



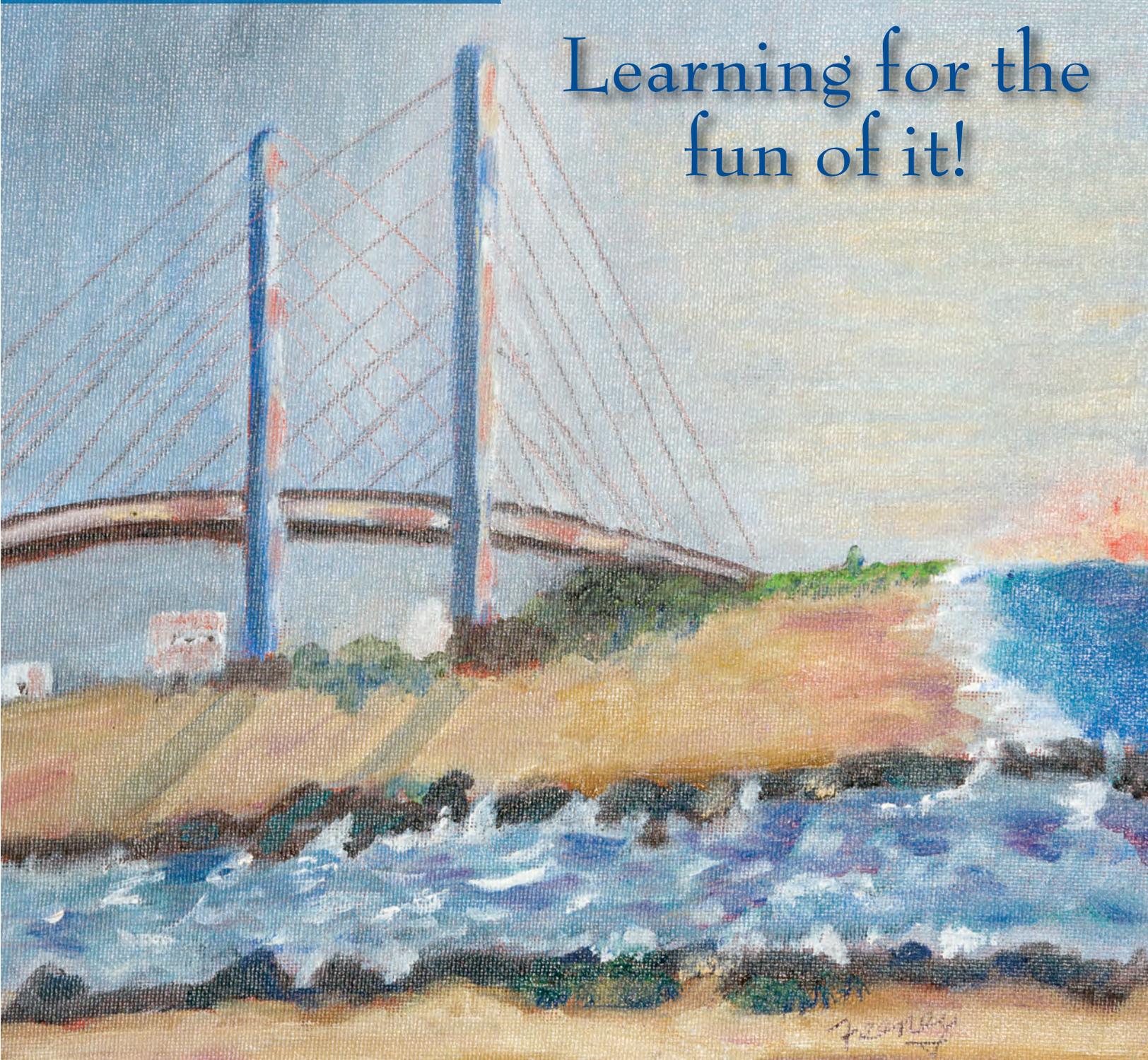
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Osher Lifelong Learning Institute

at the University of Delaware in Lewes/Ocean View

A program of the Division of Professional and Continuing Studies

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About the cover: *Indian River Bridge Connecting Lewes to Ocean View* by Osher instructor Peter Feeney. See page 4 for his Spring course, Basic Oil Painting.

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Osher Lifelong Learning Institute at the University of Delaware in Lewes, Fred Thomas Bldg., 520 Dupont Ave., Lewes, DE 19958
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Osher Lifelong Learning Institute

at the University of Delaware in Lewes/Ocean View

About Osher Lifelong Learning in Lewes

In 1989, the University of Delaware established the Southern Delaware Academy of Lifelong Learning. In 2010 the Academy received endowment support from the Bernard Osher Foundation. In recognition of that support, we joined similar organizations in 49 other states and became the Osher Lifelong Learning Institute (OLLI) at the University of Delaware in Lewes.

We operate a self-governing, cooperative education community that promotes and provides intellectual, cultural and art-of-living learning experiences in a supportive social environment for mature active adults in Southern Delaware under the aegis of the University of Delaware's Professional and Continuing Studies.

Membership

Membership is open to men and women 50 years of age or older and to members' spouses or partners at any age. Whether your formal education ended early in life, or includes advanced degrees, we welcome you. An interest in learning is all that is required. Registration forms are at the back of the catalog and online. The membership fee is \$145 for the spring semester. Partial scholarships available. See page 24 for additional information.

Member Benefits

- Register for as many classes as you like
- Participate in sponsored trips
- On-site wireless Internet access
- On-site use of computers
- Student rate on software
- Use of libraries and online resources (all UD and Del Tech)
- Audit one UD credit course in fall and spring semester on a space available basis without paying tuition. Does not include online/distance learning courses, Associate in Arts program, certificate

programs or UD travel/study programs. All relevant fees apply.

- Access to Google Apps account
- Student discounts at various venues/retailers

Some benefits require either a UD ID card (small fee) or a UDelNet ID (@udel.edu email account). These benefits are only available to full year members.

How to Register

You may register and pay online at www.lifelonglearning.udel.edu/lewes, by mail or in person (Mondays through Thursdays, 9 a.m.–2 p.m.) with the Spring 2016 Registration Form, together with payment, at the OLLI office, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958. Checks to be made payable to University of Delaware. **Priority registration deadline is December 21, 2015.**

Refunds

Membership fees will be refunded prior to the end of the second week of the semester. Refund requests must be **submitted in writing** to the Osher office. A \$15 processing charge will be deducted from all refund requests received after the first day of classes. Membership refunds can not be transferred to another semester.

Refunds will take up to six weeks to process. Questions should be directed to the Osher office.

Gifts

While we calculate membership fees to cover our operating costs, we always have a need for additional and upgraded audiovisual equipment, computers, classroom teaching aids and library materials. Many of those items are paid from the Gift Fund. We are happy to receive your donations to the Gift Fund for a specific use or, preferably, unrestricted so your Council can focus them on our greatest needs. You can include a gift

with your registration. For more information on how to make these tax-deductible gifts, contact the OLLI office, 302-645-4111.

Textbooks, Supplies and Handouts

The catalog lists any textbooks or other supplies required for some courses and any charge for handouts beyond the allocation provided each instructor. You are responsible for these costs.

Identification Badges

We ask our members to wear an identification badge at all times. Member and guest badges (and temporary badges for those who forget) are available in the OLLI office.

Guests

Visitors and prospective members who wish to become familiar with our program are welcome to visit on a single day. Please visit the office to pick up an ID badge.

Travel

OLLI sponsors trips to enhance our educational experience. Many are one-day trips associated with particular courses. Information about these trips, including sign-up dates, are posted on the travel bulletin board. Members have first priority and a surcharge is required of non-members. Questions about travel may be directed to the OLLI office at 302-645-4111.

University of Delaware Policies

Our members must comply with University policies, including those that prohibit sales or solicitations (except for designated activities where they are specifically permitted); sexual harassment; or disruptive behavior.

Spring 2016 Courses

Courses held in Lewes unless otherwise noted.



AA10 BEGINNING BASKETRY

Tuesdays, 1:30 p.m.–4:30 p.m.

Dates: 5 Sessions, January 12–February 9

Instructor: Elaine Stanhope

This class is open to all who are interested in basket weaving. Anyone who has never woven a basket or those who have woven up to five baskets are welcome. Basket kits will be provided. There will be a charge for supplies needed to weave two baskets.

Class limited to 15 students.

Elaine Stanhope holds a B.S. from Husson College in business education. She taught on the secondary level in Maine, Massachusetts, Maryland and Virginia, and was a day care director for Kinder Care Learning Centers. She retired from Hughes in data management. Elaine enjoys weaving all types of baskets.

AA14 STAINED GLASS

Thursdays, 1:30 p.m.–4:30 p.m.

Dates: 5 Sessions, February 18–March 17

Instructor: Paul Puch assisted by Rodney Lau

Students will learn the “Tiffany” method of stained glass. They will design a pattern, cut glass, grind, foil and solder a project. Class is open to beginners and advanced artists. All projects to be approved by the instructor. There will be a \$25 lab fee to cover cost of materials.

Class limited to 12 students.

Paul Puch holds a B.A. from St. Francis University and an M.A. from Middlebury College. He taught Spanish and Latin at the secondary level for Montgomery County Public Schools in Maryland for 31 years.

AA42 TECHNIQUES IN WATERCOLOR

Thursdays, 1:30 p.m.–4 p.m.

Dates: 5 Sessions, January 14–February 11

Instructor: Sonia Hunt

The course will cover various techniques in watercolor with individualized and personal instruction. Color mixing, composition and different applications of paint will be explored. Watercolor techniques and applications will be demonstrated. Reference material will be supplied each week to be used to produce a painting. Some previous knowledge of watercolor painting is helpful but not necessary. A supply list will be available.

Class limited to 12 students.

Sonia Hunt is originally from England and now resides in Lewes. She loves to travel and has captured many of the places she has visited in her paintings. Sonia has received various awards for her watercolors, which are exhibited throughout Delaware and Maryland and has won awards in juried shows. She is a member of the the Art League of Ocean City, Cape Artists and Gallery One in Bethany Beach.

AA53 INTERMEDIATE BASKETRY

Wednesdays, 1:30 p.m.–4:30 p.m.

Dates: 5 Sessions, January 13–February 10

Instructor: Elaine Stanhope

This class is open to all who have woven at least five baskets. Baskets woven in this class will be on an intermediate level. There will be a charge for each basket kit provided.

Class limited to 15 students.

Elaine Stanhope. See course AA10 for instructor’s information.

AA64 OIL AND ACRYLIC PAINTING INTERACTIVE WORKSHOP

Mondays, 9:30 a.m.–2:30 p.m.

Dates: 9 Sessions, January 11–March 21

Instructors: Carol Halloran, Stephanie Martin, Ellen Watkins

No class January 18 and February 15.

Oil and acrylic painting workshop for intermediate painters. Come join us for a cooperative workshop where we assist and critique each other’s work. Gain knowledge from the experience and unique perspectives of three respected artists and learn the protocol of a formal open crit session, engaging the entire class in discussion and encouraging critical thinking. Students should bring their own supplies in oils or acrylic medium and a lunch. Some floor easels will be available, but students are encouraged to bring their own set-up. Students may bring their own photographs and images for inspiration. Optional art and cultural expeditions may be scheduled once per session to nationally known museums in Baltimore, Washington, D.C. or Philadelphia.

Class limited to 16 students.

Carol Halloran is a retired R.N. She has worked pencil sketch portraits and has taken photography classes. Carol now paints mostly landscapes in oil from her photos. She has been with Osher Lifelong Learning in Lewes since 2004.

Stephanie Martin began painting 20 years ago. She has taken many classes and workshops throughout the years in Maryland and Delaware. She is a member of the Cape Artists in Lewes and has been painting at Osher since 2012.

Ellen Watkins has painted for over 30 years. She learned her craft through years at Fairfax Adult Education classes and Corcoran Art School.



