support its objectives through participation in committees, planning (courses, trips, activities) and serving as class leaders and instructors.

I WOULD LIKE TO BE ACTIVELY INVOLVED IN:

Teaching or organizing a course in _____
 Serving on the following committee:
 Academic Communications Library Planning Social Travel Office Volunteer

4. **EDUCATION:** H.S. Some College, A.A. B.A., B.S., R.N. M.A., M.S. Ph.D., M.D., J.D., Ed.D.
Professional/Avocational interests _____

5. **MEMBERSHIP DUES:** New member Returning member

\$_____ \$225 Full year membership fee \$_____ \$130 Half-year membership

\$_____ Donation to Gift Fund \$_____ Donation to Kirilla Scholarship Fund

\$_____ Total (Make check(s) payable to "University of Delaware.") Check # _____

Credit card: American Express Discover MasterCard Visa Amount \$ _____

Credit card no: _____ - _____ - _____ - _____

Security code (three digit number on back of credit card): _____ **Exp. Date:** _____

PRINT NAME: _____

Authorized Signature Required: _____

NEW MEMBERS: HOW DID YOU LEARN ABOUT THE LIFELONG LEARNING PROGRAM?

Newspaper article Friend Library display Radio ad TV Internet Other

By registering, I understand and agree that the University of Delaware, its Trustees, employees and agents have no legal responsibility for my physical welfare while I am a member of the Osher Lifelong Learning Institute at the University of Delaware in Lewes or a participant of any program-sponsored trip. I, therefore, agree to hold the University of Delaware, its Trustees, employees and agents harmless for any claims for personal injury or damage arising out of my association with the program. I also authorize the University of Delaware to record and photograph my image and/or voice, for use by the University or assignees in educational and promotional programs and material.

SIGNATURE REQUIRED _____ **DATE OF REGISTRATION** _____

Fall 2013 Course Selection Form

Please choose your courses in order of priority.

	COURSE CODE	COURSE TITLE	DAY/TIME
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____
9.	_____	_____	_____
10.	_____	_____	_____
11.	_____	_____	_____
12.	_____	_____	_____
13.	_____	_____	_____
14.	_____	_____	_____
15.	_____	_____	_____

Don't waste your priority selections... Use them wisely!

Fall 2013 Registration Form

New Location! Osher Lifelong Learning Institute at the University of Delaware in Lewes

Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958 • 302-645-4111

PLEASE CLEARLY FILL IN ALL INFORMATION

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Fall 2013 Course Selection Form

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	COURSE CODE	COURSE TITLE	DAY/TIME
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4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____
9.	_____	_____	_____
10.	_____	_____	_____
11.	_____	_____	_____
12.	_____	_____	_____
13.	_____	_____	_____
14.	_____	_____	_____
15.	_____	_____	_____

Don't waste your priority selections... Use them wisely!

Spring 2014 Semester

January–March

Spring 2014 is shaping up to be an exciting and full semester. Many new courses will be offered in addition to courses continued or repeated from the Fall 2013 semester.

- Acting in Action: Scene Study
- Basketry—Beginner and Intermediate
- Course in Plant-based Eating
- Great Decisions
- Financial Workshop: Investors Source for Financial Education
- Michelangelo
- Tolstoy—War and Peace—Further Perspectives
- Walk and Talk

Acknowledgements

Thanks to these friends and neighbors of our program who have provided the following support, at no cost to the Osher Lifelong Learning Institute at the University of Delaware in Lewes.



Bethany Beach Municipal Building and Community Center for providing classroom space for the Fall 2013 semester.



Cadbury at Lewes for providing the Kalmar Nyckel Auditorium for lifelong learning classes for the Fall 2013 semester at no cost; and also for partially underwriting the Fall 2013 catalog.



County Bank for supporting Osher Lifelong Learning—Lewes.



Special thanks to **Fielden Institute of Lifelong Learning at the Indian River State College** in FL for sharing their computer training materials.



Quality Food People at **Super G** for partially underwriting the Lewes Fall 2013 catalog.



Rehoboth Art League for providing studio space each semester at no cost.

