

Because end of life encompasses so much more than just calling Hospice and making funeral arrangements, I see the importance of creating a secure, thoughtful present as part of preparing for the end of life. These are the topics to be discussed in an open, interactive setting:

Week 1. Navigating Medicare Enrollment - I have asked the author of "Your Social Security Toolkit w/ Medicare Supplement" to participate via Zoom. Donna Davis is a friend and has written a wonderful, easy to read book that will be available to purchase at the class (only about \$20).

Week 2. Advanced Health Care Directive - What to Know, Whom to Inform, Where to keep It. Dan Conway of Scott & Shuman P.A. would provide legal expertise on the subject.

Week 3. Write Your Obituary - A fun, introspective crafting of your life story as you experienced it and how you would like others to read it.

Week 4. All You want to Know About Green Burial & Home Funerals - Lively discussion about current trends in the funeral & burial realm.

Week 5. Pet End of Life - Everything from giving yourself permission, to home euthanasia, burial, cremation, funeral services and legacy.

Extra discussion: Bucket List - Everyone has a different idea of what they would do if given a terminal diagnosis. What's on your list? Simple gathering with nearest & dearest? Get in the RV and cruise the coast? Tend the garden & watch it flourish? Write letters if the words are too difficult to speak? Bring your ideas - nothing off the table!