
Course: Soulfulness: Meditations of Steven Charleston

Class Syllabus:

Week 1– class overview, introductions, background of Steven Charleston,

**Discuss the introduction to *Ladder of the Light*
*The vision of the Kiva, p.1-16***

Week2- Ch.1 *The Rung of Faith. P.17-38*

Week 3- Ch.2 *The Rung of Blessing p.39-56*

Week 4- Ch.3 *The Rung of Hope p. 57-74*

Week 5- Ch.4 *The Rung of Community p.75-88*

Week6- Ch. 5 *The Rung of Action p.89-106*

Week 7- Ch. 6 *The Rung of Truth p.107-124*

Week 8- Ch.7 *The Rung of Renewal p. 125-146*

Week 9- Ch. 8 *The Rung of Transformation p.147-168*

Week 10- Ch.9 *The Emergence p.169-171*

Week 11- *conclusions, take-always, summaries, questions*

Will have meditations, journal writing, short articles, etc throughout the course.