Inclement Weather Policy

When Cape Henlopen School District classes are canceled because of inclement weather or an area-wide emergency, Lewes lifelong learning classes are canceled. When the school district has a delayed opening, our activities—except at the Rehoboth Art League—will begin on time.

Ocean View programs follow Indian River School District's announcements, closing when those schools are closed and opening on time when those schools have a delayed opening.

Check for information at the following:
Phone: 302-645-4111 (recorded message)
Web: www.lifelonglearning.udel.edu/lewes
TV: WBOC or www.wboc.com, at weather closings

AA85 HAND BUILDING POTTERY

Fridays, 10 a.m.–1 p.m.
Dates: 10 Sessions, January 15–March 18
Instructor: Myndi Smithers
Held at Rehoboth Art League.

This class will offer the methods of building pottery by hand. It is a mixed media and will include the following: sculptures, vessels and surface decorations. Look forward to illuminating clay into forms and styles. Please wear old clothes, bring an apron, an old towel and don't forget your lunch. Additional cost of \$60 (payable to Rehoboth Art League) for clay. Class attendance is essential.

Class limited to 8 students.

Myndi Smithers received a B.A. in fine arts/studio arts (2009) and an M.A. in teaching (2012) from Fairleigh Dickinson University in Madison, New Jersey. She taught ceramics at Camp Horizons at Newark Academy, New Jersey (2009-2012). Myndi was artist in residence for the art program at Fairleigh Dickinson (2009-2014). Currently she is teaching ceramics at the Rehoboth Art League.

AA91 OSHER CRAFT CIRCLE

Wednesdays, 9:30 a.m.–12:15 p.m.
Dates: 10 Sessions, January 13–March 16
Instructor: Diana Beebe

This course is open to any student registered at Osher. Please come sit with a group of warm, friendly people who enjoy each other's company as they work on their handicraft. Diana is there to help, when she is able, with simple knitting projects (Einstein coats or kimono jackets, etc.). This is not an instructional course but a venue for creative handworkers to share what they do best while sitting with genial folks sure to become your friends. Can't attend for the full session? No problem. Join the group as your schedule allows.

Class limited to 30 students.

Diana Beebe received a B.A. in English from the College of Wooster and an M.A. in school leadership from the University of Tulsa. She taught high school and middle school English and served as a school administrator for many years. She retired as head of school from the Holton-Arms School in Bethesda, Maryland, in 2007 and is currently the executive director of the Head Mistresses of the East Association, a national group of independent school heads. She served on the Osher council. Diana is an avid sewer and knitter.

AA104 ART 102: HANDS ON BASIC OIL PAINTING

Tuesdays, 9 a.m.–11 a.m.
Dates: 5 Sessions, January 12–February 9
Instructor: Peter Feeney

This course will cover "hands on" color theory and mixing, brush strokes, canvases and papers, composition, values and point of interest. The class will consist of a short demo followed by participants painting with individual attention. Both oil and water mixable oil paints may be used. Beginners are welcome. A supply list will be available.

Class limited to 15 students.

Peter Feeney is a local self taught artist. His work may be seen in numerous local galleries and he is a member of several art leagues. He is a retired engineer, college instructor and industrial consultant.

★ *New!*

AA106 THE FUNDAMENTALS OF FLORAL DESIGN

Tuesdays, 1:30 p.m.–3 p.m.
Dates: 5 Sessions, February 16–March 15
Instructor: Ken Norman

Gain a solid foundation in successfully arranging fresh flowers like a professional. From soaking floral foam, to stem placement, you will learn the fundamental mechanics of floral design. The principles and elements of design will be illustrated each week with a focus on traditional forms. This is a hands-on educational experience for students new to floral design or those that want to hone their skills. Step by step instruction is provided in addition to helpful tricks and tips on care and handling. A materials fee of \$30 will cover floral material and supplies. Please bring a floral knife (Swiss Army type) and/or a sharp pair of snips to each class.

Class limited to 20 students.

Ken Norman AIFD, PFCI, is a third generation floral designer. He is the

owner of Floral Inspirations in Lewes, Delaware. He is an active member of the American Institute of Floral Designers and Professional Floral Communicators International. Ken shares his passion for flowers conducting hands-on workshops and presenting to garden clubs and flower enthusiasts. He teaches at the New York Botanical Garden and the Mt. Cuba Center.

★ *New!*

AA107 DIGITAL ARTBOX

Wednesdays, 1 p.m.–4 p.m.

Dates: 5 Sessions, February 17–March 16

Instructor: Jeff Stephanic

Held at Ocean View Town Hall.

An exploration of using Apple iPhones and iPads as visual art tools. Suitable for both newbies and experienced ones. Course will include some digital pencil sharpening by reviewing basic system setup including cloud storage of images; a review of a selected photo; video and drawing/painting apps; stylus options for drawing and painting; basic design and composition principles; creating finished digital works; creating reference images or studies for later conversion to other art mediums; and extensive hands-on activity in class and including field “homework.” Requirements: Students should provide at minimum an Apple iPad and, ideally, both Apple iPhone and iPad. **Class limited to 10 students.**

Jeff Stephanic is professor emeritus of The George Washington University where he taught traditional and digital photography, foundation design and new media for 34 years. His art has been exhibited both nationally and internationally and is in numerous public and private collections. He also served as director of George Washington’s Online Learning Initiative during its formative years. He has frequently been accused of being an “early adopter” of new art and teaching techniques/tools.

★ *New!*

AA108 DRAWING FOR FUN AND RELAXATION

Mondays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, January 11–February 22

Instructor: M.E. MacDonald

Held at Ocean View Town Hall.

No class January 18 and February 15.

Join the adult drawing and coloring trend. No experience is needed. This course will cover techniques in drawing for creativity and relaxation. A small supply list will be given at first class.

Class limited to 10 students.

M.E. MacDonald holds a B.F.A. from the Corcoran College of Art and Design and an M.Ed. in education from The George Washington University. She has many years of teaching experience and enjoys inspiring others to discover their creative talent.



Thanks to the
**Rehoboth
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for providing studio
space each semester
at no cost.



ECONOMICS/ FINANCE

EC07-1 THE INS AND OUTS OF RETIREMENT PLANNING

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, January 13–February 10

Instructor: Michael Loftus

Held at Ocean View Town Hall.

Class limited to 10 students.

EC07-2 THE INS AND OUTS OF RETIREMENT PLANNING

Thursdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, January 14–February 11

Instructor: Michael Loftus

Held at Lewes campus.

Class limited to 30 students.

The financial industry has always focused on saving, but as you retire it’s more about preservation of capital, income and legacy. We will help you better prepare by discussing topics like risk, asset allocation, creating an income plan, IRAs, annuities, pitfalls of high net worth investors and “What ifs” of retirement and how to prepare for them.

Michael Loftus is a graduate of Villanova University and has over 25 years of business experience, with 17 years focused on the financial services industry. Michael held senior level positions at multi-billion dollar financial services companies, but left in 2009 to start his own firm. As his firm Loftus Wealth Strategies has grown, he was recently recognized as a top wealth manager for the state of Delaware. He has been teaching at Osher since 2012, where he can fulfill his passion for education of finance.



★ *New!*

HE001-1 THE AGING MIND

Wednesdays, 8:30 a.m.–10:30 a.m.
Dates: 5 Sessions, January 13–February 10
Instructor: Jamie Magee
Held at Lewes campus.
Class limited to 70 students.

HE001-2 THE AGING MIND

Wednesdays, 8:30 a.m.–10:30 a.m.
Dates: 5 Sessions, February 17–March 16
Instructor: Jamie Magee
Held at Ocean View Town Hall.
Class limited to 40 students.

Learn basic information about Alzheimer’s and dementia, the 10 warning signs, what causes behaviors, how to communicate and tips for maintaining overall health. PowerPoint presentations will be used along with lectures and questions and answers.

Jamie Magee graduated from Salisbury University in 1999 with a B.A. in social work and a minor in gerontology. She was hired as the social worker for the dementia unit at Life Care at Lofland Park in June 1999 and left July 2001. She opened the only office of the Alzheimer’s Association in Sussex County, Delaware, in September 2001 and works as the program coordinator for the Delaware Valley Chapter.



★ *New!*

HE002 PLANT-BASED LIVING FOR PERSONAL AND GLOBAL HEALTH

Mondays, 10:45 a.m.–12:15 p.m.
Dates: 9 Sessions, January 11–March 21
Instructor: Dorothy Greet
No class January 18 and February 15.

We will rely on the most current medical and scientific findings to make connections between diet, personal health and climate change. We will explore outstanding free online programs designed to guide and support all who wish to make dietary changes for optimum health and weight. Each of nine classes will include film, discussion, personal testimony from guests, food preparation and tasting. Useful resource books include *China Study* by T. Colin Campbell, Ph.D., *Prevent and Reverse Heart Disease* by Caldwell Esselstyn, M.D., *Starch Solution* by John McDougall, M.D. and *Comfortably Unaware* by Richard Oppenlander, all available in Osher and Lewes libraries. There is a \$1 supply fee for each session.

Class limited to 20 students.

Dorothy Greet holds a certificate in plant-based nutrition from Cornell University and degrees from the University of Pittsburgh (M.Ed.) and Yale University (M.Div.). She is a heart attack survivor and is reversing her heart disease through plant-based eating. Dorothy maintains her own blog at <http://greetplantbased.blogspot.com/> and blogs for the *Cape Gazette* at <http://capegazette.villagesoup.com/p/go-veg339>.

★ *New!*

HE003 LIVING WELL AT HOME

Mondays, 10:45 a.m.–12:15 p.m.
Dates: 1 Session, March 14
Instructor: Kathryn Cieniewicz
Held at Ocean View Town Hall.

In this one-day seminar, you will learn what obstacles stand in the way of you or your loved ones being able to remain at home as you grow older. The instructor will provide significant solutions and strategies to improve your success at living well at home throughout your years, in spite of age-related circumstances that may surface. This lecture will cover specific topics including current relevant statistics on matters of aging and caregiving, the four main barriers to aging in place, steps to improve function, ways to cope with cognitive deficit, assistive technology available for the home, understanding the process of home modification and the financial consideration of aging in place versus other living options. This course is designed to be instructive but there will be time for discussion.

Class limited to 40 students.

Kathryn Cieniewicz graduated from Northeastern University in Boston, Massachusetts in 2003, with her Master of Science in physical therapy. She is certified as an aging in place specialist. Kathryn has been a practicing physical therapist for 12 years, starting her career in New Jersey at one of the best subacute rehab hospitals in the country. She moved to Delaware in 2006 and began working for Pivot Physical Therapy and quickly became the director of two clinics. In most recent years, Kathryn has worked in home care physical therapy, where her desire to start Aging in Place Specialists, was born. Kathryn has dedicated her career to helping individuals strategize and achieve the ability to stay in their homes as they age. Kathryn lives in Lewes with her husband and two young boys.

HE89 ELDER YOGA

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, January 13–February 10
Facilitator: Joseph Pearce

This course is primarily based on the DVD yoga series entitled *Yoga for the Rest of Us* by Peggy Cappy and facilitated by a yoga enthusiast. The course will cover warm up stretches and breathing exercises; standing yoga poses, most of which can be done with the assistance of a chair; sun salutations; exercises that encourage quiet relaxation and meditation at the end of each class. Students will need a yoga mat and belt. Prerequisite: Some familiarity with basic yoga poses.

Class limited to 20 students.

Joseph Pearce received his master's degree from California State University, Sacramento and his Ph.D. in sociology from American University, Washington, D.C. He previously taught Osher courses on society and its environments. He recently published one of his mentor's manuscripts entitled *The Logical Foundations of Social Theory*. In addition to sociology, he has had an abiding interest in Indian meditation and the practice of yoga.

