



The Tides...

Breaking News from Lifelong Learning



Osher Lifelong Learning Institute at the University of Delaware in Lewes

Formerly Southern Delaware
Academy of Lifelong Learning

Spring 2012



From the Chair and the Council

Our Health: We continue to grow in membership. We had 599 members enrolled in one or more classes in June 2011, Fall 2011, January 2012, and Spring 2012. That's an increase from 528 for the previous year. Our January experiment at the Bethany National Guard Training Center drew 80 attendees, including 49 newcomers. Buoyed by that success, we will hold classes on Monday and Wednesday mornings at the Bethany Town Hall in the Fall 2012 semester. In the Spring 2012 semester, we held 56 courses, and between now and May 17, we will be choosing among 22 courses offered in the June program. Financially, we remain sound, with a slowly growing Future Fund that we have set aside for unanticipated major expenses.

Our Council: Ron Reese is retiring after a successful term including the leadership of our first silent auction at the Fall luncheon. You elected Bo French to replace him. Secretary Donna Beecher and Finance Chair Jack Boettger, both appointed in 2010 to fill vacancies, were elected for a full term. They will serve with Council members Diana Beebe, John Coleman, Bob Comeau, Anne Carol Finley, Lynn Kroesen, and Frank Meredith, and with committee chairs Lou Archdeacon, Bernie Fiegel, Mary Folan, and Joan Sciorra.

Our Communications: We continue to move—and urge you to join us—in the computer age, with this quarterly newsletter, *The Tides*, our occasional email alerts, and our web-site at www.lifelonglearning.udel.edu/lewes, which contains our catalogs, videos about the program, and lots of other information about us. We hope you have that address bookmarked on your computer and that you will share it with friends who are not yet members. Our catalogs are also mailed to members and distributed to local libraries, and we send news releases to the local media.

Our travels: We have enjoyed bus trips to concerts, shows and museums in Washington, Philadelphia, and Wilmington—and just returned from another fun-filled journey to New York City where, next year, we hope to expand from two to three buses in response to popular demand.

Our Honors: Last Fall we joined our colleagues from Wilmington and Dover as recipients of the Governor's Outstanding Volunteer award in the category of group education.

Thanks to all that our dedicated instructors do to make this possible!



Bob Comeau, Chair

Register NOW for Summer Classes

Classes for our four-week summer season will begin June 4 and end June 29. We will offer a total of twenty-two courses, most consisting of four class sessions, but others ranging from a single session to as many as seven. Please note carefully the timing of each class, as shown in the catalogue.

We want to draw special attention to a single-session training class for the online registration procedures we are in the process of initiating. Interested members may choose **any one** of four Wednesdays, June 6, 13, 20 or 27, at 10:00 a.m.

Arts and technologies will feature opportunities to learn basketry, stained glass methods, and line drawing, as well as workshops for oil and acrylic painting and managing digital photos, and a continuation of Jon Newsom's Spring class on Taking Pictures and Making Films.

Mary Boyd will follow her previous constitutional law class with Conversations on the Constitution. History and humanities choices will include Queen Elizabeth I in Films, Wordsworth's Spirituality, Delaware and the U.S. Navy, and insights into Sussex County Delaware.

In the world of food, Kitchen Kapers XIX is on the

list, along with a crash course on plant-based eating, for which members may sign up for one of four alternative dates.

Hal Wallach will lead a concentrated introduction (seven sessions) to the game of chess, including tactical puzzles to help students become more adept at problem solving. Intermediate recorder players will have four sessions on playing in consort. For opera buffs, Opera Potpourri will be held at Cadbury. The Spring class on Bach will have a sequel in Bach and the High Baroque.

There will be two intriguing offerings in psychology/social studies. An Introduction to Sociology will delve into the influence of nature (the natural order), ethics (the moral order), and culture systems (art, science and religion) on society. Psychology of the Here and Now will focus on a separate, relevant topic of the media each week to expand our understanding of why it is important.

Finally, in our quest for fun ways to stay fit, there will be English Country Dance and T'ai Chi.

The registration fee for summer classes is \$50, and priority registrations are due by May 17.

Calendar of Events

- May 17 — Priority registration for summer closes
- May 21 — Course Proposals for Fall semester due
- May 23 — Class schedules mailed
- June 4 — Summer session begins
- June 28 — Last day of summer classes
- Aug 6 — Fall catalogs mailed
- Aug 23 — Priority registration for fall closes



WANTED



Have you taken photos at SDALL or Osher gatherings or events? Do you have programs from our Teacher Appreciation Luncheons? If you would care to donate them to our archives, please contact Lou Archdeacon, Librarian/Archivist

YOUR NEWSLETTER

The Tides is published quarterly, with special editions as appropriate. If anyone has information, news, pictures or items of interest to share, the Council wants to hear from you. Please contact Lynn Kroesen at Lkroesen@yahoo.com or the Lifelong Learning in Lewes office.

