Mah Jongg for Beginners
Spring 2020

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Mah Jongg is a game of skill and strategy that involves a degree of chance. A game of Mah Jongg is an excellent mental workout and helps keep the mind sharp, while socializing with others. It is highly recommended among the elderly as a means of keeping their brains in good health.

Materials needed for class:
- Real Mah Jongg subscription (https://realmahjongg.com/). Cost is $5.99 a month, and can be cancelled at any time.
- 2020 Mah Jongg card purchased from the National Mah Jongg League (https://www.nationalmahjonggleague.org/). The card should be ordered as soon as possible, since it takes a few weeks to arrive. Note: the 2021 card will not be available until April 2021 at the earliest.

This class is intended for beginners. We will be covering these topics when teaching the class:
- Brief history of the game
- How to purchase the online game and use it
- Common terms used in Mah Jongg
- Identifying the tiles
- How to read the Mah Jongg card
- Mah Jongg basics
  - Dealing the tiles
  - The Charleston
  - Playing the tiles
  - Discarding tiles
  - Picking up a discarded tile
  - Jokers
  - Concealed hands
  - Strategy
  - Scoring
- Playing the game in person vs playing the game online.

Time will be given as the end of each class to play a game.

Although it is not required, class members have the option of practicing Mah Jongg by using the online game at home. The online game will substitute “computer players” if there are less than four people.