



UD OLLI Course Outline

ContactLifeline, Inc. Training Program

Week 1:

Introductions

Module 1- Helpline and Sexual Assault Survivor Advocate training- Welcome

Week 2:

Module 2- Communication and Active Listening Skills

Week 3:

Module 3- Advanced Listening

Week 4:

Module 4- Compassion Fatigue and Self-Care

Week 5:

Module 5- Trauma and Extreme Coping

Week 6:

Module 6- Impact of Trauma, including sexual assault

Week 7:

Module 7- Incidence and Prevalence of sexual assault

Week 8:

Module 8- Crisis Response involving sexual assault

Week 9:

Module 9- Sexual Assault Advocate, overview

Week 10:

Module 10- Sexual Assault Advocacy situations and procedures

Week 11:

Module 11- Mental Illness

Week 12:
Module 12- Domestic Violence

Week 13:
Module 13- Taking the Suicide call