HE98 PILATES MAT CLASS

Tuesdays, 11:00 a.m.–noon
Dates: 5 Sessions, February 16–March 15
Instructor: Kathleen Jackson

**Held at The Wellness Center,
20268 Plantation Road in Lewes.**

This class will teach you traditional Pilates exercises using various props to modify and enhance the exercises. Props include soft balls, bands, rings and foam rollers. This guided class is ideal for individuals who want to gain body awareness, particularly people who want to maintain their balance, strength and mobility. Participants do not need any prior Pilates experience or other exercise experience (i.e., lifting weights or yoga). The class will be paced so that students learn and practice

breathing techniques to support the exercises taught. Students will need to provide their own mats. Prerequisite: Students must be able to get on the floor on a mat and exercise from a lying, sitting and a standing position.

Class limited to 10 students.

Kathleen Jackson is armed with a lifelong interest in teaching (former middle school teacher and corporate technology trainer) and in sports and fitness (favorites include track and field, tennis, volleyball and basketball). Kathy received her Pilates certification from Body Arts and Sciences International (BASI) in 2003 and the Pilates Method Alliance (PMA) in 2008. She is a certified personal trainer through the National Strength and Conditioning Association (NSCA) and is also certified with the Arthritis Foundation to teach group exercise classes for people with arthritis. Kathy has been teaching Pilates mat classes, reformer and tower classes and Pilates chair classes since 2003. She and her husband recently moved to Lewes from northern New Jersey where she taught Pilates for 11 years.

HE99 (RE)LEARN HOW TO MOVE FROM YOUR BODY WITH FELDENKRAIS®—INTRODUCTION

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 10 Sessions, January 13–March 16
Instructor: Claire Brown

Help your body re-learn how to move with comfort and a greater range of motion. Connect in a new way with your bones and muscles without strain or stress. Improve your quality of daily life and increase your ease of everyday movement. Reactivate your childhood learning skills to improve your current quality of motion, and of life. No experience needed. You'll follow precise instructions for simple actions to unlock forgotten motor skills: learn with your body, not your head. You'll lay on the floor to change your relationship to

gravity, and to create a safe movement space. At the end of each lesson, you'll be able to notice the differences in yourself. There are no norms or averages. You are comparing yourself to yourself, and you can feel the change. These lessons are based on the instructor's studies and practices of Feldenkrais® and other body-based teachings. Wear loose, comfortable clothing and bring a blanket or quilt to lie on.

Class limited to 15 students.

Claire Brown has a B.A. from the University of Chicago and an M.A. from the Institute of Transpersonal Psychology. She has completed a Feldenkrais professional training program and other body-based trainings. She is certified by the Feldenkrais Guild of North America to teach Feldenkrais movement lessons. She has taught movement seminars at Esalen Institute, Big Sur, California and has had private practices in California and Maryland before moving here. Claire now has a private practice in Milton.

HE110 T'AI CHI, QI GONG AND SHABASHI FOR RADIANT HEALTH

Mondays, 9 a.m.–10:30 a.m.
Dates: 9 Sessions, January 11–March 21
Instructor: James Mace

Held at Ocean View Town Hall.

No class January 18 and February 15.

T'ai chi and qi gong are easy to learn, gentle forms of exercising every part of the body. Students need only loose fitting clothing and flat shoes. We'll concentrate on breathing, posture and form to improve health, strength and balance.

Class limited to 20 students.

James Mace is a licensed and certified t'ai chi instructor. He teaches every summer on the deck at the Bethany Fenwick Chamber of Commerce and many other locations through the year. He is trained in many forms of t'ai chi and qi gong.

HE116 (RE)LEARN HOW TO MOVE FROM YOUR BODY WITH FELDENKRAIS®— CONTINUATION

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, January 12–March 15

Instructor: Claire Brown

This class is a continuation. It builds on the learning of the previous class. It is a continuing exploration for persons who would like to learn more from and about themselves. Lessons are based on the instructor's training in Feldenkrais®, Cortical Field Reeducation and Integrated Awareness. You must have completed the introductory course or other Feldenkrais® classes to take this course. Wear loose, comfortable clothing and bring a blanket or quilt to lie upon.

Class limited to 15 students.

Claire Brown. See course HE99 for instructor's information.



HISTORY

★ *New!*

HX119 SNAPSHOTS OF INDISPENSABLE AMERICANS: THREE GENERALS ELEVATED TO COMMANDER-IN-CHIEF

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, January 12–February 9

Instructor: Jo-Ann Vega

The second in the series, covers Washington, Grant and Eisenhower. Each lived in consequential times and rode his military glory to political leadership. Are military and leadership skills transferable to executive leadership? How do We-the-People reconcile our fear of absolute power and permanent standing armies with the practice of rewarding successful war generals with the presidency? Why hasn't a successful general since Eisenhower been elected to the presidency? Background information will be presented on the three generals and then examined for the issues identified. Join us for lively and informative discussions. There will be a \$2 fee for handouts.

Class limited to 30 students.

Jo-Ann Vega has 30 years' experience training managers to be more effective leaders, managers and facilitating team building in all sectors. This program applies that knowledge to historical leaders.

HX125 A DELAWARE WOMAN'S EXPERIENCES OF WWII

Mondays, 9 a.m.–11 a.m.

Dates: 1 Session, March 7

Instructors: Michelle Rumble, Wes Rumble

Life was both unsettling and exciting for those who lived through the years leading up to and during World War II. Using primary source materials such as memoirs, correspondence, photos and art, this course will describe that significant period of history as experienced through the life of a young Delaware woman studying art in Washington, D.C. and Philadelphia. She met and married a B-17 bomber pilot who flew 35 missions over Germany. Course includes a description of one harrowing B-17 mission.

Class limited to 70 students.

Michelle Rumble holds an M.L.S. from Long Island University and a B.A. in English from Dowling College. She is a retired English teacher and reference librarian. Michelle has a keen interest in history and presents courses about the role of women during World War II for the Road Scholar program. She has also conducted creative writing workshops for students of all ages, including those at Osher.

Wes Rumble holds an M.A. from Goddard College and a B.A. from Pomona College. He is a retired Air Force pilot with an interest in military history. Wes has been teaching off and on at Osher since 1995.

★ *New!*

HX186 WORLD WAR II

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 12–March 15

Instructor: Richard Ward

This is a continuation of the Fall 2015 course. Each class will consist of showing one chapter of the Great Courses *World War II: A Military and*

Social History. The lecturer on the DVD is Professor Thomas Childers, University of Pennsylvania. One or two lectures will be covered each class period with time for discussion after each lecture.

Class limited to 40 students.

Richard Ward is retired from the U.S. Secret Service. He received his B.A. in history from Adelphi University, Garden City, New York.

HX187 ART CRIME—THEFT AND FORGERY

Thursdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, January 14–March 17

Instructor: Wayne Kirklin

It is suggested the amount of money that changes hands in the art underworld is somewhere between \$4 and \$6 billion a year, making art crime number four behind only drugs, money laundering and the arms trade. With the recent interest in the films *The Monuments Men* and *Woman in Gold* along with Edward Dolnick's book, *The Forger's Spell*, the instructor thought this might be a fun subject to pursue. Topics will include the *Mona Lisa* fakes and theft in 1911; a forgery, alleged to be a Vermeer painting, which was sold to Hermann Goering late in World War II; the Rembrandt painting that has been stolen five times; the Gardner Museum robbery March 18, 1990; the June 1994 theft of Edward Munch's *The Scream* and other events. The course will consist of lecture, discussion and several short films and is a repeat of the Fall 2015 course.

Class limited to 70 students.

Wayne Kirklin is a graduate of the University of Delaware and holds an M.B.A. from New York University and is a chartered financial analyst. After a quarter of a century in the financial services industry, he spent about the same amount of time as a college professor at a small Ohio university where he taught economics, finance and geography.

★ *New!*

HX189 AMAZING AIRCRAFT II

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, February 16–March 15

Instructor: Gil Kaufman

The course will build upon the introduction to aircraft history and evolution provided by Amazing Aircraft I (not a prerequisite) by providing more detail and sometimes little known history of some of the important periods of aircraft development. This will include a review of the pioneers of aviation and their aircraft, including some outstanding pilots, actual moving pictures of the Graf Zeppelin and Hindenburg zeppelins, the fighters and bombers of World War II, including enemy planes as well as U.S. and Allied planes, and the likely future development of supersonic passenger flight and space planes. One session will focus on "mystery aircraft" from across the age of flight, planes you may never have seen or heard of. Students will have the opportunity to ask for information about their favorite historical aircraft.

Class limited to 70 students.

Gil Kaufman has had more than 50 years of experience in materials research management with Alcoa, Atlantic Richfield and the Aluminum Association, many of those years focused on the use of aluminum alloys in military and commercial aircraft, including the Concorde SST, plus in spacecraft like the Saturn rockets. Among Kaufman's areas of specialization are fracture mechanics and fatigue resistance. He was also the president and CEO of the National Materials Property Data Network (MPD Network).

★ *New!*

HX190 ART OF THE RENAISSANCE IN ITALY

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, February 17–March 16

Instructor: Barbara Stephanic

Held at Ocean View Town Hall.

In this course students will survey the painting, sculpture and architecture developed during the Renaissance in Italy. This is the period between the 13th and 16th centuries. Students will explore the fundamentals of Renaissance philosophy and ideals, both its beginnings in Italy and its influence on western society. Students will learn to distinguish the stylistic traits that characterize Renaissance art and the aesthetic goals and influences of the artists who created it. We will also explore how the artists reflect the history of their time and we will assess ways in which the art of the past influences our aesthetic tastes today. Material in the classroom is presented through slides, videos, lectures and discussion.

Class limited to 40 students.

Barbara Stephanic has a master's degree in art history from The George Washington University and a Ph.D. in American studies, specializing in American art, from the University of Maryland. She has taught art history classes at Georgetown University, American University, Parsons School of Design, New York, and the College of Southern Maryland where she was on the faculty for 20 years before retiring in 2011. At the College of Southern Maryland she served as curator of the fine arts gallery and established the study abroad program in art history. Barbara also curated a number of exhibitions, published catalogs and served on the art advisory board at University of Maryland, University College.

★ *New!*

HX191 DELAWARE IN THE 20TH CENTURY

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, January 14–March 17

Instructor: Amy Hiller

This course will look at a few of the influential Delawareans in the 20th century and relate them to important happenings in the First State. In the first three weeks we talk about political and business leaders. During Black History Month we will focus on the African American community and during Women's History Month we will turn our attention to "herstory" in Delaware. Sessions will include lectures, videos and class discussion.

Class limited to 70 students.

Amy Hiller has a B.A. and an M.A. in history from the University of Delaware. She is a lifelong resident of Delaware, educated in Wilmington and Newark and a resident of Sussex County since 1978. After a brief career teaching high school history, she became a full time homemaker and continued her love of books by working part time in a library and in a bookstore.

★ *New!*

HX192 TWICE TOLD TALES WITH APOLOGY TO END HAWTHORNE

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, January 12–February 9

Instructor: Donald Sturtz

This will be a discussion of medicine through the centuries. The health of the U.S. presidents will be discussed. A surgeon at sea will convey information about what it is like to practice medicine aboard ship. Five Star fleet Admiral Nimitz and his role in the Pacific in World War II will be discussed. The final lecture in the course will be a review of a century of naval aviation.

Class limited to 70 students.

Donald Sturtz graduated with distinction from the United States Naval Academy in 1955. He served aboard the destroyer *Radford* then earned the wings of naval aviator, serving aboard the *USS Forrestal* and several other aircraft carriers. Leaving active duty, he graduated from the University of Pennsylvania School of Medicine in 1965. Over a 40 year period he served in naval hospitals in Philadelphia, Bethesda, San Diego, Oakland and the Uniformed Services University. He was the commanding officer of the hospital ship *Mercy* on its maiden voyage. He rose through the academic ranks to professor of surgery and became a governor of the American College of Surgery. After selection for flag rank he became the commanding officer of the National Capital region which included Bethesda Naval Hospital. His final active duty was as a U.S. Atlantic Fleet surgeon and NATO staff member.

