

## **Intro to Juggling**

### **Course Description**

Active participation will be the hallmark of all the classes. The progress will be varied, so everything will be individualized. Each class will start with a demo (at times by the instructor and at times with video), followed by juggling.

### **Weekly Layout:**

The students will start by learning to juggle scarves in a basic cascade. They'll progress in a variety of ways, based on what they choose and ability level. This includes tricks, balls, rings, clubs, devil sticks, diabolos, and passing.

Each week will progress similarly, with a demo, questions, and individualized instruction.