REMINDER

The office is closed on Fridays.

Library News

During our spring semester students in Phil Fretz' class "Great American Bestsellers" watched lectures on DVD's by Professor Peter Conn of the University of Pennsylvania. The course was "Great American Best Sellers, The Books that Shaped America." This set is now on the shelf at 028.1. For those who love to read, I know you will enjoy reviewing these lectures in order to organize your summer reading program.

We also received a book about the Scopes Monkey Trial. It is titled [Trials of the Monkey](#) and should have some new insights to ponder. You will find it at 808.23

Supporting our art program, look at 751.4 for books on painting and drawing boats and harbors; and at 613.2 find new books on healthy eating. Lastly I would like to suggest you look at 921 for [Lincoln, A Life of Purpose and Power](#).

I hope to see you in June for our summer session, and in the meantime, "Happy Reading!"

Submitted by: Lou Archdeacon,
Librarian-Archivist

2012 Cottage Tour



Osher Lifelong Learning at Lewes will again host a home on the Rehoboth Art League's annual Cottage Tour, scheduled this year for Tuesday and Wednesday, July 10 and 11.

Our docents for the tour have consistently received many compliments from the touring public and the Art League for their knowledge, courtesy and enthusiasm, and 2011 was no exception. We renew our thanks and commendations to all of our members who have participated in this venture, and we encourage you to consider helping again this year. The number of docents we will need this year will depend on the size of the home assigned to us, which has not yet been announced. A number of members have already volunteered through the sign-up sheet we posted at the Spring Luncheon. Others who wish to volunteer should contact Renee or John Coleman (226-0661).

Classes Offered In Bethany Beach

Our Lewes program continues to grow. Now, we're branching out in the Bethany Beach area.

As many know, we offered a January South Coastal lecture series on history and humanities topics in Bethany Beach. The series was very well received. Over 80 people attended and more than half were new to our program.

In light of this success and feedback from members and the community, we will be offering classes as part of our regular program starting with the 2012 fall semester.

Beginning in September, classes will be held Monday and Wednesday mornings in Bethany at the town hall on the corner of Route 1 and Garfield Parkway. We are currently looking for instructors for our expanded program. If you are interested, please fill out our online course proposal form found on the website or contact our curriculum committee or call the Lewes office. As with all course proposals for the fall semester, the deadline is May 21.

Carrie Townsend would be happy to talk about the expanded program or answer any questions. She can be reached at ctownsen@udel.edu or (302) 993-6701. The office and curriculum co-chairs, John Coleman and Diana Beebe also are available to discuss course topics and scheduling possibilities in Bethany.

National Recognition

Dr. James Broomall, Assistant Provost, Professional and Continuing Studies at the University of Delaware reported that our 12 minute video highlighting the three Lifelong Learning programs was featured at the Osher Foundation Board of Directors meeting in San Francisco, CA.





Instructor In the Spotlight

Each newsletter we are going to spotlight one or more of our talented instructors. Learn more about the men and women who prepare and bring us interesting, stimulating and challenging classes.

Elaine Stanhope is one of our longest serving instructors (over 30 semesters). Even though she had taught on the secondary level before she retired, she did not get interested in basketry until after she retired and moved to Maine. While living in Maine, she attended a short course on making baskets and started to make her own just for something to do. She then attended a week long seminar at the John Campbell Folk School in Pfafftown, NC on Nantucket baskets which really got her hooked on the hobby. They built a house and moved to Delaware 18 years ago and she discovered that SDALL (Southern Delaware Academy of Lifelong Learning now OLLI) had a course in basketry. Part way through the semester the instructor became ill and Elaine “volunteered” to finish out the class instruction. She has continued to teach our members the art of basketry. She says she really enjoys meeting and working with the students who come to her classes. She says she is stimulated by the creativity of her students



Suggested Subjects for Future Courses

Throughout our lifelong learning history we have enjoyed an increasingly broad range of subjects among the courses that have been offered here. In that spirit, members frequently express a particular interest in new areas, and we have compiled a list of those suggestions in the hope of encouraging members with relevant background to follow up with a proposed class.