★ *New!*

HX193 THE CRUISE OF THE GREAT WHITE FLEET

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, January 12–February 9

Instructor: Thomas Devaney

In 1907, President Theodore Roosevelt ordered a world cruise of American battleships, known as "The cruise of the Great White Fleet." Roosevelt believed, as a result of the Spanish-American War, the United States was thrust into the mainstream of international affairs and gained status as a world power. Roosevelt had a deep conviction that only through a strong navy could a nation project its power and prestige abroad.

Class limited to 70 students.

Thomas Devaney is a retired commercial real estate attorney from the Washington, D.C. area with a love of military history. For over 12 years, he was active in, and treasurer of, the

Military Classics Seminar, a military history discussion dinner group in Washington, D.C., comprised of leading civilian and military historians. He was active in the Washington, D.C. and Atlanta Civil War roundtables.

★ *New!*

HX194 PRESIDENTIAL SEMINAR

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 13–March 16

Instructor: Bud Zimmerman

Held at Ocean View Town Hall.

This seminar entails conversation from everyone. It is based on the DVDs from the History Channel which will look at presidents from George Washington to George W. Bush and a closer look at the first ladies.

Class limited to 20 students.

Bud Zimmerman retired from a career in health care, starting with a B.S. in physical therapy from University of Maryland and an M.B.A. from Loyola College in Baltimore. He has always had a passion for history but could not pursue it until his retirement in 2008.

★ *New!*

HX195 ORGANIZED LABOR

Wednesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, February 17–March 16

Instructor: William J. Rodgers

Lectures will explore organizations, laws and judicial decisions which have moved mechanics and laborers from the status of indentured servants to Wall Street investors collectively controlling hundreds of billions of dollars of investment funds. A guest lecturer will describe his 1970s origin of the "Hard Hats" movement and its impact on organized labor's political activities. Class participation will be encouraged. Newspaper reports and columns, government publications, congressional reports, standard legal

texts and written and pictorial histories will be referenced with their authors credited. Select writings and pictures will be distributed.

Class limited to 70 students.

William J. Rodgers holds a B.S. from Cornell University School of Industrial and Labor Relations, and a J.D. from Fordham University School of Law. He has held positions with the New York State Public Employment Relations Board (1968-1969) and was executive assistant to the United States Secretary of Labor (1972-1974). Bill was an attorney in private practice for over 40 years dealing primarily with labor law. He worked as an arbitrator for the New York Stock Exchange and major league lacrosse.



HUMANITIES

HU121-1 INTERESTING ISSUES IN CONSTITUTIONAL LAW

Mondays, 10:45 a.m.–12:15 p.m.
Dates: 4 Sessions, February 29–March 21
Instructor: Mary Boyd

Held at the Ocean View Town Hall.
Class limited to 15 students.

HU121-2 INTERESTING ISSUES IN CONSTITUTIONAL LAW

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, February 16–March 15
Instructor: Mary Boyd

Held at Lewes campus.
Class limited to 40 students.

A macro and micro look at history, philosophy, political science and law as context to the U.S. Constitution. Selected readings, cases, opinion pieces, lectures and discussions meant to expand and strengthen one's thinking and feeling about our society and its governing documents. For anyone interested in opening new horizons of thought. Recommended prerequisite is introductory course held in June 2015, in Lewes.

Mary Boyd is an attorney and teacher of U.S. constitutional and education law. Her background includes business and finance and historic preservation.

HU126 A NEW EARTH

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, January 13–March 16
Instructors: Joseph Lavenia, Toni Worsham

In *A New Earth*, Eckhart Tolle explains how transcending our ego-based state of consciousness is not only essential to personal happiness, but also the key to ending conflict and suffering

throughout the world. Tolle describes how our attachment to ego creates the dysfunction that leads to anger, jealousy and unhappiness and shows readers how to awaken to a new state of consciousness and follow this path to a truly fulfilling existence. This course will allow participants to ponder Tolle's teachings in this spiritual text and to engage in discussions regarding Tolle's message and the value of its application to their lives. Each participant should bring a copy of *A New Earth* (ISBN: 1-45228-758-8) to each class and read Chapter 1 prior to the first class. For each chapter each participant should prepare at least one, but not more than two, written comments or questions regarding the chapter and bring these to class. The instructors will lead a chapter by chapter discussion based on these questions and comments by class members.

Class limited to 20 students.

Joseph Lavenia received his M.B.A. from Fairleigh Dickinson University and his B.A. from Rutgers University. He has studied personal development, metaphysical/spiritual teachings and contributed to and influenced the content of the books *What You Think is What You Get* and *Integrity is Everything*.

Toni Worsham holds a Ph.D. in English. Before retiring to southern Delaware in 1997, Toni had been an educator for 30 years, teaching at all levels, elementary through graduate school. She has a special love for poetry, theatre and creative writing. She has done extensive research in cognitive studies and thinking improvement techniques. Both during her years as a nun and thereafter, Toni has studied spiritual teachings and focused exclusively on offering classes on spiritual growth since 2006.

★ **New!**

HU208 RUSSIAN FILM: 1929 TO THE PRESENT— CONTINUED

Tuesdays, 1:30 p.m.–4:45 p.m.

Dates: 10 Sessions, January 12–March 15

Instructor: Jon Newsom

This is a continuation of the Fall 2015, course. Eclipsed during the Cold War, cinema from the former nations of the Soviet Union, including Russia, Siberia, Georgia, Armenia and Ukraine, the films of the former USSR have a major role in not only the component nations of the USSR, but world culture. We will fulfill promises made in the fall for *Crime and Punishment*, *The Idiot*, *Dr. Zhivago*, *Siberiade*, and *Stalker* and add major films of Shakespeare (*Hamlet* and *Lear*) and colorful masterpieces from Georgia (Tengiz Abuladze's *The Wishing Tree*), Armenia (Sergei Paradzhanov's *Shadows of Forgotten Ancestors*) and Siberia (Akira Kurosawa's joint Russian-Japanese project *Dersu Uzala*). On the lighter side we will show the Hollywood-Mosfilm musical *Blue Bird*, starring Elizabeth Taylor, with a fine score by the Russian Andrei Petrov. The

showing of complete films and extended excerpts will be accompanied by discussions of contemporary culture and history. Materials for course preparation and presentation are donated by Winslow Media, LLC.

Class limited to 70 students.

Jon Newsom retired to Lewes in 2005 from his position as chief of the music division, Library of Congress. He has taught courses on music literature and history at Osher since 2008. He has degrees from Columbia College and Princeton University.

★ **New!**

HU209 THE ARTISTS YOU THOUGHT YOU KNEW

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, February 17–March 16

Instructor: Ellen Elms Notar

Artists who inspire us, shock us, confuse us, amuse us and challenge us will be our focus. We will look at the work of five amazing artists, their work and their lives, in unusual ways. This course will consist of award winning DVDs, short lectures and discussions.

Class limited to 70 students.

Ellen Elms Notar has a Ph.D. and M.S. from the University of Wisconsin-Madison and an M.A. from the University of Michigan. She has taught art history for over 25 years at the university level, University of Wisconsin-Madison, Johns Hopkins University and University of Maryland. Her studio art academic training includes work at the School of the Art Institute of Chicago, the Maryland Institute College of Art and the Corcoran. She is a painter and printmaker and has shown in Washington, D.C., Chicago, Santa Fe and Puerto Vallarta, Mexico.

★ **New!**

HU210 COMPARING ISLAM TO CHRISTIANITY

Thursdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, January 14–February 11

Instructor: Richard Kauffman

Prior to September 11 most Christians in America knew little about Islam. Since that time our "if it bleeds it leads" media has presented a steady diet of radical Islamist actions around the world, but little about Islam, the second largest, most rapidly growing religion in the world today. According to Pew Research in 2010, there were 1.6 billion Muslims in the world versus 2.2 billion Christians. This course is intended to compare and contrast these two great religions with regard to origins, beliefs and practices of adherents with the aim of mutual understanding. Students are required to bring to each class a copy of any version of the Bible and Quran.

Class limited to 30 students.

Richard Kauffman has degrees from Franklin and Marshall College, Lutheran Theological Seminary at Gettysburg and Temple University. Dick was a Lutheran pastor in York, Pennsylvania, for 13 years. As dean of the York district, he was instrumental in bringing healing to the community following the race riots and healing to persons by chairing

Orientation

New member and Instructor Orientation

Thursday, January 7, 2016

10–10:30 a.m. • Coffee social

10:30–11:30 a.m. • Orientation program

All instructors, new and current, and new members are encouraged to attend.

the task force that developed the chaplaincy program at York Hospital. He served on the staff of the Pennsylvania Human Relations Commission for 25 years, retiring as assistant director of compliance. He was on the adjunct faculty of York College for 26 years where he taught courses in philosophy, applied ethics and world religions.

★ *New!*

HU211 HERALDRY: ART-ANCESTRY

Wednesdays, 3:15 p.m.–4:45 p.m.
Dates: 5 Sessions, January 13–February 10
Instructor: Linda Schlafman
Held at Ocean View Town Hall.

Students will learn when heraldry was developed, who practiced the art, where heraldry is still prevalent today, what heraldic terms mean and how to design and create a coat of arms. There will be a \$4 course supply fee. Students will need to provide their own fabric glue and scissors for the last few sessions.

Class limited to 20 students.

Linda Schlafman holds an M.A./Ed. in curriculum design and supervision. She worked as an exhibits specialist at the Smithsonian Institution where she was the creator of “The Crystal Quest” for the Smithsonian and “Arms and Armor of Styria” for Swarovski Crystal. Linda taught for 27 years at Sidwell Friends Middle School in Washington, D.C. She was a presenter at NAIS, AISG Wednesdays, National Association of Museums, the South Coastal Library and Cheer Center.



INFORMATION TECHNOLOGY

★ *New!*

IT001 e-SERVICES @ YOUR LIBRARY 24/7

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 1 Session, January 13
Instructor: Susanne Keefe
Held at Ocean View Town Hall.

Learn how to borrow and download e-books, e-audios, e-magazines and streaming videos from Delaware library catalogs. See the online steps to using these e-services through your Delaware library card, which can be used via computers, laptops, mobile devices and some e-readers. Time permitting, we will also explore other e-services available through the Sussex County Department of Libraries. Students should be familiar with their devices’ operations and Internet browsing and have an email account and Delaware library card. After taking this course, you should be able to borrow a book from your library—even at 3 a.m.

Class limited to 12 students.

Susanne Keefe is the director of the South Coastal Library since 2004 and has worked in public libraries for more than 30 years. Obtaining a master of library science degree in 2004, plus years of experience, enables her to keep up with constant technology changes in the library world and to respond to the community’s requests with a wide range of formats and services.

★ *New!*

IT102 INTRODUCTION TO ADOBE PHOTOSHOP

Mondays, 1:30 p.m.–3 p.m.
Dates: 5 Sessions, January 11–February 22
Instructor: Raymond MacDonald
Held at Ocean View Town Hall.
No class January 18 and February 15.

Students learn to use basic tools in the trial version of Adobe Photoshop on their personal laptop computers. Students should download the software prior to the first class session. Basic drawing, painting, color correcting, removing flaws and changing colors will be covered in this course. Questions will be answered and individual goals will be addressed. Students should bring their laptop computer to each class.

Class limited to 12 students.

Raymond MacDonald is a graduate and former adjunct faculty from the Corcoran College of Art and Design in Washington, D.C. A graduate in 1989 with a degree in photography, he has won numerous awards and led courses in continuing education since the mid-1990s.

★ *New!*

IT103 DRAW ON iPad OR iPhone

Mondays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, January 11–February 22
Instructor: Raymond MacDonald
Held at Ocean View Town Hall.
No class January 18 and February 15.

Use Adobe Illustrator to draw on an iPad or iPhone to make drawings and paintings. Students supply their own iPad or iPhone and download the Adobe Illustrator Draw App. Students learn to use vector drawing tools to save drawings so they may be used on desktop computers and how to use layers to trace.

