

Course Content: Healing the Heart of Democracy

Together, we will read Parker J. Palmer's book on how we can talk to each other in a respectful way, even when we disagree. Palmer has created discussion groups all over the country comprised of people who want our democracy to succeed. Each week, we will discuss a chapter from his book, and begin our discussion by looking at a brief video that he has created. I will provide chapter notes, which may be helpful to you if you have a bad week and need some help focusing on the material. I will also suggest groups you can join, both local and national, if you want to participate in healing our democracy.