

## **Why We Care: Basic Concepts in Healthcare**

### 1. The Human EPA: A Systems Approach to Medicine and Healthcare:

A discussion of the basic concepts of Homeostasis, Autoregulation, Resilience and Physiologic Reserve and Frailty as the basis for preventative and therapeutic measures

### 2. Dr. Who? Healthcare Through the Ages:

A brief overview of the history and evolution of different approaches and practices of medicine and healthcare throughout history.

### 3. Identity Crisis: Professionalism in Healthcare:

A discussion of the definition, educational, training, credentialing of the healthcare provider; with focus on physicians.

### 4. The Chanel Principle: Patient-Specific Quality Healthcare:

A discussion of the principles of high-quality healthcare and how that can be applied to individual patients.

### 5. The Boys on the Board: Healthcare Regulation:

A discussion of the guiding principles for a safe and responsible healthcare practice, and the basis for robust ethical and professional regulatory mechanisms.