Class limited to 12 students.

Raymond MacDonald. See course IT102 for instructor’s information.



INTERNATIONAL STUDIES

IS03 GREAT DECISIONS

Wednesdays, 9 a.m.–10:30 a.m.

Dates: 10 Sessions, January 13–March 16

Instructor: Robert Duncan

Seminar discussion of the international affairs issues included in the required *Great Decisions* textbook published by the American Foreign Policy Association. Specific topics will be posted on the bulletin board as soon as received. Seminar participants will be encouraged to volunteer to lead the discussion on topics of particular interest. Participants must purchase the required textbook through Osher at a cost of \$26.

Class is limited to 29 students.

Robert Duncan holds a B.A. from Woodrow Wilson School of Public and International Affairs, Princeton University; an M.P.A. from John F. Kennedy School of Government, Harvard University; and attended the U.S. Foreign Service Institute, economic studies and the National War College. He is a retired U.S. Foreign service officer with over 33 years' experience in economic assignments in the U.S. State Department in Washington, D.C. and abroad.

★ *New!*

IS29 RESPONDING TO TERRORISM IN THE INTERNATIONAL SYSTEM

Thursdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, February 18–March 17

Instructor: Rick Grier-Reynolds

This course will look at terrorism in the international system from both a diagnostic and prescriptive manner. The teaching techniques for this course will use a variety of methodologies to

encourage each participant to bring their own life experiences into the course conversations. There will be short homework readings in this non-lecture formatted class. There is a \$3 fee for handouts.

Class limited to 15 students.

Rick Grier-Reynolds holds a B.A. in history from Trinity College and an M.Ed. from Harvard University. He is a former distinguished teacher and history/social science department chair at the Wilmington Friends School in Wilmington, Delaware. He is currently a consultant and site visitor for the International Baccalaureate Diploma Programme. He has been recognized for his innovative teaching of economics, international relations and peace studies by various regional, national and international organizations. Rick has traveled abroad participating in a variety of international development and humanitarian social change endeavors.

★ *New!*

IS32 PROLIFERATION OF NUCLEAR WEAPONS

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, February 16–March 15

Instructor: Eric Terzuolo

The nuclear agreement with Iran has focused attention on the risk of proliferation of weapons of mass destruction, a risk that is unlikely to go away soon. This course addresses why states go down the nuclear path, what has been done so far to control proliferation and how a series of national cases have challenged the international community's nonproliferation rules and practices. It considers the policies of officially recognized nuclear powers like the U.S., of the de facto nuclear powers (India, Israel, North Korea and Pakistan) and of states that seem to aspire to nuclear weapons, such as Iran. It is based on lectures and on discussion of key

documents, with ample use of audiovisual materials. The course is at an introductory level, presuming no prior knowledge of nuclear technology or the history of non-proliferation efforts. It is geared for people who follow the international news, and would like a deeper understanding of the issues and does not involve policy advocacy.

Class limited to 70 students.

Eric Terzuolo dedicated most of his foreign service career to international security issues, including efforts to combat proliferation of weapons of mass destruction. In 2001–2003, he was the senior U.S. resident representative to the Organization for the Prohibition of Chemical Weapons in The Hague. He is the author of *NATO and Weapons of Mass Destruction: Regional Alliance, Global Threats (2006)*, and taught a course on the geopolitics of nuclear proliferation at the University of Rome 3.

IS33 DESIGNING A SUSTAINABLE FUTURE: THE POWER OF NONVIOLENT CHANGE

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 5 Sessions, February 18–March 17

Instructor: Rick Grier-Reynolds

This five-week course will look at the transformative and sustainable nature of nonviolent change. Videos from the *A Force More Powerful* series will provide the opportunity to deconstruct historical moments where nonviolent techniques helped various groups create change. In addition, the teaching techniques for this course will be centered around methodologies that will encourage each participant to bring his or her own life experience into the course conversations. Additional fee of \$5 for handouts.

Class limited to 15 students.

Rick Grier-Reynolds. See IS29 for instructor's information.

LANGUAGE

LA09 ADVANCED GERMAN

Thursdays, 10:45 a.m.–12:15 p.m.

Dates: 10 Sessions, January 14–March 17

Instructor: Winfried Mroz

This is a continuation of the Fall 2015 course. Students should be able to read German and translate it. Proper pronunciation, word order and some grammar will be taught. Required text: *Parallel Text German Short Stories 1*, edited by Richard Newnham (New Penguin Parallel Texts) ISBN: 978-0-14-002040-3.

Class limited to 12 students.

Winfried Mroz is a retired gynecologist with an interest in history and music. He is co-founder of the Dover Symphony Orchestra and co-founder of the Dover English Country Dancers. His courses at Osher Lifelong Learning range from the Crusades, German, Benjamin Franklin and the history of musical instruments. Win has played various string instruments all his life.

LA12 CONVERSATIONAL FRENCH

Mondays, 1:30 p.m.–3 p.m.

Dates: 3 Sessions, March 7–March 21

Instructor: Lisa Lynch

This is a continuation of the Fall 2015 course. This course is designed for individuals who have studied (high school or college) or have some proficiency in the French language. The teacher will set a relaxed, comfortable environment to encourage conversation and discussion about a variety of themes. The course is perfect for those who have some familiarity with the French language and have the desire to feel more comfortable using it in a conversational setting. Suggested text: *Schaum's Outlines French Vocabulary* (fourth edition). ISBN-13: 978-0-7-182838-3.

Class limited to 20 students.

Lisa Lynch has taught French (all levels) for Montgomery County Public Schools and Berlitz Language School in Paris and the State Department in Washington, D.C. She has taught all levels from beginning through advanced placement literature and French cinema and conversation with extensive experience in adult language learning.

★ **New!**

LA15 BASIC SPANISH—CONTINUED

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 3 Sessions, March 1–March 15

Instructor: Lona Crist

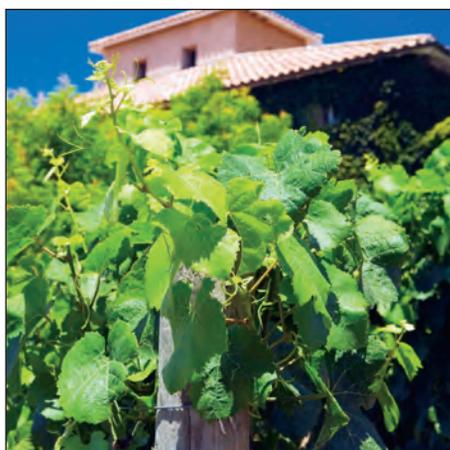
This course is designed for those who would like to gain some basic knowledge of the Spanish language. It is an introductory course and will hopefully spark an interest and willingness to pursue further instruction in the language.

Prerequisite: Basic Spanish Fall 2015.

There is a \$2 charge for handouts.

Class limited to 25 students.

Lona Crist is a retired teacher of Spanish language and literature. She was the world language resource teacher in a high school in Montgomery County, Maryland. She believes that being able to communicate in another language is a great gift to those who are native to the language and to yourself. Language is the key to understanding another culture.



LIFE SKILLS

LS04 GRAPE ADVENTURE AROUND THE GLOBE

Wednesdays, 3:30 p.m.–5 p.m.

Dates: 5 Sessions, January 13–February 10

Instructors: Bernard Fiegel, Dolores Fiegel

Held at Teller Wines, 1201 Savannah Road in Lewes.

So many wines, so little time.... Did you ever wonder what separates the expert taster from the average wine drinker? It's no secret. The simple truth is that you become a better wine taster by tasting. Grape Adventure will take you on a tasting journey to some of the great wine countries and regions around the world. Taste wines from Australia, California, Chile, France, Germany and the next two "hot" wine regions—Argentina and South Africa. The instructors and guest lecturers will provide commentary. Water, cheese, bread and fruit will always be served at each tasting. And "yes, I like it," "no, I don't like it" discussions will always be on the agenda. If we piqued your thirst for wine knowledge, come join us and broaden your wine experience and improve your tasting skills. Seating is limited. You may bring a small folding chair. There is a \$10 charge to cover food expenses, collected at the first tasting.

Class limited to 12 students.

Bernard and Dolores Fiegel are active members of The Four Seasons, a local progressive food group established in 2001, and founders of The Happy Gourmands founded in 1976. Instructors of Kitchen Kapers, a continuing cooking course series introduced to Osher in 1997 and Wine 101/102/Grape Adventures wine-tasting courses first introduced to Osher Lifelong Learning in 1998.



June 2016 Session

June 6–30

June 2016 is shaping up to be an exciting and full session. Many new courses will be offered in addition to courses continued or repeated from the Spring 2016 semester.

LS05 KITCHEN KAPERS XXVII—ON THE ROAD AGAIN—TO OCEAN VIEW

Fridays, 10 a.m.–1 p.m.

Dates: 5 Sessions, February 19–March 18
Instructors: Bernard Fiegel, Dolores Fiegel

Directions to each home will be provided by email or phone.

Kitchen Kapers chefs make cooking fun! On the Road Again will take the class to five home kitchens located in the Ocean View area—like a private kitchen tour—where students will observe and participate in food preparation and taste appetizer-size portions of their prepared dishes and selected wines to complement the meals... look at it as “eating and drinking your exam”! Bring your favorite knife and apron, if desired. Learn cooking techniques, collect recipes and socialize. Food and wine expenses will be divided among the students. Estimated cost is \$10 each session. The Kitchen Kapers chefs... Bernie, Carol, Jeff, Sue and Valerie are all recipe collectors and their love of food and wine were the impetus for this course... *bon appetit* and *in vino veritas*...!

Class limited to 8 students.

Bernard and Dolores Fiegel. See course LS04 for instructor’s information.

LS114 HAND TOOL BASICS

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 13–March 16
Instructor: Michael Burkhart

Learn the basics and most effective use of hand tools and how tools work. We will cover such topics as the right way to use a hammer and things you probably didn’t know about screwdrivers. A combination of lecture and hands-on instruction will provide you with a new appreciation for tools used every day in the garden and in the kitchen as well as in the garage. Learn a few unusual uses for common tools and try your hand at different ways to develop torque (what is torque, anyway?). Sometimes important and sometimes merely interesting tool nomenclature will be discussed. We will also talk about tool selection and purchase. This is a class for beginners and novices and not for accomplished masons, woodworkers or electricians. Who knows, maybe after this course you will actually be able to fix stuff.

Class limited to 12 students.

Michael Burkhart graduated from the United States Naval Academy with a major in physics and served as a helicopter pilot in the U.S. Marine Corps. Following the service, he attended medical school at West Virginia University and thereafter was a family practitioner and an emergency room physician. He continued flying with the West Virginia Army National Guard for 13 years. As a boy he learned about tools from his grandfather and has continued his interest ever since. Mostly self-taught, he is an avid woodworker.

LS120 AGING GRACEFULLY

Tuesdays, 9 a.m.–10:30 a.m.

Dates: 8 Sessions, January 12–March 1
Instructors: Barbara Vaughan, Carol Wzorek

Topics include:

- What gives us pleasure, creating and sustaining meaning and purpose as we age
- Staying healthy and strong, resilience, diet and exercise
- Interpersonal relationships, effective communication, managing conflict
- Wills and records; spirituality; end of life issues and more

Class limited to 30 students.

Barbara Vaughan has taught a number of history and civics courses at lifelong learning in Lewes and was a member of the Osher Council in the 90s. She served eight years on the Lewes City Council and three years on the Lewes Planning Commission and is a founding member of the Greater Lewes Community Village.

Carol Wzorek taught leadership at the Department of State in Washington, D.C. She holds an M.Ed. in counseling and psychology and is a certified executive coach. Carol is a founding member of the Greater Lewes Community Village.

LS129-1 AARP SMART DRIVER COURSE—BASIC

Fridays, 9 a.m.–3 p.m.