The current list of suggested subjects includes:

Alternative energy	Ecology	Meteorology
Antiques	End of life issues	Oceanography
Architecture	Environmental science	Pollution in the
Art history	Epidemiology	inland bays
Astronomy	Fishing	Public transportation
Aviation	Gardening	Tennis
Beginning electrical	Gerontology	Travel
Bridge	Golf	Wind power
Chemistry	Health	Woodworking
Civil rights	Interior design	Writing
Conservation	Italian immigration	WWII history
Delaware Indians	Jewish history	Yoga
Delaware underground railroad	Labor union history	



This is by no means a fully inclusive list of our membership’s interests. The sky is literally the limit! So, in addition to encouraging members to consider initiating a class in any of these subjects, we urge you to continue to let us know of any other disciplines you would like to know more about or, even better, share with us as an instructor.

Our Members in the Community

Osher Lifelong Learning Member Sue Studz Qualifies as a Finalist for 45th Pillsbury Bake-off



Osher member, Sue Studz, has been keeping an eye on the Pillsbury Bake-Off Contest since her childhood, when her mother followed its recipes. The part-time Fenwick Island resident and Baltimore native gave the challenge a shot for only the second time and qualified as one of the 100 finalists among tens of thousands applicants for the 45th Pillsbury Bake-Off Contest held on March 26, in Orlando, Florida, with Martha Stewart as host.

Sue said she's learned a lot about cooking from Osher Institute of Lifelong Learning in Lewes, which she credits with helping her to stay active and engaged through her retirement in Delaware. "I've taken cooking classes through Osher, and they've been so supportive," she said. "They offer a lot for adults over 50. I've always been creative. You don't want to retire and just stop doing the things that you enjoy." Check out Sue's "winning" recipe on the bulletin board.

Osher English Country Dancing Members Attend Ball

Eight members of the Osher English Country Dancing class attended the Dover English Country Dancers' Annual Ball on April 14. Instructors Alex Apostolina, Winfried and Edith Mroz co-founded Dover English Country Dancers. John Bochnowski, Osher instructor, is pictured in an 18th century costume. English Country Dancing will be offered in the summer 2012 semester.

Back Row (left to right): Carol West, Bill Martin, Ann Lyn Martin, Bruce Kempton, Bernie Fiegel Front Row (left to right): Alan Chalk, Dolores Fiegel, John Bochnowski (Osher Instructor), Susann Studz



Milton Century Club

On April 10, Dolores Fiegel was the guest speaker at the Milton Century Club. Fiegel gave a history and an overview of lifelong learning in Lewes and gave a personal view of her experiences as a student and as an instructor. She also presented the 2012 summer program and encouraged interested parties to become acquainted with lifelong learning by participating in the summer program.

The Milton Century Club is a member of the General Federation of Women's Clubs (GFWC). GFWC is one of the world's oldest and largest women's service organizations dedicated to improvement through volunteer service. For information, call Mable Granke at 302-227-6637 or Carol Thomas at 302-684-3573.

Arrangements for Osher Speakers can be made through Frank Meredith, Community Relations Chair, at 302-227-0250.

Members in the News

Reported in the Cape Gazette : Barbara Vaughan, Lewes City Councilwoman and OLLI member was honored for her 8 years of service to the city of Lewes.

Nancy Feichtl was a featured speaker at The League of Women Voters of Sussex County forum on education.

An Ecard from Norm Weston, former member and Operetta instructor and now living in Ohio, informs us that he is now lecturing at his residential community. "We generally have about 40 attendees for each operetta lecture."

We know there are other members who have been recognized for their community service in the past few months who were not mentioned here. If you see news articles about members in the coming months, please let us know.

Instructors' Recognition Luncheon Another Winner

Salty Brine's Seaside Chat

AHOY, Osher shipmates! If you were AWOL for this luncheon, you missed another "winner." It was a cool April day when the Osher Lifelong Learning - Lewes Queen (re-christened the LLL-820A Queen OLLI) dropped anchor at the Sands Hotel and disembarked for a day of good food, conversation, refreshments, entertainment, and rumors of a 50/50 to attend the Instructors' Recognition Luncheon. A large crowd crossed the gangway (seas were a little choppy) into a sea of white and green and with each table adorned with hydrangeas.

The multitude of arts/crafts exhibits by talented Osher members improves with each luncheon as does the singing of our very own the *Elder Moments* under the baton of Roo Brown. Lunch - the teriyaki salmon (where's the teriyaki?) was the winner with 107, lemon rosemary roasted chicken placed with 43, plant-based zucchini "pasta" (a second first) a surprising show 24. At the conclusion of dessert, tiramisu (which everyone loved) or fresh fruit plate (which everyone likened to a palate cleanser) the instructors were recognized for their volunteer efforts and then everyone was treated to a fashion show by the members of the Knitting 101: Beginning Knitting class who were wearing their beautiful knitted kimono jackets, also showed off their "perfect knitted "dish cloth" ... class instructors were Barbara Duch and Karen McKinnon. There were a lot of oohs and aahs from the members as each coat wearer was introduced. Well done ladies!