The **Team MCG Group at Long & Foster** for supporting Osher Lifelong Learning—Lewes.

The George Kirilla Jr. Scholarship Fund Application Fall 2013

• **CONFIDENTIAL** •

The George Kirilla Jr. Scholarship Fund was established at the Osher Lifelong Learning Institute at the University of Delaware in Lewes by a bequest from the Kirilla family. The Fund uses the income from the bequest and voluntary contributions by members to provide partial scholarships to students based on financial need.

The scholarship process works as follows:

- Provide the information requested below.
- Send this form, together with your completed Fall 2013 Registration Form and Fall 2013 Course Selection Form to the office by **August 8, 2013**.
- Do not send a check at this time.
- The chairperson of the scholarship committee will contact you. Together you will agree on an appropriate scholarship amount for your individual case.
- The agreed-upon payment must be received no later than **August 22**, in order to participate in the priority lottery.
- Tuition assistance is not available for full year registration.
- Be assured that this entire process is confidential.

Please complete the following information:

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ EMAIL ADDRESS _____

SIGNATURE _____ DATE _____

Your application must be received no later than **August 8, 2013**.

Mail to: University of Delaware, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958.

• **CONFIDENTIAL** •



- Osher Lifelong Learning Institute at the University of Delaware in Dover
- Modern Maturity Center, 1121 Forrest Avenue
Dover, DE 19904
- Phone: 302-734-1200
- www.lifelonglearning.udel.edu/dover

Semester membership:

\$140 (Fall 2013 only) \$235 (full year, fall and spring terms)

- A sampling of courses:
- Colonial America
 - Earth's Environments
 - Great Short Stories by American Women
 - How Your Body Works and How it Ages
 - Swahili: The Language, People and Culture
 - The Eloquent Presidency of John F. Kennedy
 - and others...

*Education is simply the soul of a society
as it passes from one generation to another.
-G.K. Chesterton*

**Do you have 2 hours a week
to help a student succeed?**

The Lewes After-School Program*,
in partnership with Shields Elementary School
invites OLLI members to volunteer.

- Grades 1 through 5
- Program led by professional staff
- Classes 3:30 p.m. to 5:30 p.m.
- Volunteer one day per week, or more
- Hosted by Lewes Presbyterian Church

For information, call

Peggy Lewis, 302-226-4735

or Bernie Gilmore, 302-645-6941

* Partially funded by the 21st Century Community Learning Center Program



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Fred Thomas Building
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www.lifelonglearning.udel.edu/lewes
302-645-4111

The University of Delaware does not discriminate on the basis of race, color, national origin, sex, disability, religion, age, veteran status, gender identity or expression, or sexual orientation in its programs and activities as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware prohibits sexual harassment, including sexual violence. The following person has been designated to handle inquiries regarding the Americans with Disabilities Act, the Rehabilitation Act, and related statutes and regulations: Tom Webb, Director, Office of Disabilities Support Services, 240 Academy Street, Alison Hall Suite 119, University of Delaware, Newark, DE 19716, 302-831-4643. The following person has been designated to handle inquiries regarding the non-discrimination policies and to serve as the overall campus coordinator for purposes of Title IX compliance: Bindu Koll, Chief Policy Advisor, Office of Equity and Inclusion, 305 Hüllihen Hall, University of Delaware, Newark, DE 19716, 302-831-8063. The following individuals have been designated as deputy Title IX coordinators: for Athletics, Jennifer W. Davis, Vice President for Finance and Administration, 220 Hüllihen Hall, University of Delaware, Newark, DE 19716, 302-831-2769; and for Student Life, Dawn Thompson, Dean of Students/AVP for Student Life, 101 Hüllihen Hall, University of Delaware, Newark, DE 19716, 302-831-8939. Inquiries concerning the application of anti-discrimination laws may be referred to the Title IX coordinators or to the Office for Civil Rights, United States Department of Education. For further information on notice of nondiscrimination, visit <http://wdcrobcop01.ed.gov/CFAPPS/OCR/contactus.cfm> for the address and phone number of the U.S. Department of Education office that serves your area, or call 1-800-421-3481. CEP 5621 7/13 Printed on recycled paper.



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