Dates: 1 Session, February 19
Instructor: Andrew Mollura

Held at Lewes Campus.

LS129-2 AARP SMART DRIVER COURSE—BASIC

Mondays, 11 a.m.–5 p.m.

Dates: 1 Session, February 29
Instructor: Tom Maly

Held at Ocean View Town Hall.

The AARP Smart Driver courses cover defensive driving techniques and the normal changes in vision, hearing and

reaction time associated with aging. The courses provide practical techniques for adjusting to these changes to ensure the driver's own safety and that of others on the road. Participants learn about current rules of the road and how to operate their vehicles more safely in today's increasingly challenging driving environment. The six-hour basic course is presented to participants who have never taken an AARP driver-safety course. Courses are geared toward drivers 50+, but can be taken by licensed drivers of all ages and there are no tests. Participants should contact their auto insurance company about multi-year discounts. Feel free to bring your lunch. There is a certificate fee of \$15 for AARP members and \$20 for non-members payable to the instructor. **Class limited to 30 students.**

Tom Maly was the director of public safety for the Community College of Baltimore County, Maryland after he completed a 24 year career with the Baltimore Police Department in 1993. After he retired from the college in 2004, Tom moved to Ocean View, Delaware, and has been a volunteer instructor with the AARP Driving Program for 11 years. He holds a B.S. in criminal justice and an M.S. in sociology from Loyola College and the University of Baltimore, respectively.

Andy Mollura managed an electric utility's security and investigative duties in Pennsylvania after retiring from the Pennsylvania State Police. He continued managing these and other duties with successor companies. Andy owned a private-investigation company in Pennsylvania and, after relocating, in Delaware. Andy holds a B.A. from the University of Pittsburgh and an M.B.A. from Saint Francis University.

LS130-1 AARP SMART DRIVER COURSE—REFRESHER

Fridays, 9 a.m.–1 p.m.
Dates: 1 Session, February 26
Instructor: Andrew Mollura
Held at Lewes campus.

LS130-2 AARP SMART DRIVER COURSE—REFRESHER

Mondays, 11 a.m.–3 p.m.
Dates: 1 Session, March 7
Instructor: Tom Maly
Held at Ocean View Town Hall.

This is a four-hour refresher course intended for participants who have taken an AARP driver-safety course during the three previous years, reviewing and updating the concepts from the original course. See LS129 for description. Participants should contact their auto insurance company about multi-year discounts. Feel free to bring your lunch. There is a certificate fee of \$15 for AARP members and \$20 for nonmembers payable to the instructor. **Class limited to 30 students.**

Tom Maly. See course LS129 for instructor's information.

Andy Mollura. See course LS129 for instructor's information.

LS133-1 WRITING A MEMOIR

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, January 13–February 10
Instructor: Rae Tyson
Held at Lewes campus.

LS133-2 WRITING A MEMOIR

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, February 17–March 16
Instructor: Rae Tyson
Held at Ocean View Town Hall.

Of all the forms of nonfiction, memoir writing is the most personal. And, among those old enough to qualify for

Osher programs, it also has become one of the most popular forms of written expression. Indeed, as the *New York Times* noted recently, heightened interest in memoirs is tied to an array of motivations, including a desire to leave a personal legacy for friends and family. But writing a good memoir can be a challenge. To guide that journey, this course will help you master, and practice, the basics of writing a good, readable memoir.

Class limited to 12 students.

Rae Tyson has been a professional writer for over 40 years and has worked for newspapers, wire services, magazines, online publications and has written a book on environmental risk. Prior to his writing career, Rae taught science in public schools. More recently, he was an adjunct faculty member at the State University of New York and the University of Maryland. He also writes for the Delmarva Media Group, including the *Wilmington News Journal*.

★ **New!**

LS138 GOING THE DISTANCE

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, February 17–March 16
Instructor: Deborah Brown
Held at Ocean View Town Hall.

A long-term relationship (LTR) is a tricky business. It's uniquely personal and intimate while at the same time must be run like a small business with all the trappings; such as, home and money management, teamwork and effective lines of communication. How do we get off track in our relationships? Are we in denial that LTRs don't always last or is no one helping us shift when the relationship does; learn how to dance with the changes? This course will attempt to tell you about some of the speed bumps in an LTR that you may encounter. Some speed bumps we'll explore and discuss are communication, worldviews, aging, illness and old, moldy

resentments. We will also talk about ways to get over the speed bumps, around them or blast right through.

Class limited to 10 students.

Deborah Brown most recently is a graduate of the Center for Transformational Presence where she learned about a life coaching model that helps people use their internal intuition and imagination to move past stumbling blocks like confusion or fear in order to make choices and find opportunities to lead the life they want. Deb graduated from the International Coach Academy in 2011 as a life coach. She has a master's degree in education with a counseling specialty from George Mason University in Virginia. She has been working with nonprofits in the human services field for the past 20 years.

★ *New!*

LS139 FURTHER DISCUSSIONS AND TOPICS ON AGING

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 5 Sessions, January 12–February 9

Instructor: Jo-Ann Vega

Follow-up to Shifting Perspectives After 60, program includes brain fitness exercises, current research into cognitive aging, development across the lifespan, the evolution of positive and adaptive approaches to aging and neuroplasticity, focused discussions on aging.

Class limited to 25 students.

Jo-Ann Vega. See courses HX119 for instructor's information.



PERFORMING ARTS

PA53 CHORUS

Thursdays, 3:15 p.m.–4:45 p.m.

Dates: 10 Sessions, January 14–March 17

Instructor: Roo Brown

Join the Elder Moments in harmony. Sight reading is preferred but a good ear and smile are a must! We happily sing four to six part harmony and our songs range from folk tunes to John Mandel and John Rutter. You name it, we sing it. All voice parts are welcome.

Class limited to 60 students.

Roo Brown is a Smith College graduate. She retired from a singing and acting career in 1995. She is now a vocal arranger, composer and volunteer at the Lewes Public Library, lady tenor in the Southern Delaware Chorale and St. Peter's Church Choir and gardener. She leads the Mixed Blessings singing group. Roo received the American A Cappella Alliance's Pan Award in 2000 for her major involvement in a cappella music.

★ *New!*

PA70 FORGOTTEN PENNY WHISTLES BOUGHT IN IRELAND

Wednesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 13–March 16

Instructor: Nikki Roberson

The trip to Ireland was wonderful, but along the way you bought a penny whistle to take home to learn to play. Forgotten and never played, the whistle laid silent in a drawer. This is cruel punishment for an instrument, especially, an instrument so much fun to play and relatively easy to learn. The original Clarke® penny whistle was invented in 1843. Join us to learn the history of the penny whistle and how to play. Requirement for class: know how to read music, bring a "D" penny whistle to class. There will be a \$5 charge for sheet music.

Class limited to 10 students.

Nikki Roberson graduated from Villa Julie College in Baltimore. She retired after 20 years in the banking industry. In high school she studied voice for three years, and played the piano and trumpet. She sang with the Harford Choral Society before moving to Lewes. She taught herself the Irish penny/tin whistle and recorder to keep her little brain cells active and her arthritic hands nimble.

Come Join Us for a Visit to the University of Delaware Resident Ensemble Players 2015-2016 Season

Wait Until Dark—January 24, 2016

Prepare to gasp, shudder and be on the edge of your seat in this ingenious thriller which inspired the classic film that garnered an Academy Award nomination for Audrey Hepburn.

To Kill a Mocking Bird—March 13, 2016

The unforgettable characters and events from Harper Lee's beloved classic novel come to vibrant life in this powerful and moving drama.

Contact the Osher office for more information.



RECREATION

RR02 ENGLISH COUNTRY DANCE

Thursdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 14–March 17

Instructors: Alex Apostolina, Carol West

Come and enjoy the dance form America grew up with. It's been fun for more than three centuries, it's still fun and we think you'll like it. It's easy to learn! If you can walk and smile, you can do this kind of dance. The caller will explain all the moves and walk you through the dance before it starts, then continue to prompt you as the dance goes on. The dances focus on the group, not the individual. We customarily change partners after each dance, so we get to dance with lots of different people. We're a friendly group! It's easy and there's the music! It's NOT to be missed!

Class limited to 24 students.

Alex Apostolina received a chemical engineering degree from New Jersey Institute of Technology. He is a retired General Foods plant manager. He is a member of the Early Music Consortium of Dover and Dover Symphony and co-founder of the Dover English Country Dancers. Besides playing violin, viola and guitar, Alex creates reproductions of medieval musical instruments.

Carol West was a high school math teacher in Maryland for 25 years. She is a beginner caller for English Country Dance. She enjoys music in all forms and plays violin and handbells.

RR04 WALK AND TALK

Tuesdays, 2 p.m.–4 p.m.

Dates: 5 Sessions, March 8–April 5

Instructors: Joan Ridolfi, Sandra Sullivan

Enjoy guided exploratory brisk and lively walks of familiar and not so familiar local areas. Meet new and old friends along

the way. All walks are approximately two miles or more. Possible walking locations are historical towns and trails in Sussex and Kent counties and, occasionally, Maryland. All registered walkers will receive detailed information prior to the course start date. The walks are usually two hours or less.

Class limited to 40 students.

Joan Ridolfi is a retired human resources manager. She has always had an interest in nature, outdoor activities and history and has combined all three as a walking tour guide. For ten years she was a docent at the Nanticoke Indian Museum and has made several trips to the Navajo Indian Reservation in Arizona as a medical team volunteer.

Sandra Sullivan is a retired high school teacher and coach with 36 years experience. She has an M.S. in special education and an M.A. in counseling. She is an avid educator who continues to enjoy learning the history and natural surroundings of this wonderful area and working with Joan allows her to keep learning and share in this knowledge.

RR16 MAH JONGG CLUB

Wednesdays, 12:45 p.m.–4:30 p.m.

Dates: 10 Sessions, January 13–March 16

Instructor: Paulette Criaris

Students must know how to play Mah Jongg. Time is set aside for those who enjoy the game to get together and play. Students must obtain their own Mah Jongg Official Hands and Rules Card. Please state on the registration form if you are willing to bring an American Mah Jongg set for use in class. We will need a set for each group of four students.

Class limited to 20 students.

Paulette Criaris received a B.S. from Wagner College and M.S. from College of Staten Island in elementary education. She worked in the New York City public schools for 17 years and taught at almost every level from Head Start to the community college level. She established one of the early school-

based computer programs at the elementary school level. Paulette returned to college to receive an A.S. in computer science from Middlesex County Community College. She worked in the Bell system, becoming a member of technical staff and retiring as a senior software engineer after working on many of the computer applications still running our land lines today.

RR25 INTERNATIONAL DANCING FOR FUN AND FITNESS

Tuesdays, 1:30 p.m.–3 p.m.

Dates: 10 Sessions, January 12–March 15

Instructor: Andrew Montano

This semester will include new dances and the most popular previously taught dances. International dancing has become a popular and enjoyable physical activity. The dances taught in this program illustrate the types of dance enjoyed by different cultures around the world and use a variety of rhythms and dance movements that are fun to do. Partners are not required and no previous dance experience is necessary. If you can walk, hop and run (a little) you can learn international dancing and experience the energy and exuberance associated with the dances of Israel, the satisfaction that comes from Greek dancing, the fun of Italian dances and the pride that comes from mastering the lively Balkan, Russian and Scottish dances. International dancing is a great way to exercise both mind and body, improve stamina and balance, meet people and have fun dancing together.

Class limited to 30 students.

Andrew Montano is a retired electrical engineer. He is an international folk dance instructor and leader for over 30 years in New Jersey at the Bridgewater Senior Center, the Monmouth and Morriston Folk Dancers and an adjunct professor teaching international folk dancing at Ocean County College.

★ *New!*

RR27 BRIDGE III

Thursdays, 9 a.m.–12:15 p.m.