A tribute to John "Jazz Man" Nammack for his many, many semesters of teaching, and introducing jazz to many Osher members and all the recordings he made for members at no charge ... Bravo! ... We'll join Duke (Ellington) and all "Take the 'A' Train" with John the "Jazz Man."

The luncheon concluded with singing by the Elder Moments with Roo Brown at the helm ... it wouldn't be a luncheon or picnic without the Elder Moments; they're very much a part of the lifelong learning fabric ... they're the BEST!

Hey! Buy your tickets from me! No, buy your tickets from ME! And so it went during attitude adjustment hour making the luncheon a little more exciting, as hucksters Ann Lynn and "Wild" Bill were holding up members to buy 50/50 tickets ... and buy they did to the ringing of \$460 Americans dollars split 50/50 with Osher - Lewes and Kathy Osterholm!

They're already saying the April 18, 2012 luncheon will be another hard act to follow. Hopefully Salty and the Queen's dedicated shipmates will be up to the task of another hard to beat luncheon. Members were steadily talking about the up and coming June summer series, with some exciting and challenging classes. Look for us on our web site and join Salty and the gang for a fun-filled June session ... anchors aweigh!

The Queen OLLI will go into dry dock to have the barnacles scraped off and a new blue/yellow paint job. So the next port of call for the Queen OLLI will be in Lewes for the New Member/New Instructor Orientation Thursday, September 6, 2012.

To contact Salty send an email to:

LLL-Lewes@udel.edu with Salty in the subject line.



John Nammack



Top: Knitters from Knitting 101 model the kimono jackets made in class.



Left: Ann Lyn and Bill Martin sell 50/50 tickets.

Far Left: Lucky 50/50 winner Kathy Osterholm.

Photos by Jay Wheeler

Contributing writer - Cera Belum

Members on the Road Again

Van Gogh Up Close

On March 31st fifty Lifelong Learning members had an opportunity to view many of Van Gogh's still life and landscapes which will not be seen anywhere in the United States other than the Philadelphia Art Museum. Viewing his paintings



Photos from Sandy Moore

gave us an insight into his love of natural landscapes and outdoor scenery.

Also on view were some of Zoe Strauss' photos of her Billboard Project (everyday life) which have been placed on billboards in and around the Philadelphia area.

Members Visit the "Big Apple"

Our 9th year to the Edison Hotel was successful for all. This trip gives everyone an opportunity to do whatever one desires while in New York City. Many different Broadway shows were seen, museums visited, eating at different ethnic restaurants, visiting the many attractions in the Big Apple, meeting up with friends and family members filled our days and nights. Many witnessed the SPACE Shuttle's flight over Manhattan on its way to Kennedy Airport.

We look forward to our 2013 trip. Info to follow later.



Photos submitted by Bernie Fiegel & Ron Reese

Spring Semester Activities



*Walk & Talk at the Indian River
Life Saving Station*



The Greene's host Walk & Talk



Italian Cooking 101—YUM!



Pottery class

Left: Sue Studz

*Right: Carmela
Coleman*



Osher Trip to Arena Stage Will See *THE MUSIC MAN*

The Osher trip for a matinee performance of *The Music Man* at Arena Stage in Washington D.C. is June 9, 2012. The motor coach will depart from Lowe's parking lot at Five Points in Lewes at 9:00 a.m. Lunch is available at the Catwalk Café located in Arena stage or at nearby restaurants. Catwalk Café strongly recommends making reservations. Call 202-488-3300.

Burke Moses will play Harold Hill, *The Music Man*. From the Washington Post: "His booming baritone voice has been put to terrific use in roles as varied as *Sky Masterson* in the Broadway revival of *Guys and Dolls* and as *Lancelot* in a tour of *Camelot*."

Kate Baldwin will play Marian the Librarian. From the Washington Post: "A decade after she was *Nellie Forbush* in director Molly Smith's *South Pacific* at Arena Stage, Best Actress Tony Award nominee for *Finian's Rainbow* in 2010 reunites with Smith to play Marian in *The Music Man* in spring 2012."

The trip is full; however, there is no waiting list. Contact Dolores Fiegel at 302-645-4568 or Renee Moy 302-645-4111 for more information. Trip cost is \$80 and includes admission at a 40% discounted rate, transportation by deluxe coach, and driver gratuities.