Dates: 10 Sessions, January 14–March 17

Instructors: Alan Chalk, Eileen Zampini

Continuation of Bridge using the American Contract Bridge League's *The Heart Series: Unlocks the Secrets of Bridge Defense* by Audrey Grant, available from Amazon (ISBN 0-943855-47-0). More recent editions are also suitable. The first period will be used for instruction; the second period for play. Must have some bridge experience.

Class limited to 24 students

Alan Chalk holds a Ph.D. in chemistry, University of London, England. He has previously given courses in microbiology, evolution, nutrition and longevity.

Eileen Zampini is currently the program leader of casual bridge at the Lewes Senior Center. Eileen has a B.S. in information system management from Widener University in Wilmington, Delaware. She has played bridge for over 40 years, and enjoys the bridge game, and the social gathering that bridge provides.



★ *New!*

RR28 DISCOVER SLOWER LOWER DELAWARE— POST SESSION

Tuesdays, 10:45 a.m.–12:15 p.m.

Dates: 4 Sessions, April 12–May 10

Instructors: Agnes Brien, Maureen Sherlock

First class will meet outside the Ocean View Town Hall. No class April 26.

Leisurely walk through a few of southern Delaware's delightful walking parks. This post-session spring time experience will give us a chance to get to know each other while we enjoy nature south of the bridge. We will stroll through Ocean View Town Hall Park and tour historic buildings, walk along the new Assawoman Canal path, hike through James Farm to the Indian River Bay and visit Assawoman Wildlife Preserve and (hopefully) observe the wild growing native pink lady slipper orchid in bloom. Some or all of these locations are handicapped accessible for those with limited walking ability. Trips subject to change and other suggestions are welcome. First class will meet outside the Ocean View Town Hall. After that meeting places are to be decided by the group.

Class limited to 30 students.

Agnes Brien worked in various positions in Fairfield County, Connecticut. She retired as assistant city clerk for the city of Norwalk, Connecticut and moved to southern Delaware in 1998.

Maureen Sherlock was a geologist for the U.S. Geological Survey in Menlo Park, California and Washington, D.C. She has participated, organized and led various field trips to geologic and historic sites throughout her career.



SCIENCE/MATH

SS56 SPRING FIELD BIRDING

Wednesdays, 8 a.m.–11 a.m.

Dates: 5 Sessions, April 13–May 18

Instructors: Bill Fintel, Sally Fintel

No class April 27.

This class will focus on spring migration in Delaware. Eighty-five percent of the birds that occur in Delaware are migrants, and some of these that breed to the north of Delaware and winter to the south, can only be seen for a few weeks in spring and fall. During this class we will emphasize the value of knowing bird songs to locate and identify the birds we encounter. No previous experience is required, but a pair of binoculars is needed. We will visit prime birding areas, such as Cape Henlopen and Prime Hook, and we may walk up to one mile on level trails. Be prepared to pay the state park entrance fee.

Class limited to 15 students.

Bill and Sally Fintel have been avid birders for 40 years and currently lead birding field trips for many organizations, including the Sussex Bird Club, Prime Hook National Wildlife Refuge, Osher Lifelong Learning and Road Scholar. Bill also presents programs on many aspects of birds and birding and maintains the following birding blog primarily for this class: <http://billfintel.blogspot.com/>.

SS94 BEACHCOMBING 101

Mondays, 9 a.m.–12:15 p.m.

Dates: 9 Sessions, January 11–March 21

Instructor: Tom Lord

No class January 18 and February 15.

It's been said that Delaware is a beachcomber's paradise; it is directly next to two coastal zones rich in marine life. Of interest to beachcombers are the

internal and exoskeletons of the creatures that inhabit the watery boundaries of the state. Each day, curious artifacts of these organisms tumble onto the beaches along Delaware's shore in the form of bones, shells, casts, molds and relics. Historic records reveal that items collected on our beaches have, over time, served humankind as currency, tools, agriculture, musical instruments, art and personal adornment. The pastime is best performed after ocean storms or following exceedingly high or low tides. You are invited to join a hearty group of beachcombers from the area as we scour the area's beaches along the Atlantic Ocean and Delaware Bay. This class will begin at the Fred Thomas Building each week then move to the beach.

Class is limited to 25 students.

Tom Lord is a retired college professor. He holds a doctoral degree in biology from Rutgers University and has taught science classes for over 40 years. He has presented over 50 papers at professional meetings and written over four dozen articles in juried science journals. The National Association of Biology Teachers honored Tom with the outstanding biology researcher/instructor award in 2004 and he was presented with the distinguished professorship in teaching honors in 2006 from Indiana University of Pennsylvania.

★ *New!*

SS129 WEATHER WISE

Thursdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, February 18–March 17

Instructors: Tom Lord, Joan Mansperger

Have you ever watched the local weather forecast through to conclusion and, at the end, being as confused about the forecast as you were beforehand? This course is designed to explain the phenomena of weather. Each class will consist of two parts. During the initial portion of the class we

T'ai Chi Chih Lunch Enthusiasts

T'ai Chi Chih enthusiasts meet Tuesdays from 12:30-1 p.m. in the Fred Thomas Building throughout the year. Open to all members.



will discuss the weather of the previous week noting its temperature fluctuations, wind speed and direction and calm and storm periods. During the second portion of each session, class members will view a series of slides and short film clips related to weather facts and phenomena, with a focus on those affecting the local area.

Class limited to 25 students.

Tom Lord. See course SS94 for instructor's information.

Joan Mansperger retired to Lewes after a career in human resources. She has a B.A. in biology from the University of San Diego and an M.B.A from Plymouth State University in New Hampshire. She has greatly enjoyed the many Osher courses on nature and the environment and is looking forward to exploring these topics as an instructor.

★ *New!*

SS130 BEEKEEPING 101

Thursdays, 9 a.m.–10:30 a.m.

Dates: 5 Sessions, January 14–February 11

Instructors: Dean Hoover, Tom Lord

Most folk have heard the saying "busy as a bee" to describe an industrious co-worker. The expression refers to honey bees, amazing little creatures who spend half their lifespan cleaning and protecting the hive and tending the queen. During the last three weeks of their life, honey bee workers fly thousands of miles and visit millions of flowers, foraging for pollen and nectar. The driving force behind this colony is the queen bee that not only keeps the population of the hive in the tens of thousands, but also decides when to

relocate part of the hive's population to a new site, i.e., a swarm. Participants will learn how the industry got started, the life cycle of honey bees, how these insects communicate, how they survive the winter, how to combat colony collapse syndrome, how honey is made and how to raise honey bees. The class will visit an indoor observation hive at Cadbury Retirement Village and an outdoor hive.

Class limited to 25 students.

Dean Hoover taught mathematics at Alfred University for 34 years and is now retired. He has enjoyed teaching courses covering the entire undergraduate math curriculum, including topics like mathematical modeling, nonlinear dynamical systems and chaos. Dean has kept bees in the past and now cares for an observation hive at Cadbury.

Tom Lord. See course SS94 for instructor's information.

Ocean View Walk-in Registration

Ocean View Town Hall
Wednesday,
December 16, 2015
10 a.m.–noon

Spring 2016 Course Schedule by Day January 11–March 21

Courses held in Lewes unless otherwise noted. (No class January 18 and February 15)

Monday

Period 1 (9 a.m.–10:30 a.m.)

- AA64 Oil and Acrylic Painting—*Halloran, Martin, Watkins* *
- HE110 T'ai Chi, Qi Gong—*Mace* * +
- SS94 Beachcombing—*Lord* * +
- AA108 Drawing for Fun—*M. E. MacDonald* (1) * +
- HX125 Delaware Woman's Experience—*M. Rumble, W. Rumble* (2) *

Period 2 (10:45 a.m.–12:15 p.m.)

- AA64 Oil and Acrylic Painting—Cont'd
- HE002 Plant-Based Living—*Greet* *
- SS94 Beachcombing—Cont'd
- IT103 Draw on iPad—*R. MacDonald* (1) +
- HE003 Living Well at Home—*Cieniewicz* (2) * +
- LS129-2 AARP Smart Driver Basic—*Maly* (2) * +
- LS130-2 AARP Smart Driver Refresher—*Maly* (2) * +

Period 3 (1:30 p.m.–3 p.m.)

- AA64 Oil and Acrylic Painting—Cont'd
- IT102 Intro to Adobe Photoshop—*R. MacDonald* (1) +
- LA12 Conversational French—*Lynch* (2) *

Tuesday

Period 1 (9 a.m.–10:30 a.m.)

- HE116 (Re)Learn to Move—Continuation—*C. Brown*
- LS120 Aging Gracefully—*Vaughan, Wzorek* *

- AA104 Art 102—*Feeney* (1) *
- HX192 Twice Told Tales—*Sturtz* (1)
- HX189 Amazing Aircraft II—*Kaufman* (2)
- LA15 Basic Spanish—*Crist* (2) *

Period 2 (10:45 a.m.–12:15 p.m.)

- AA104 Art 102—Cont'd (1) *
- HX119 Indispensable Americans—*Vega* (1)
- HX193 Cruise of Great White Fleet—*Devaney* (1)
- HE98 Pilates—*Jackson* (2) * +
- HU121-2 Constitutional Law—*Boyd* (2)
- IS32 Proliferation of Nuclear Weapons—*Terzuolo* (2)
- RR28 Discover Lower Delaware—*Brien, Sherlock* (2) * +

Period 3 (1:30 p.m.–3 p.m.)

- HU208 Russian Film—*Newsom* *
- HX186 World War II—*R. Ward*
- RR25 International Dance—*Montano*
- AA10 Beginning Basketry—*Stanhope* (1) *
- LS139 Further Discussions on Aging—*Vega* (1)
- AA106 Fundamental of Floral Design—*Norman* (2)
- RR04 Walk & Talk—*Ridolfi, Sullivan* (2) * +

Period 4 (3:15 p.m.–4:45 p.m.)

- HU208 Russian Film—Cont'd
- AA10 Beginning Basketry—Cont'd (1)
- RR04 Walk and Talk—Cont'd (2)

Wednesday

Period 1 (9 a.m.–10:30 a.m.)

- AA91 Craft Circle—*Beebe* *
- HE99 (Re)Learn to Move—Introduction—*C. Brown*
- IS03 Great Decisions—*Duncan*
- IT001 e-Services @Your Library—*Keefe* (1) * +
- HE001-1 The Aging Mind—*Magee* (1) *
- LS133-1 Writing a Memoir—*Tyson* (1)
- HE001-2 The Aging Mind—*Magee* (2) * +
- LS133-2 Writing a Memoir—*Tyson* (2) +
- SS56 Spring Field Birding—*B. Fintel, S. Fintel* (2) * +

Period 2 (10:45 a.m.–12:15 p.m.)

- AA91 Craft Circle—Cont'd
- HU126 A New Earth—*Lavenia, Worsham*
- HE89 Elder Yoga—*Pearce* (1)
- HX190 Renaissance Art—*B. Stephanic* (2) +
- HX195 Organized Labor—*Rodgers* (2)
- LS138 Going the Distance—*D. Brown* (2) +
- SS56 Spring Field Birding—Cont'd (2)

Period 3 (1:30 p.m.–3 p.m.)

- HX194 Presidential Seminar—*Zimmerman* +
- LS114 Hand Tool Basics—*Burkhart*
- PA70 Penny Whistles—*Roberson*
- RR16 Mah Jongg—*Criaris* *
- AA53 Intermediate Basketry—*Stanhope* (1) *

- EC07-1 Retirement Planning—*Loftus* (1) +
- HU209 Artists You Thought You Knew—*Notar* (2)
- AA107 Digital Artbox—*J. Stephanic* (2) * +

Period 4 (3:15 p.m.–4:45 p.m.)

- RR16 Mah Jongg—Cont'd
- AA53 Intermediate Basketry—Cont'd (1)
- HU211 Heraldry—*Schlafman* (1) +
- LS04 Grape Adventure—*Fiegels* (1) * +
- AA107 Digital Artbox—Cont'd

Thursday

Period 1 (9 a.m.–10:30 a.m.)

- HX187 Art Crime—*Kirklin*
- RR27 Bridge III—*Chalk, Zampini* *
- SS130 Beekeeping—*Hoover, Lord* (1)
- IS29 Responding to Terrorism—*Grier-Reynolds* (2)
- SS129 Weather Wise—*Lord, Mansperger* (2)

Period 2 (10:45 a.m.–12:15 p.m.)

- HX191 Delaware in 20th Century—*Hiller*
- LA09 Advanced German—*Mroz*
- RR27 Bridge III—Cont'd
- IS33 The Power of Nonviolent Change—*Grier-Reynolds* (2)

Period 3 (1:30 p.m.–3 p.m.)

- RR02 English Country Dance—*Apostolina, West*
- HU210 Comparing Islam—*Kauffman* (1)
- AA42 Techniques in Watercolor—*Hunt* (1) *

- EC07-2 Retirement Planning—*Loftus* (1)

- AA14 Stained Glass—*Puch* (2) *

Period 4 (3:15 p.m.–4:45 p.m.)

- PA53 Chorus—*R. Brown*
- AA14 Stained Glass—Cont'd (2)
- AA42 Techniques in Watercolor—Cont'd (1)

Friday

- AA85 Hand Building Pottery—*Smithers* + 10 a.m.–1 p.m.
- LS05-1 Kitchen Kapers XXVII—*Fiegels* (2) + 10 a.m.–1 p.m.
- LS129-1 AARP Smart Driver Basic—*Mollura* (2) * 9 a.m.–3 p.m.
- LS130-1 AARP Smart Driver Refresher—*Mollura* (2) * 9 a.m.–1 p.m.

Ocean View Course Schedule

Spring 2016, January 11–March 21 (No class January 18 and February 15)

Classes held at Ocean View Town Hall

Monday

Period 1 (9 a.m.–10:30 a.m.)

- HE110 T'ai Chi, Qi Gong—*Mace*
- AA108 Drawing for Fun—*M.E. MacDonald* (1)

Period 2 (10:45 a.m.–12:15 p.m.)

- IT103 Draw on iPad—*R. MacDonald* (1)
- HE003 Living Well at Home—*Cieniewicz* (2) *
- LS129-2 AARP Smart Driver Basic—*Maly* (2) *
- LS130-2 AARP Smart Driver Refresher—*Maly* (2) *

Period 3 (1:30 p.m.–3 p.m.)

- IT102 Adobe Photoshop—*R. MacDonald* (1)
- LS129-2 AARP Smart Driver Basic—Cont'd (2)
- LS130-2 AARP Smart Driver Refresher—Cont'd (2)

Tuesday

Period 2 (10:45 a.m.–12:15 p.m.)

- RR28 Discover Lower Delaware—*Brien, Sherlock* (2)

Wednesday

Period 1 (9 a.m.–10:30 a.m.)

- IT001 e-Services @ Your Library—*Keefe* (1) *
- HE001-2 The Aging Mind—*Magee* (2) *
- LS133-2 Writing a Memoir—*Tyson* (2)

Period 2 (10:45 a.m.–12:15 p.m.)

- HX190 Renaissance Art—*B. Stephanic* (2)
- LS138 Going the Distance—*D. Brown* (2)

Period 3 (1:30 p.m.–3 p.m.)

- HX194 Presidential Seminar—*Zimmerman*
- EC07-1 Retirement Planning—*Loftus* (1)
- AA107 Digital Artbox—*J. Stephanic* (2) *

Period 4 (3:15 p.m. - 4:45 p.m.)

- HU211 Heraldry—*Schlafman* (1)
- AA107 Digital Artbox—Cont'd (2)

Friday

Period 1 (10 a.m.–1 p.m.)

- LS05-1 Kitchen Kapers XXVII—*Fiegel* (2)

The George Kirilla Jr. Scholarship Fund Application Spring 2016

• CONFIDENTIAL •

The George Kirilla Jr. Scholarship Fund was established at the Osher Lifelong Learning Institute at the University of Delaware in Lewes by a bequest from the Kirilla family. The Fund uses the income from the bequest and voluntary contributions by members to provide partial scholarships to students based on financial need.

The scholarship process works as follows:

- Provide the information requested below.
- Send this form, together with your completed Spring 2016 Registration Form and Spring 2016 Course Selection Form to the office by **December 7**.

- Do not send a check at this time.
- The chairperson of the scholarship committee will contact you. Together you will agree on an appropriate scholarship amount for your individual case.
- The agreed upon payment must be received no later than **December 21**, in order to participate in the priority lottery.
- Tuition assistance is not available for full year registration.
- Be assured that this entire process is confidential.

Please complete the following information:

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ EMAIL ADDRESS _____

SIGNATURE _____ DATE _____

Your application must be received no later than **December 7, 2015**.
Mail to: University of Delaware, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958.



REGISTRATION IS EASY!

Simply complete the form and return it to the office at the Fred Thomas Building OR register online.

MAIL

Fred Thomas Building,
520 Dupont Avenue
Lewes, DE 19958

IN-PERSON

Mondays–Thursdays
9 a.m.–2 p.m.
OLLI Office, Room 109
Fred Thomas Building

ONLINE

www.lifelonglearning.udel.edu/lewes

LATE REGISTRATIONS

Registration forms received after **December 21** will be processed on a space-available basis.

Spring 2016 Registration Form

Please clearly fill in all information

Name (Please print) _____

Email _____

Address _____

City _____ State _____ Zip Code _____

Telephone (Home) _____ (Cell) _____

Date of Birth _____ Do you use a handicapped parking permit? Yes No

If you do not want your address, phone number and email address published in a member directory, please check here:

In case of emergency or illness, call:

Name _____

Relationship _____ Telephone _____

I would like to be actively involved in:

- Teaching or organizing a course in _____
- Serving on the following committee:
- Academic Affairs Communications Community Relations Gardening Library
- Office Volunteer Planning Social Travel

Education: H.S. Two-year College, A.A. B.A., B.S., R.N. M.A., M.S. Ph.D., M.D., J.D., Ed.D.

Membership Dues: New member Returning member

\$_____ \$145 Spring 2016 semester _____ Paid for full year

\$_____ Donation to Gift Fund \$_____ Donation to Kirilla Scholarship Fund

\$_____ Total (Make check(s) payable to "University of Delaware.") Check # _____

Credit card: American Express Discover MasterCard Visa Amount \$ _____

Credit card no: _____ - _____ - _____ - _____ Exp. Date: _____

Print Name: _____

Authorized Signature Required: _____

New Members: How did you learn about the lifelong learning program?

- Newspaper article Friend Library display Radio ad TV Internet Other

By submitting this form, I agree to hold the University of Delaware, its Trustees, officers, employees and agents harmless for any claims of personal injury or damage arising out of my association with the program or presence on the University campus, including any injury or damage arising as a result of the University's negligence. I authorize the University to record or photograph my image and/or voice for use by the University or its assignees in educational and promotional programs and materials.

Signature Required _____ Date of Registration _____

Spring 2016 Course Selection Form

Please choose your courses in order of priority.

Course Code	Course Title	Day/Time	Wait Listed Fall 2015
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____
13. _____	_____	_____	_____
14. _____	_____	_____	_____
15. _____	_____	_____	_____

Please use your priorities wisely!

Sign up only for those you intend to take—and DO NOT sign up for multiple courses in the same time slot.

The smaller the class limit, the greater the likelihood of waiting lists.

Note: If you were wait-listed for a course during the previous semester, you receive preference this semester if (1) the identical course is offered again and (2) you indicate the course as your Priority 1.

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7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____
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Spring 2016 Calendar

**WEDNESDAY, DECEMBER 16: Ocean View Walk-in Registration—
Ocean View Town Hall, 10 a.m.–noon**

MONDAY, DECEMBER 21: Priority Registration deadline

THURSDAY, DECEMBER 24–JANUARY 1: Office closed for Winter break

WEDNESDAY, JANUARY 6: Open House—Ocean View Town Hall, 10 a.m.–noon

THURSDAY, JANUARY 7: Instructor and New Member Orientation—10–11:30 a.m.

MONDAY, JANUARY 11: First day of classes

MONDAY, JANUARY 18: No classes; Martin Luther King Jr. Day

MONDAY, FEBRUARY 15: No classes; Presidents Day

TUESDAY, FEBRUARY 16: Second session begins

MONDAY, MARCH 21: Last day of classes

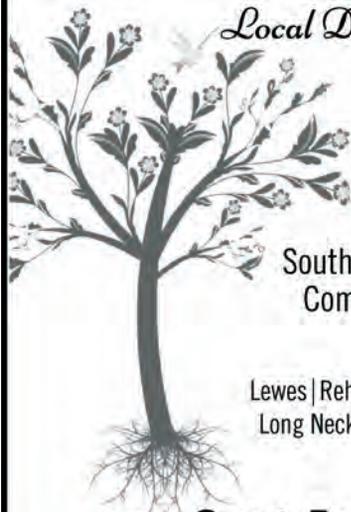
TUESDAYS, Lunchtime T'ai Chi, 12:30–1 p.m.

APRIL 26–29, 2016: New York City Trip



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not just branches."*

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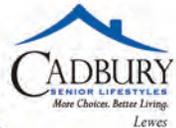
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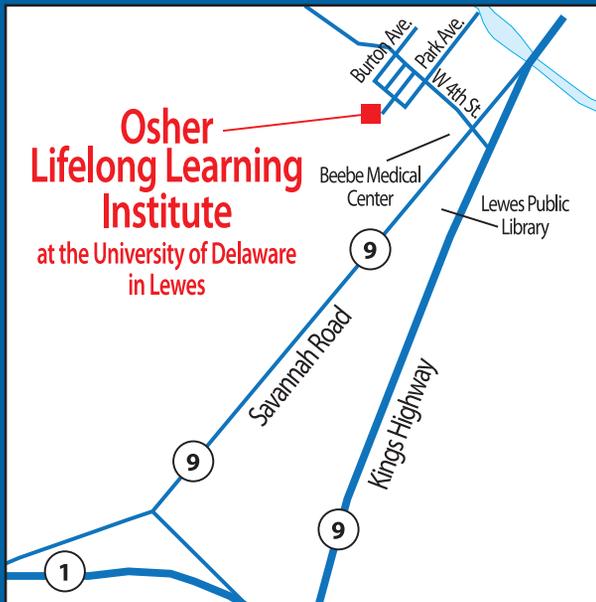


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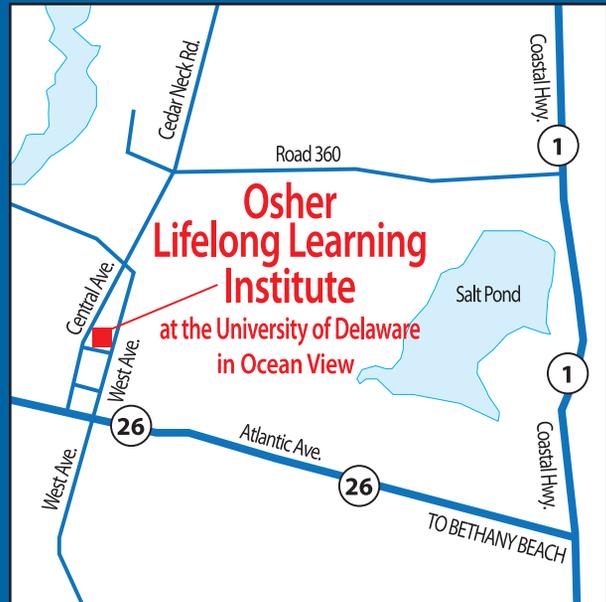
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www.lifelonglearning.udel.edu/lewes

COURSE LOCATIONS



■ Fred Thomas Building
 520 Dupont Avenue, Lewes, DE 19958



■ Town Hall and Community Center
 32 West Avenue, Ocean View, DE 19970